3D. (10 CENTS.) SEASIDE AND HOLIDAY NUMBER. (10 CENTS.) 3D.

Myra's Journal

Vol. XXVII.—No. 7.
JULY, 1900.

THE LEADER OF FASHION

with which is incorporated
The Lady's Magazine.

THE MOST NUTRITIOUS.
EPPS'S
GRATEFUL—COMFORTING.
COCOA
BREAKFAST—SUPPER.

CHOICE TEA.

"HOUSEKEEPER TEA,"
1/8 per lb.
In 3, 6, and 10-lb canisters. Canisters free.

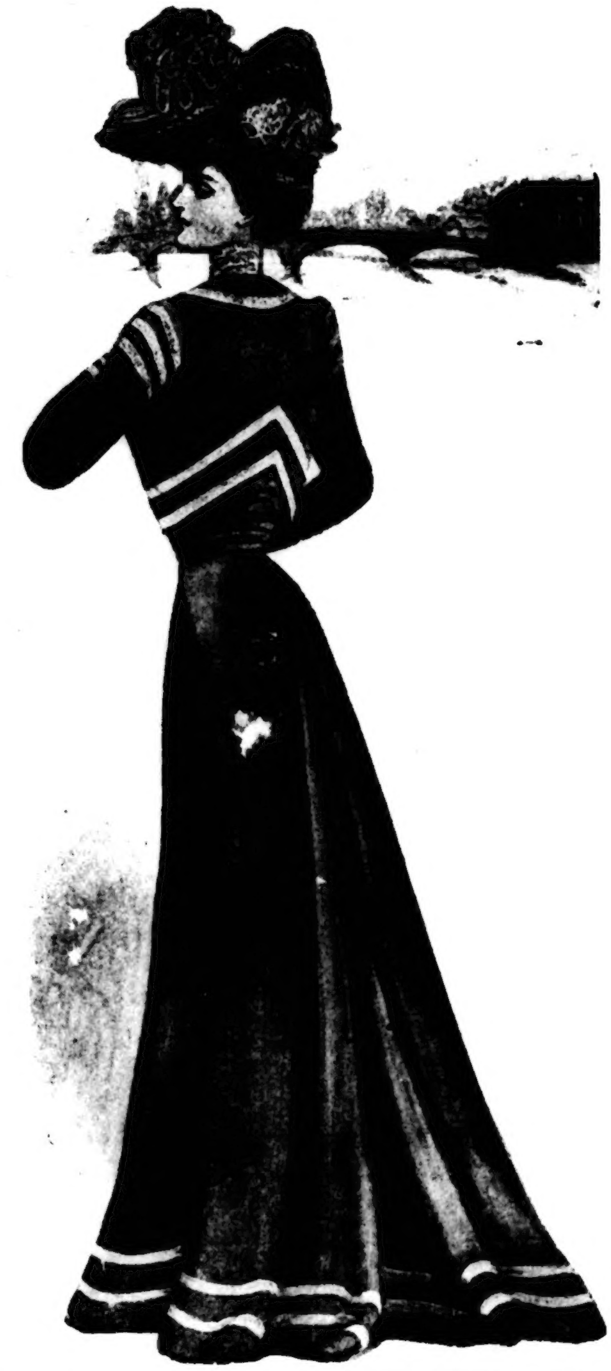
"BOUDOIR TEA,"
2/2 per lb.
In strong tin canisters with hinged lids, containing 3, 6, 10, and 20-lbs.; also in 1-lb. lead packets, at **Two Shillings & Twopence per pound.**
10-lb. canister, **20/6.** 20-lb. canister, **39/6.**
Carriage paid and canisters free.

These Teas can be obtained only from—
THE HINDORANEE TEA COMPANY,
9, MINCING LANE, LONDON, E.C.

Makers by appointment to the Queen.
NIXEY'S
"CLEANLINESS"
BLACK LEAD
QUICK, LASTING POLISH.

OUR FREE PATTERN.

No. 86.



WHEN BUYING A CHEAP BICYCLE
look at the Tyres. If they are not
Dunlop Tyres
the machine is not cheap at any price.
THE DUNLOP PNEUMATIC TYRE CO., LTD.,
Alma Street, Coventry;
160 to 166, Clerkenwell Road London E.C.

CAUTION:- SEE THAT YOU GET
JOHN BOND'S
"CRYSTAL PALACE"
MARKING INK
AS SUPPLIED TO THE ROYAL HOUSEHOLDS
IS THE ORIGINAL AND, ONLY GENUINE.
Refuse any not bearing the Trade Mark, "Crystal Palace."
Best, Cheapest, and Largest Sale.
Awarded 44 Gold Medals and Grand Diplomas for Superior Excellence.
GIVEN AWAY and enclosed with every 6d. and 1s. bottle, a Voucher, entitling purchasers to their Name or Monogram Rubber Stamp. Also a Linen Stretcher with the 1s. size.
Works—75, SOUTHGATE ROAD, LONDON, N.

FOR HOME USE AND WHEN TRAVELLING.
HARTMANN'S
HYGIENIC
(Antiseptic and Absorbent)
TOWELETTES
Obtainable at less than the cost of washing from all Drapers and Chemists, in **6d.** packets (one doz.), **1s.** (**6d.** per half-doz.), **1s. 4d.**, and **2s.** per doz.
SPECIAL MAKE, for use after accouchement, **2s.** per doz., or sent direct (postage, 3d. per packet extra). Samples free on application to **The Manageress, Hartmann's Depot, 26, Thavies Inn, London, E.C.**

BORWICK'S
MAKES THE SWEETEST BREAD, CAKES, AND PASTRY.
BAKING POWDER

Sole Agents: THE INTERNATIONAL NEWS CO., 83 and 85, Duane Street, New York, U.S.A., and Montreal, Canada;
GORDON & GOTCH, Queen Street, Melbourne, George Street, Sydney, Queen Street, Brisbane, and Adelaide.

YOU cannot have a good, clear complexion if your blood is impure. Blotches, Spots, Pimples, and Sores of all kinds can be removed by taking

CLARKE'S BLOOD MIXTURE

The World-Famed Blood Purifier and Restorer.

As this Mixture is pleasant to the taste, and warranted free from anything injurious to the most delicate constitution of either sex, from infancy to old age, the Proprietors solicit sufferers to give it a trial to test its value. Clarke's Blood Mixture is sold by all Chemists throughout the world. Price 2s. 9d. and 11s. per bottle.

Proprietors: The Lincoln and Midland Counties Drug Co., Lincoln.

Beware of Worthless Imitations or Substitutes.

YOUR BABY FROCKS

Should be made of our unshrinkable WHITE SCOTCH WINCEY. All White woollen fabrics shrink in washing—our Originial White Scotch Wincey never. Also to be had in colours. Our Black and White Shepherd Check Scotch Wincey makes a most up-to-date Cycling Costume, 6 yards, 43 inches wide, post paid for 6/6, 7/6, 8/-. Write for patterns to only address: ALEX. ADAMSON & Co., 36, Whitehall Street, Dundee. Mention Myra's Journal.

LADIES WHO DON'T LIKE WASHING

Should send for full particulars of our Automatic Washer (only 4s. each); also Catalogue of Organettes, Musical Instruments, Jewellery, Watches, &c., on our noted Easy Payment System.

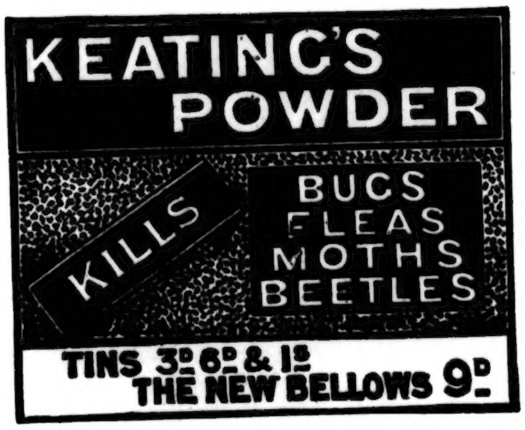
J. M. DRAPER, Organette Works, Blackburn.

LADY WILL GIVE BEST PRICE FOR

LEFT-OFF CLOTHING, RUMMAGE PARCELS.

Carriage Paid. Highest references. Ladies waited on.

Miss MANN, 71, Regent Street, Kennington Cross, S.E.



A CHARMING GIFT BOOK.

"A brilliant success."—*The Times.* "Particularly good."—*The Academy*

London in the Time of the Diamond Jubilee.

By Emily Constance Cook and Edward T. Cook, M.A., Author of "Studies in Ruskin," &c.

London: Simpkin Marshall & Co. Llangollen: Darlington & Co.

DARLINGTON'S HANDBOOKS.

"Sir Henry Ponsonby is commanded by the Queen to thank Mr. Darlington for a copy of his Handbook."

"Nothing better could be wished for."—*British Weekly.*

"Far superior to ordinary guides."—*London Daily Chronicle.*

1s. each. Illustrated. Maps by John Bartholomew, F.R.G.S. Bournemouth and New Forest. Aberystwith, Barmouth, and Cardigan Bay. The Channel Islands. The Isle of Wight. The Wye Valley. The Severn Valley. Malvern, Hereford, Worcester, Gloucester. Llandrindod Wells and the Spas of Mid-Wales. The Vale of Llangollen. Bristol, Bath, Chepstow, Weston-super-Mare. Brecon, Ross, Tintern, and The Lower Wye. Llandudno, Rhyl, Bettws-y-Coed, and Snowdonia. Brighton, Eastbourne, Hastings, and St. Leonards.

3s. 6d. net. 60 Illustrations, 24 Maps and Plans.

LONDON AND ENVIRONS.

Llangollen: DARLINGTON & Co. London: SIMPKIN MARSHALL & Co., Ltd.

The Railway Bookstalls and all Booksellers.

PHOTOGRAPHS.—Beautiful Photographs of Scenery, Ruins, &c., of Italy, Greece, Turkey, Palestine, and Egypt; also North Wales, 1s., 1s. 6d., & 2s. Complete List Post Free.

DARLINGTON & CO., LLANGOLLEN.

BENZINE COLLAS.—Ask for "Collas."
CLEANS GLOVES. — CLEANS DRESSES.
CLEANS GLOVES. — CLEANS DRESSES.
CLEANS GLOVES. — CLEANS DRESSES.

BENZINE COLLAS.—Buy "Collas."
REMOVES TAR, OIL, — PAINT, GREASE.
REMOVES TAR, OIL, — PAINT, GREASE.
FROM FURNITURE, — CLOTH, &c.

DO NOT BUY COMMON BENZINE.
See the word COLLAS on the Label and Cap,
Which is the original. Extra refined.
After using it becomes quite odourless.

BENZINE COLLAS.—Ask for "Collas."
Preparation and take no other.
Sold everywhere, 6d., 1s., and 1s. 6d. per Bottle.
Agents: J. Sanger & Sons, 2, Winsley St., Oxford St., W.

DRUNKENNESS CURED.

This can be done with or without patient's knowledge. Send me a stamp, and I will tell you how. (Send no money.) Address, in confidence, Mrs. J. E. Terry, 46, Sternhold Avenue, Streatham Hill.

HAIR DESTROYED

Permanently by using my Depilatory, the only effectual remedy known. It is harmless to the skin and painless in operation. Those ladies who have been disappointed with worthless preparations should give it a trial. By its use no one need suffer from the annoyance any longer. Easy to apply, and guaranteed to—with one application—remove every Hair, and in a short time absolutely Destroy the Roots. Hundreds of Testimonials. Full particulars free, on receipt of stamped envelope. Address—Mrs. J. E. Terry, 46, Sternhold Avenue, Streatham Hill.

TOO STOUT.

If you require a reliable remedy for the relief of superfluous fat, send stamped envelope, and I will forward particulars free. No starvation required; you may eat and drink what you like, yet I guarantee to either sex a permanent reduction of 5lb. to 7lb. weekly. It is a harmless vegetable preparation, successful in the most stubborn cases, and improves health and figure. Its action is rapid, certain, safe, and highly recommended. Address—Professor Lloyd, 25, Paternoster Square, London, E.C.

CAST-OFF WEARING APPAREL

OF EVERY DESCRIPTION.

Prompt and fair payment made for any parcels sent to

MRS. J. STANFIELD,
80, WELLS STREET, CAMBERWELL, S.E

LADIES WAITED ON. Estd. 20 years, References given.

SUCCESSFUL DRESSMAKING

Send for List.

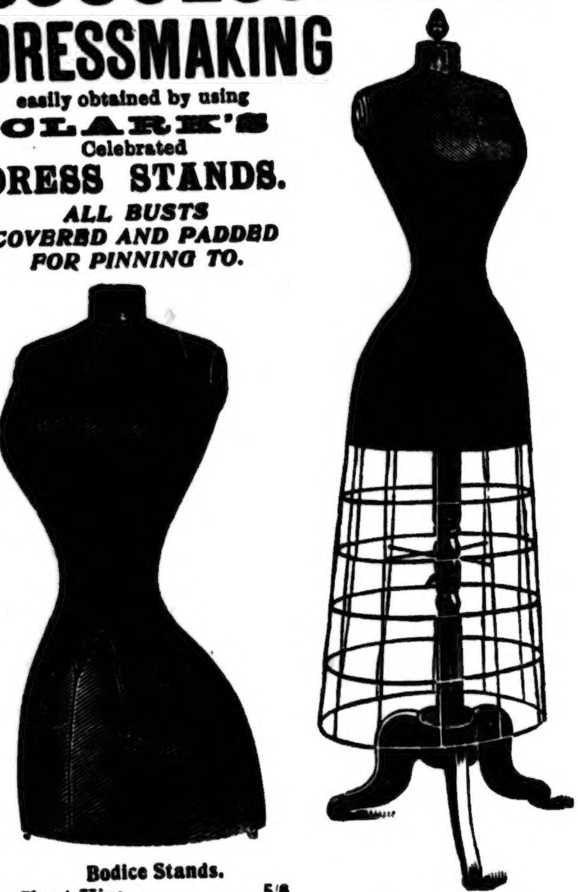
easily obtained by using

CLARK'S

Celebrated

DRESS STANDS.

ALL BUSTS COVERED AND PADDED FOR PINNING TO.



Bodice Stands.

Short Hips	5/6
Medium „	8/6
Long „	10/6

Cheques and Postal Orders to be crossed and made payable to

Costume Stands.
With Long Padded Hips, 17/6. Ditto, to pack in Box, Box included, 19/-

M. CLARK & CO.,

3, TOTTENHAM STREET (Centre of Tottenham Court Road), LONDON, W.

REMNANTS, ETC.

5/-

For charity purposes, poor people, and mothers of large families. On receipt of postal order, we will send you our soiled Remnant and Drapery Bundle. As we are doing this to introduce our Warehouse to you, we can only send one bundle to one address. ARCADE WAREHOUSE, DEREHAM ROAD, NORWICH.

WE HAVE DECIDED

to send out Fifty more of these Wonderful Lots. On receipt of Postal Order we will send you 1 Pair of Blankets, 1 Pair of Heavy Sheets, 1 Full-size Quilt, 1 Pair of very handsome Lace Curtains, 1 Large-size Carpet, 1 Large Hearthrug, and a Bundle of Soiled Remnants, with our Valentine Gift. As we only do this once a year, WE CAN ONLY SEND ONE LOT TO EACH ADDRESS. Money returned if all disposed of.

20s.

MANCHESTER WAREHOUSE, 40, St. Benedicts Street, Norwich.

Humorous Pictures

By LOUIS WAIN.

Illustrating in this Clever Artist's inimitable manner some Incidents in Cat Life.

No. 1.—Tabbies at the Seaside.
„ 2.—Tabbies as Gardeners.
„ 3.—Tabbies at a Garden Party.
„ 4.—Tabbies in Hyde Park.

This Series of four pictures, each 20 inches by 15 inches, will be sent post free on receipt of Stamps for 1s.

Publisher, 10 & 11, Fetter Lane, E.C.

LUXURIANT HAIR.

Long flowing Eyelashes Eyebrows, &c., are QUICKLY PRODUCED by using JAMES'S HERBAL POMADE it is invaluable for the production of Whiskers, Beard, and Moustachios; it causes the Hair to grow on Bald Places and Scanty Partings like magic. To be had of most Chemists, 1s., or a box of it sent (with directions for use) free from observation, post free, for 15 stamps.

Mrs. C. JAMES, 268, Caledonian Road, London, N.

HAIR DESTROYER.

JAMES'S DEPILATORY instantly REMOVES SUPERFLUOUS HAIR from the Face, Neck, or Arms, without injury to the Skin. Of most Chemists, 1s. and 2s. 6d.; or free from observation, post free, for 15 or 33 stamps.

Mrs. C. JAMES, 268, Caledonian Road, London, N.

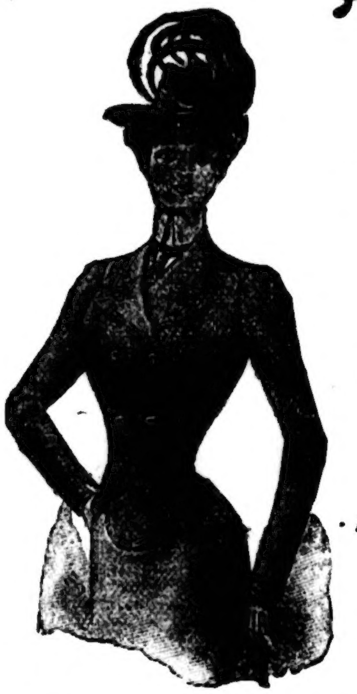
CONTENTS OF THIS NUMBER.

48 PAGES PROFUSELY ILLUSTRATED. TWO SUPPLEMENTS.

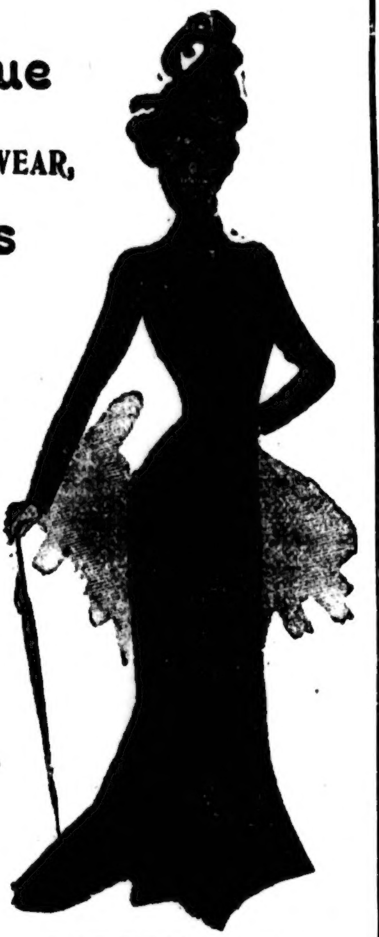
CUT-OUT PAPER PATTERN OF A NEW SKIRT. HANDSOME COLOURED PLATE. TRAVELLING AND SEASIDE GOWNS, CLOAKS, COATS AND SKIRTS. STYLES FOR ELDERLY LADIES. CONCLUSION OF A NEW SERIAL (BY MISS ESTHER MILLER), "A MARRIAGE OF CONVENIENCE." ANNOUNCEMENT OF A NEW "MISSING WORD" COMPETITION. NEW PLEATED, DRAPED, AND TUCKED SKIRTS. "SPORT" COSTUMES. THE NEW COIFFURES. HOTEL DRESSES. BATHING DRESSES. MUSLIN GOWNS AND TEA GOWNS. DRESSES FOR INDOOR WEAR. UNDERCLOTHING FOR LADIES AND CHILDREN. NEW SLEEVES. SHIRTS AND BLOUSES. CHILDREN'S SEASIDE COSTUMES. MILLINERY. STYLES FOR WASHING MATERIALS.

PAGE
Seaside Outfit 6
Where to Spend the Holidays 7
Bathing Dresses 9
Notes of the Month 10
Muslin Gown 11
New Coiffures 12
Employment for Ladies 15
Nursery Notes 15
How to Cut and Make a Seaside Shirt... ... 16
Costumes for Sports 17
Useful Details of the Toilette 18
Lessons in Millinery 21
Seaside Dresses for Children 22
Styles for Washing Materials 23
Smart Pier Costumes 24
Blouses for Table d'Hôte 26
Charming Shirts 27
"A Marriage of Convenience" 28
Cookery and Household Management 31
Outfit for Country Visits 35
Palmistry 40
Sun Bonnets 41
Home Decoration 43
Our Free Bargains Page 44
Answers to Correspondents on Dress and Coiffure, Household Management, Health and Personal Attention, Etiquette, &c. ... 45

NICHOLSONS
NOVELTIES.
Illustrated Catalogue
OF EVERYTHING
FOR LADIES' AND CHILDREN'S WEAR,
AND
Patterns
OF SILK
AND DRESS
MATERIALS
SENT
POST FREE
ON
APPLICATION.



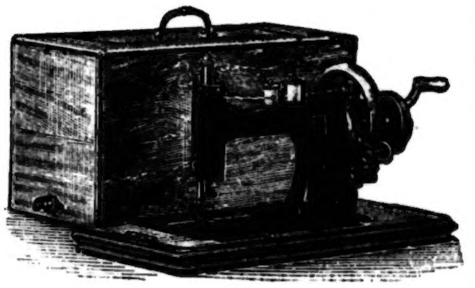
KIMBERLEY, 1 Guinea.
Smart Coat in box cloth, lined silk, seams strapped and stitched white silk; blacks, fawns, greys, &c., 1 guinea.



DURBAN, 48/6.
Smart Eton Costume, in all colorings, in melton and covert coating cloths, handsomely braided black, coat lined silk, 48/6. Also in vicuna and faced cloths, coat lined silk, from 3 guineas.

NICHOLSON'S, Ltd., Costumiers and General Drapers,
ST. PAUL'S CHURCHYARD, CHEAPSIDE, & PATERNOSTER ROW.

High Arm Lock Stitch . . .
. . . Silent Sewing Machine.

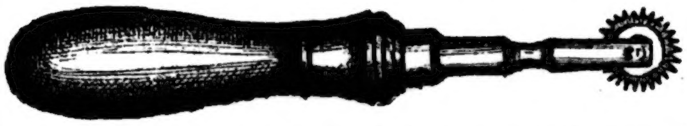


BEAUTIFULLY FINISHED.
Complete with Walnut Cover and Accessories.
Price as Shown, 48/- ea.,
or, with
Treadle and Stand, 63/- ea.
Carriage paid to any address in the United Kingdom upon receipt of P.O. Order.
EVERY MACHINE WARRANTED.

Rd. Johnson, Clapham, & Morris, Limited,
24 and 26, LEVER STREET, PICCADILLY, MANCHESTER.

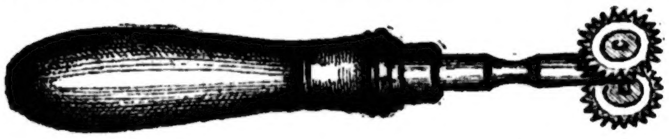
TRACING WHEELS.
Invaluable to Dressmakers for taking patterns from made-up articles, Marking Linings, &c., &c.

SINGLE WHEEL



Price 9d.
POST FREE.

DOUBLE WHEEL



Price 1s.
POST FREE.

Address, MADAME MYRA, 95, Regent Street, W.

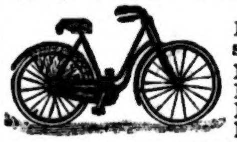
FACT
ROGERS' "NURSERY" HAIR LOTION
Destroys all NITS and PARASITES in Children's Heads, and immediately allays the Irritation. Perfectly Harmless.
Prepared only by W. ROGERS, Chemist, Ben Jonson Road, Stepney, E. Bottles, 7d. and 1/- Of all Chemists and Perfumers. Special Bottles, free from observation, post free, 15 stamps.

"COMFORTS FOR OUR SOLDIERS AND SAILORS."
ONE PENNY. Postage ½d.
BEETON & CO., LTD., 10 and 11, Fetter Lane, E.C.

ALL FAT PEOPLE
can safely **Reduce Weight** and **Cure Corpulency** permanently by taking **TRILENE TABLETS** (Regd.) for a few weeks. They are small, agreeable, harmless, and never fail to IMPROVE both HEALTH and FIGURE without change of Diet. An English Countess writes: *"Your Trilene Tablets act admirably."*
Send 2s. 6d. to **THE TRILENE CO.**, Sole Proprietors, 66, Finsbury Pavement, London, E.C.

FINE WHITE POCKET HANDKERCHIEFS.
SAMPLE DOZEN, 1s., POST FREE.
HYMAN AND CO., 34, FENNEL STREET, MANCHESTER.
Wholesale Drapery Catalogue Free.

ROYAL AJAX CYCLES.



ON MONTHLY PAYMENTS. Enormous stock. New and second-hand. FROM **10s.** MONTHLY. Carriage paid. Free wheels and rim brakes. **Illustrated Price Lists Post Free** *to any address.*
THE BRITISH CYCLE MANUFACTURING CO.,
45, EVERTON ROAD, LIVERPOOL. (Established 1887.)

A BOOK FOR LADIES.
Should be read by all Ladies between 16 and 60. Some think too much is told, but knowledge is power. Sent, post free, for 1s. 2d., by DR. T. R. ALLINSON, 431 Room, 4, Spanish Place, London, W.

KEARSLEY'S 100 YEARS REPUTATION
WIDOW WELCH'S
FEMALE PILLS.

Awarded Certificate of Merit for the cure of Irregularities, Anæmia, and all Female Complaints. They have the approval of the Medical Profession. Beware of Imitations. The only genuine and original are in *White Paper Wrappers.* Boxes 1s. 1½d. and 2s. 9d. of all chemists; 2s. 9d. box contains three times the pills. Or by post, 14 or 34 stamps, by the makers, C. and G. KEARSLEY, 17, North Street, Westminster. Sold in the Colonies. (Note White Wrapper.)

EVERY WEDNESDAY. **PRICE ONE PENNY.**

Woman

CONTAINS

MORE READING MATTER

AND

More Illustrations

THAN ANY OTHER LADIES' PENNY PAPER.

- Society Gossip.
- Simple, Inexpensive & Smart Fashion Designs.
- Unrivalled Cookery Recipes.
- Economical Housekeeping.
- Little Gardening Hints.
- Decoration of the Home.
- Illustrated Interviews.
- The Best Serial Novels.
- Palmistry.

FREE PAPER PATTERNS.

ORIGINAL AND EASY PRIZE COMPETITIONS.
HEALTH AND THE TOILET.
HOME WORK AND HOW TO MAKE IT PAY.
NEEDLEWORK, &c., &c.

THE INDISPENSABLE PAPER FOR LADIES WHO WISH TO COMBINE

Good Taste with Economy.

OF ALL NEWSAGENTS AND AT BOOKSTALLS.

BEETON & CO., Ltd., Publishers, 10 and 11, Fetter Lane, London, E.C.

Cloth Gilt, fcap. 8vo, 134 pages.

Meals for the Million

By **CRE-FYDD,**
Authoress of "Family Fare,"

A HELP TO STRICT ECONOMY,

CONTAINING

125 Dinners arranged for the Seasons,
Breakfast or Supper Dishes,
Delicacies for Invalids,
and Other Useful Matters,

Suited to Incomes varying from £100 to £250 a year.

PRICE ONE SHILLING AND SIXPENCE. Postage 2d. extra.

BEETON & CO., LTD., 10 & 11, FETTER LANE, LONDON.

DRESSMAKING LESSONS

"The Bodice."

How to Fit, Cut-out, and Make-up any kind of Bodice. Full instructions with illustrations.

PRICE ONE PENNY. **Post Free, 1½d.**

Of all Newsagents and Bookstalls; of Beeton & Co., Ltd., 10 and 11, Fetter Lane, London, E.C.

A CHARMING FAMILY GROUP

OF

Her Majesty the Queen

AND THE

Children of the Duke and Duchess of York.

Executed in Coloured Photogravure.

A few copies of the above may be had (Price 6d., post free) upon application to the Publisher, BEETON & CO., LTD., 10 & 11, Fetter Lane, London, E.C.

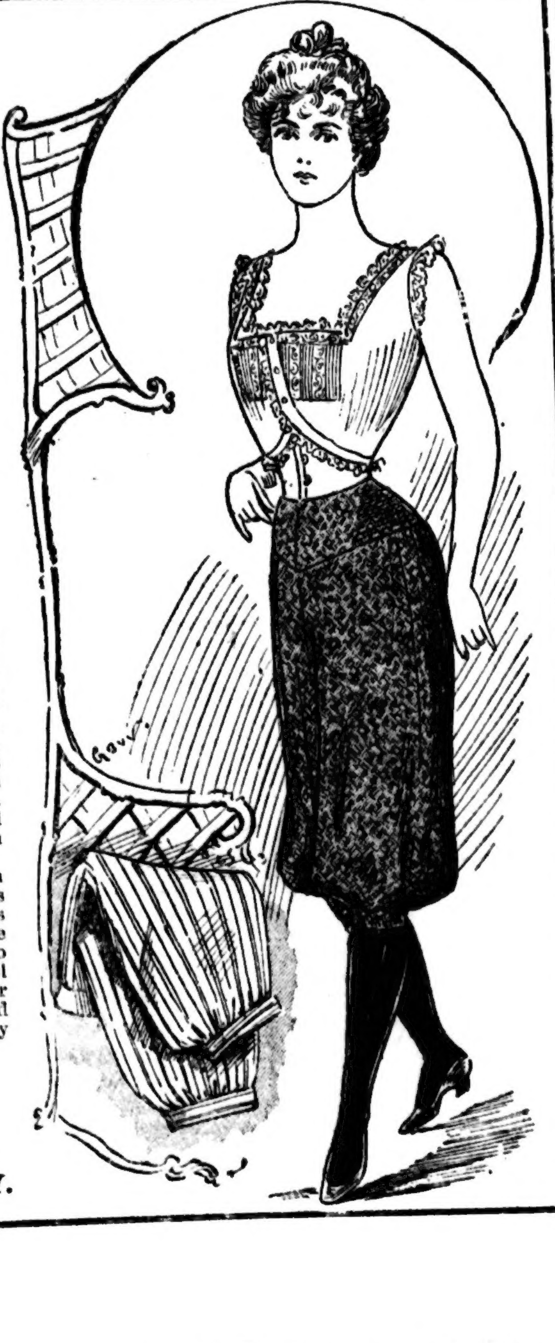
Cycling Knickers in Viyella Lining.

Patterns of the two garments,

9½d.

or separate **6½d.** each.

HALFPENNY STAMPS PREFERRED.



DESCRIPTION.

Knickers of grey tweed. In two pieces, seamed back and front. Slits are cut at the sides protected by stitched straps. The front part is eased into a shaped tweed band (lined), which buttons at the back. The back is gathered into a narrow band, which buttons on to the edge of the shaped band. The legs are gathered into lined straps. Quantity of 48-inch tweed required, 2 yards.

Lining for Knickers cut in two pieces, with strapped slits at the sides. The lining is seamed back and front. The tops are gathered into two bands, which button on to small buttons sewn inside the lower edge of the shaped band and back band of knickers. Quantity of Viyella required, 3 yards.

Madame MYRA,
95, Regent Street, W.

"THE NEWS."
"THE NEWS."
"THE NEWS."

A First-Class Religious Weekly Journal, 1d.

Having a large circulation in the homes of the people all over the country

It contains ARTICLES on PRESENT DAY TOPICS.

"THE NEWS."
"THE NEWS."
"THE NEWS."

A NATIONAL FIRESIDE JOURNAL & REVIEW.

Conducted by the Editor of "HOME WORDS."

PUBLISHED EVERY FRIDAY, 1d.

16 Pages, size of "The Graphic."

Invaluable for Household Advertisements of all kinds, and is known to be one of the best paying mediums.

"THE NEWS."
"THE NEWS."
"THE NEWS."

Of all Newsagents and Railway Bookstalls.

PRIVATE WANTS, 25 Words for 1s.

Private Wants are inserted--25 words for 1s.

4d. per Line or portion of Line after the first 25 Words.

No Advertisement inserted below 1s., except in the case of Servants requiring Situations, when 6d. is the lowest price.

Stamps must be sent to cover Postage of replies forwarded.

REPLIES RECEIVED AND FORWARDED.

Latest Day for Advertisements Wednesday morning.

For further particulars apply to

PUBLISHERS, "THE NEWS" Office,
7, PATERNOSTER SQUARE.
Advertisement Offices, 3, WHITE HART STREET, LONDON, E.C.

A High-class Weekly Newspaper,
Suitable for every class of Reader.

Price 2d. Weekly.

Annual Subscription—U.K., 11s.; Abroad, 13s.

The Times

WEEKLY EDITION

Contains a Comprehensive Record of the Events of interest during the week, and the most important Leaders and Special Articles from THE TIMES. Also a Serial Story by a well-known and popular Author, and Chess, by an Expert.

May be had of all Newsagents, or of the Publisher, TIMES OFFICE, E.C.

Household Library of Best Books.

2nd Thousand. Now Ready. Price **6d.**
WHAT CAN A YOUNG MAN DO? The Gain of Decision for God. By the Rev. Charles Bullock, B.D.

MISS WINIFRED'S MISSION, and other Stories. By Kate Shirley Plant, Author of "Blind Bertie's Thanksgiving," &c. With a Preface by the Rev. C. H. Waller, D.D. Principal of St. John's Hall, Highbury. Crown 8vo. Illustrated. In cloth gilt, price 1s. 6d.; with gilt edges, 2s.

ALMOST A CRIME; or, The Will and the Way. By the Rev. T. S. Millington, M.A. Illustrated by A. Wilkinson. Crown 8vo. Full of Illustrations. In cloth gilt, 2s.

MOTHER AND SON; or, I Will. By Emma Marshall. With original Illustrations by A. Twidle. Crown 8vo, cloth gilt, 1s. 6d.

A BLACK DIAMOND; or, The Best and the Worst of it. A Thrilling Tale of Race Prejudice. By Edward Garrett. Illustrated by A. Twidle. Crown 8vo, cloth gilt, 1s. 6d.

MUCH COIN, MUCH CARE. By the Rev. T. S. Millington, M.A. Now ready, in bevelled cloth gilt, with Frontispiece, 1s. 6d.

THE TWO HOMES; a Story of Life Discipline. By Emma Marshall. Second Thousand. Cheaper Issue, cloth gilt, 2s. 6d.

STEPHEN MAINWARING'S WOOING. With other Tales. By Emily S. Holt, Emma Marshall, E. Garnett, and C. Wareing-Bardsley. 2nd Thousand, rich cloth gilt, with Frontispiece. Price 2s. 6d.

BY THE REV. WALTER SENIOR, M.A.

In cloth gilt, 1s. 6d.; paper boards, 1s.

"THE PRECIOUS THINGS OF HOME."
"When the girls become wives, the Rev. W. Senior gives them plenty of hints for domestic happiness in 'The Precious Things of Home.'"—*Graphic.*

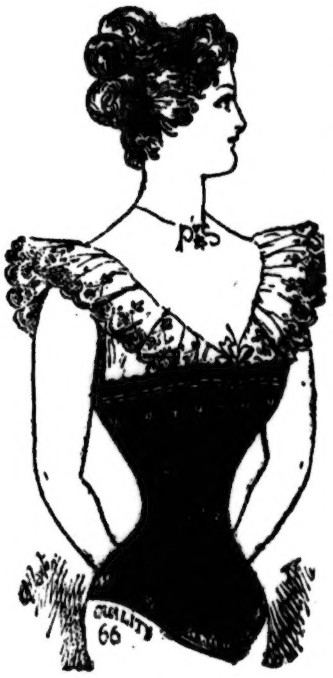
OUR LITTLE ONES. By the same Author. Just Published. Cloth, 1s. 6d.

TURN AND TURN ABOUT; or, A Word to the Men. Forming a companion volume to "The Precious Things of Home." Now ready, cloth, price 1s.

Others to follow shortly.
Full lists can be had on application to the Publisher.

London: "HOME WORDS" Office, Paternoster Square, E.C.

What earthly use is it?



spending your money time after time on Corsets that give you no feeling of comfort or delight; no sense of luxury in wear?

This need not.. be!..

Have you tried

P & S CORSETS?

They will be a revelation to you. Nothing nicer to be found in the corset world. There is a singular coincidence in the letters we receive from ladies. They nearly all use the word "delighted" when giving their testimony. "Most beautiful Corsets and so comfortable," is what so many remark.

RUSTLESS ZAIROID replaces steel in busks and supports in "P. & S." Corsets. No more iron-mould and destruction of underclothing.

Beautiful Shapes. High-grade Materials. Expert Workmanship. Economic Prices. Obtainable from Leading Drapers and Outfitters. Booklet and Price List post free from—

W. PRETTY & SONS, Ltd., IPSWICH.

"INCOMPARABLE"

DRESSES.

These Ranges of Dresses justify their title, for their value is without equal, and we cannot repeat them except at an advance of 25 to 50 per cent. Comparison will prove this, and we ask our patrons to seize this opportunity of buying New and Perfect goods at such a great reduction off their present market value. Wide and comprehensive is the variety that we thus offer. The choice embraces:—

IROGANIL GLYSTRES
FANCY SILK STRIPE GRENADINES
SILK STRIPE VOILES
MOIRE SILK VOILES
RICH COLOURED SILK CREPONS
FANCY MOIRE SILK VOILES
SILK AND WOOL COATINGS
ART COLOURED SILK AND WOOL FABRICS
ART COLOURED ALPACAS
SILK WARP POPLINS
SILK WARP SILVER GREY ALPACAS
SILK AND LINEN TUSSORES
ALL-WOOL AMAZONS, 54 inches wide, and many others.

All the above are double-width fabrics, and the prices are 1/-, 1/6, 2/-, 2/6, 2/9, 3/6, and 4/6 per yard, and we have no hesitation in saying that the marvellous cheapness displayed in this series will be a pleasant surprise to all purchasers.

Summer Muslins, Foulards,
Zephyrs, Washing Fabrics, &c.

The quidnunc has said that everything has to be higher in price: we say, not so; our new ranges of COLOURED SPOT MUSLINS, WHITE SPOT MUSLINS, FLORAL COLOURED MUSLINS, NEW FANCY DRILLS, and the "PURE" PRINTS are cheaper this year than last, for we offer the whole of them at 4½d. per yard. Our choice in FRENCH PRINTED MUSLINS, comprised in ten books of Patterns, mostly in Black, Coloured, and Grey grounds, are the finest we ever offered, at prices from 10½d. to 1s. 6½d. per yard.

In White goods, DRILLS, PIQUES, COUTILLES, LACE WORK MUSLINS, SWISS MUSLINS, &c., our variety is superlatively large, and in SILK ZEPHYRS and lovely BLOUSE FABRICS we offer one of the finest collections in the world.
☞ **LADIES** desirous of TASTEFUL DRESSES at unusual prices **not obtainable everywhere,** will kindly send for patterns, which are sent on approval, post free, on receipt of Letter, Post Card, or Telegram, saying if Black or Coloured are required, to

JAQUES AND JAQUES, LTD.,
Continental Dress Importers, DARLINGTON.

ANY LENGTH CUT, AND ALL ORDERS CARRIAGE PAID.

FOR GOLF RASH

Heat Rash or any itching, irritation, inflammation, or chafing, produced by exercise or heat, for undue or offensive perspiration, and for many sanative uses, a bath with

CUTICURA SOAP

the most effective skin purifying soap in the world, as well as purest and sweetest for toilet, bath, and nursery, when followed by gentle anointings with Cuticura, the great skin cure and purest of emollients, is most cleansing, cooling, purifying, and refreshing.

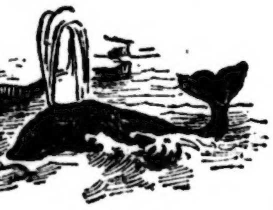
SAVE YOUR HAIR Warm shampoos with Cuticura Soap, followed by light dressings with Cuticura, purest of emollients, will clear the scalp and hair of crusts, scales, and dandruff, soothe irritated and itching surfaces, stimulate the hair follicles, and produce luxuriant, lustrous hair, with clean, wholesome scalp, when all else fails.

SAVE YOUR HANDS Bathe and soak the hands, on retiring, in a strong, hot, creamy lather of Cuticura Soap. Dry thoroughly, and anoint freely with Cuticura, greatest of emollient skin cures. Wear during the night, old, loose, kid gloves. For sore hands, itching palms, and shapeless nails, this treatment is simply wonderful.

Sold throughout the world. British depot: F. Newbery & Sons, London. French depot: L. Midy, Paris. Australian depot: R. Towns & Co., Sydney. Potter Drug and Chem. Corp., Sole Props., Boston, U. S. A.

CANNOT SPLIT. CONTINUOUS COILS. EASILY SEWN

ANTARCTIC



REAL WHALEBONE.

(ROSENWALD'S PATENT)

USED BY ALL LEADING DRESSMAKERS. SOLD EVERYWHERE.

WOOLLEY'S SANITARY ROSE POWDER

FOR

Cyclists, Tourists, Golfers, and Visitors to the Seaside.

London
International Health Exhibition
1884
Silver
The Perfection of Nursery Powders
Medal
The
Sanitary
Rose Powder
For Children's Use &c
Proprietors
James Woolley, Sons & Co., Ltd.
Manufacturing
Pharmaceutical Chemists
Manchester
Registered

AN ANTISEPTIC TOILET POWDER

For Tender Feet, Roughness Chafes, Irritation of the Skin from Sunburn, Cold Winds, &c.

"It prevents the sting of gnats or flies."—*Baby.*

The Nurses' Journal reports: "We have tried it extensively and found it most useful."

Of all Chemists. White, Pink, or Cream. Packets, 6d.; Boxes, 1s.

BOVAL CREAM SOAP

For Tender Skin.

Tablets, **6d.**; Boxes, **1s. 6d.** Of all Chemists.

Proprietors—JAMES WOOLLEY, SONS, & Co., Ltd., MANCHESTER.

FLORILINE

FOR THE TEETH AND BREATH

Is the BEST LIQUID DENTIFRICE in the World.
Prevents the Decay of the TEETH.
Renders the Teeth PEARLY WHITE.
Is perfectly harmless and delicious to the Taste.

Of all Chemists and Perfumers throughout the World. **2s. 6d. per bottle.**

FLORILINE TOOTH POWDER

In Glass Jars. Price 1s.

THE MEXICAN HAIR RENEWER

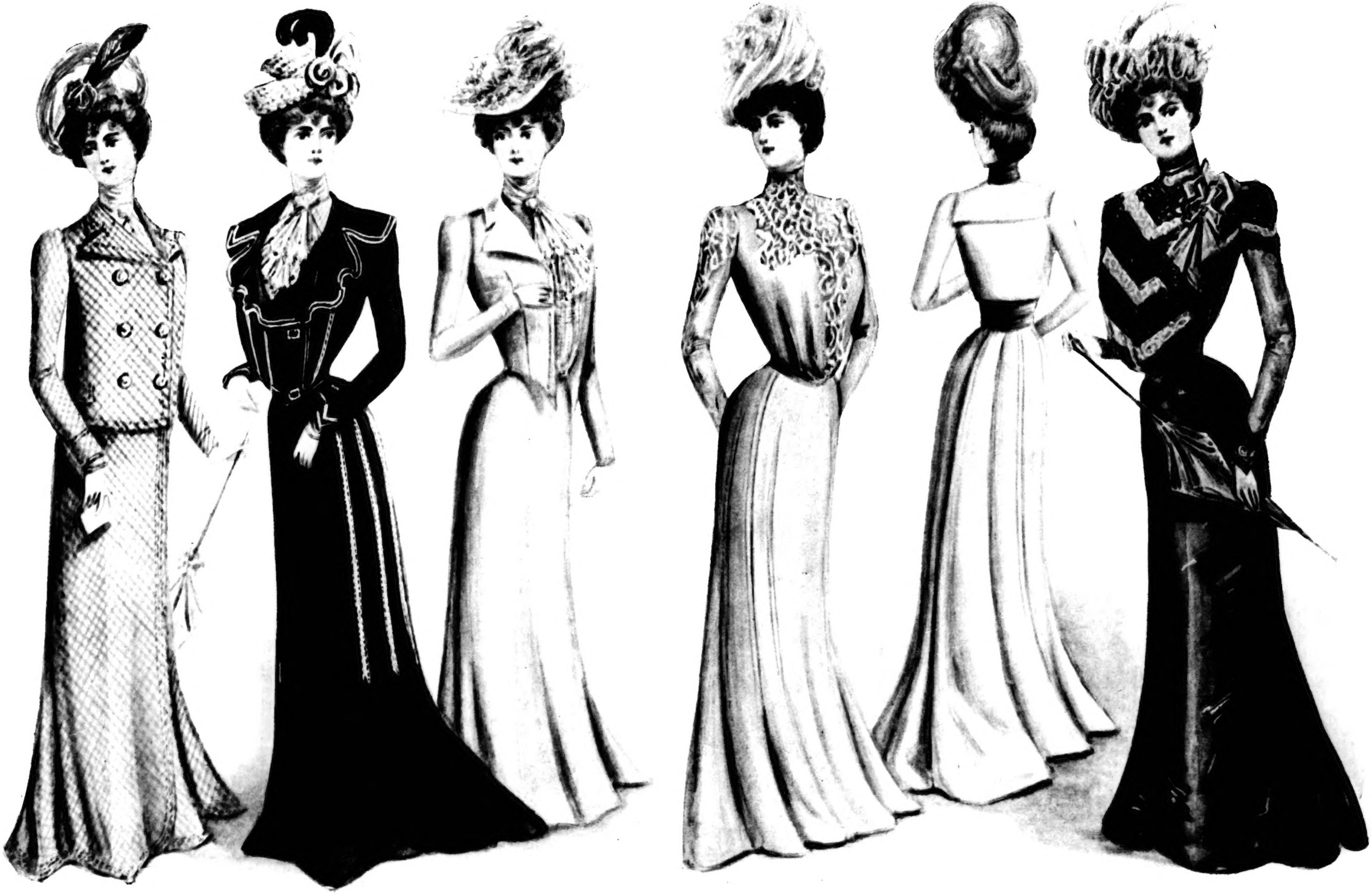
Prevents the Hair from falling off.
Restores Grey or White Hair to its ORIGINAL COLOUR.
Being delicately perfumed, it leaves no unpleasant odour.
Should be in every house where a HAIR RENEWER is needed.

Of all Chemists, price **3s. 6d.** per bottle.

Myra's Embroidery Stitches.

This handbook tells the worker what materials will look best, and what stitches are most suitable. It contains 103 illustrations, which are so clear that the merest tyro cannot fail to understand them.

PRICE ONE PENNY, POST FREE, 1½d.



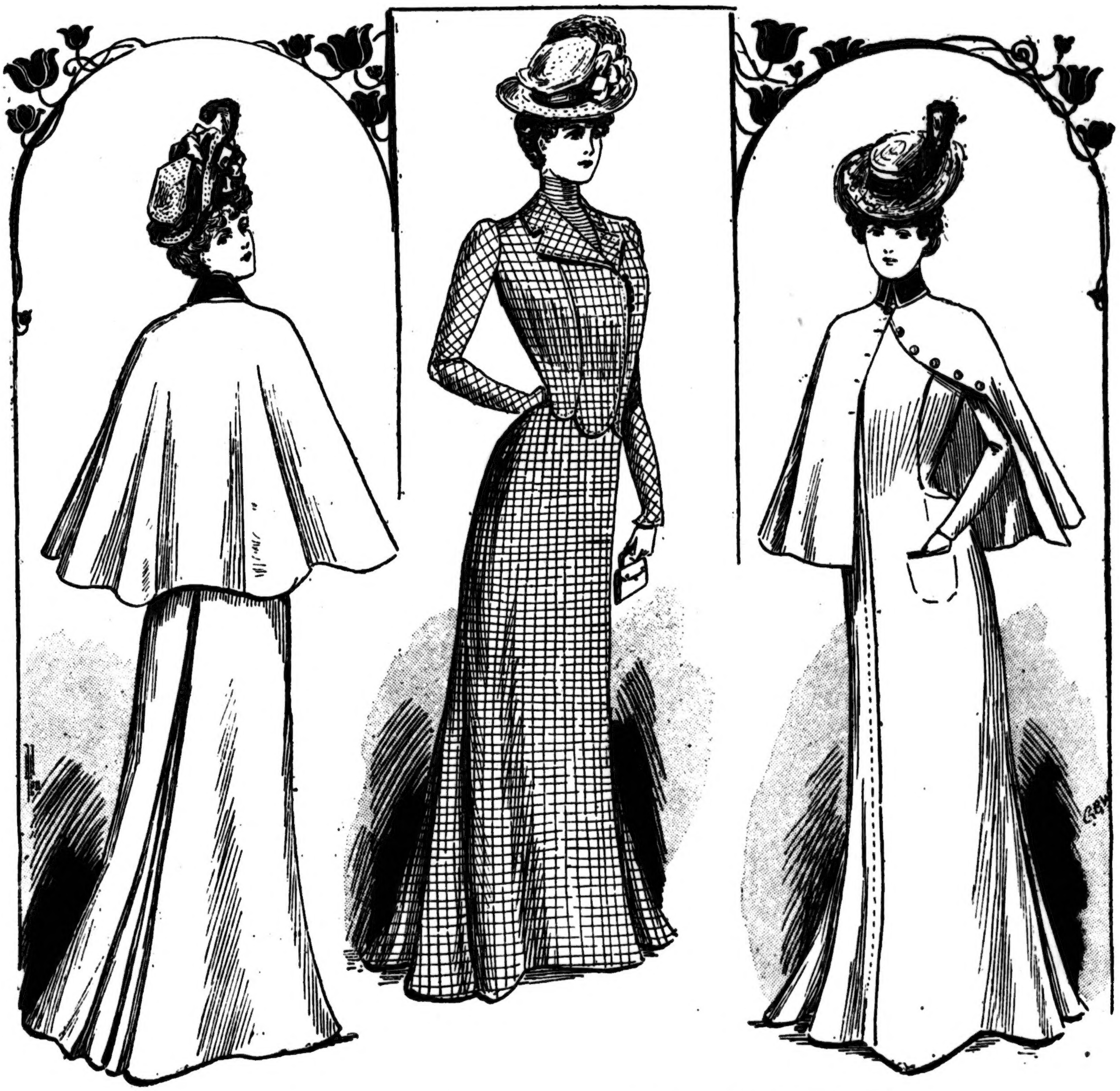
Supplement to "MYRA'S JOURNAL." JULY, 1900.

VOL. XXVII.—No. 7. JULY 1, 1900.

Myra's Journal

2 SUPPLEMENTS. 48 PAGES LETTERPRESS. NEARLY 100 DRESS AND MILLINERY DESIGNS.

TERMS OF YEARLY SUBSCRIPTION, INCLUDING POSTAGE TO ANY PART OF THE WORLD, 5s.



Nos. 691 to 693. A Travelling or Rain Cloak and Travelling Gown.

For Descriptions see Pages 32 to 36.

Price of Paper Patterns, Skirt or Coat, each 6½d.; Rain Cloak, 1s. 0½d., post free, of Madame Myra, *95, Regent Street, W.*

FROM
OURSELVES TO OUR READERS.

We are all on the alert just now, although in the midst of the London season, to look out useful and attractive novelties for the approaching sojourn at the seaside or the Continental trip. That many of us intend to visit the Paris Exhibition en route, makes it all the more necessary to dress nicely. In our pages all departments of the country travelling outfit are liberally catered for.

We reduce our luggage to the simplest proportions if we are going far and to many places. Hence our clothes will not be able to boast much variety unless we get it in shirts and blouses, many charming models for which deck our pages. Others of us go to a seaside resort and stop there. To such a larger amount of luggage is expedient, and they can take a variety of gowns. Sojourners at foreign seaside places must take a few smart gowns, or they will cut a poor figure indeed at the Casino or even on the pier.

Several bathing dresses and a bathing wrap will be found on page 9. The bathing wrap, not so much in vogue in England as it ought to be, is universal at French resorts, where often the bathing machines are at the top of the cliff (as at Cabourg). Cyclists will appreciate the pretty costume, No. 713, suitable for drill or serge. An uncommonly pretty shirt is dealt with in the Dressmaking Lesson, and a capital skirt, just the thing for country wear, forms the subject of the cut-out paper pattern.

Seaside and holiday styles will be continued next month, when also a preliminary peep into the autumn fashions will be given. The Dressmaking Lesson will deal with a smart bathing dress, and the cut-out paper pattern will be that of a shirt.

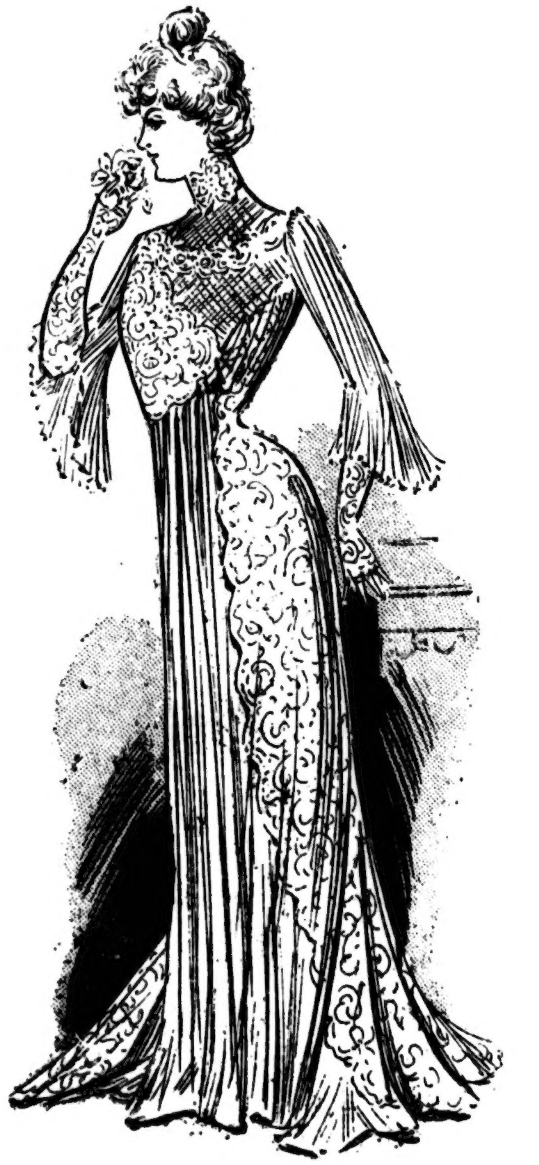
At the seaside one has much time for needlework. Those of us who go to our own country homes can occupy our many leisure hours with preparing underclothing for the coming autumn season. We can also take a look over the children's undergarments and plan new outfits. Some nice styles for children's underwear will be found on page 31. They can be carried out equally well in longcloth, flannel, or flannelette; silk could also be employed for them, but the luxury of silken underwear has not yet invaded the juvenile department, although we dress our children more and more luxuriously every day. Another item that we can make for the children is sun-bonnets and hats—these pretty trifles, which almost come under the heading of "fancy work." To votaries of fancy needlework, we commend drawn linen work (see page 15), as this is an ideal occupation for the holiday season. There is no paraphernalia attached to drawn work; we only want one square of linen, our handbook of instructions, a little thread. So many species of fancy work mean the packing up of innumerable silks, of patterns, of needles, &c.

We call attention to the charming styles of hairdressing illustrated in this number. May we suggest that the holiday season, when we are free from the observation of our friends, is a capital time in which to try new coiffures? Not that a house party offers such facilities; but all of us take a preliminary holiday away from all our relatives, friends, and acquaintances, and that is the period of periods for experiments of all kinds in dress.

A SEA-SIDE OUTFIT.

Our holiday outfit must contain a travelling dress, a travelling or rain cloak, a bathing dress (if we are going near the sea), and one smart gown. These features are indispensable. Then one must have pretty shirts and blouses, and a utility skirt of black silk to wear with the dressiest blouses for table d'hôte. To offer a selection to provide those features our pages have been prepared.

Of what material should our travelling dress be? Serge is the usual one selected, or a frieze (or tweed) of plaided texture. The last is preferable, as such gowns are usually selected of neutral tints which do not show dust. Serge is a splendid wearing material, which keeps its colour, but it is usually selected of a pretty (and becoming) deep blue tint which takes a lot of brushing. How should we have it made? The neatest and most useful style consists of a four-gore skirt (not too long) and a Chesterfield coat. The single-breasted coat is best, because it looks so much better when open, and it is often convenient to unbutton one's coat. Facings of the material are preferable to velvet, as velvet gets dusty, is hot and thick, and is in the way if we wish to wear an ornamental muslin over-collar. If we want to be very dainty we can have the dress smartly strapped or stitched.

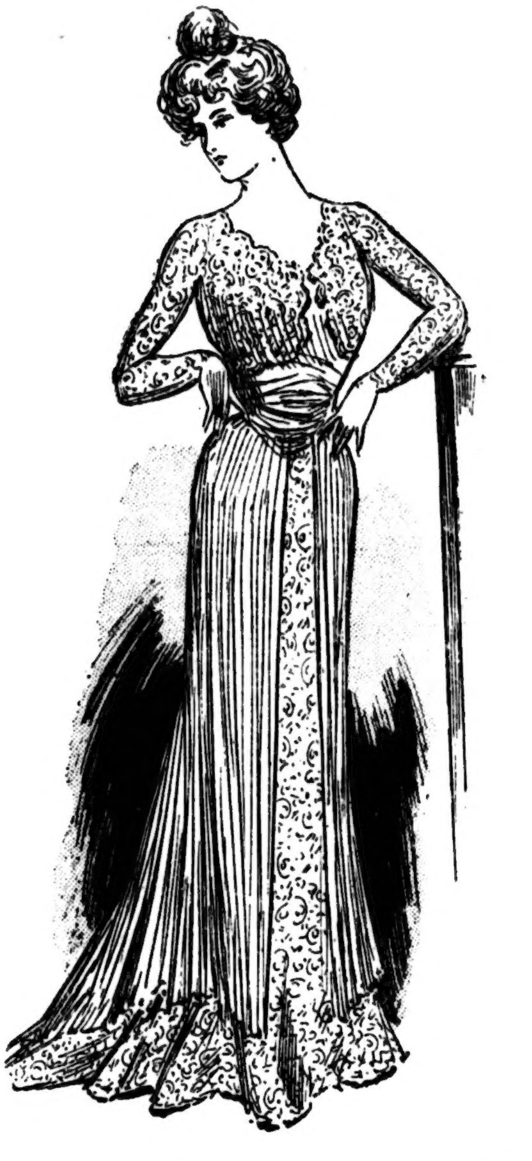


No. 694. A Parisian Tea Gown.

For Description see Page 7.

Price of Paper Patterns, each 6½d., post free, of Madame Myra, 95, *Regent Street, W.*

Cotton shirts are very pretty, but they are inferior, from the point of view of comfort, to silk and flannel for holiday and travelling purposes. Silk is best of all, being more dressy, equally protective, and far lighter than the best flannels. Several silk shirts should be taken. Dressy muslin shirts are useful for church, for hotel meals, &c., and they pack into small space.



No. 695. A French Dinner Gown, for Country Wear.

For Description see Page 7.

Price of Paper Pattern, 6½d., post free, of Madame Myra, 95, *Regent Street, W.*

For the dressy gown, one of muslin is to be commended as suitable. Muslin robes will be cheaply sold by the hundred at the July sales—plain or embroidered muslin, or flowered varieties. The skirt is ready made, it only needs mounting on one of the necessary foundation skirts (one of which everybody should possess). The favourite style has a shaped flounce, but others have plain skirts decorated with frills and inlet lace insertions. In some of the robes the bodice is also made—a regular shirt blouse, fastening at the neck, to be worn over a fitted slip bodice of the foundation colour. Some of the robes have only the bodice material and trimmings, which purchasers can make up as they think fit. For smart holiday wear a gown of this kind is imperative for garden parties, &c.

The question of the headgear is a difficult one, as hats take up so much room. In fact, nobody ought to put a hat in a travelling trunk; it takes more room there than it is worth. A separate hat-box should be taken, which is specially prepared for the purpose, and is so light that anyone can carry it. One can travel in the ordinary sailor hat, which is so necessary at the sea-side; but this ubiquitous sailor hat will not do for all purposes. A smarter one, at any rate, must be taken. A hat of light-coloured straw is advisable, trimmed with tulle and flowers; not a few smart country hats are being carried out entirely in frills of muslin or chiffon. These hats are very large, of the picture type.

As to underclothing, nothing beats a combination of "Griffen" Hygienic Underwear, a net corset (boned with very supple bones), and a pair of serge knickerbockers. For smart wear a silk petticoat is advisable; one of a tint that is sufficiently dressy without being too bright, when it might clash with the dress or hat colour. Shot mauve and red, though it sounds glaring, is one of the quietest, and most easily worn of the brighter glacé shades.

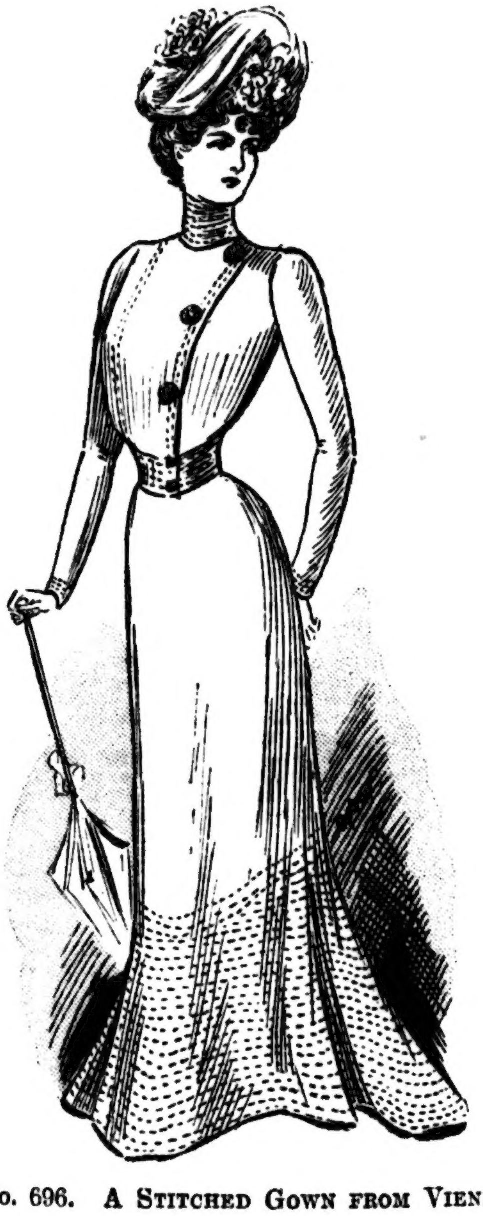
"I always pass your journal on to others to read."

GOWNS FROM PARIS.

(*See Page 6*).

No. 694 shows a lovely tea-gown, carried out in glacé silk, chiffon, and lace. The silk is of a deep daffodil colour—a fitted princess dress with three-piece front, closing on the left of the centre panel, The accordion-pleated overdress and the lace coat are both white. This gown could be carried out cheaply in mercerised cotton, Nottingham net, and cheap guipure; 14 yards of 22-inch glacé are required, 9 yards of 45-inch chiffon, and 9 yards of 22-inch lace.

No. 695 is a charming dinner gown of mauve satin, veiled with cream Saxony lace. The over-skirt or tunic is of raw-edge, sun-ray pleated cream chiffon. The satin bodice is veiled with lace, and there is a smart sash of chiffon. Quantity of satin required, 14 yards.



No. 696. A Stitched Gown from Vienna.

For Description see this Page.

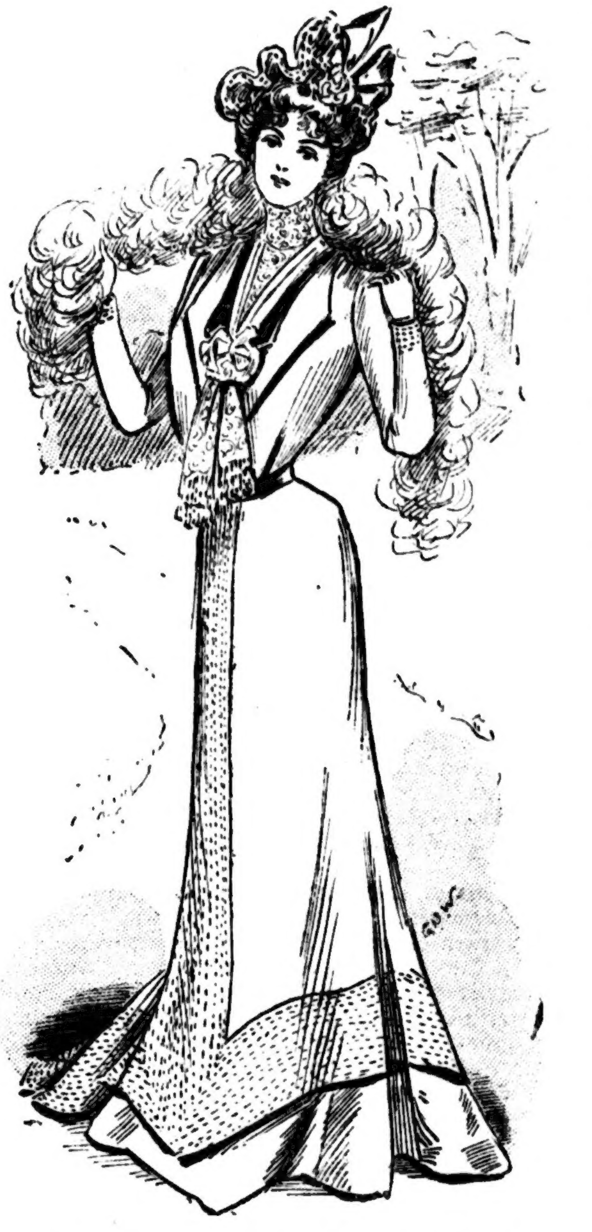
Price of Paper Patterns, Skirt or Bodice, each 6½*d., post free, of* Madame Myra, 95, *Regent Street, W.*

GOWNS FROM VIENNA.

(*See this Page.*)

No. 696 shows a lovely tailor gown of pastel-blue frieze, the four-gore skirt and fitted bodice elaborately stitched with white silk. The box-pleat at the back of the skirt is closely stitched to within a foot of the ground. The lower part of the boned bodice (with three-piece front) is closely stitched to resemble a belt. 5 yards of 54-inch frieze will be required.

No. 697 illustrates another stitched gown, carried out in pistache frieze, stitched with mauve silk and trimmed with mauve panne. The five-gore tunic is closely tucked to the figure at the back, the lower edge being handsomely stitched. The touch of mauve panne on the bodice is very effective, with tie and plastron of mauve broché silk. (6 yards of frieze.)



No. 697. A Viennese Tailor Gown.

For Description see this Page.

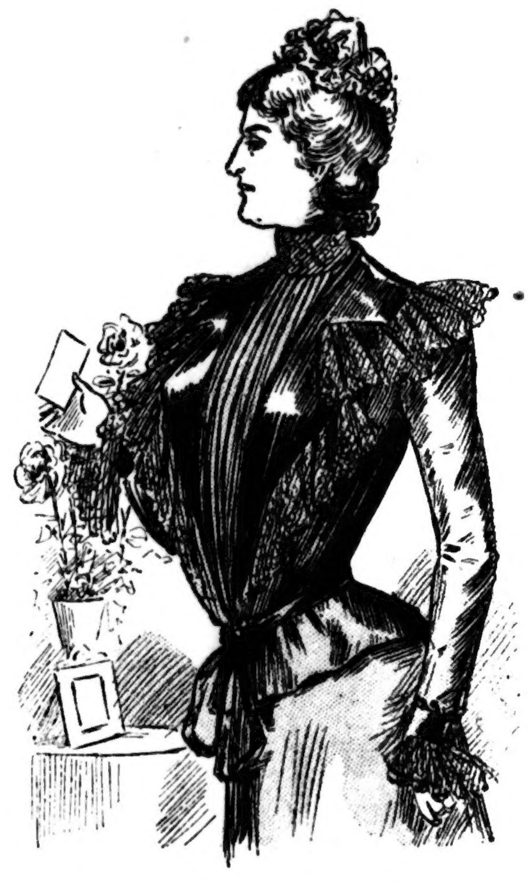
Price of Paper Patterns, Skirt, Tunic or Bodice, each 6½*d., post free, of* Madame Myra, 95, *Regent Street, W.*

WHERE TO SPEND THE HOLIDAYS.

Bude is certainly one of the prettiest places on the Cornish coast, and has the great advantage over many of the others in being reckoned one of the most bracing. The sea is grand in the extreme, dashing with immense force over the rocks, which break up the long stretch of sand in a most picturesque manner. The cliffs, too, are of immense height and particularly interesting, and the rocks mentioned above are so curious and fantastic in shape as to afford much interest to the geologist as well as to the painter. The little town is built somewhat in the shape of a horseshoe, with terraces of houses, mostly let out in apartments, nestling under the downs. There is a pretty river, and a canal about thirty miles in length; the bathing is good, and safe enough if ordinary precautions are used, but bathers who are not good swimmers should never venture far out; indeed, such had better keep to the bathing place called "Sir Thomas's Bath," specially built for timid bathers. Boating can only be indulged in on the canal, as the sea itself is too restless and uncertain, but there is plenty of fishing, both private and in the sea. The golf links on Summerleaze Downs are amongst the finest in the kingdom, and, of course, visitors are admitted to them by purchasing weekly tickets. There is a club-house attached, and tennis lawns as well. There is no dearth of apartments at moderate prices, or of furnished houses for the season, and one or two small hotels, the Globe and Brendons. The excursions from Bude are most interesting. First and foremost being that of Clovelly, some eighteen miles off—the unique fishing village of England, an excursion that will well repay the tourist. Tintagel is but twenty miles distant. Bude is on the South-Western line via Okehampton to Holsworthy, thence by rail by Great Western to Launceston, twenty miles from Bude.

Felixstowe is easily reached by branch line from Ipswich. The fares from London are: tourist, 23s. 4d. and 14s. 3d., issued by the G.W.R., any train, and available on any day within two calendar months, 17s. 6d. and 10s. available for fifteen days, and 12s. 6d. and 7s. 6d. Friday to Tuesday. Felixstowe is at the mouth of the Orwell, opposite Harwich, has excellent golf links, and is protected from the north and east winds. Very healthy, and growing in popularity yearly.

Penmaenmawr is an excellent place for those who wish to enjoy a quiet holiday without the distractions of the usual seaside band, pier, rink, theatre, or other forms of amusement. It is on a sheltered bay, four miles south of Conway, protected by Great Orme's Head from the winds, and sheltered on the south-west by Anglesey, Puffin Island. Town is about 230 miles from London, on London and North-Western line, and is easily reached thence, or from Birmingham, via Chester, in about five hours. Liverpool, Manchester, and Leeds are in direct communication on the main London and North-Western to Holyhead. Station is half-way between the old and new part of town; good shops; provisions reasonable; two churches; two chapels; excellent beach; stretch of firm sands; bathing safe at any time of tide, and abundance of good machines. Complete absence of trippers. Thorough system of drainage recently carried out; very pure water. The Conway, where sea-fishing is good, is within easy reach. One or two good trout streams on hills. Tennis court at the principal hotel, the Penmaenmawr, and another belonging to a local club. Carnarvonshire Golf Club has extensive links on the Conway Marsh, three and a half miles by road. Many excursions, on foot or otherwise. Waggonettes start daily for circular drives. Charming trips to Conway (four miles), then by pleasure steamer up river to Trefriw; but most beautiful walks need some climbing. Llandudno and Bangor for Anglesey and Menai Straits, Bettws-y-Coed for Swallow Falls, Capel Curig, Fairy Glen, &c.



No. 698. Cool Blouse for an Elderly Lady.

For Description see Pages 32 to 36.

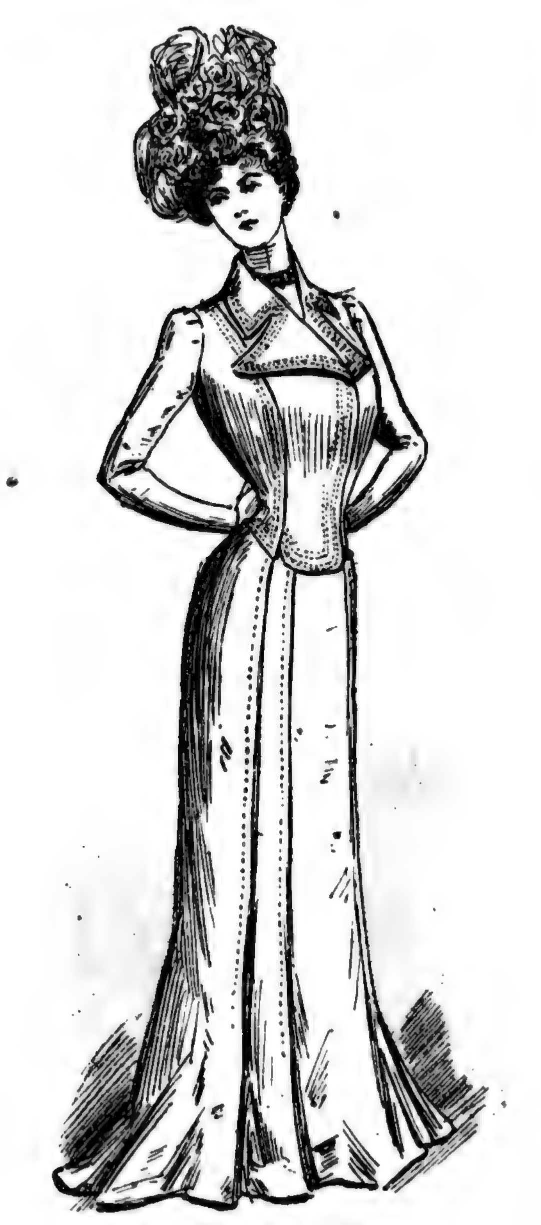
Price of Paper Pattern, 6½*d., post free, of* Madame Myra, 95, *Regent Street, W.*

To those who are fond of visiting the Kentish coast, and wish to enjoy the lovely air of Ramsgate in quiet and away from the bustle and turmoil of

A dressmaker writes :—"I have used 'Myra's' patterns for a quarter of a century, and can find nothing to beat them for style.

the usual holiday folks who assemble there in the months of August and September, they could not better than betake themselves to that charming Hotel St. Cloud, situated on the East Cliff, where they will find everything conducive to make their visit enjoyable. The hotel itself is beautifully situated, commanding a magnificent view of the sea and facing the pretty little new pier. The accommodation inside is all that one could possibly desire. The rooms are spacious and comfortable, the taste displayed in the decoration is perfect, the colouring being both artistic and restful to the eye.

The fares from London to Rotterdam via Harwich are 26s., 21s., 15s.; return tickets one fare and a half. Tickets issued at Bishopsgate Station, or on twenty-fours' notice from any station on the G.E.R. at same fares. You can take through tickets to the principal towns of Belgium, Holland, or the Rhineland. Sea passage from London to Rotterdam can be done by General Steam Navigation Company's steamboats, two or three times weekly, fare 22s or 16s. Time 20-22 hours. This company, and also the Netherlands Steamboat Company (which plies once weekly, fare 25s. or 15s.), run in connection with the Rhine steamers, and tickets at very moderate fares may be procured from London to any station on the Rhine as far as Mannheim. Hôtels at Cologne:—Hôtel du Nord, near the bridge; Hôtel Disch, Brückenstrasse; Mainzer Hof, Glockenstrasse, &c., all of the best. Bergischer Hof, Thurm Markt; Hilgers, Hochstrasse 27, Augustiner Platz, &c., moderate charges.



No. 699. Pier Costume.

For Description see Pages 32 to 36.

Price of Paper Patterns, Coat, Foundation Skirt, or Shirt, each 6½d., post free, of Madame Myra, 95, *Regent Street, W.*

One can go from London by either of three railway routes for a Scottish trip. Fares to Glasgow, 58s. and 33s., which are reduced for summer trips. The corridor expresses have 1st and 3rd dining cars, in which one can get luncheon (2s. 6d, 1st class, 2s. 3rd class), tea (9d. and 6d.), and dinner (3s. 6d. and 2s. 6d.). Then from Glasgow to Oban is 120 miles, steamer daily in fourteen hours, starting at 7 a.m. (fares 13s. and 7s. 6d.); or by railway either via the Caledonian line, 116 miles in 4¼ - 6¼ hours, or via the West Highland line of the N.B.R., changing at Crianlarich. If you are not a good sailor you had better go by rail, as the passage round the Mull of Cantyre is often stormy. From Oban to Callander, direct route is by railway, seventy-one miles in three hours. Fares 11s. 10d., 5s. 10d.; return 18s. 9d.

Overstrand, near Cromer, is a mile and three-quarters from G.E.R. station, and two and a-quarter miles from the terminus of Northern and Midland Joint Railway. A 'bus or a char-a-banc starts from Cromer station on the arrival of the 10.7 train, calling at Overstrand, Sidestrand, and Trimingham, on its way to Mundesley, returning at 12.30, and making another journey in the afternoon. Cabs and open carriages can be obtained at Overstrand, and will meet any train on receipt of order. During the season it is crammed with visitors, so you should make your arrangements beforehand. Postmaster will gladly answer inquiries. The beach is firm, and bathing excellent. Long range of hills shuts in the village from the south. The golf links extend right down to village. There is a reading-room, presented by Lord Battersea, and opened in autumn of 1896, well supplied with books, papers, and games.

St. Ives, on the Atlantic coast of Cornwall, is a quaint, peaceful, old-world little town, boasting a mild winter climate. Attracted by its picturesque streets, fine scenery, and gorgeous sunsets over the sea, many artists have made it their home. Pleasant excursions may be made to the Gurnard's Head, to Carbis Bay, to the Land's End, to Penzance, to Marazion, and St. Michael's Mount. The golf-links at Lelant, distant but a fifteen minutes' journey by rail, or a seven minutes' cycle run, are beautifully situated on the Towans—sandhills covered with soft, springy turf, overlooking St. Ives Bay. The best hotel is Tregenna Castle, an ancient mansion standing in its own gardens and plantations, nearly a hundred acres in extent. Croquet, tennis, archery, and cricket can be enjoyed within the grounds. Porthminster House is also a comfortable and well-managed hotel. St. Ives is about 320 miles from London by Great Western Railway.

RESULT of the MAY
Omitted Word Competition.

◆ ◆ ◆

Prizes: Three Organettes.

The Prizes, in order of merit, have been awarded to

Miss PARKER, Bingley.
Mrs. ANNE JOHNSON, Hastings.
Mrs. M. HOWARD, Liverpool.

Below is the text with the twelve missing words correctly filled in:—

The immense *enthusiasm* of the whole Empire for the heroes of the South African *campaign* comes a little hard on previous *public* favourites and notabilities. Dazzled by the dangers and glorious *achievements* of our soldiers at the front, we hardly reserve a *shred* of interest for the *able* men whose *talents* have shone forth as prominently in the days of peace. Exponents of the arts and sciences are out of it for the moment (except, perhaps, the recorders of *doughty* deeds and the inventors of *big* guns). The *martial* pictured faces of our *warriors* fill the shop windows, and the erstwhile popular visages of our stage favourites are *relegated* to a modest position in the rear.

For particulars of a new competition see p. 39.

SCHWEITZER'S COCOATINA—The Queen of Cocoas.
SCHWEITZER'S COCOATINA—The Queen of Cocoas.
SCHWEITZER'S COCOATINA—The Queen of Cocoas.

Palmistry.

(Some Delineations crowded out of page 41.)

Wonderland (Horsham).—Your fingers are more suited to the violin than any other instrument. You have great musical talent, but should lose yourself more in your work. You will never have any children.

Saxon (Bradford).—She will be tall and fair. You certainly ought to succeed but you will have to work hard. You are very wanting in self-confidence at times. You will have plenty of money later on.

Dadie (Reading).—You will be married, but your hands are too blurred to give date or particulars. You made them too wet. The letters P H and L are marked.

Kitten (Reading).—I am so sorry but your impressions are worse than Dadie's. I think I can see marriage, but you must send up again if you want particulars. The letters T and A are marked.

Queen Mab (Cornhill).—You have plenty of capacity, and ought to succeed in anything you undertake. There is more money for you before fifty, and you will certainly have the chance of marrying. There is a great change coming between now and fifty.

De (Clifton).—There is every chance of your going abroad when you are about thirty-five. I do not think you will have to work for your living, for there is no sign of poverty in your hand. There is a great change at thirty-five.

Nydia (Walsall).—You will be married about thirty, perhaps sooner, and will be very happy and in comfortable circumstances. Your health in the future looks good, but you must not worry about it or give way to nervousness.

Bellevue (Worcester).—I am sorry, but your impressions are too blurred to read. I think I can see a change at forty-three and another just before fifty. You have a great desire to do well.

Charlie Boy (Aberdeen).—Yes! I think he will, but your impressions are so faint just at the present time that it is difficult to say for certain. You would make a good secretary. There is certainly someone who cares for you now. I do not see anything peculiar in your hand.

Suffolk (London, N.).—Yes certainly, but you want a little more concentration for it. You will be married within eighteen months, and your husband will be devoted to you. An unhappy love affair shows in your early life.

John Peel (Bayswater).—Your impressions were all stuck together. As far as I can judge from them, I think marriage shows about thirty-five. You must send up again if you want the other questions answered. You like the society of the opposite sex.

Frank.—Yes, I do think there is a chance of your engagement being renewed. At the same time, I think it is only right to warn you that it is always trying to marry a man in ill-health, and would advise you to do nothing in a hurry. Your future life will be very prosperous.

Admirer of Beauty (Clapton).—Your impressions are quite unreadable. I can only tell your character. You are very sensitive, have some ambition, and rather worry over little things.

Barbados (Lewisham).—I am so sorry, but your hands are blurred just in the present part of your life, but I think there is certainly a chance of your marrying again. There is a great change in your life about fifty, and a strong influence in your life at the present time.

Primrose (Denby Dale).—As far as I can see from your dark impressions, there is a great change in your life within the next two years. Your business line is too blurred to tell you anything about it, neither can I see any signs of the money.

Sam Jones (Galloway).—You will be well off later on. Marriage will bring you more money. I do not think you know the man now. You will have to be careful of your health when you are thirty-five.

India.—I am very sorry, but not a single little line is visible in your palm. I can only dimly see a kind of change before fifty. You must send me better impressions before I can answer about the money.

Achilles.—Your future will be much more prosperous, and you can do a lot for yourself towards making it so. Do not make so much of small worries. You will not marry until after you are twenty-four. Your life will be a long one, but you will have to be careful of your health at the age of thirty.

E. M. C. (Edinboro').—You will be married; but you do not know the man now. He will be tall and rather fair. You are very observant about small things.

Senga H. (Battersea).—Your impressions are very bad, but I think I see a change about forty-two, which looks a second marriage. Your future will be more prosperous than your past.

Impudent (King's Road, N.W.)—Your prospects are good, but you will have to be careful of your health after marriage. You already know your future husband. The letters H A and R are marked.

E. J. C. (St. Leonards).—There is a happier and more prosperous time coming for you, but I wish your impressions had been a little clearer. There is a new influence in your life, and a change coming before fifty.

May (Manor Park).—You will not always live alone. There is a change coming in your life within the next two years which will bring you more money, and take you abroad. Your future looks prosperous.

Jess (Stourbridge).—Soon after you are thirty-five. You know the man now. He is more fair than dark. Your marriage will make you more prosperous.

Red, White, Blue (Birmingham).—I think you will have three children. Your husband will be fair; but I cannot tell you his age. You should be clearer with your fingers.

Lang Toon (Leafield).—I think there will be more than one legacy, also money through marriage, which will take place about twenty-seven. You will have two children.

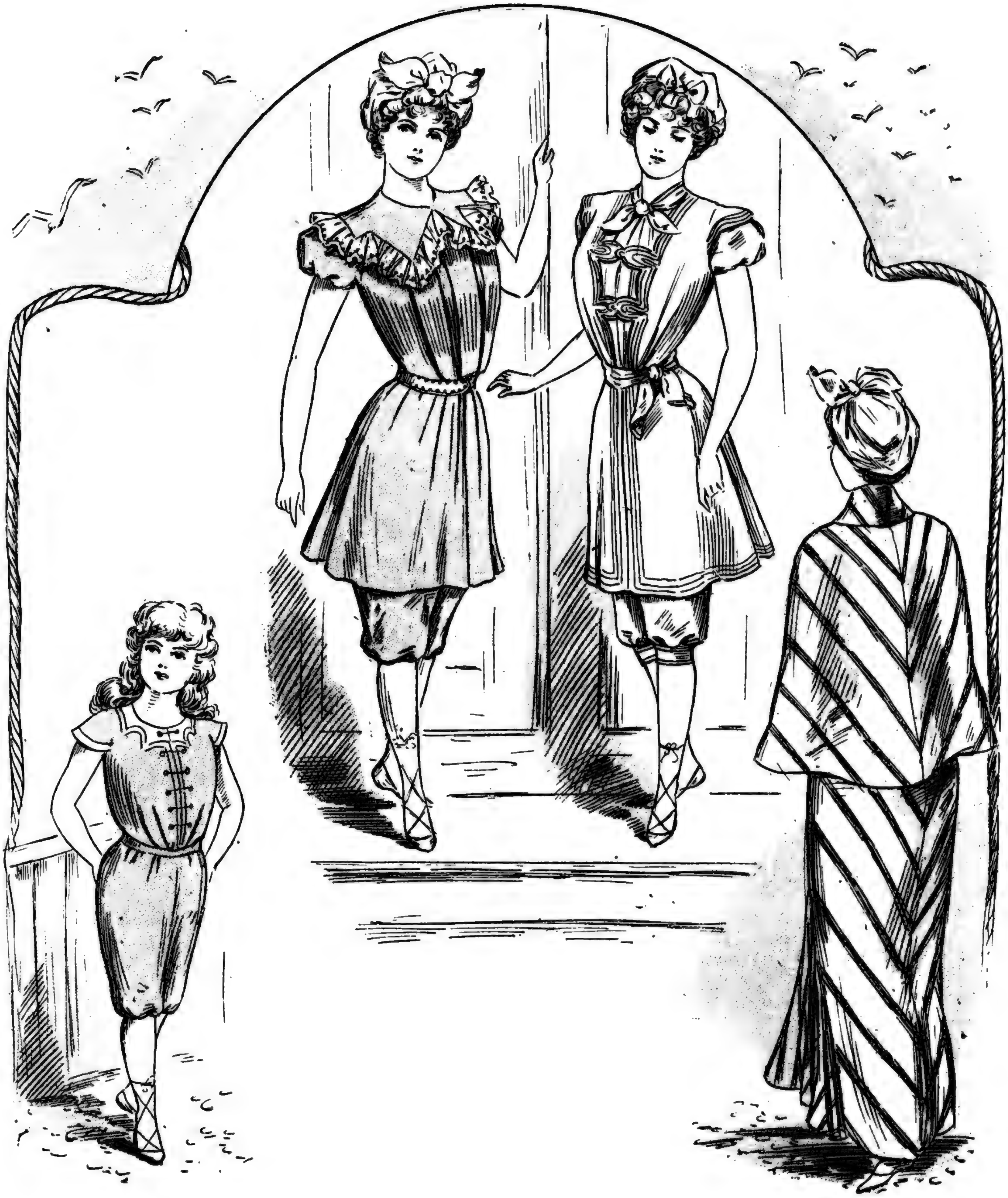
Geisha.—You will certainly marry and be more prosperous afterwards. There will be several changes in your life within the next ten years.

Beetle.—Your impressions are too bad to answer your questions. You are practical, capable, and have plenty of determination. As far as I can see, prosperity shows in future.

J. W. Klondyke (Balham).—There is certainly a chance of your marrying again. The man will be fair, and I think the change will greatly improve your circumstances. You are very impulsive.

Lachesis.

A Subscriber writes:—"I shall be pleased to recommend 'Myra' whenever I can."

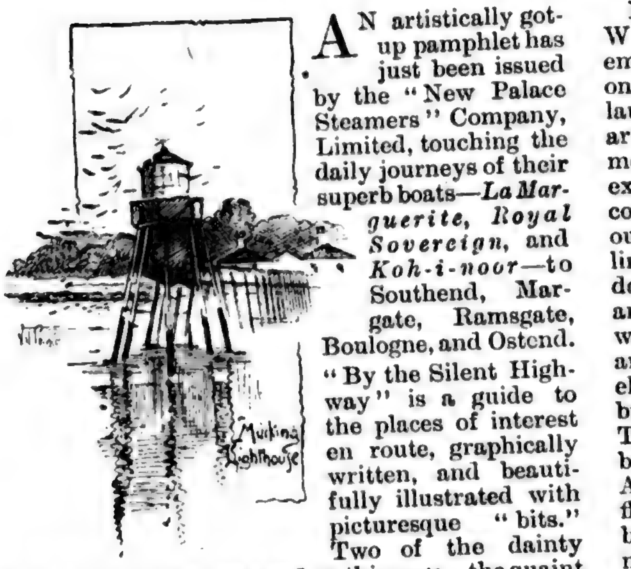


Nos. 700 to 703. Bathing Dresses and Bathing Wrap.

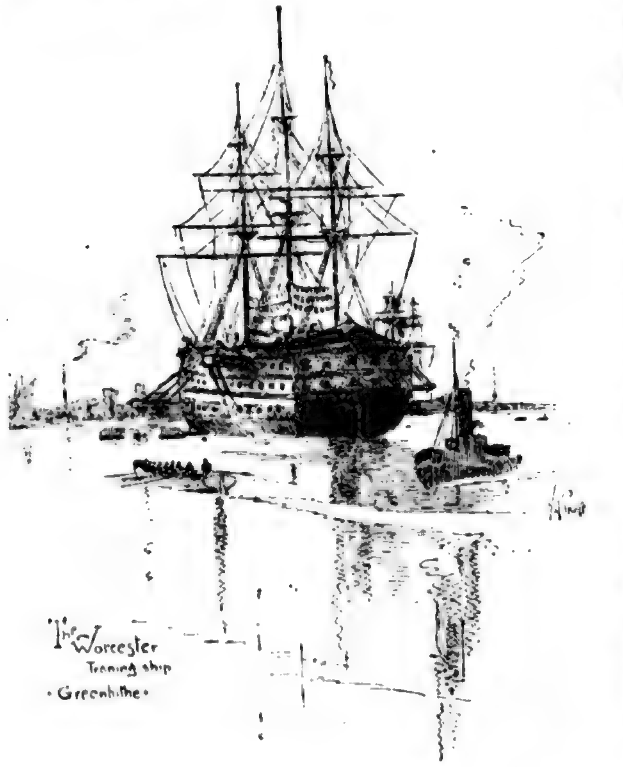
For Descriptions see Pages 32 to 36.

Price of Paper Patterns, Dresses, each 6½d.; Wrap, 1s. 0½d., post free, of Madame Myra, 95, *Regent Street, W.*

Notes of the Month.



An artistically got-up pamphlet has just been issued by the "New Palace Steamers" Company, Limited, touching the daily journeys of their superb boats—*La Marguerite*, *Royal Sovereign*, and *Koh-i-noor*—to Southend, Margate, Ramsgate, Boulogne, and Ostend. "By the Silent Highway" is a guide to the places of interest en route, graphically written, and beautifully illustrated with picturesque "bits." Two of the dainty illustrations are reproduced on this page—the quaint "Mucking Lighthouse," and the well-known training ship *Worcester* (for merchantmen officers) which is moored off Greenhithe. There are thirty-eight illustrations, all of superior class and interest, some of them being old-world famous points of interest now vanished to make room for modern buildings, like Shakespeare's old Globe Theatre and some of the houses which once decorated old London Bridge. The pamphlet is, therefore, of great interest to all who love Old Father Thames and our south-eastern shores (price 6d.) The price list of the catering departments are given, good plain breakfasts, luncheons, and teas being served to the passengers at stated charges. *La Marguerite* (for Boulogne or Ostend) also provides a six-course dinner at the modest price of 4s. a head.

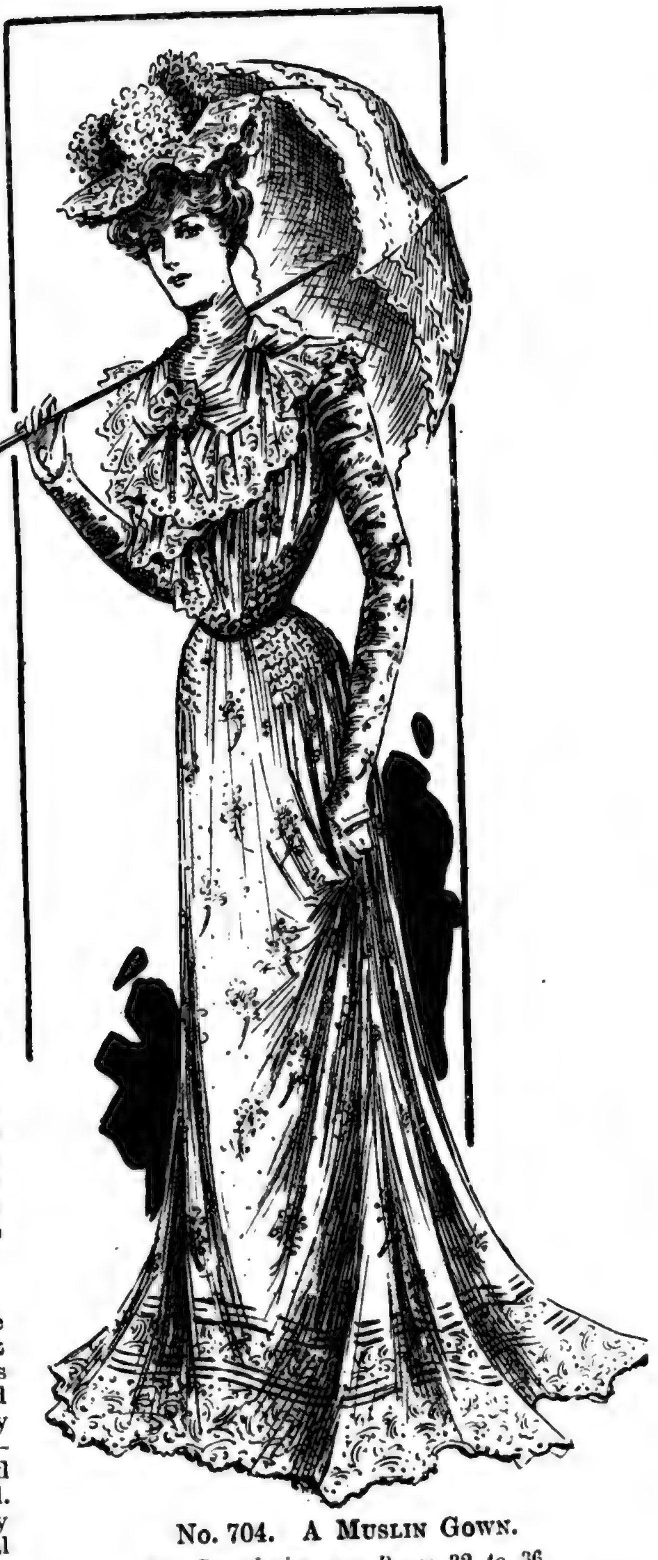


The proprietors of the noted "Icilma" preparations for the toilette have just published an excellent guide to Paris and the Exhibition at the modest price of threepence—"The Daily Messenger's Guide to Paris"—which intending visitors should lose no time in ordering from their newsagents. The book is compact and concise, singularly clear, and packed full of useful information of which the greatest strangers in Paris can readily avail themselves. There are no less than eleven maps and an exhaustive index. In fact, this is a wonderful threepenny-worth. By the aid of the "Daily Messenger's Guide to Paris" any visitor ignorant of French, besides learning *what* there is to see, can find his or her way all over Paris without any further aid.

Messrs. J. Harris and Sons (25, Old Bond Street, W.) have shown in their summer exhibition of art embroideries (worked with their beautiful flax threads on their art linens) that they do not rest on their laurels. I noted a great deal of novelty in designs and articles embroidered, while the style of the work is more beautiful than ever. Prominent among the exhibits are some superb panels, worked in lovely colour-combinations with old Indian designs, carried out in flax thread on linen. The portières, in linen of art shade, worked up into conventional designs in exquisitely chosen shades of flax thread, are veritable works of art. Lovers of art work would receive an invaluable course of lessons in art-embroidery by sending for one of the more elaborate designs—materials, traced design, embroidery *commenced*—and working it for themselves. They will see then how to combine shades with best effect, and how the lovely effect is obtained. A distinct novelty is the embroidery in white flax thread on white linen, which combined with drawn work, is splendid for afternoon tea-cloths, sideboard cloths, nightdress cases, &c. The effect is heightened if the article is edged with Messrs. J. Harris' flax lace, which can be had white or white and any colour. The price of this lovely durable lace is 1s. 6d. the yard. Messrs. Harris will make it to order of any colour (to pattern) at the same price, if not less than five yards are required. A cloth of large size, ready traced, with the requisite materials, the embroidery commenced, can be had for 8s. 6d. I counsel the securing of one of these, to be worked in the many spare hours one inevitably finds on one's hands during the summer holiday. It can be packed away in small compass, and it will give endless pleasure and enjoyment, besides providing a dainty addition to the household linen, or a beautiful present for an autumn bride or for Christmas. As by the time these lines appear in print we may soon be expecting our valiant Field-Marshal to lead back the chief portion of his victorious troops to London, I may mention Messrs. Harris' charming patriotic badges (only 1s.), which are just the things to wear on that great day when Roberts enters London, crowned with the laurels so dearly won. The badges are made of dark blue linen or satin, worked in flax thread with the symbolic Rose of England, or with the entwined red and white roses of Lancaster and York.

As few children are taught to write in these studious days, a hand-written letter is not always a joy to read. Besides, the enormous amount of writing demanded of so many men and women in their daily employment, has largely increased that painful and paralyzing malady—writer's cramp. Hence there is a growing demand for good typewriters of not too expensive a kind. The large and expensive machines are all very well for large offices, but the private individual wants something less cumbersome, less costly. This ideal typewriter will be found in the cheap efficient machine which has at last been supplied by the Practical Typewriter Syndicate of Europe, Limited, who are showing at 20, Regent Street, W., a most ingenious apparatus, at the astonishing price of 25s. 6d. This typewriter is so simple in action that no lessons are required. It is portable anywhere, and it is *cheap*. Two hours will suffice to master the working of it at a reasonable speed. It has a key for each letter, it is self-spacing, and has the usual roller feed without any of the usual intricacies. The total weight is only 5lb. Everybody who has to write much and often should make a point of seeing this new typewriter.

Mr. William Heinemann (21, Bedford Street, W.C.) has brought out an admirable guide to "Exhibition Paris, 1900," which is exhaustive and valuable, alike to the visitors of a fortnight or month and to the lightning tourist of forty-eight hours. Not that many people make such a lightning sojourn in Paris nowadays; but the high prices of Exhibition Paris will induce not a few to "rush" their sightseeing. The guide is amply illustrated with woodcuts and maps. Not the least interesting are the portraits of the principal Parisian journalists and capital plans of the principal theatres. All the chief churches are illustrated as well as described, and much valuable information is to be found touching the boulevards and those still more interesting localities the *quais*. Of course a great deal of space is given to plans, illustrations, and descriptions of the vast exhibition grounds and buildings. (Price 2s. 6d. net, well bound in cloth.)



No. 704. A Muslin Gown.

For Description see Pages 32 to 36.

Price of Paper Patterns, Skirt, Foundation Skirt, or Bodice, each 6½d., post free, of Madame Myra, *95, Regent Street, W.*

◆

Patents.—We have no doubt that many of our readers are continually devising some new and useful ideas, which, if properly introduced, would turn out very profitable investments. We therefore invite all our inventive readers to write to the Editor of Myra's Journal, marking the envelope "*Patents.*" Our expert will deal with the matter and reply direct.

WHY BE STOUT when a reduction can be so easily and pleasantly effected by using AMIRAL SOAP? No danger to health. Drugs superseded. Diet unrestricted. Pamphlets, with Medical and Private Testimonials, Gratis and post free on application; or by sending P.O.'s for 8s. to the Amiral Soap Co., Ltd., 3, Throgmorton Avenue, E.C.

A Dressmaker writes :—"I must tell you how much I like 'Myra' and how useful we find it."

Personal Appearance.

HOW TO MAKE IT MORE ATTRACTIVE.

By MISTRESS ANNE PAGE.

THE HANDS.

IT has been well and truly said that a well-kept hand is a thing of great beauty, a gift which should have as much attention given to it as is paid to the face. The hand unmistakably betrays to the careful observer the characteristics of its owner; for example, when it is fine and white and smooth, in spite of much daily hard work, as I have sometimes seen it, it shows a refinement that tells of gentle birth, and an indomitable perseverance, both lacking in the girl whose hands are rough and discoloured, and never fit to be seen by more fastidious folk.

Let me try to help you all to have nice hands, that will be a pleasure not only to yourselves, but to everyone who comes in contact with you.

Those of us who work have frequently to wash our hands during the day, and sometimes we are too thoughtless or too hurried to stay to dry them thoroughly; but, for this neglect alone, they will soon become red, rough, and coarse. The following is a very good method to adopt:—Keep a bowl of vinegar and water and a sixpenny bottle of Beetham's Lait Larola near the washing bowl. If possible let the water be warm (not hot) and soft, and be sure that the soap is a pure one, though this need not necessarily mean an expensive one.

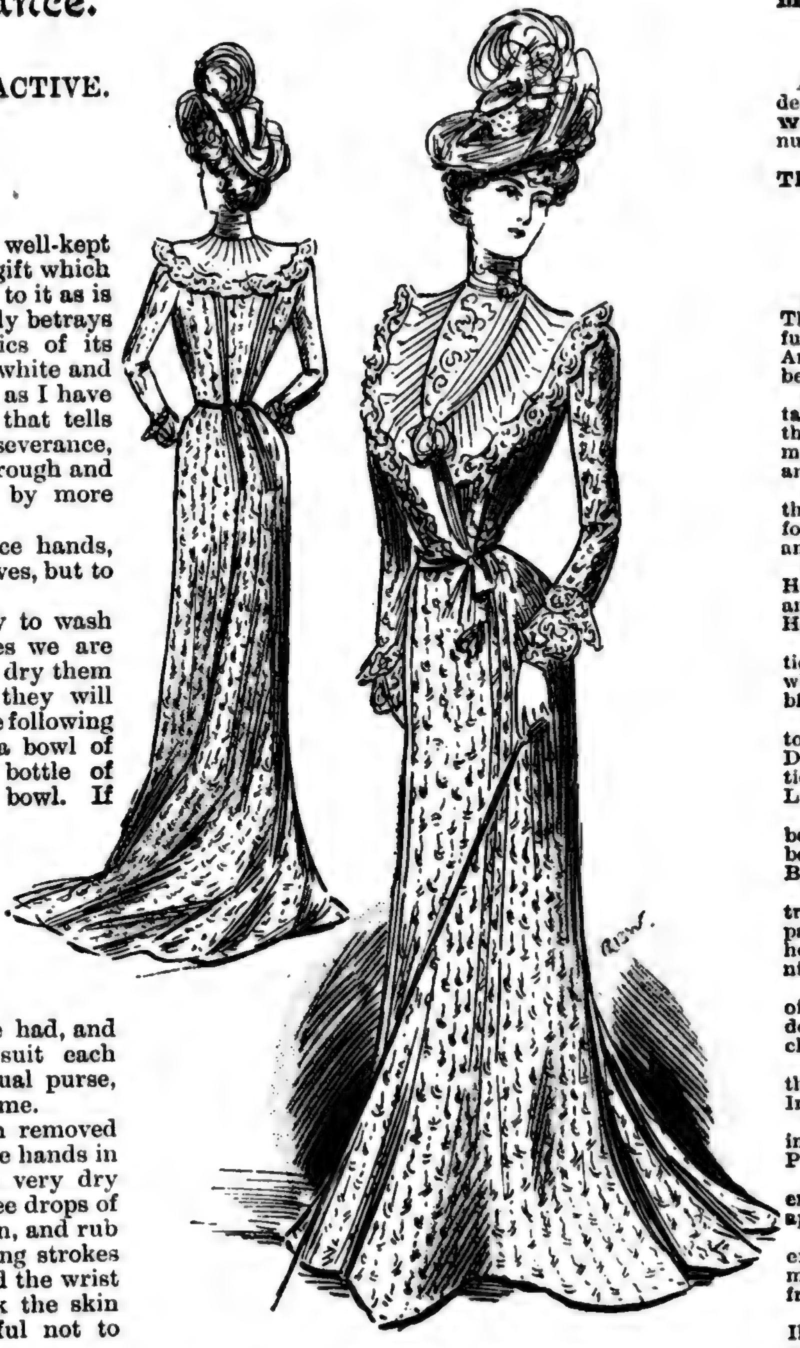
I will say here what some of you know already, that I shall be very pleased to advise anyone who will will write to me as to the best way to soften water where rainwater is not to be had, and as to soaps, emollient creams, &c., to suit each individual skin, as well as the individual purse, if my correspondents will but confide in me.

To return. When all the dirt has been removed with soap and water and flannel, dip the hands in the basin of vinegar; then wipe them very dry with a soft towel. Now pour two or three drops of Larola on the back of each hand in turn, and rub it well with the palm of the other, in long strokes from finger tips to wrist, and then round the wrist itself. When wiping, gently push back the skin at the base of the nails, but be careful not to break it.

French and Spanish ladies take more pains with their hands than with their faces, it is said, and many of them wear gloves all night, the insides of which have been coated with a certain pomade, celebrated for improving the delicacy and "complexion" of the hand. Mr. Mason, of 25, Bank Plain, Norwich, who has helped so many of you to get a nice complexion on your faces, has the recipe, and will send a jar of this "Gants Gras Pomade," as it is called, post free for 1s. 6d. to any part of Britain. The difference that the use of this for a few nights makes is simply marvellous.

Again, where it is possible, it is a very good way of keeping the hands white to bathe them three times a day in hot milk and water for several successive days, to put the pomade on them at night, and to wear gloves during the day, especially if any dusting or other household duty has to be performed.

Another simple way to whiten the hands is to wash them every night in a thin gruel made by boiling a teaspoonful of oatmeal and an egg-spoonful of wheat starch (white, of course) in a quart of rain water for an hour, which is to be strained and used when nearly cold. It is whispered that this is the plan adopted by one of our noble ladies, who is celebrated for the extreme beauty of her hands. The only drawback this simple, inexpensive whitener has, is, that it must be fresh made every day, at least in summer, as it turns sour if kept any time.



No. 705. GOWN OF MERCERISED COTTON.

For Description see Pages 32 to 36.

Price of Paper Patterns, Skirt or Bodice, each 6½d., post free, of MADAME MYRA, 95, *Regent Street, W.*

In some parts of America, where the daughters of a house are obliged to do all its work, there being no domestic servants to be had by any one, the hands are kept soft in a very homely way. The toilet basin is half-filled with white sand, and a strong lather of good soap in hot water is poured on it; the hands are washed in this for five minutes, and well rubbed with the sand. They are then rinsed in a warm lather, dried with the towel, and further dried with bran. This washing is done at night, and the last process is to rub well into the hands a cream, such as the Larola I have mentioned.

Those who wish to have delicate hands must never hold them to the fire, nor expose them in strong wind or rain, while it will be fatal to their chance of beauty to attempt to dry them by the fire if they are at all damp.

Fine hands, that tan and freckle, can be made white and spotless by first fomenting them with a warm bran poultice, and then washing them in lime-water, or in the juice of fresh lemons; while those who have neither time nor opportunity for such a method, can gradually remove the sunburn and freckles by the daily use of "Lait Virginal" (which Mr. Mason sells for half-a-crown a pint), or "Virgin's Milk," as country people call it. I find in an old note-book that freckles will be removed from hands, and arms, and neck, and face, by repeated applications of either of these; that all blotches will mysteriously vanish at the same time; but it is strongly recommended at the same time to wash the face with morning dew, and to take three times a day, for the space of one whole week, two tablespoonsful of the following mixture;—Epsom Salts, 1oz; mint water, 4oz; magnesia, ¼oz, with pure water 4oz. An ounce is, roughly speaking, two tablespoonfuls.

I hope to tell you how to treat your nails, so as to get them rosy and tapering, with pretty crescents, in my next. Meanwhile, I hope you will ask me many questions, and tell me what your difficulties are.

(To be continued.)

MYRA'S LIBRARY OF NEEDLEWORK.

NOW READY.

An important Series of HANDBOOKS, plentifully illustrated, dealing with all kinds of **Plain and Fancy Needlework,** for Amateur or Professional workers. The back numbers are always kept in print.

The Handbooks are published at ONE PENNY EACH (1½d., post free). They are also sold in assorted packets of fifteen, at 1/6, post free.

HANDBOOKS ALREADY PUBLISHED.

No. 1, SEQUIN AND JEWEL EMBROIDERY.—This handsome handbook contains over 20 Illustrations and full descriptions for making this new and beautiful style of Art Needlework. The most expensive Sequin trimming can be made at very small cost.

No. 2, WOOL CROCHET WORK. (PART I.)—Contains 45 Illustrations. Full descriptions for making more than 20 useful articles for Ladies', Children's, and Gentlemen's wear. The descriptions are carefully prepared, and are thoroughly reliable.

No. 3, DRAWN WORK. (PART I.)—23 Examples of this pretty and effective needlework, with full descriptions for beginners. This work is executed on Linen, Art Linen, and Canvas.

No. 4, PLAIN NEEDLEWORK.—48 Illustrations. How to use a Needle, Stitches, Seams, Patching, Bands, Run and Fell Seams, Gussets, Tucks, Gatherings, Button Holes, Hemming, &c.

No. 5, SMOCKING. (PART I.)—Contains 28 Illustrations of this very pretty and useful form of needlework, which is invaluable in working children's clothes, ladies' blouses, shirts, &c., in various silks and cottons.

No. 6, COTTON KNITTING.—29 Illustrations.—How to knit Shamrock, Palm Leaf, Cockle Shell, Seed Point and Diamond, Maltese, Cingalese, and Heart Lace, Greek Insertion, Pomegranate Border, &c. Also complete designs for Lace Collars, D'Oyleys, &c.

No. 7, ORIENTAL EMBROIDERIES.—This handbook has been prepared by an expert, and contains very beautiful and original designs in Egyptian, Algerian, Bulgarian, and Hungarian Embroidery. 29 Illustrations.

No. 8, STOCKING KNITTING. (PART I.)—22 Illustrations. Is an exceedingly practical and instructive pamphlet showing how to knit the different styles of toe and heel, ladies' stockings, gentlemen's socks, and children's night socks.

No. 9, MACRAME LACE.—Contains 27 Illustrations of this most ancient of crafts. Many novel and pleasing designs are given, and the working is carefully described and clearly illustrated.

No. 10, COTTON CROCHET.—An excellent guide to the making of Lace D'Oyleys, Borders, Edgings, and Greek Insertion. 21 Illustrated designs.

No. 11, NETTING.—20 Illustrations. How to make Fishing and Tennis Nets, Hammocks, Shopping Bags, D'Oyleys, Purses, &c.

No. 12, CANVAS WORK.—Illustrated by 32 engravings. Contains many beautiful designs that can be applied to a variety of purposes.

No. 13, STOCKING KNITTING. (PART II.)—Deals exhaustively with gentlemen's cycling stockings with ornamental tops, ladies' decorated stockings, clox, openwork fronts, &c. 12 Illustrations.

No. 14, SIMPLE EMBROIDERIES.—Contains 29 Illustrations of simple but effective embroideries worked on such ordinary and easily obtained materials as cretonne, huckaback, glass cloth, &c.

No. 15, WOOL CROCHET WORK. (PART II.)—14 Illustrations. Very pretty designs for working Shawls, Sofa Rugs, Ladies' Vests, Tam-o'-Shanter, Infants' Jacket and Shoes.

No. 16, FILET GUIPURE LACE.—Contains some very beautiful designs. The working is simply described, and the merest novice could not fail to understand the very careful designs and sketches (27 in number) which accompany the letterpress.

No. 17, CROCHET LACE.—20 Illustrations of Link Pattern, Maltese, Diamond, Fan and Braid Lace. The descriptions are carefully written, and some very handsome designs are given.

No. 18, LACE BRAID WORK.—Illustrated by 32 engravings. Describes the working of Picotina, Honiton Lace, Pompadour, and other Embroideries suitable for Tea and Sideboard Cloths, Duchesse Table Covers, Sachets.

No. 19, WOOL KNITTING.—How to knit Babies' Boots, Gaiters, Socks, and Bonnets, Shawls, Underskirts, &c. 20 Illustrations.

No. 20, RIBBON & OTHER EMBROIDERIES.—Contains a variety of designs for Tea-Cloths, Table Centres, Tea Cosies, Nightdress Cosies, Cushion Covers, &c. 27 Illustrations.

No. 21, SMOCKING. (PART II.).—Illustrated by 29 engravings. Contains some very pretty and effective designs.

No. 22, DRESSMAKING. (PART I.—THE BODICE).—Treats of the Choice of Materials, Self-Measurement: Cutting, Fitting, Pressing and Boning Bodices. Illustrated by nearly 30 diagrams.

No. 23, EMBROIDERY STITCHES.—This hand book tells the worker what materials will look best, and what stitches are most suitable. It contains 103 illustrations, which are so clear that the merest tyro cannot fail to understand them.

No. 24, DRAWN WORK. (PART II.)—Contains 40 illustrations of Faggot Stitch, Herring Bone, Clusters, Fringes, Wheels, Point de Reprise, &c., &c.

No. 25, STOCKING KNITTING. (PART III.)—Contains many pretty fancy Stockings and Socks for Ladies and Children: also Socks for our Soldiers.

No. 26, WOOLLEN COMFORTS FOR SOLDIERS AND SAILORS. (well shaped, quickly made); Balaklava Helmets, Cholera Belts, Tam-o'-Shanters, Socks, Guernseys, Cardigan Jackets, &c.

No. 27, WOOL CROCHET WORK (PART III.)

No. 28, SMOCKING (PART III.).

IN PREPARATION.

PILLOW LACE; WOOL KNITTING (PART II.), &c.

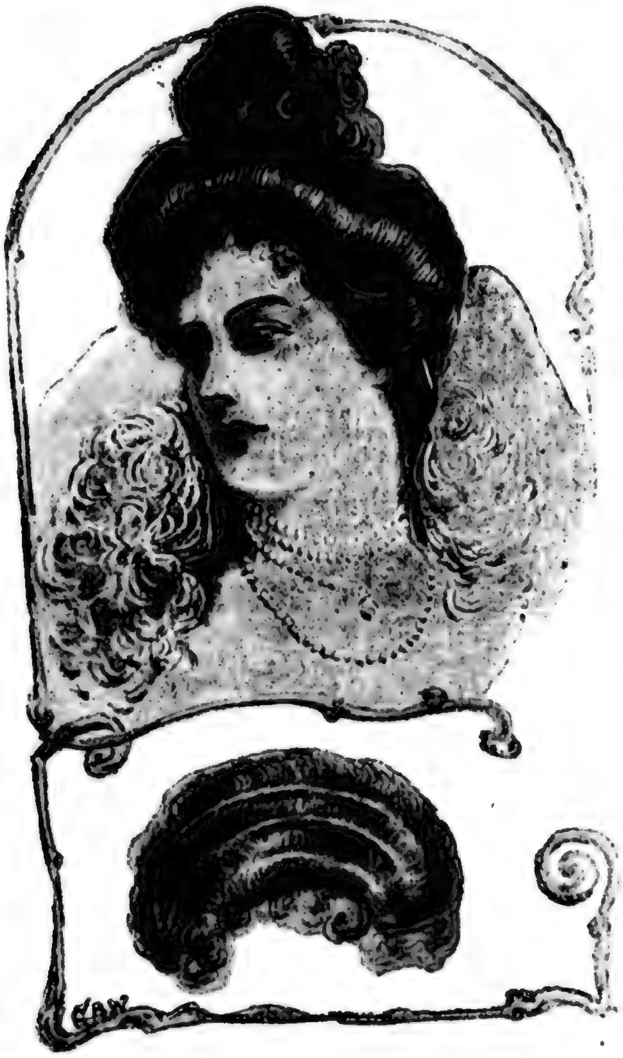
BEETON & CO., Ltd., 10 and 11, Fetter Lane, E.C.

Mrs. B. says:—"I should also like to mention how useful I have always found your journal."

Novelties in Hairdressing.

I CAN only describe Mr. Westgate, of 171, Westbourne Grove, W., as a real artist in hairdressing, for he has gained his diploma of honour and his countless medals, not only by his skill in manipulating false hair, but for his wonderful taste and his unerring eye in at once deciding what special coiffure will suit each individual face and head. I have had two of his creations sketched on this page to justify my opinion. For those who have not the requisite tresses, Mr. Westgate has his inimitable "Transformations," his hair tails, his fringes; but his coiffures can all be done with the natural hair also when a lady is sufficiently supplied with "woman's chief ornament" of good quality.

The "Transformation" is a wonderful invention of Mr. Westgate's, consisting of *naturally curling* hair mounted on a shaped strip of hair-net (woven from real hair), which follows all the intricacies of the hair line. On this net the long curling hair is arranged by *twos* so beautifully that it can be turned up, as shown in Fig. 1, over one of the new frames, without showing a particle of the foundation. A few of the shorter curling hairs cling becomingly to the forehead. The longer curly hair is then drawn to the back and fastened with a pin. This transformation is as light as a feather, for it is only a thin veil of curling hair, which completely conceals but does not overweight the natural tresses beneath, which we may wish to hide because they are fading, thinning, or—a great evil—are totally uncurled by the action of heat or sea bathing. The price of this wonderful transformation is only 3 guineas (for brown or ordinary tints), and it can be supplied with any sort of fringe. The fringe of Fig 1 is illustrated as a separate thing at Fig 2 (15s. 6d. in ordinary shades). This is also of natural curling hair, and is mounted on a strip of hair-net like the whole of Fig. 1. The loose hairs are then pinned back as liked. This fringe practically has no weight. Mr. Westgate supplies measurement forms for ladies residing in the country, who must also send him a lock of their hair as a pattern. Mr. Westgate will send his transformations, fringes, and hair-tails on approval to any address.



Figs. 1 and 2. A New Coiffure and Fringe at Mr. Westgate's.

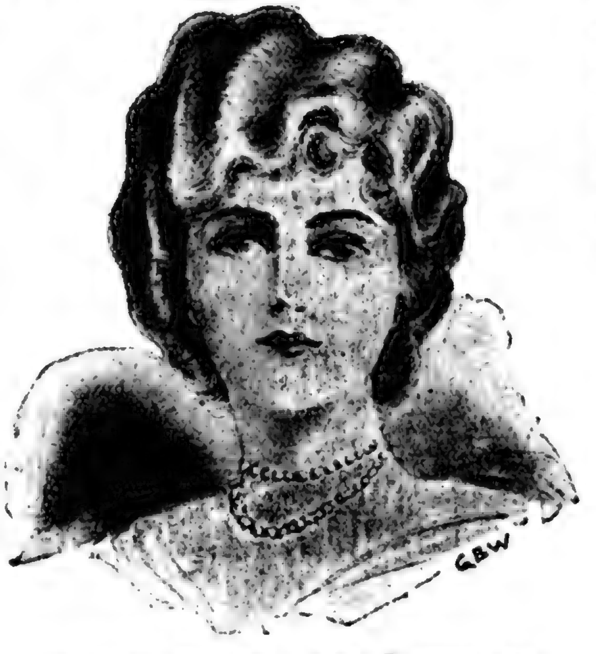


Fig. 3. The New Side Parting at Mr. Westgate's.

Let me add that in his fringes and transformations Mr. Westgate uses exclusively naturally curling hair of high quality, which only curls and waves the more crisply for being wetted, brushed, and combed.

To return to Fig. 1 (the whole coiffure complete can be had for four guineas): after the loose hair of the transformation has been pinned at the back (one single hairpin), the coil, natural or false, is parted in half, each half being loosely coiled; then the two coils are twisted, and a knot is made, supported in place by a curved comb (Mr. Westgate has beauties: Spanish combs of non-inflammable material imitating tortoiseshell, inlaid with metal filigree, at 5s. each). The ends of the coils are curled (or twisted in rolls on the fingers), and are pinned in place. What could be more elegant? The necessary frames to puff out the hair in front Mr. Westgate makes of dainty lightness at only 2s. 6d. or 2s. (according to depth).

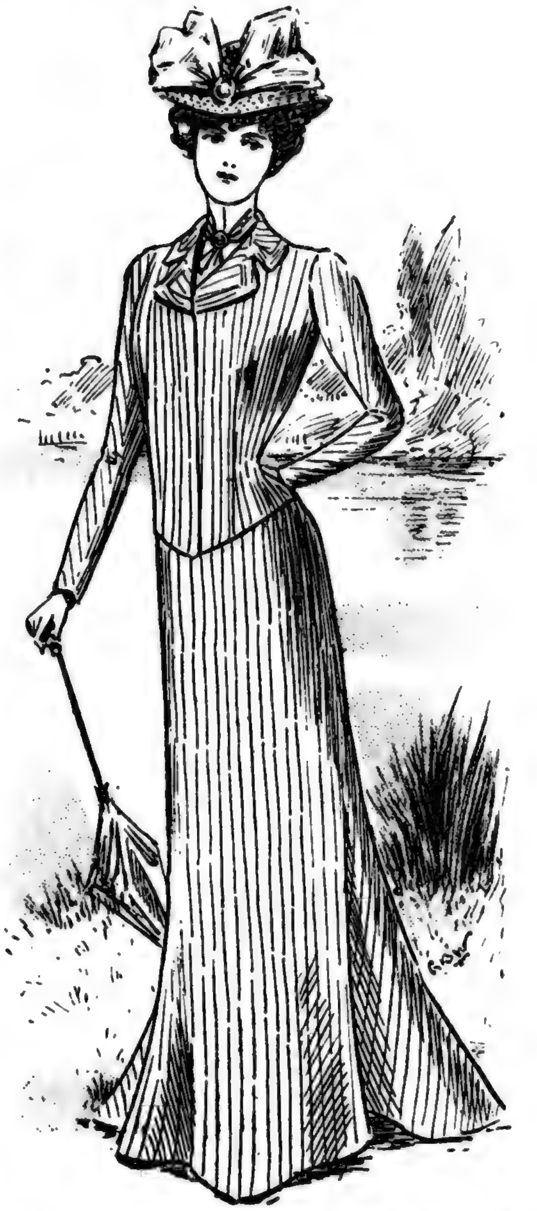
Fig. 3 shows the lovely new side parting, so charming for a youthful head. The complete coiffure consists of a "Transformation" and a hair-tail (four guineas complete). The hair is richly waved. The long fringe, parted at the side, is pinned across the brow. The tail at the back (natural or false) is dressed low in a loose coil, through the centre of which is drawn the curled ends. This is pinned in the nape, and a lovely effect is obtained. I recommend whoever lives within reach of Westbourne Grove to call on Mr. Westgate. They will get more hints on hairdressing from him in five minutes than they could pick up from their own observations in a year.

J. H.

◆

NEW MUSIC.

Seekers after new and pretty songs never appeal in vain to Messrs. Enoch and Sons (14 and 14a, Great Marlborough Street, W.), who publish the most attractive songs produced. In their latest batch I note Tosti's new song, "Return!" which is in no ways lacking in the melody so notable in the songs of this most melodious Italian composer. It is simple and easy, but most effective, and is published in three keys to suit all voices. The inimitable "A. L." contributes two new songs, "Fortunio" (Chanson de Fortunio, by A. de Musset), and "When Myra sings," a lovely old song of Lord Lansdowne's, written just two hundred years ago. A. L.'s greatest successes are arrangements of old famous songs and ditties. "Fortunio" is published in three keys; "When Myra sings" in two. "Fortunio" has the French words and an English version. Everybody ought to get these two charming songs, which would suit all voices. "Immortalité!" (French and English words) is Mdlle. Chaminade's latest song. It is published in two keys, but its slow and plaintive character seems to suit peculiarly a deep contralto voice. "Story Time" is Gerald Lane's latest contribution to the season's songs, a quaint and pretty song of somewhat plaintive tone. "The Gift Divine" is a telling and graceful song by Frederick Bevan (two keys). Well suited to the times is Tennyson's vigorous "English War Song," set to music by Hermann Löhr. It calls, in character, emphatically for a male singer, and is published in two keys. "When Butterflies Return," is by Landor Ronald (in three keys to suit all voices).



No. 706. A Flannel Coat and Skirt.

For Descriptions see Pages 32 to 36.

Price of Paper Patterns, Skirt, Tunic, or Bodice, each 6½d., post free, of Madame Myra, 95, *Regent Street, W.*

Mdlle. Chaminade's lighter pianoforte pieces are as great favourites as are her songs. Her Six Feuillets Album contains six charming little pieces —Promenade, Scherzetto, Elégie, Valse Arabesque, Chanson Russe, Rondo Allègre. They need graceful, playing, but are not difficult.

"Comprehensive Counterpoint in Pianoforte Exercises for Amateurs and Professionals," by Herr T. Weber, is a new book of finger exercises which we can recommend to those students of the pianoforte who value the neat execution and evenness of touch which are quite indispensable for the playing of fugues and similar pieces. He or she who can play a fugue with precision, as it ought to be played, can play anything. Herr Weber is the resident organist of the German Chapel Royal, St. James's Palace. Copies of his new work have been accepted by Her Majesty and by H.R.H. the Princess of Wales. The Princess has graciously conveyed to the author her appreciation of his "excellent book." The work can be obtained at Messrs. Schott, 159, Regent Street, and at Messrs. Novello, 1, Berners Street, W.

"Mrs. J. is delighted with the new edition of 'Myra.'"

REFRESHING—NOURISHING—SUSTAINING.

CADBURY'S COCOA

Entirely free from all Admixtures, such as Kola, Malt, Hops, &c.

"THE LANCET" (May 27, 1899) says:—"The statement that Cadbury's Cocoa is an absolutely pure article cannot be controverted in view of the results of analysis which, in our hands, this excellent article of food has yielded.

Insist on having CADBURY's (sold only in Packets and Tins), as other Cocoas are sometimes substituted for the sake of extra profit.

BIRD'S CUSTARD POWDER
Sing a Song of Sixpence
a·pocket·full·of·Rye
A·DISH·of·DAINTY·CUSTARD
improves an APPLE PIE

BIRD'S CUSTARD is pure, creamlike, nutritious, and easily digested, therefore is eminently suitable for Invalids. It is a wholesome, delicious article of diet, for universal consumption. Eggs often disagree; BIRD'S Custard never.

NO EGGS! NO RISK! NO TROUBLE!

Delicious, Nutritive, Digestible.

BENGER'S

FOOD FOR INFANTS,

INVALIDS AND THE AGED.

"Retained when all other Foods are rejected."
LONDON MEDICAL RECORD.

GOLD MEDAL,
Health Exhibition, London.

BENGER'S FOOD is sold in TINS by Chemists, &c., Everywhere.

The following letter is published by special permission of the Russian Court.

"Balmoral Castle, Scotland,
25th September,
"Sirs,—Please forward to Balmoral Castle one dozen 2/6 Tins of BENGER'S FOOD for H.I.M. THE EMPRESS of RUSSIA, addressed to Miss Coster. We have received the box ordered from Peterhoff.
Yours truly, F. COSTER."

POLISHING—A PLEASURE.
WILL NOT FINGER MARK.

STEPHENSON'S FURNITURE CREAM.

Peerless Carpet and Cloth Soap.

Unsurpassed for Cleaning and Renovating Carpets, &c.

STEPHENSON BROS., BRADFORD.

AN UNCOPYABLE ADVERTISEMENT.

Everything is copied nowadays—well, very nearly everything. NOBODY can sell the celebrated package containing

100 PIECES FOR £1 1s.

As advertised for years by the

PEARSON POTTERY Co. HANLEY.

100 pieces of China and Earthenware for a Guinea, containing a complete best Earthenware Dinner Service of 50 pieces, a China Tea Service of 28 pieces, finished in gold, with a useful assortment of crockery, including Jugs, Cups and Saucers, Bowls, Pie-dishes, &c. that are useful in any home.

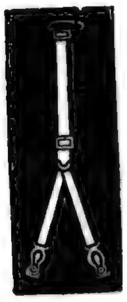
Please send a Post-card for Lists first and see what you are buying.

AGENTS ARE WANTED EVERYWHERE.

All Letters and Post-cards to the

PEARSON POTTERY CO., HANLEY, STAFFS.

Bandless, with Safety Pin.



Ladies' size:
Cotton, **1/3** pair.
Silk, **2/-** pair.
Cotton, White and Black Silk. All Colours.

*

H.W. Velvet Grip
STOCKING SUPPORTER.

*

WITH SHAPED BELT.
Sateen, **1/9** Satin, **3/-**
Sateen, White Only. Satin, all Colours.

By Post, 1d. Pair Extra.

CANNOT TEAR THE STOCKINGS.

JAMES SPENCE & CO., Ltd., St. Paul's Churchyard, London, E.C.
Or of any good class Drapery and Ladies' Outfitting Establishment.

"Hearth & Home."

The Daintiest Ladies' Paper.

Beautifully Illustrated. Interesting Stories.
Fashion. Society.
Sport. Music. Art and Fiction.

A HIGH-CLASS THREEPENNY WEEKLY.

BEETON & CO., Ld., 10 & 11, Fetter Lane, London, E.C

THE LAMP WITH THREE WICKS.

There are three wicks to the lamp of a man's life—brain, blood, and breath. Press the brain a little and its light goes out, followed by both the others. Stop the heart for a minute, and all three flames are at once extinguished. Choke the air out of the lungs, and presently the fluid ceases to supply the other burning centres; and all is stagnation, cold and darkness.

Try to hold this illustration in your mind while I copy a letter that lies at my left elbow. Then we will see where the *oil* comes from that feeds the three wicks.

"When the asthma was very bad," says Mr. Jenkins, "I walked the floor for hours together. Yet I was so weak it was all I could do to walk. To take a few slow steps bathed me in perspiration. My illness was not recent; it dated back about sixteen years. During that period I suffered almost continuously from indigestion and difficulty of breathing. I had a foul taste in my mouth, and my tongue was so thickly coated with fur that it looked like a piece of brown leather. All food tasted bitter and disagreeable."

[Nothing ailed our friend's food; but something had gone wrong with the nerves by which the sense of taste is conveyed to the mind. Nature had for some reason interfered with the operation of some of his internal telegraph wires. Why did she do it?]

"In my mouth and throat," continued Mr. Jenkins, "a thick phlegm gathered, and I was constantly hawking in the effort to bring it up, and so be rid of it. Often, in doing this, I was nearly suffocated, and had to fight for my breath.

"I had a poor appetite, and after every morsel I ate I suffered from an aching pain across the chest and coldness and deadness of the stomach. In a word, any and all food lay on me like a weight—after the manner of coals in a grate where there is no fire.

"In time an irritating cough was added to the symptoms I have mentioned, which was sometimes so racking and persistent that I thought my *lungs* were attacked, and that the whole trouble might end in consumption. When the asthma was very bad it was impossible for me to sleep or even to lie down; I could only walk weakly about the room and struggle against the feeling of suffocation.

"On account of my increasing weakness I was obliged to leave my work from time to time. Omitting a long list of details, which might perhaps interest the reader had I time to write them, I will only say that the above was substantially my experience year after year.

"Being able to digest but little food, and that no more than partially, I inevitably became more feeble. In very truth I seemed to have come very near to the gates of death, and had no expectation of recovery. Yet I neglected nothing that held out a hope; I took medicines (you may almost say scores of kinds of them) without any lasting advantage. They came and went, so to speak, leaving behind merely a regret that they had been useless, with a vain wish that I had back the money they cost me.

"At Michaelmas of 1890 I had a bad attack of asthma, and made sure I should not see the year out. But better luck was in store for me than either I or my friends ever dreamed of. I received by post a little book telling of Mother Seigel's Syrup, and the wonderful cures it had done in many desperate cases—some of them exactly like mine.

"My son immediately got me a bottle from Redditch, and after taking it I felt greatly relieved. In another week my breathing was quite easy, and a few days later I could eat well, having no subsequent distress or pain. The Syrup stopped the cough and the accumulation of phlegm, and I slept soundly and arose strengthened and refreshed. In less than two months the weary chronic old complaint *was gone*, and I was a well man. I can now eat anything. My only sorrow is that I had not known of Mother Seigel's Syrup long before I did. But as it is, I am more thankful than I know how to put in words."—(Signed) William Jenkins, Red Lion Street, Alvechurch, Redditch, Worcs., January 18, 1899.

The wick that came near failing in Mr. Jenkins' lamp was the *breath*—not because of any organic trouble with his lungs, but because of the effect upon the nerves *which actuate the lungs* of the poisons of indigestion wherewith his system was saturated. That state of things being corrected by Mother Seigel's Syrup, he breathed again. In plainer words, asthma is but a symptom of advanced dyspepsia, and the *oil* for al three wicks in Life's Lamp is *good food perfectly digested*.

This have we learned since Mother Seigel's Syrup was discovered, and so do the "thoughts of men grow wider with the process of the suns."

Employments for Ladies.

NURSING.—III.

PRIVATE NURSING is popular for very many reasons. For one thing, I am told, it is "better paid," and, for another, there is more variety and interest in a constant change of patients and residences than in, say, district or poor-law nursing. This branch of the profession may be divided into three separate sections. First, we have the nurse who works entirely for herself; secondly, the nurse who works in connection with some institution; thirdly, the nurse who works in co-operation with others.

The independent nurse works under obvious disadvantages. True, she has the blessed privilege of liberty and independence, but at the same time she is very dependent on her medical connection for employment, and at one time she may be required by several doctors, to the dissatisfaction of all but the one whom she is able to serve, and at others she may lack engagements entirely.

Nurses who work in connection with an institution are usually trained by that particular institution. They sign an agreement to serve for a term of years at a fixed salary, which usually rises by annual increments. Naturally extreme caution must be used in signing any such bonds, and the nurse must carefully ascertain if she is engaging herself to an establishment of good repute. The salaries are not large as far as actual money goes—from £20 to £40 or thereabouts. But it is pure profit, as everything is found. Many fully-trained nurses are engaged in institution work.

The co-operative nurse is one who joins a body of nurses who work together, taking their own fees and giving up a percentage to form a fund for working expenses. The nurses' co-operation now numbers several hundred members.

Earnings of course largely depend on individuals, and also on busy and slack seasons, as in any trade or business. About £75 to £85 would be a fair average, but that must be made to include everything, board, lodging, washing, clothes, and the thousand and one incidental expenses of the life.

Daily Private Nursing.—From personal experience, I can cordially recommend this comparatively new branch of the profession. The wants of the poor in the way of occasional skilled nursing are admirably supplied by societies which exist for this object, but the needs of the class above them who are able and willing to pay reasonably for occasional daily attendance by a skilled nurse are most inadequately supplied. I have not the slightest doubt that a capable and really highly-trained nurse in every branch of her profession could make an excellent income in this way.

She should select a neighbourhood of not too good nor too poor a class, and one that is growing; settle in a busy thoroughfare, where her plate or notice board will be read by a thousand eyes daily; advertise extensively; issue circulars to the clergy, doctors, &c., of the neighbourhood; and so work up a connection.

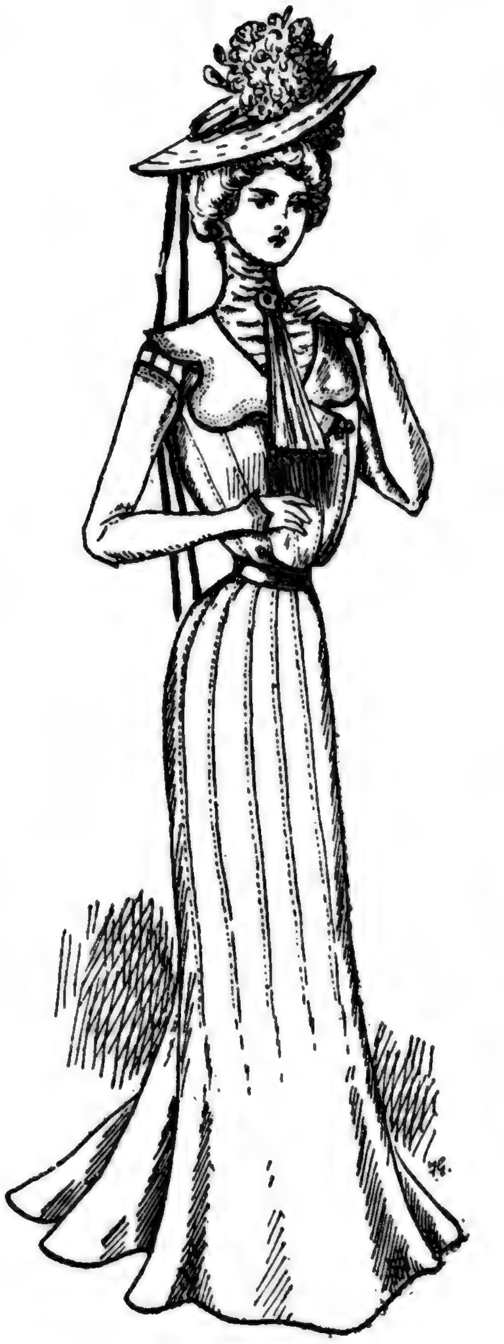
There are so many ills the flesh is heir to that need better attention than can be given by the most devoted amateur, such as lumbago, sciatica, bronchitis, boils, abscesses, burns, scalds, &c., for all of which the services of a nurse for an hour or less a day to dress a wound or apply lotion, or make a poultice, would be invaluable. £3 to £5 a week may be made by this means by a nurse with a good connection.

Convalescent Nursing.—A few trained nurses are taken on the staff of a convalescent institution, and probationers are received. The salary of the trained nurse ranges from £25 to £50 as a rule; that of the probationer from £8 to £15. Some, however, require such probationers to pay for their training.

Indian Army Hospital Nurse.—This is a special department, and forms of application may be obtained from the India Office, Whitehall, S.W.

Candidates must have three years' training and service combined in general hospitals, and be between twenty-five and thirty-five. As all the nurses in the Indian Army are of good social position, a recommendation from a gentleman in society—with a capital S!—is needed. The pay, in addition to free quarters, fuel, light, and punkah-pullers, is good, and ranges as follows:—Nursing sister, 2,100 rupees; lady superintendent, 3,600 rupees per annum. An outfit allowance of £15 for the former and £25 for the latter is also given each year. The term of service lasts for five years, and may be renewed at the option of the Government for a further five.

After the term of service a nursing sister receives a gratuity of 500 rupees; a lady superintendent the same, plus an additional 140 rupees for each complete year's service in that capacity. For ten years' service a nursing sister receives a gratuity of 1,500 rupees, and the lady superintendent the same, with 250 rupees additional as above. Nurses compelled to leave India through ill-health receive gratuities at special rates. The passage both out and home is given at the beginning and expiration of the term of service, or if invalided.



No. 707. Seaside Dress.

For Description see pages 32 to 36.

Price of Paper Patterns, Skirt, Foundation Skirt or Bodice, each 6½d.; post free, of Madame Myra, *95, Regent Street, W.*

MOTHER SEIGEL'S SYRUP
HAS CURED
INDIGESTION FOR 30 YEARS
AND IS USED IN
572,000 BRITISH HOUSEHOLDS.
OF ALL CHEMISTS.

Nursery Hints.

By Mrs. W. E. GORDON.

Mrs. W. E. Gordon will be glad to answer any question on Nursery Management. (See Rules, p. 45.) Letter to be addressed to Mrs. Gordon, "Myra's Journal' Offices, 10 and 11, Fetter Lane, E.C.

IX.—HOW TO FEED CHILDREN.

THE first thing to think of in regard to children's food is that it should be nourishing in itself, and in the second that it should be well cooked. The last should perhaps have taken the first place, for bad cooking can spoil the best food, and indeed makes it positively harmful. The ordinary plain cook is very apt to think that anything does for children, and while she will take pains for the dining-room, she will send up to the nursery uncooked porridge, burnt milk puddings, and hard boiled eggs. But she must be taught that careful cooking is an absolute necessity, if the children are to be kept well. Then as to the food itself: The simpler the fare the better, with due regard to wholesome variety. Made-up dishes, sauces, pastry and such things, should never be given to children. Plain meat and gravy, well-cooked vegetables, milk or suet puddings: these will really nourish a child and build it up, while the others only spoil the digestion. Fruit, especially when stewed, is good; but stone fruits are hard to digest, and should be avoided. For children from two years old and upwards, the following is a fair sample of what I think the nursery diet should be:—

1. Breakfast.—Porridge and bacon on alternate days, with a lightly boiled egg as an occasional variation. Bread and butter, milk or cocoa; but never tea or coffee. Brown bread is very good for children, and they generally like it.

2. Dinner.—Fresh, roast, or boiled meat three times a week. Avoid veal or pork. Fish twice a week, and for the other days perhaps occasionally a rabbit or a chicken; otherwise meat from yesterday's joint cold or minced. It is much better on principle not to cook meat twice, but sometimes the necessities of housekeeping make it difficult to avoid. If a child is too young or delicate to have much meat, sheep's brains are a very good substitute, being nourishing and easy to digest. For pudding nothing is so good really as our old-fashioned milk-puddings, made with an egg and plenty of milk, and, as I said just now, suet pudding and stewed fruit make a pleasant variety. Boiled cornflour and milk, with brown sugar, is also a favourite.

3. Tea.—Bread and butter or jam, with an occasional home-made plain cake. Plenty of milk.

One very important rule is: Never allow irregular feeding between meals. If it is too long to go from 8 o'clock breakfast to 1 o'clock dinner, give a biscuit or whatever may be thought best at a stated hour; but otherwise the stomach should be allowed perfect rest, and the meals will be all the more appreciated in consequence. In the same way a biscuit or a little milk may be given at bedtime, but nothing afterwards. Some children wake in the night and ask for food, but it is simply a habit, and can be easily put a stop to.

In a former paper I urged the great necessity of boiling or sterilising milk, but it is a point which can never be insisted on too often. For little babies, of course, it is desirable as making the milk more digestible. But there is a far stronger reason than that. Milk is the best and most nourishing food that children can have, at the same time raw milk is the most dangerous food we can give them, because of its great capacity of carrying disease germs, especially those of tuberculosis, which, it is known, is to be found in more or less degree in almost every herd of cows. Young children are very susceptible to this disease, which indeed is the cause of the overwhelming infant mortality in this country. But the danger can be entirely removed by boiling the milk; and surely, if we know this, we could never run the risk of infection for the sake of avoiding what is after all such a very little trouble.

MASSAGE and ELECTRICITY (Weir-Mitchell system) scientifically taught in a fortnight; also Schott's "Nanheim" treatment. Lessons on living subjects daily. Successful teacher of the blind. Certificate when proficient. Longest established teacher in England.—Mrs. A. Creighton Hale (author of the *Art of Massage*), 89, Mortimer Street, Cavendish Square, W.

"Your journal helps me very much indeed, especially the patterns."

Novelties in Dressmaking.

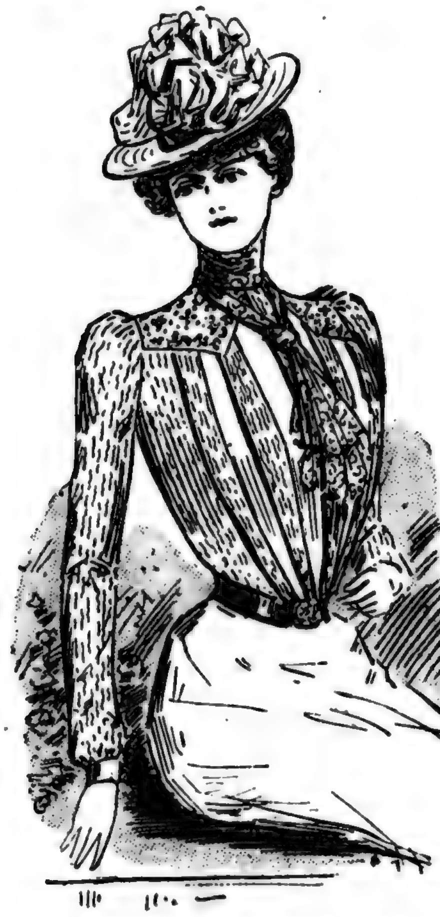
A SHIRT FOR THE SEASIDE.

ALTHOUGH flannel is perhaps the best material of which to build a shirt intended to do duty for seaside wear, none of us are willing to lay aside the claims of the lovely mercerised cottons so liberally provided for us. Plain "Woolalone" flannel makes smart shirts. Mercerised cotton, if less hygienic, is of course more dressy, as it resembles (spotted, printed or plain) the lighter make of the new silks, especially that charming favourite, *satin foulard*, which has superseded the duller makes of figured foulards.

Such pretty cottons are being prepared, and such charming flannels and flannelettes are already to hand, that the subject of shirt patterns is one of deep interest just now.

If the mercerised cottons are attractive, on the other hand, never before have flannels and flannelettes shown such a variety of patterns and beauty of colour combinations.

A shirt pattern cut for flannel will generally suffice for cotton fabrics and flannelette. There is not much difference in the thickness of the textures, and the widths are nearly identical. Thirty inches is a good average width both for cotton, flannel, and the better-class flannelette. The charming shirt, No. 708, is suitable for either fabric. It is a capital pattern, with box-pleats in front and a very becoming one-piece American yoke. The pattern consists of six pieces:—Half the one-piece yoke, half the back, half the collar band, one cuff, one front (the right, cut in one with the box-pleat), one sleeve (cut in a single piece).

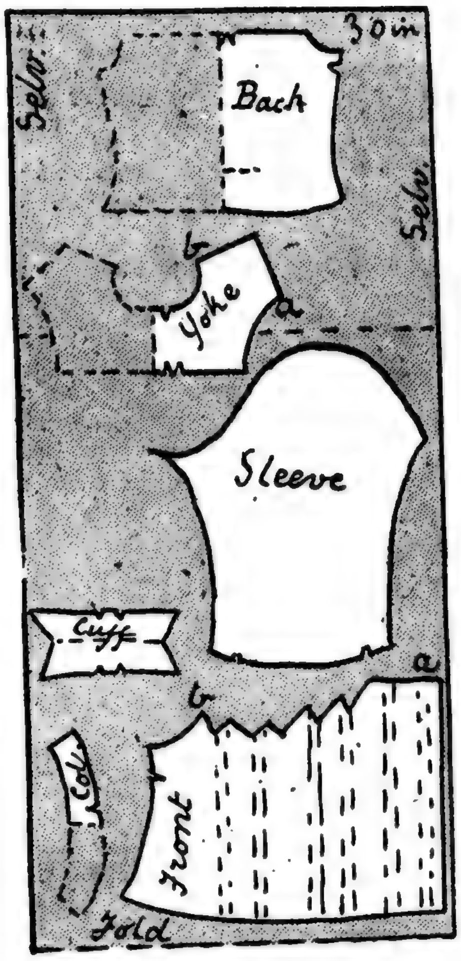


No. 708. A Seaside Shirt.

For Description see this Page.

Price of Paper Pattern, 6½d., post free, of Madame Myra, 95, *Regent Street, W.*

The diagram shows the pattern-pieces laid on 5¾ yards of 30-inch figured pink cotton, which is doubled between the dotted lines so that the sleeve, cuff, and front are each cut in duplicate. The duplicate of the collar serves as a lining. A space is marked out on the material for the lacking halves of the back and one-piece yoke, each cut in a single piece by doubling a width of cotton and placing the centre edges of these two pieces on the fold. The back joins the back of the one-piece yoke at the double notch. The front from B to A is arranged in three box-pleats into the corresponding letters on the pointed front of the yoke. Dotted lines show the folds of the box-pleats. The left front is cut like the right front, but without central box-pleat.



No. 709. Diagram of Shirt.

For flannel or cotton this shirt is unlined, except at yoke and collar. The collar lining is provided for. The yoke can be lined out of the "waste," or it can be covered with lace or embroidered Swiss muslin, when no lining is required. Bands of trimming can separate the box-pleats, either lace, embroidered muslin, ribbon, bands of plain or figured mercerised cotton, &c.

This pattern makes up beautifully in plain or figured silk. Cut in silk, the shirt can be lined with batiste or sateen, cut on the shirt pattern. A silk shirt might be trimmed with lace or sequin net. There is no end to the resources of this pretty shirt pattern.

The lined collar joins the neck at the single notch. It could be cut down into a mere inch band to hold detachable collars of linen (secured at back and fronts with three buttonholes). The one-piece sleeve is gathered into the cuff (which is doubled at the dotted line, and should be neatly stitched). The cuff joins the sleeve at the notches. It should close with buttons and buttonholes.

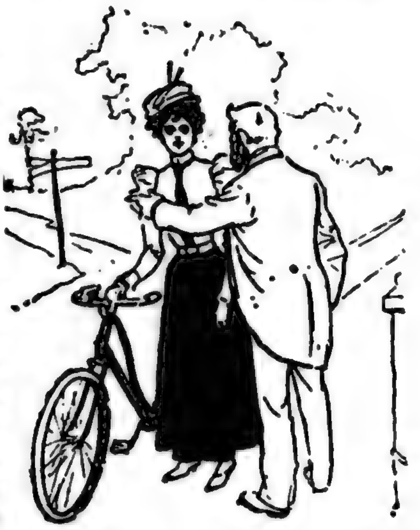
J. H.

◆

It seems strange flower-love and flower-lore are not more encouraged by those who care to help the poorer among us and brighten their lives. In certain country districts especially, where none of the difficulties of dirt and smoke occur, how curious it is that the cottage children oftener cannot tell one flower from another, and never even dream of growing any for themselves, thereby missing so much joy as well as many refining influences. It would be a delightful thing if simple children's "Flower Clubs"—like the Lambeth one—could be started in all towns.

A BEWILDERED FATHER.

An amusing story, though not without its serious side, comes from the neighbourhood of Chalfont St. Giles, Bucks. A young lady visiting her home after a prolonged absence, arrived on her bicycle, and asking for Mr. Pearce (her father), on his appearance inquired the way to the village. He indicated the road, and it was not until she had whispered a few baby words he taught her that he recognised his own child, and exclaimed, "Here's Lilian come from the grave!" In explanation of the incident the young lady relates the following:—



"Soon after I took up a position at Rough Wood Croft I had a sharp illness, which developed into a serious affection of the throat. I could take no solid food, and though really I recovered I found I was getting very thin. I then began to suffer from indigestion; to sleep at night became impossible and when I did doze I would wake to find myself bathed in perspiration. For six months I could not bear to wear corsets. I consulted a doctor, then a specialist, and after an examination the latter said I was suffering from gastric ulcer. A special diet was prescribed, but the ulcer developed into a couple of abscesses near my side. I was very ill about this time, and I have fainted three or four times a day, often. One day a friend came over to see me; I was so pale and thin that she had to look at me twice before she knew me; but when she suggested I should try Dr. Williams' Pink Pills for Pale People I laughed, because I thought that if a specialist with all his knowledge could not get me well, how could a simple pill do me any good? However, just to please her, I said I would try the pills.

"That night I wrote off for a box, and when I got it I carefully read the directions. Every word I say now can be proved. Before I had finished the contents of that box I felt better. I could sleep and I could eat. In a fortnight the terrible weight disappeared from my chest. I could walk up and down the stairs by the time I had finished the second box, whereas I had before to rest after every sixth stair. I went on with Dr. Williams' pink pills, and before I had taken the sixth box I was almost well. I was able to cycle again, and gradually I got stronger. My colour came back, and very soon afterwards I was told I had been turned from an old woman into a young one. I can now cycle forty miles a day with ease. While I was very ill my parents came to see me, and they tell me that when they left they never expected to see me alive again."

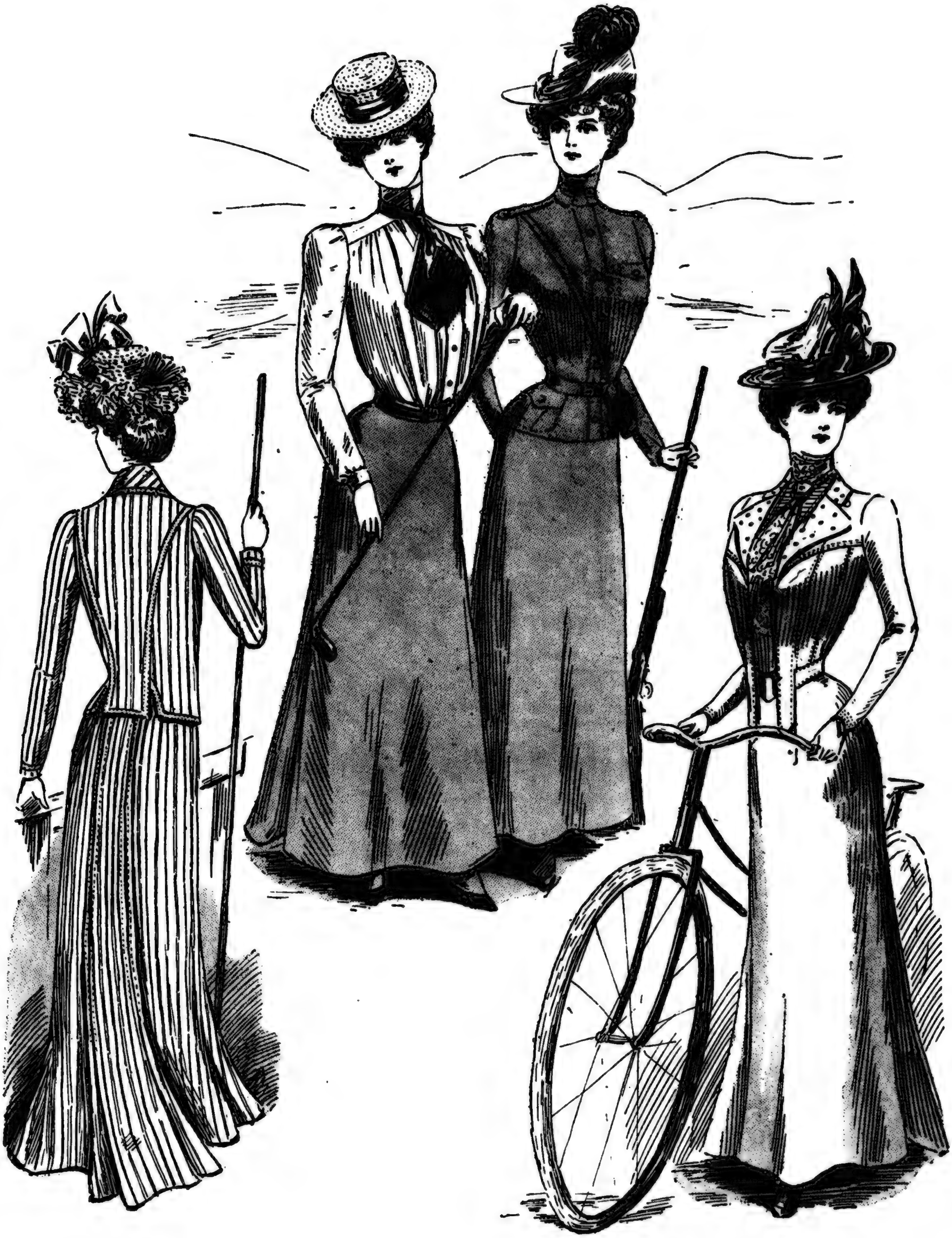
What happened when Miss Lilian Pearce subsequently cycled home has been told at the commencement of this article, but it should be added that her address is Rough Wood Croft, Chorley Wood, near Chalfont St. Giles, and her experience was related to a London pressman for the sake of helping other suffering members of her sex.

There is a vicious circle in disease. Anæmia leads to indigestion; indigestion to gastric ulcer and internal bleeding; and these again to anæmia, which is bloodlessness. If we can feed and enrich the blood—for which Dr. Williams' pink pills are especially famed—we check the anæmia, enable ourselves to get the full benefit from our food, and avoid or cure indigestion, sluggish liver, biliousness, debility, nervous ailments like St. Vitus' dance, neuralgia, and paralysis. Only the pills must be genuine, bearing the full title, Dr. Williams' Pink Pills for Pale People, for substitutes never cured anyone, and when they are offered it is best to send direct to the Dr. Williams' Medicine Company, Holborn Viaduct, London, enclosing the price—two and ninepence for one box or thirteen and nine for six boxes.

SCHWEITZER'S COCOATINA—The Queen of Cocoas.
SCHWEITZER'S COCOATINA—The Queen of Cocoas.
SCHWEITZER'S COCOATINA—The Queen of Cocoas.

THE ART OF BONING DRESSES.—Superb fitting is obtained by boning with ANTARCTIC Real Whalebone, which requires no piercing, and will not split. The Antarctic Real Whalebone, the latest and perfect dress necessity, is unbreakable and close-fitting, setting off the figure.

A Lady writes:—"We really appreciate your excellent little journal for its useful and practical nature."



Nos. 710 to 713. Costumes for Country Sports.

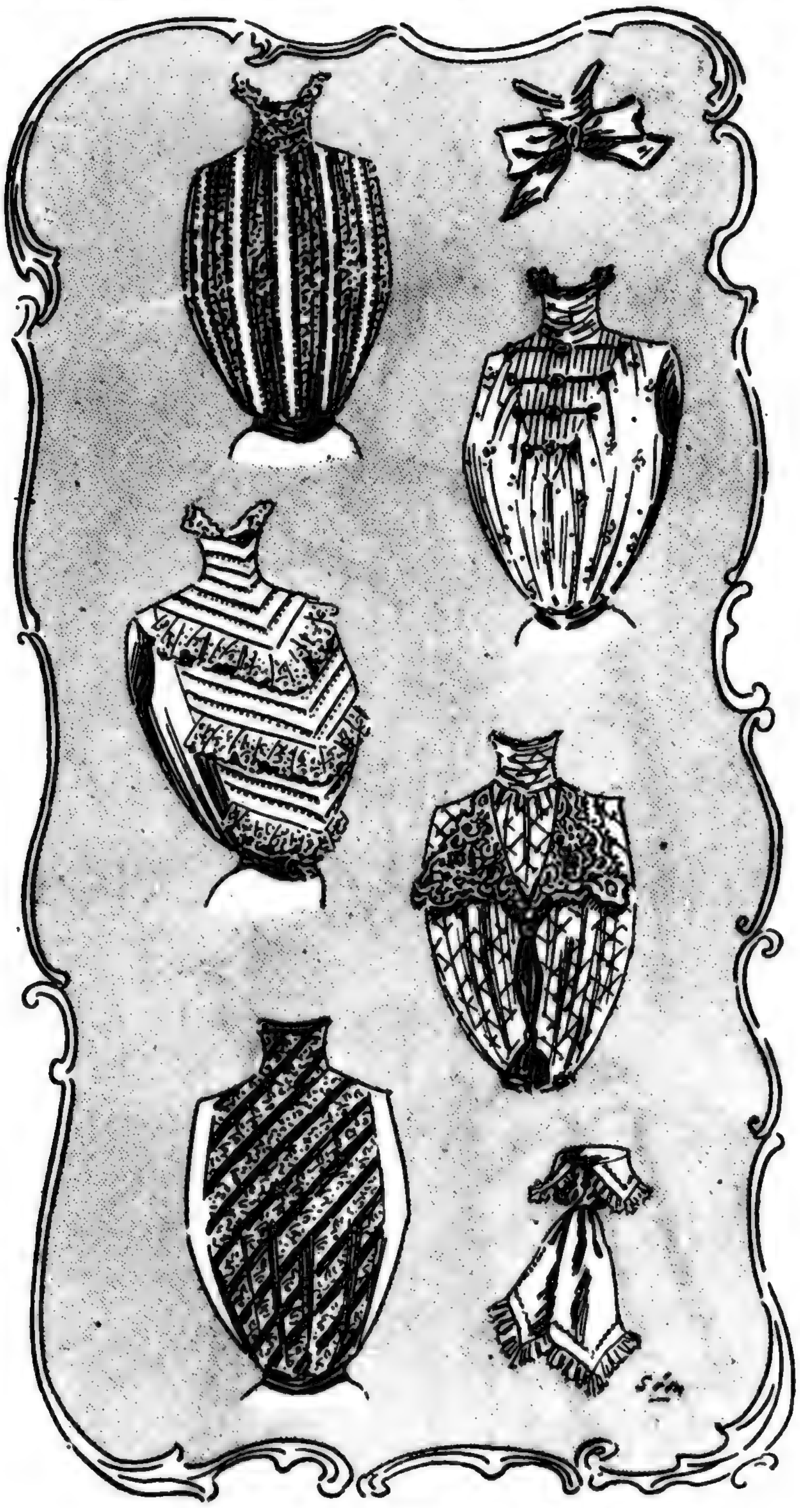
For Descriptions see Pages 32 to 36.

Price of Paper Patterns, Shirt, Skirts or Jackets, each 6½d., post free, of Madame Myra, 95, *Regent Street, W.*

Hints on Economical Dress.

HOME MADE "CHIFFONS."

It is during the holiday period that "chiffons" are so useful, as they give a dressy character to the plainest garb when properly chosen. "Chiffons" is a French term applied to the dainty trifles which adorn, but are not strict "necessaries" of a toilette. Yet how necessary they are to a woman of taste with an eye to beautifying herself! Let me add that if "chiffons" are a delight in the hands of the tasteful, they are veritable "horrors" when selected and manipulated by the vulgar.



Nos. 714 to 720. Fronts and Neck Finishes.

For Description see this Page.

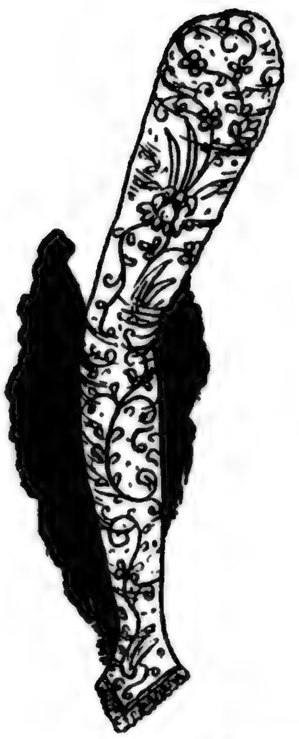
Price of Paper Patterns, Fronts or Fichu, each 6½d.; Collars or Sleeve, 3½d., post free, of **Madame Myra**, *95, Regent Street, W.*

It is when we are touring that "chiffons" are so desirable. Say that we own a plain tailor coat and skirt of royal blue cloth, well cut, well made. Worn with a plain sailor hat and an ordinary gingham shirt, with plain satin tie, this is a severe every-day costume. But let the wearer select a charming "front" of satin, lace or muslin; let her don a smart "neck-finish" or lace tie; let her put on an elegant straw hat of—say—the shade of her en-tout-cas and of her silk petticoat, and she is fit for almost any country occasion short of an important visit, a flower show or a garden party—society functions which call for our lightest muslins, our prettiest silks.

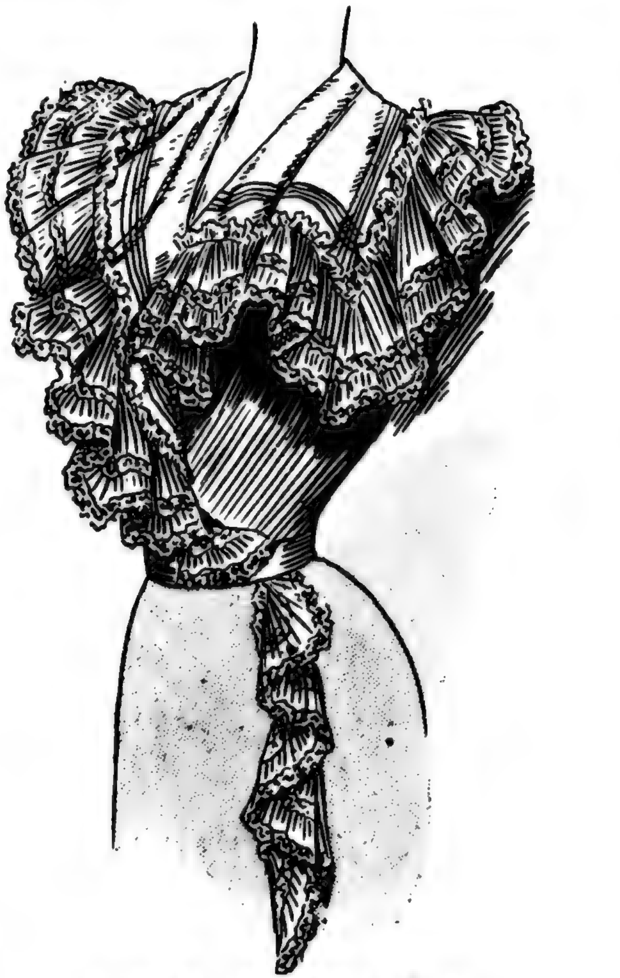
"Chiffons" are horribly dear if bought ready-made. But they can be turned out cheaply enough at home, with a little taste, a little trouble, a few odds and ends of pretty materials left over from smart gowns.

At Nos. 714 to 720, I give a selection of easily-made fronts and "neck finishes," each of which takes a mere trifle of material. No. 714 is a front of cream lace (coarse and cheap, but effective) strapped with stitched bands of shot silk (the relics of a gown). Pale cloth, even cashmere, could be used for these bands. The collar is of lace.

Each of these fronts, by the bye, is tacked (or pinned) on a fitted and boned slip bodice of glacé or mercerised cotton, which fastens at the back. The boning is only necessary in front.



No. 721. A Lace Sleeve.



No. 722. A Charming Fichu.

For Description see this Page.

Price of Paper Pattern, 6½d., post free, of **Madame Myra**, *95, Regent Street, W.*

Front No. 715 is carried out in superimposed tucks of satin, silk, net or chiffon, decorated at intervals with frills. These frills could be of lace or chiffon; at any rate they need not be of the same fabric as the tucks.

No. 716 is a pretty cheap arrangement of black or white lace, across which is stitched diagonally bands of ribbon—satin, velvet, chiffon, &c.,

No. 717 is a "neck finish" of white silk, which can be added to smarten any plain blouse or shirt. The collar rises high on the sides in very becoming fashion. It should be fitted with pearl buttons inside, supported on "hanks" of thread (long stitches securing the button, twisted into a cord or support by repeatedly winding the end of the thread around them). These buttons pass through the buttonholes of the shirt's neck band. No. 720 is another "neck finish," carried out in tucked and frilled lawn.

Nos. 718 and 719 are two more pretty fronts. No. 718 is of figured muslin, tucked and strapped across with brooches and velvet ribbon. This decoration is easily removable, when the front can safely be subjected to frequent tubbings. No. 719 is again a washable front of figured mercerised cotton with lace collar.

We want our "chiffons" specially for the evening meal at boarding houses or the table d'hôte of our hotels. Now low neck and short sleeves are bad taste for the purpose. If we take a sleeveless evening bodice, let us also take a detachable transparent yoke and a pair of transparent sleeves like No. 721. The detachable sleeve should be omitted from no woman's travelling outfit.

A lovely "chiffon," invaluable for table d'hôte, wearable with evening bodices, day-gowns, and tea-gowns, is the fichu, No. 722. Everyone ought to have one. It is quite simple in form, carried out in tucked muslin (ribbon could replace the tucks) and a pretty frill, cut with lace insertion and decorated with lace (or muslin) [pleatings. The end of the fichu forms a graceful coquillé, which is caught in the belt, and falls on the skirt almost to the knees.

J. H.

THE NEW TUCKED AND PLEATED SKIRTS.—We have a large variety of patterns of these graceful novelties, all the latest from Paris. Price of Flat Paper Patterns, 6½d., post free. As these skirts are never lined, but are mounted on a separate foundation, the foundation skirts cost 6½d. each, post free.—Madame Myra's Paper Pattern Department, 95, Regent Street, W.

For Value Received.—A remarkable soothing and recuperative effect is experienced by all who take Horlick's Malted Milk. It is satisfying as well, and enables business men and brain workers to dispense with stimulants, and to obtain something for their money which will do them permanent good. Of all chemists. Price 1s. 6d., 2s. 6d., and 11s. Send for free sample and explanatory matter to Horlick and Co., 34, Farringdon Road, London, E.C.—[Advt.]

"I like your journal very much; I shall always have it."

'Icilma'

(AN OXYGENISED NATURAL MINERAL WATER.)

Will keep the SKIN Clear, Transparent, and Free from Wrinkles. Will, in a day, dissolve Pimples without the least danger to the Skin, removing all redness in an hour.

MADAME SARAH BERNHARDT writes: "The water is delicious, and excellent in its effects."

MADAME REJANE writes: "ICILMA is the modern fountain of youth."

Use ICILMA, and it will so soften and cleanse the skin that the transparent blue veins will be clearly visible in a faint rose white, and the traces that time, trouble, or fatigue have impressed will be replaced by the natural bloom of health and youth.

THE WATER, 1/- & 2/6. (Postage 3d.)

FINEST TOILET SOAP, 5d., 10d., & 2/-.

To be obtained at the Army & Navy Stores; or write to Barclay & Sons, Ltd., 95, Farringdon St., London, E.C.—Wholesale Depot for the U.K.

'OROCO' TABLE MATS

10 for

ONE
SHILLING

Post Free.

Consisting of Six Plate sizes. Two Meat Dish and Two Vegetable Dish.
An elegant Table Decoration, a perfect Protection from Hot Dishes and Plates.

"OROCO SOX"

KEEP THE FEET DRY AND PREVENT FATIGUE.
18 PAIRS FOR 1s.

"OROCO" MANUFACTURING CO., WIGAN.

HEALTH BY NATURAL FOOD

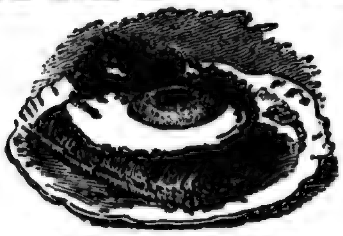
Shredded Wheat Biscuit

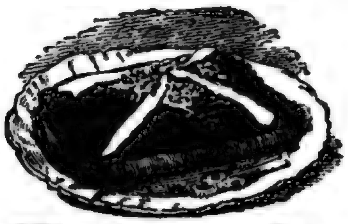
THERE is only one way to build up and sustain a weakened human frame, and that is by supplying a delicate, nourishing food, containing all ingredients required in health. Medicines are palliatives; food is the only body-builder.

SHREDDED WHEAT contains all the nutrients in exact proportions required by the body, and is a thrice cooked and convenient food.

On sale by all best Grocers, **7d.** per packet. Send for Booklet, "Vital Questions."

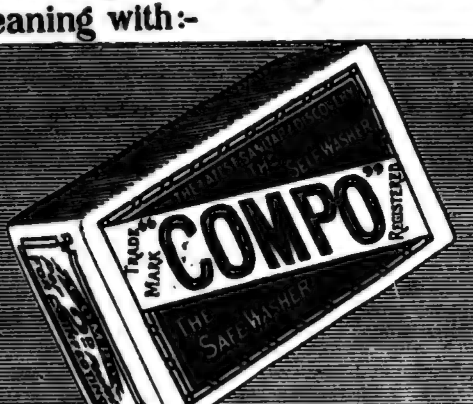
SHREDDED WHEAT Co.
6 & 8, EASTCHEAP, LONDON, E.C.





Ask Your Neighbour

whose house is conspicuously clean, whose work worries her least, whose leisure time is greatest, How she manages. She will say- "I do all my cleaning with:-



WASHES EVERYTHING

To be had from all Grocers, Stores, &c.

MANUFACTORY DUKINFIELD, MANCHESTER.

THE LONDON GLOVE COMPANY

Desire to direct attention to the following Quotations from their present Price List. These goods having been specially manufactured for the L. G. Co., are perfectly New and Fresh, of Superior Make and Quality, and are sold at Warehouse Prices.

NO INTERMEDIATE PROFITS. LETTER ORDERS TO BE ADDRESSED TO 45A, CHEAPSIDE, E.C.

REAL KID
GLOVES

LADIES' GLOVES.

Ladies' 4-Button White Kid, Plain Points 1/6, 1/10, 2/4, and 2/8 per pair.

Ladies' 4-Button White Kid, with Self-Braid Points, 1/10, 2/6, and 3/- per pair.

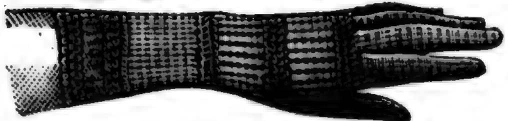
Ladies' 4-Button White Kid, with Black Points, 1/6, 1/10, 2/6, and 2/10 per pair.

Ladies' Real Kid Gloves, in Black and every Colour, 4 buttons, Plain Points—"Lebon," 2/4, per pair; "Claretie," 2/8 per pair; "Meissonier," 3/- per pair.

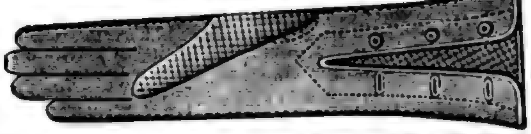
Ladies' Kid Gloves, Tan, Beaver, or Grey, with Self or Black Points—"Esmé," 2/6 per pair; "Francine,' 2/11 per pair.

Ladies' 4-Button Black Kid, with White, Red, Green, Pink, Gold, Blue, Heliotrope, Lavender, or Tan Points, 2/6 and 3/- per pair.

Exceptional Value.—Ladies' 4-Button Suede Gloves, Hand Sewn, in Black, White, and all Colours, 2/8 per pair.



The New Silkette Gloves for Ladies' and Children's wear. An excellent washing glove, made in White, Cream, Beaver, Tan, Grey, or Black, **6d.** per pair.



Stylish Fabric Gloves, Lisle Thread Palms and Net Blacks, *as illustration.* White, Tan, Beaver, or Grey. Ladies' sizes only **10d.** per pair.

REMARKABLE VALUE IN HOSIERY.
Reliable, Well-shaped, and Moderate Prices.

Ladies' Plain Cashmere Hose, High Spliced Heels, 1/-, 1/2, and 1/5 per pair.

Trasilla Hose.—Ladies' Plain Black Cashmere, stout or fine makes, silk seamed. Wear guaranteed, 1/10 per pair.

Ladies' Black Cashmere, with White or Coloured Embroidered Fronts, Newest Designs for Spring wear, 1/5, 1/8, 1/11, and 2/5 per pair.

Ladies' Silk finished Cotton Hose, in Black or Tan. 1/2 per pair. 3 pairs for 3/3.

Ladies' Plain Black Lisle Thread Hose, Spliced Toes and Heels, 11d. per pair.

Ladies' Broad Ribbed Lisle Thread Hose, in Black or Tan, 1/2 per pair.

Lisle Thread Hose, with Lace Fronts, in Black, White, and all Fancy Shades, 1/2 and 1/8 per pair.

Write for our New Illustrated Price List. All Departments. 80 Pages. Free by Post.

MODE OF PAYMENT: Postal and Post Office Orders to be made payable to **THE LONDON GLOVE COMPANY** at the General Post Office.

Only Addresses: 45a, CHEAPSIDE, LONDON, E.C., and 83, NEW BOND STREET, W.

HEALTH AND PERSONAL ATTENTION

(See MYRA'S ANSWERS IN "MYRA'S JOURNAL").

EXTRACT FROM
POSTAL TOILET LIST.

[New and greatly enlarged edition, with chapters on the care of the hair and complexion, &c., and many new preparations will be sent by return of post, on receipt of stamped address.]

PHILIP H. MASON

Pharmaceutical Chemist, 25, BANK PLAIN, NORWICH.

IMPORTANT NOTICE.—All Articles in this List admit of Postal Transit, and will be delivered free per post at the prices marked, secure from observation, and carefully packed on receipt of P.O.

AGENTS.—New Zealand: Messrs. Withers, High St., Christchurch. From these Agents any of the Toilet Preparations may be obtained.

COLD CREAM OF WOOL FAT AND CUCUMBERS (Nuthall's).—Strongly recommended for general use, both on account of its healing qualities and of its freedom from irritating properties. Wool fat is essentially the natural fat of the Skin, and upon its presence depends the Skin's healthy condition. When absent or deficient, the skin loses its elasticity, becomes dry, and apt to chap and crack. The above Cold Cream will be found to remedy and prevent all these unpleasantnesses, and its continued use will render the skin distinctly softer, more elastic, and of a healthier colour. It is emollient and healing, and will counteract the ill-effects of hard water and of over-exposure to cold, wind, or sun. Its constant use is invaluable for preventing and removing wrinkles and crowsfeet. 3s. 6d.

EXTRACT OF SEA WRACK (Fucus Vesiculosus). — The new remedy for obesity. This preparation has met with a wonderful demand. Its effects in some cases seem magical. It is perfectly safe for the most delicate constitutions. Price 3s. per case.

EXTRACT OF SEA WRACK PILLS.—Are prepared for those who prefer it in this form—each pill containing one dose of the extract at the same price. 2s. 9d. per case

THE GARRISON HAIR DYE.—An absolutely harmless hair dye in one solution. Easy in application, rapid, cleanly, and almost infallibly certain in effect. This is the Hair Dye *par excellence* for those who prefer a dye in one solution. Black or Brown, 3s. 6d. per case.

NORVICIA CREAM AND HERBAL POWDER.—A perfect skin food. Price of case of the two preparations, 3s. 6d. By the combined use of these novel and most successful preparations the beauty of the complexion can be indefinitely conserved, and all blemishes, spots, roughness, and tan effectively removed. They afford perfect media for thoroughly massaging the skin, assisting to a remarkable extent the removal of the worn out and the building up of new tissue, whilst the muscles, upon which the appearance of plumpness depends are greatly strengthened and developed. The cream nourishes the inner cuticle and subjacent tissue, and the albumen of the powder exercises a like effect upon the outer cuticle.

CREME FROIDE AUX CONCOMBRES.—Prepared from the pulp of the ripe fruit, 3s. 6d. and 10s. 6d. For whitening and preserving the skin, and for the prevention of wrinkles and crowsfeet. Its constant use will counteract the ill-effects of exposure to sun and wind, and will retain the youthfulness of the complexion for many years.

"Crême Froide aux Concombres, as prepared by Mr. Mason, of Norwich, is the best agent for whitening and preserving the skin I know of."—Anna Kingsford, M.D.

EMULSINE OF CUCUMBERS.—Dr. Anna Kingsford's Formula, Thin, 3s. 6d. and 10s. 6d.; Thick, 3s. 6d. and 10s. 6d. These Emulsines resemble the Crême Froide in their general properties, but are prepared for thosetwho prefer an emulsion to a cream. The thick Emulsine is especially intended for the prevention of wrinkles, and is also highly recommended for winter use, while the thin Emulsine is adapted for whitening the complexion, and for summer use.

"Against the crowsfeet use Mason's Thick Emulsine. With respect to wrinkles, I have said again and again that nothing removes them so satisfactorily as the thick Emulsine. For flushing of the face and dryness of the skin use Mason's Thin Emulsine of Cucumbers. 'Cool as a cucumber' is, as you know, a comparison that has become a proverb, and with good reason. Mr. Mason has prepared two excellent emulsions of cucumber, thick and thin, which I have not seen equalled. To these he has now added a Crême Froide aux Concombres. As the responsibility for these formulas rests, in a large measure, with myself, you may feel sure I should not recommend them unless I had complete confidence in their excellence."—Anna Kingsford, M.D.

JABORANDI HAIR TONIC.—Prepared from selected South American Jaborandi Leaves, containing the newly-discovered alkaloid Pilocarpine. Highly recommended by medical authority as a hitherto unapproachable stimulant to rapid growth of hair. Used not only to prevent the hair falling, but to stop advance of greyness and induce vigorous secretion of the natural colouring pigment. 3s. 6d., 10s. 6d.

"The Jaborandi Lotion prepared by Mr. Mason is probably one of the best hair restorers known. Several instances of the increased growth of hair after the use of Jaborandi have been adduced. Jaborandi is said by several medical writers to cause the hair to grow."—Anna Kingsford, M.D.

BLOOM OF STEPHANOTIS.—An exquisite creamy white skin and complexion powder. It imparts a beautiful natural whiteness and youthful softness and delicacy to the skin. The painful "Flushing" of the face, browness of the neck and arms, undue redness of the face and hands, are obviated by one application. For personal appearance at Court, the Ball, or Concert it is indispensable: it represses the unpleasantness of sensible perspiration and its disagreeable accompaniments. Travellers and residents in warm climates will find it invaluable. It so entirely prevents the discolouring action of the sun on the skin, that freckles are almost unknown to those who use it. In polished apple wood case, with toilet puff, 3s. 6d.

"For my own part, I am in the habit of recommending Mr. Mason's Stephanotis Face Powder, because I trust him, and know that he is moderate in his charges and honest in quality."—Anna Kingsford, M.D.

CYCLINIA.—Specially for Cyclists. Prepared from the flowers of the Elder. Effectually preserves the Complexion from stress of wind or sun, and removes and prevents redness, roughness, scorch and sunburn. 1s., 1s. 9d., 3s.

HENNA HAIR DYE (IN ONE SOLUTION).—An entirely vegetable preparation, obviating the use of lead or any metallic dyes. It is guaranteed to be entirely harmless to hair or health. It is most simple in application, and in every way superior to the old-fashioned metallic dyes in two solutions. 3s. 6d., 10s. 6d.

"Of all the brown dyes I have tried, I like best Mason's Henna Dye. It is entirely vegetable and harmless."—Anna Kingsford, M.D.

CREAM OF STEPHANOTIS.—An exquisite creamy white Skin and Complexion Cosmetic; imparts youthful softness and delicacy, with a beautiful natural whiteness to the skin. Composed of perfectly innocent ingredients, this Cream has a most beneficial action upon the skin. It obviates in one application brownness of the neck and arms, or undue redness of the face and hands. For personal appearance at Court, at Balls, or other crowded assemblies, it is indispensable, especially as it represses the unpleasantness of perspiration and its accompaniments. In warm climates it will be found invaluable. Also to prevent the appearance of that unpleasant redness or flushing of the face, which is so common annoyance. So completely does it prevent the discolouring action of the sun on the skin that freckles are rarely, if ever, known to those who use it. It subdues the redness of the features caused by exertion, cooling the skin in a most delightful manner. 3s. 6d. per case.

SULPHUR SOAP (for the Hair).—The natural colour of the hair is due to an organic pigment, into the composition of which sulphur and iron largely enter. It is believed that in many cases grey hair is due solely to a deficiency in this natural secretion of sulphur. In such cases the sulphur may be applied to the hair glands by occasionally washing the hair and scalp with the above soap. It is most particularly recommended that in cases of incipient greyness this should be tried before artificial colour restorers are resorted to. It is also the best soap for cleansing the hair before applying any dye or colour restorer, as it greatly quickens and enhances their action. It is also of great service for washing the skin in many cases of eruption and skin diseases. 1s. 1d.

"Better try Mason's Sulphur Soap and soft water."—Anna Kingsford, M.D.

FRECKLE CURE, THE NEW.—This is a preparation of great power for the entire removal of freckles, however obstinate. It is the prescription of one of our most eminent modern dermatologists, combined with the new Skin-fat which has been recently isolated from sheep's wool. A trial of it is urgently solicited. 4s. 6d.

WALNUT JUICE AND NUTGALLS.—Having often been required to prepare Walnut Juice for ladies, I have found that it is not perfectly successful by itself as a hair stain. After many experiments I am at last able to introduce a combination of Walnut Bark and Nutgalls, which is perfectly effective in giving to grey hair various shades of rich natural brown, very different from the dull metallic black of lead restorers. It is at the same time perfectly safe (Walnut Juice has been used for centuries as a hair dye). Price 3s. 6d. per case, post free, with full directions.

DEPILATORY (Powder).—Mr. Mason is continually asked by ladies for a Depilatory which will, in one application, not only remove existing superfluous hair, but prevent its reappearance. He wishes clearly to state that it is impossible to do this. All that can be done is to remove the hair, after which an occasional subsequent application on the surface of the skin will prevent it from attaining a visible growth. The above preparation will do this without injury to the skin. Science cannot achieve more. With directions, 2s. per packet.

"Mr. Mason's Depilatory is at once the cheapest and best I know of."—Anna Kingsford, M.D.

EYEBROW AND EYELASH DYE.—A simple and instantaneous application, requiring renewal only at long intervals. Has been much approved, and seems to have met a pressing want. Black or brown, 2s. 6d. per case.

"Nothing will darken the eyelashes permanently except a dye. Mr. Mason sells an eyebrow and eyelash dye at half-a-crown the case, black or brown."—Anna Kingsford, M.D.

SPECIAL EYEBROW AND EYELASH TONIC.—For promoting growth and luxuriance of Brows and Lashes, and improving their appearance. Though a powerful tonic, this is absolutely harmless and safe, and so bland and emollient that it may even be used for young children. 3s. 6d.

"Brush the eyebrows daily and nightly with a soft brush, moistened with Mason's Eyebrow Tonic."—Anna Kingsford, M.D.

GANTS GRAS POMADE.—A novel form of the well-known Gants Gras of the French and Italian perfumers of the last century. By its use (with soiled white kid gloves) the hands may be rendered beautifully white and soft in a few nights. 1s. 6d. per jar.

"The best cure for red arms is the use of a paste made of emollients, and worn all night. Mr. Mason has a 'Gants Gras Pomade' which will suit the purpose. Sleep in kid gloves smeared inside with Gants Gras Pomade. It is far more efficacious than cream rubbed in, in the day time."—Anna Kingsford, M.D.

PEROXIDE OF HYDROGEN, OR BLEACHING FLUID.—For giving a bright golden tint to the hair. The only agent that will do this without injury to the hair or to the skin is Peroxide of Hydrogen, which is the base of most, if not all, of the expensive golden washes which are sold under attractive and high-sounding names. Mr. Mason will forward a supply with full directions, post free, 4s.

"Peroxide of Hydrogen is the only safe and convenient hair bleacher known."—Anna Kingsford, M.D.

FOR OTHER HAIR DYES AND COLOUR RESTORERS SEE THE ENTIRE LIST.

Lessons in Millinery.

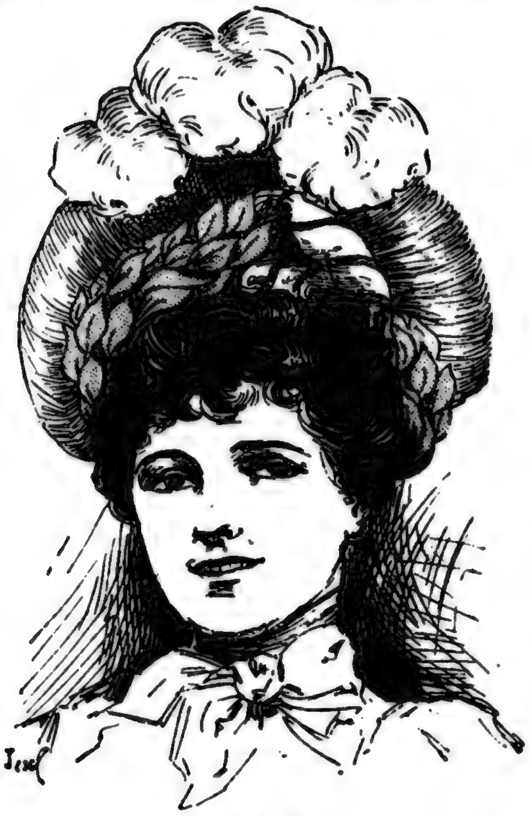


Fig. 1.

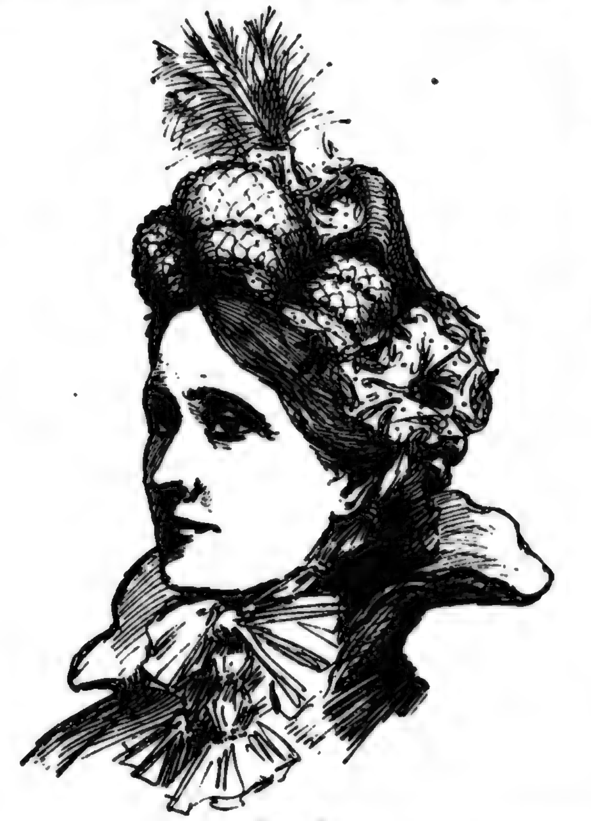


Fig. 3.

In this first model I am giving you, our artist has drawn an almost triumphal hat, or toque of victory, with its crown of laurel leaves. It is a very pretty and original shape, and the diagram must be cut accurately in spartrie first. The many gores round the brim when joined up gradually give the correctly rounded form which is eminently becoming. When the spartrie shape is once correct, the wire shape can easily be made on it; first a wire must be pinned round the edge with small millinery pins, then another about an inch further down, and a third one again an inch lower still. To the outer wire six or eight other wires must be carefully fastened, bent over with fine wire nippers, and bound round and round with silk; these wires must then be brought over the crown, and crossed, being tied with strong silk at every place they pass over the others. It is very important in making a good hat-shape that these wires should be tied tightly down one to the other with silk twist going each way, so that they cannot move. The bought wire shapes are almost impossible to use for that reason, they are never fastened securely, and when covered always give way and get out of shape before they are finished. That is why all good milliners make their own shapes, otherwise it would save them much time and trouble if they could use bought ready-made ones.

The diagram, Fig. 2, is in three pieces. The half of the brim is flat, with marks for the gores. These should be cut as slits in the spartrie, joined very neatly, and then cut away. Do not take the gores out before joining. The crown-piece slopes to the side a little at the bottom, but is quite straight round the top. The cover to the crown is cut out in little nitches, and fits on over it. Under the brim is placed a band, two inches wide in front, and cut away a little at the sides to fit the head. This band, even for a wire shape, must be made in spartrie, and covered in pale green velvet, even if, as in the model hat, the rest is covered in tucked cream chiffon. On one side of the band a wreath of pale green leaves is arranged, and also partly round the other side, where a knot of striped cream satin and black velvet ribbon is placed. There is no trimming but the tucked chiffon on the outside, and a knot of the same ribbon confining the stems of three small black tips.

A new and simple way to cover the crown of the hat is to cut the chiffon into crossway strips and machine-stitch into folds, then begin to cover like a straw hat. It is much easier than tucking the chiffon; when cut to shape the inside of the brim is done with thickly-fluted chiffon put on under the tucks.

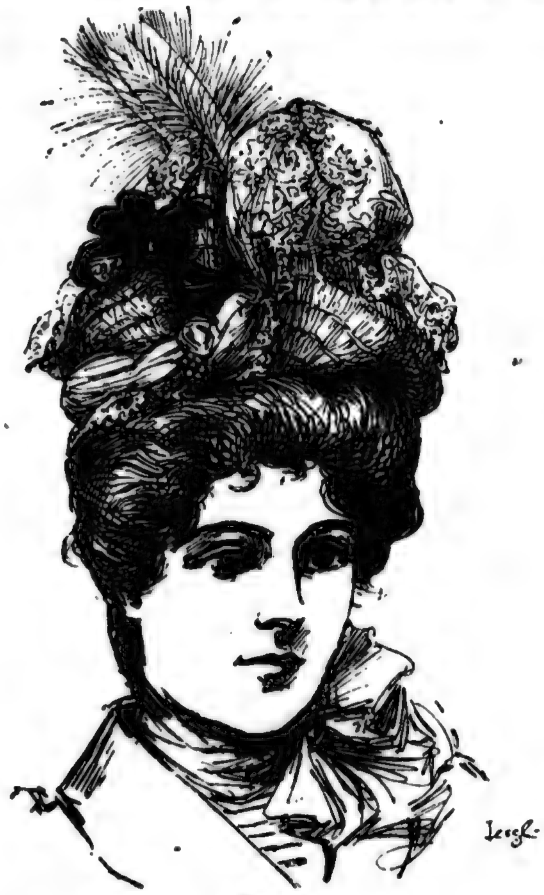


Fig. 4.

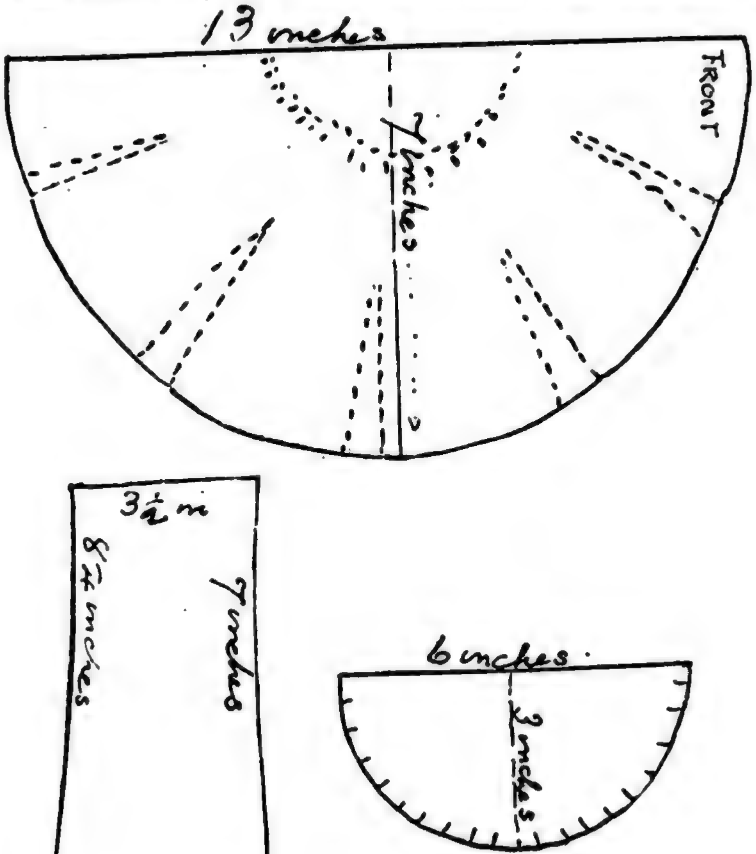
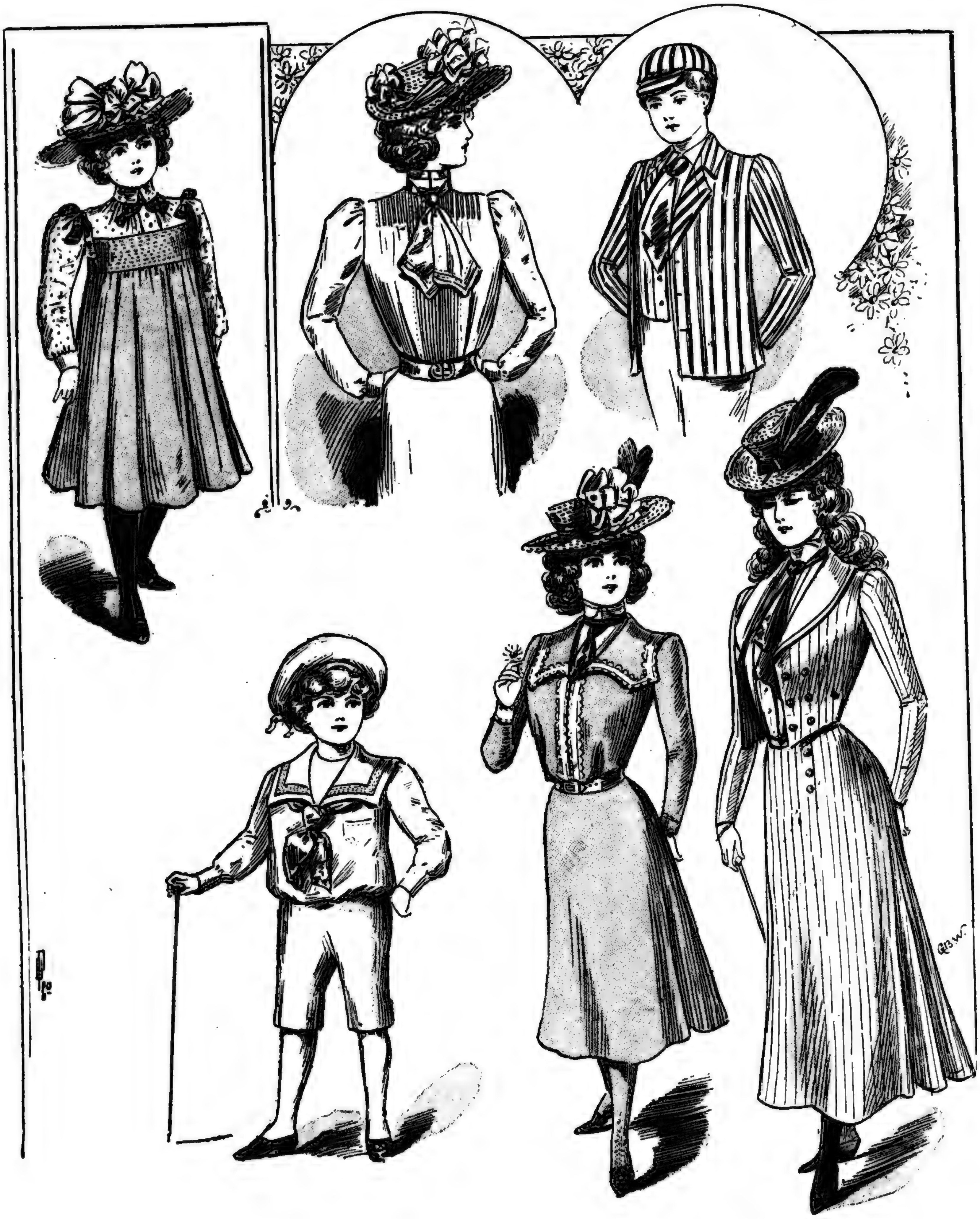


Fig. 2 (See Fig. 1).

The becoming bonnet for an old lady, Fig. 3, is cut in spartrie, made up and covered with thin silk first and then with fancy black material. The front is first covered with puffings of net, with ornamental raised leaves falling from it on to the hair, and over these puffings is arranged the raised front, which is made of fancy crinoline edged with plaited straw. This should be made in black, and the net or chiffon in white, with black ornaments and embroideries. A rosette of the net is placed at each side and in the centre, from which springs a black and white osprey.

Fig. 4 is a remarkably pretty fancy straw hat, bent up in front, and lined with full front of chiffon, with soft, thick, silk wires sewn on at intervals of one inch between. A scarf of soft embroidered chiffon starts on the right side under the brim, is confined with a paste ornament, and is then wired to stand up in front. The crown, which is low and wide, has only a band of narrow black velvet drawn round it, which is drawn up and finishes in a true lover's knot on the brim. A single black tip curls over the hair on the left side at the back. These two knots of black (the knot of velvet and the small tip) make a very chic finish to a hat which can be made in one colour, with those two exceptions. The osprey should also be in keeping with the prevailing tone of the hat. E. W.

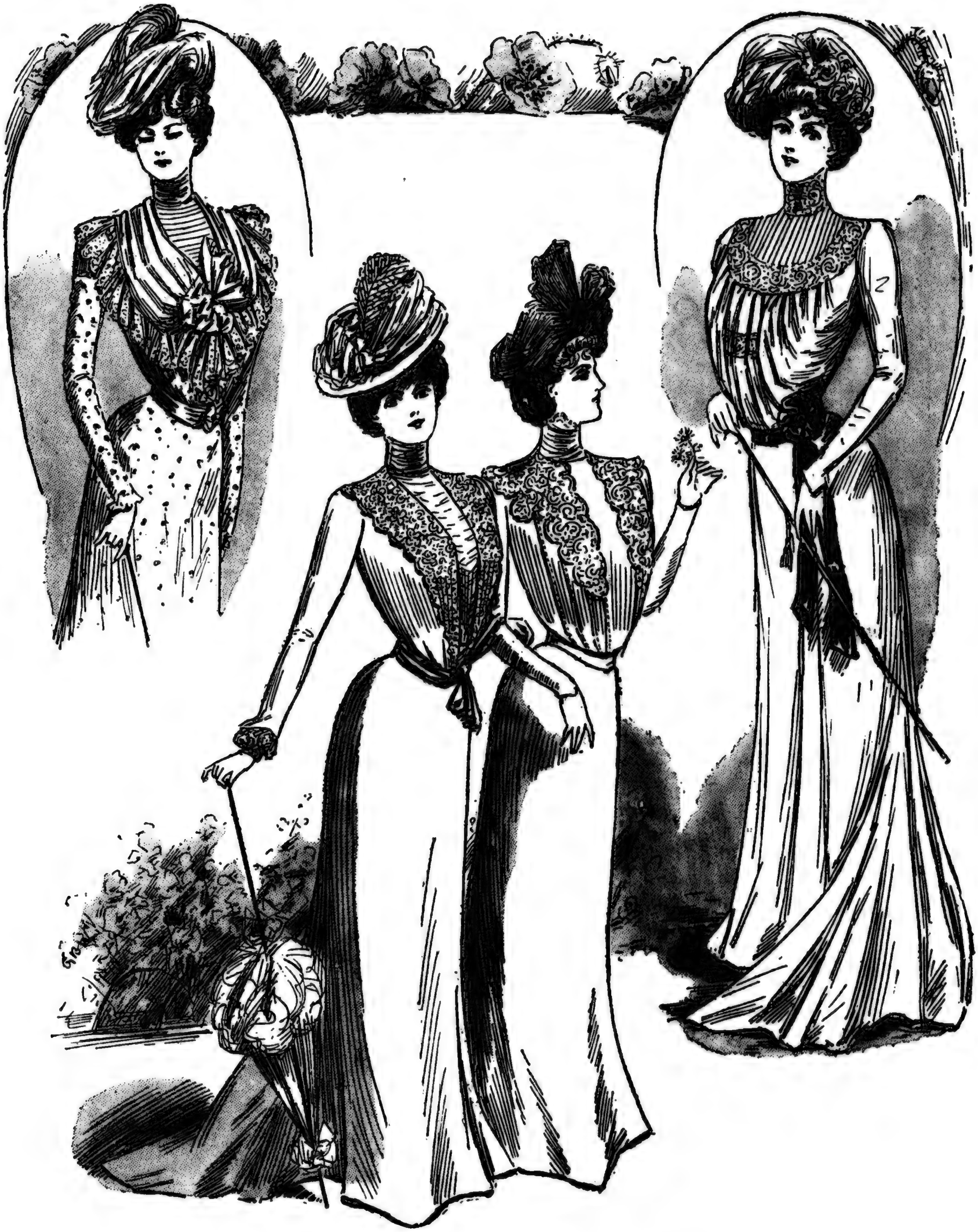
Madame K. S. says:—"'Myra's' is a most useful journal."



Nos. 723 to 728. Sea-side Costumes for Children.

For Descriptions see Pages 32 to 36.

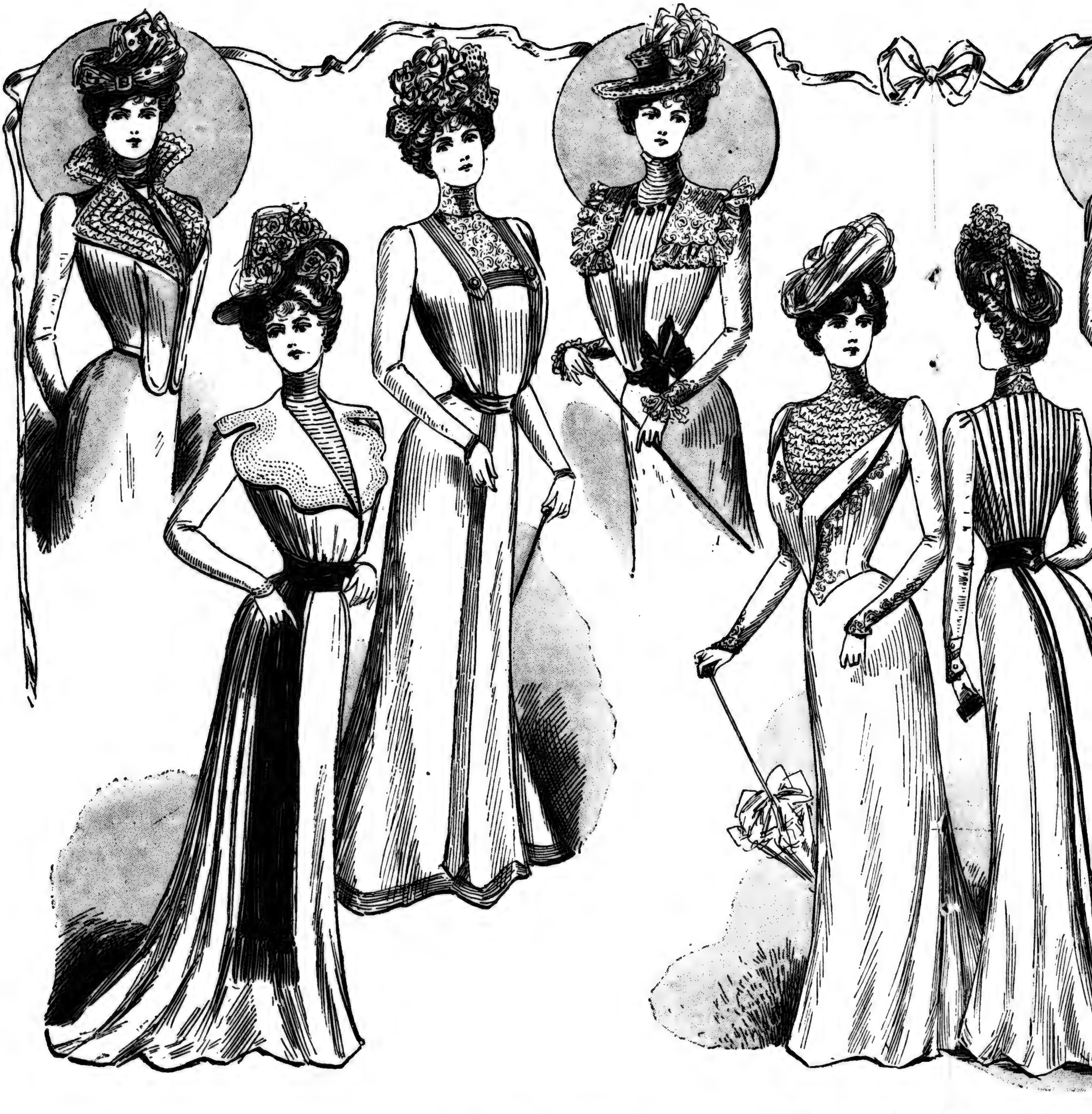
Price of Paper Patterns, each 6½d., post free, of Madame Myra, 95, *Regent Street, W.*



Nos. 729 to 782. Styles for Washing Materials.

For Descriptions see Pages 32 to 36.

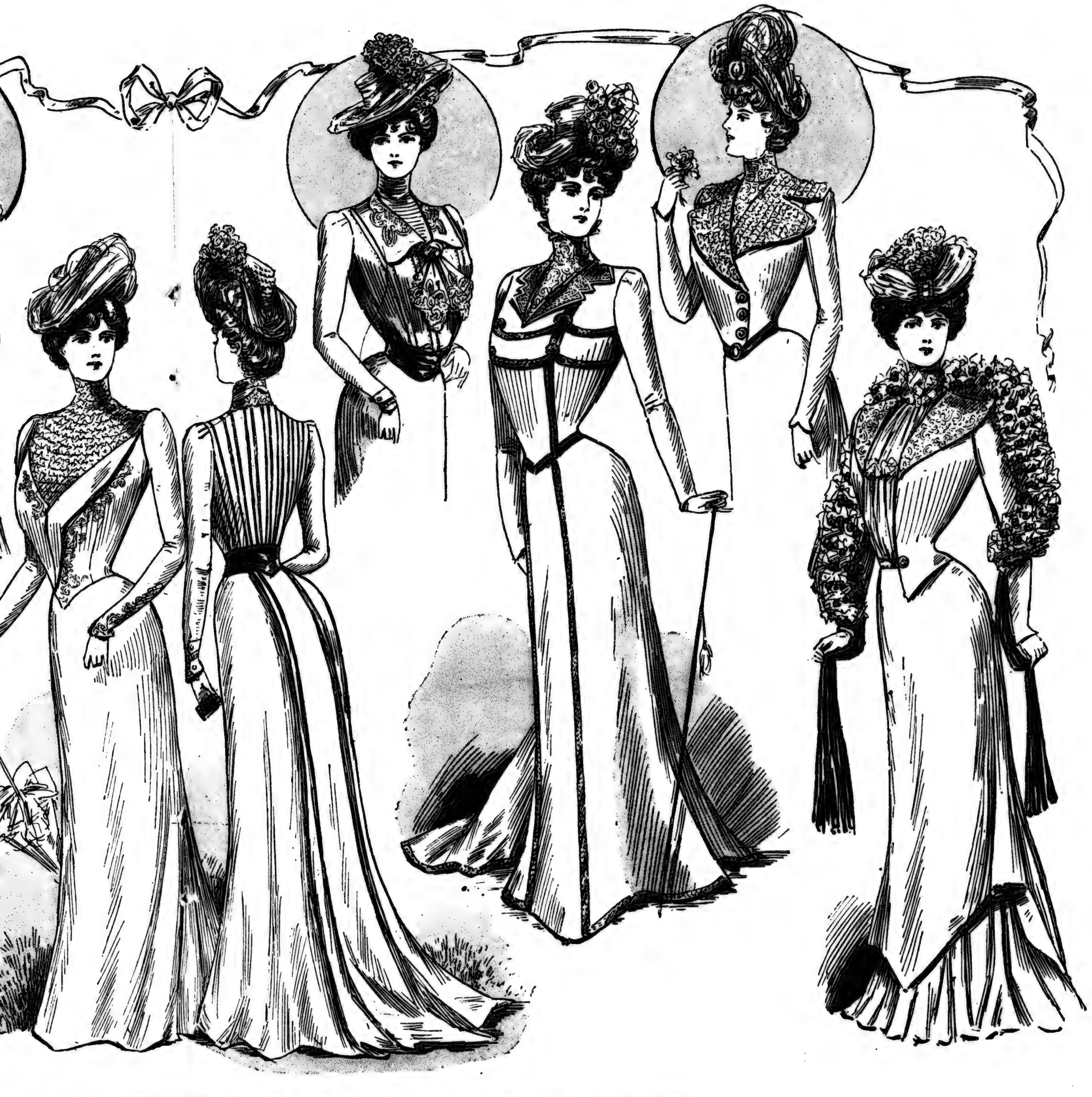
Price of Paper Patterns, Skirts or Bodices, each 6½d.: post free, of Madame Myra, 95, *Regent Street, W.*



NOS. 733 TO 742. PIER AND PROMENADE GOWNS

For Descriptions see Pages 32 to 36.

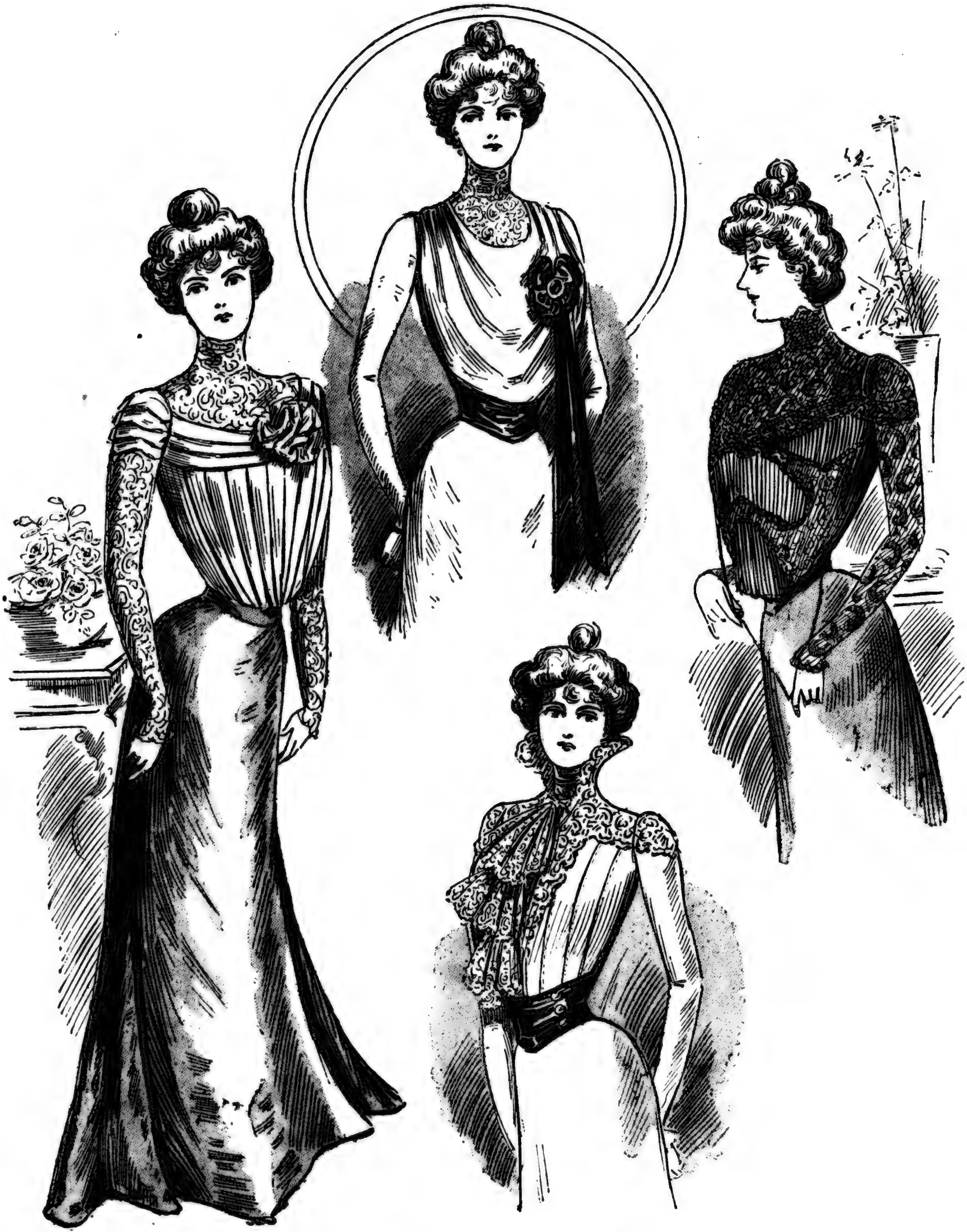
Price of Paper Patterns, Skirts or Bodices, each 6½d., post free, of MADA



AND PROMENADE GOWNS FOR SMART SEA-SIDE RESORTS.

For Descriptions see Pages 32 to 36.

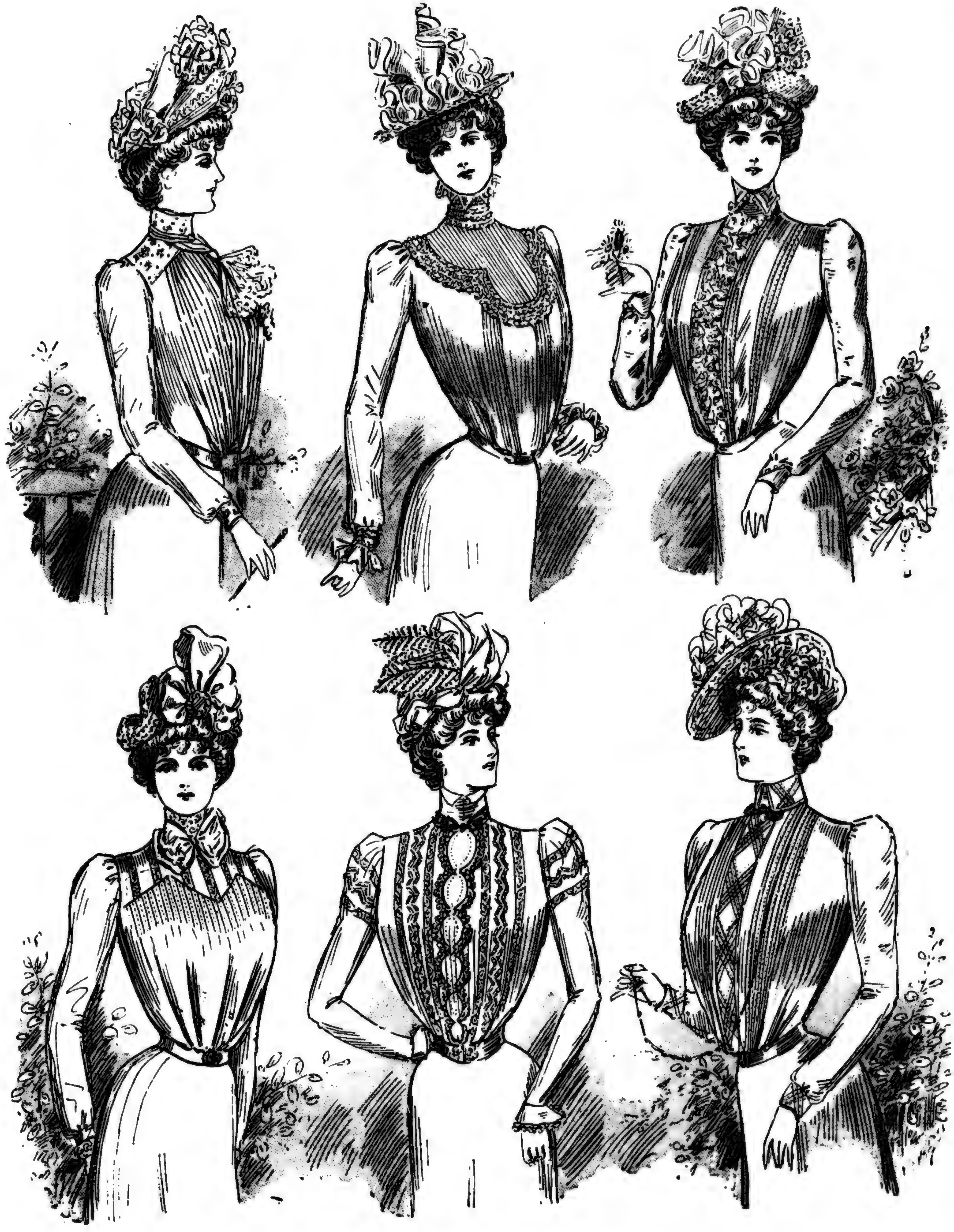
tterns, Skirts or Bodices, each 6½d., post free, of Madame Myra, *95, Regent Street, W.*



Nos. 743 to 746. Pretty Bodices for Table d'Hote.

For Descriptions see Pages 32 to 36.

Price of Paper Patterns, Skirt or Bodices, each 6½d., post free, of Madame Myra, 95, *Regent Street, W.*



Nos. 747 to 752. Six Charming Shirts.

For Descriptions see Pages 32 to 36.

Price of Paper Patterns, each 6½d., post free, of Madame Myra, 95, *Regent Street, W.*

A Marriage of Convenience.

By ESTHER MILLER, Author of "The Sport of the Gods," &c.

CHAPTER XV.

THEY were feverish days for Raymond Elliot, those that passed while he was waiting for the reply to his letter to New York. When it came at last, it seemed to him that he had seen it previously in another existence, or in a dream; there was no surprise, scarcely a throb of elation.

Clara had never been his wife; his marriage to Blanche was legal.

What power was in his hands! They ignored him at Grosvenor Square; preparations for the wedding were progressing apace, and with a few words he could upset her plans, ruin her life. She had refused to have anything to do with him, and he could retaliate by forcing a lonely existence upon her for the rest of her days. Victor Bellairs thought himself very clever, very fortunate, no doubt, and Lord Ormerod was congratulating himself on his daughter's escape; and at any moment their castles-in-the-air might crumble to dust.

"They have not done with me yet," thought the young man, grimly conscious of the power he retained even in his fall.

But he loved her too well for this unworthy elation to last. It was gone in a moment, and he stared haggardly at the future.

The decision he had postponed confronted him now with stern persistence. Was she to marry Victor Bellairs, or was he to hold her bound to his name?

He was no nearer now to knowing whether she cared for Victor, but that scarcely affected the question at issue. Sentiment need not enter into it at all. The fact was incontestable in any case, that she would be far better provided for, and happier with a real husband, a man of position and fair repute, than brooding over the past and contemplating the empty, hopeless future—a woman whose youth was wasting in lonely bitterness.

He must put himself out of the way. It did not matter; the sacrifice would not be very great. He would wait till the eve of the wedding. Perhaps, in the interval, he might be fortunate enough to see her again, and take a distant farewell. It would be a mean, cowardly thing if he allowed his useless existence to stand between happiness and the girl whose trust he had so shamefully betrayed.

CHAPTER XVI.

THE shabby actor who had been arrested on the charge of murdering Clara Rocklington was committed for trial, and eventually convicted by means of certain bank notes which had been traced to him. Robbery must have been the motive of the crime. He still protested his innocence, and the usual sentimental portion of the public presented an appeal on his behalf to the Home Secretary.

Blanche, who had read about it in the papers, had no idea of what importance this wretched man was in her life. He did not confess, and nobody knew that the woman he had murdered was his wife.

Elliot suspected it, but said nothing. If he and the condemned man continued to hold their tongues she would never have to endure the renewed shame of knowing herself a swindler's wife, and of being obliged to feel grateful to him for her freedom.

As it was she was not happy. It was foolish of her to look back; but it was a woman who was turned into a pillar of salt for looking back, and she took as little pleasure unfortunately in looking forward.

Victor was such a good fellow, yet——

She sighed when she thought about him. He had no vices, no disguises, and he was so tame. She had always been sure of him; and she knew that he would always agree with her and give her her own way. Only, alas, she was so constituted that she despised a man who would give her her own way. It is a master, a dominant mind, which attracts a woman of her disposition, and Victor would never be that. He would not have contradicted her for the world. Sometimes an almost invincible repugnance stirred within her.

When he was not there she told herself how amiable and well-bred he was; it was when he was with her that she wanted to rush out of the room. It was very absurd, and she always controlled herself and made the most favourable impression upon him.

There was nothing about the man that she could pick out and declare that she disliked. He had no trait or habit marked enough, in fact, to create dislike. It was only that she could not help feeling that to marry him would be like marrying a boy younger than herself; that his nature was too feeble ever to be a rock for her stronger will and impassioned temperament; that she would be wasting her life—throwing herself away.

She walked about the room until she tired herself out, and fatigue killed the restlessness in her blood when she began to dwell upon this subject.

"I have no right to expect anything now," she told herself many times. "I made a mistake, and a woman always has to pay for her mistakes. I shall have serenity and peace; what more can I ask for? Passion only breeds discord in one's life."

But philosophy is a poor comforter to a hungry heart. The peace she harped upon pictured itself before her eyes as no sunlit meadow, flower-starred; rather as a grey, bare upland under a lowering sky. Storm appealed to her more than perpetual silence. She could imagine what it would be like to live with Victor always. Victor who was such a good fellow, so kind.

She shuddered slightly, and moaned. Nevertheless the preparations for the wedding—her second wedding—went on apace, and there were more congratulations, and the presents, which she had returned, came back again.

Sometimes her sense of humour came to her assistance, and she laughed bitterly.

"It's like a farce. And poor Victor is so serious about it. He always wanted a joke explained to him!"

One morning, while riding in the Row, a man who was leaning on the rails caught her eyes.

The blood went and came in her face; a sense of suffocation overwhelmed her, and an ague-like shiver went through her from head to foot. It was like a dream that moment, a repetition of that morning when they had seen each other for the first time. His attitude was the same. But then his eyes had only expressed admiration, and she had smiled to herself at his impudence with no sense of offence.

Victor was beside her before her beating heart had quieted down.

"Did you see that fellow Elliot just now?"

"Yes, I saw him," she said huskily.

"I hope you did not acknowledge him!"

"He raised his hat, and—I think I bowed."

"You are too good, too forgiving, Blanche."

"Oh, no, I am not," she said. "One does these things mechanically."

"I think," said Victor, coldly, "it is extremely bad taste, to say the least of it, for him to come where he might be sure of meeting some of us."

"It's a public place," she said.

She touched her horse and left Victor. His voice, and the correctness of his sentiment, irritated her frightfully at the moment. She would have snubbed him if she had remained.

At the Corner she wondered if she had better take another turn or go home. She glanced restlessly behind her. Would Raymond still be at his post? She knew that she would see him again if she returned. He had come here on purpose, of course.

"I am not frightened of him. *I* have nothing to be ashamed of," she decided.

She grit her teeth, and returned.

He had not moved. She pretended to ignore him this time; but was as conscious of him as of herself. Victor rejoined her and found her in a reverie, with two bright spots of colour in her cheeks.

When she reached home there was a sickly feeling in her breast, which made her cry, and, having given way, shame for her own weakness added to the violence of her grief.

"Oh, God," she sobbed, "why did I ride in the Row this morning? Above all, why did I turn back?"

That action of hers seemed to her feverish mind the prelude of more important retrogressions. She was shaken that day, as she had never been, by distaste of this marriage. Elliot should have reminded her of the humiliation he had cost her; but the encounter had also made her realise how much more she was capable of loving a man than she would ever love Victor.

It was a terrible thing, after all to marry for convenience: perhaps it was madness with a temperament such as hers. When, on the day of their introduction, she had accepted the claimant's offer, her fancy had already been captured, and she had never loved a man, and did not know, even if she had suspected, what was in herself.

"I can't marry Victor; I can't marry Victor," she cried.

That mood did not last. She was in a wretched state of indecision. One day—or rather one moment—she hardened herself, and felt that the vindication of her pride was everything; at the next the woman of the world became a girl with a thousand tremors, a great despair, a grief which would have hidden itself for ever in obscurity.

The days passed. As yet she had said nothing to render Victor uneasy. He had the sense to know that he had by no means won her love; nevertheless he was grateful for much kindness at her hands. They rode and walked together; she thanked him for his presents, and wore his flowers.

The next morning that it rained, and she could not take her usual ride, she realised with a sensation akin to horror that she was deprived of something which she had grown to anticipate with a mingling of feverish pleasure, self-resentment, and reproach. She had seen Raymond twice more. There was always the chance that he might be there, and she always knew when he was there; although, no longer taken by surprise, her eyes were in the habit of passing him by.

Was it possible that she was disappointed? She had vowed never to think again of the man who had betrayed her—to smother the love she considered degrading in her breast. But it was not dead yet, it seemed. She knew that the possibility of just passing him in a public park had disturbed her nights, and that, after she had seen him, her distaste for Victor became almost greater than she could control.

Under these circumstances had she any right to marry Victor? If her repugnance, her hungering for the impossible, were so great, would it not be wrong—an injury to the man himself—to marry him? She had hope to grow reconciled to the idea of this union; but, on the contrary, her disinclination was growing as every day brought the dénouement nearer.

Once she found herself comparing Victor to Raymond. One was honest—the other a scoundrel, so she told herself; but her blood glowed. She let her thoughts go, and indulged for once in a riot of the imiagination. She closed her eyes, and could feel his arms round her, his kisses; she could hear his voice again. Victor could not make love as he had done. If only he had been straight.

"I wouldn't have cared how poor he was, or who he was," she told herself. "But it is impossible to forgive him."

Nevertheless, she began to argue his case with herself, to make excuses for him. His deception was unpardonable; but he had confessed afterwards; for her sake he had let her go. Conscience and honour had spoken, though late. Was not that sacrifice some atonement?

She wondered what he was doing, how he was taking the idea of her marriage. Obviously he had not forgotten, and was not attempting to forget. She could fancy how he must feel, and began to pity him.

Next time Victor called she professed to be ill, and kept to her room.

She was distracted. She did not know what to do. Daily it grew clearer to her that this marriage was impossible.

"I will go away and live quietly in the country," she thought. "It does not matter what people think if one does not see them. I will ask my father to allow me a few hundreds a year, and I will give up everything and bury myself alive. I think Victor would drive me mad. I was wrong to accept him. I am not as strong as I thought myself, and society does not mean much to me. After all, the things which amuse one are only amusing when one is happy."

"Wishing your journal continued prosperity."—Mrs. W. C.

That mild young man, her betrothed, had become a terror to her. He was no longer harmless. She feared him. But most of all she feared herself.

CHAPTER XVII

LORD ORMEROD began to breathe more easily. He detected no signs on his daughter's part of behaving foolishly." It was of no consequence, apparently, that he had been unable to persuade that depraved swindler Elliot to leave the country.

"I need not have been alarmed," he thought, conplacently. "She is my daughter, and does not forget it. Blanche has too much pride ever to make a fool of herself over any man."

One day, however, Victor mentioned the encounter in the Row to his lordship, and the same night, on returning home late, Lord Ormerod saw and recognised a prowling man outside his door.

His Lordship turned purple with anger, and was of a mind for a moment to speak to the policeman on the beat, but thought better of his intention, and admitted himself indignantly with his latch-key.

"The confounded impudence of the scoundrel!"

In the morning he spoke to Blanche on the subject.

"I hear from Victor," he said, "that you saw Elliot in the Row the other day."

"Yes."

"Whatever possessed you to acknowledge him!"

"I don't know," said Blanche, haughtily. "I suppose I chose to do so. Does it matter? Wasn't it rather a trivial incident to repeat?"

"Wasn't it rather an encouragement to the fellow?"

"An encouragement?" she repeated. "What do you mean?"

Lord Ormerod shifted uneasily on his chair.

"It may encourage him to speak to you—to annoy you, my dear."

"I don't think there is any fear of that."

"He was walking about outside the house last night."

Blanche turned white.

"What a fool he must be!"

"Fool," said Lord Ormerod, bitterly, "is scarcely the word I should apply to him. The man is an unscrupulous scoundrel, and I wish to goodness he was out of the country!"

"I don't see that he can hurt me," she said, "whatever he is."

"It would be extremely unpleasant if he accosted you in the street and made you a scene," pursued his lordship. "If I were you I should not go out alone to-day."

"Why don't you buy me a sheep-dog, papa!"

"Victor," said his lordship, with unconscious humour, "is always ready to be your escort, I am sure."

"He is the soul of good-nature. But I repeat that I am not afraid of Mr. Raymond Elliot."

"It is not a question of fear, but of expediency," replied Lord Ormerod, irritably. "You would not like it, I presume, if he were to force his way into the house when I was out, or to pester you in the street. He might even come to the church and make a disturbance! One never knows what a man like that is going to do. I didn't like his manner when I saw him last. It struck me as being sullen, venomous. If he had been really sorry for the past, he would have accepted my offer with gratitude."

Blanche opened her eyes.

"Your offer?" she queried.

Lord Ormerod was a little annoyed with himself for the slip. As he had not told Blanche about his visit to Elliot at the time, it would have been better not to mention it at all. However it was of no great consequence.

"I thought it would be better for everybody if he left the country," he replied, "without any more scandal, so I offered him a post on that tea-plantation of mine in India. It carried a good salary with it. I expected him to jump at the chance."

"And he refused? Why?"

"He said that he did not choose to leave London yet, and talked some nonsense about his pride refusing to allow him to accept anything at my hands," said Lord Ormerod, angrily. "As though *I* had tried to injure *him!* The insolent vagabond, he won't work, that's the fact of the matter. He is lazy. He prefers to live by his wits."

"Where is he living?" she asked. "What is he living on?"

"I don't know," said Lord Ormerod, answering the latter question first. "He has a couple of rooms in Bloomsbury Street. He can't be doing anything legitimate. How should he get anything without references? I repeat, Blanche, that it is my opinion he is up to no good."

"Probably," she said, and turned away with a thoughtful face.

When she was alone her eyes gleamed, and she locked her hands with a swift gesture of emotion.

"He was watching the house last night! He cares as much as that still! . . . . And he wouldn't be bribed to leave London. He kept his independence."

Had she any right to admire him for refusing the aid of the man he had cheated? She did not stay to ask herself the question. He was poor, penniless, and he had declined a good offer. She liked the spirit of the thing. If by any freak of circumstances, she had found herself in his place, she would have done the same. Her father hated him. It was humiliating, in her opinion, to accept favours from a man who hates you. It was not in her creed to "turn the other cheek." Meekness in a man was too like weakness to please her. She preferred the tiger to the lamb.

How he must love her! She could imagine what feelings must animate him to bring him to her doorstep in the night. His face had been pale and haggard enough when she had seen him last.

A lump rose in her throat, tears to her eyes.

"Poor, hungry wolf," she murmured, "out in the cold!"

Lord Ormerod should have told her nothing. He had behaved like a fool, although, perhaps, no mistakes of his would make any difference.

A revolt against society and all the unwritten laws of her caste, was rising in the woman's breast. If she behaved like her father's daughter, she would marry Victor to-morrow. But she no longer felt that to be possible. The rising tide of the passion which had never died, was beginning to drown reason, those colder dictates of a despotic convention. While this marriage had been well ahead, her one desire had been to reinstate herself

Banish Indigestion & Irritability.

HEALTH AND CONTENTMENT

Ensured by the DAILY use of

SCHWEITZER'S COCOATINA,

which was first introduced to BRACE the AILING, and to Maintain the STRENGTH of the STRONG

48 YEARS AGO,

and it is still far and away the best nerve-soothing and body-strengthening food product of the age.

"The Cocoa"

Obtainable at all Grocers' Stores, and for 11d.

A Skirt of the Present Fashion

is often more difficult to fit than a Bodice; we have therefore made arrangements to supply a

Skirt Pattern (fitted to the figure)

BY AN EXPERIENCED WEST-END FITTER.

Fit guaranteed.] Price 2/6 [*Latest cut.*

We first require the ordinary skirt measurements and then a personal visit to our Pattern Department.

Mme. MYRA, 95, Regent Street, London, W.

ASK FOR
WHITE LABEL
WORCESTERSHIRE SAUCE
AN
"OLD"
SAUCE
MELLOWED AND SOFTENED LIKE OLD WINE BY LONG AND CAREFUL STORAGE
J.A. SHARWOOD & Co. LTD. PROPRIETORS
LONDON

in the opinions of her friends, to vindicate her outraged pride, to forget the humiliation of her mistake. The world had been enough, and more than enough then; but now that it was to-morrow that she was to be called upon to take the step which could not be retraced, and pay her debt to Victor, every morsel of her flesh shrank from the sacrifice. She would not have hated him if the other man had been dead. . . . He was alive, and within reach, and he loved her.

The tide rose and rose.

Was not a passion like this worth something to any woman? Could it not raise even the fallen? Was it not worthy of some esteem? Whatever could be said of him, it was undeniable that he cared more for her than even for the wealth and worldly honours for which he had jeopardised his soul. Had he no right to ask for something in return?

He might have no right to ask; but she could give if she chose.

"No one knows him as I do," she thought. "No one can realise his temptations and renunciations as I can."

And still the tide rose.

It came quite naturally in the end, with no shock—the decision which was to make or mar her life. Nothing mattered except the over-mastering passion in her breast. Nobody mattered except him. The world might go on without her. It was not love which would not forgive. If she could not understand him better than those who did not care, and remain by his side when strangers turned away, what was the use or the meaning of love? Cold justice can praise when praise is due. It is the one woman's place to take the hand of the man who has ruined himself and save him from despair, to see the good points, the gold under the rust, which his enemies ignore.

She was going to him. There would be no fuss, no leave-takings. Her father had unconsciously given a weapon to her hand when he told her that Raymond lived in Bloomsbury Street. She knew Bloomsbury Street; it was close to Mudie's, and consisted of no more than a couple of dozen houses. She would go to every door, and inquire until she found him; it would not take long.

Her mind was quite made up, and she was concocting a mental list of the things she would take with her, when Victor was announced.

He smiled at her in his good-tempered way. "Well, Blanche, how do you feel about to-morrow?"

"I am very happy," she said, with cruel truthfulness.

A moment later she remembered what she had said, and looked at him gravely. He would not break his heart. He was fond of her, of course, and flattered, because he had little vanity; but there was no great passion there to embitter his life; his placid, well-meaning face hid no big soul full of disorderly emotions.

"Yes, a rushlight to the sun," she thought, comparing him to Raymond, as she had done once before.

And she turned to the sun, woman that she was, warming in anticipation, her heart palpitating; quivering to be gone.

The amiable, unconscious Victor said all the platitudes to be expected of a common-place, well-meaning young man on the eve of his wedding. He renewed his protestations of love and fidelity, and, knowing what was in her mind, she felt a hypocrite.

"Of course, I was very cut up at the time about the claimant," he said, "but I bless him now. He helped me to win you, Blanche."

"You should have waited till to-morrow to say that," she replied, enigmatically.

"Perhaps I am rather 'previous,'" he said, smiling. "But to-morrow will soon come."

She was tempted to tell him, but refrained. There would be such a scene if her intention came to her father's ears. She knew beforehand what his arguments would be, his bitter reproaches, his peremptory commands. There would be a quarrel, which she would regret always, for she was in no mood to submit to his authority. Her spirit was unconquerable. She had made up her mind to go, and go she would, quietly if possible; through fire and water, if fire and water were in her way.

Poor Victor. She submitted with the tenderness of pity to the last kiss he would ever give her. Really her heart was hardened to him, and prayers on his part would have been as unavailing as her father's angry threats. She could see Raymond wandering in the dark outside the house. What a brute she had been to him. Poor repentant sinner, was he not more than half a hero after all?

As she said good-bye to Victor she was wondering whether she would have had the courage to marry him if Clara Rocklington had lived. Probably she would not have conceived such an aversion to his amiable affection if love had not been pulling her away. There would have been nothing to exist for, except social distinction and success.

She went to the top of the staircase with him, and rested her hand upon his shoulder for an instant as he turned to descend.

"Good-bye, Victor," she said again. "I am afraid I am going to make you very unhappy; but you must forgive me. I can't help being what I am."

"You are adorable as you are," replied the young man, kissing the hand. "If you were different, you wouldn't be you!"

He went away, happily unconscious that fate had written *finis* across this chapter of his life, and Blanche mounted the stairs, and put a few necessary articles of the toilet, and all her jewellery except that which Victor had given her during their engagement, into a small handbag.

Then she dressed herself and went downstairs unnoticed, and called a hansom round the corner, and drove towards the east.

CHAPTER XVIII.

Raymond had been up all night, and he was at home now, dosing in the arm-chair.

The last few days had been almost intolerable. He did not mind dying, but he did mind giving her up to Victor Bellairs. He knew, too, that what he was going to do was considered a crime. It seemed fit, however, in his opinion that he should commit a second crime to atone for the first. He owed her his soul if she wanted it—anything to set her free.

The landlady came in and brought him a cup of tea. She had taken a fancy, like most of her sex, to the "young man lodger," who seemed to have something on his mind which kept him awake of nights.

She chatted a moment, and he swallowed the tea, feverishly athirst. A newspaper was on the table, but he had not opened it. What did it matter to him if empires fell? He would never see Blanche again.

All sorts of fancies entered his head, and he saw past scenes with the vividness of a drowning man. Suppose he had withheld that confession, and gone on as he had begun! She would be his wife now, really his wife, and Lord Ormerod would be under his heel. The sting of what might have been nearly drove him mad.

He was worn out with want of sleep—on the verge of brain fever. The man's passion was consuming him like a fire. He could not take things easily; the cynical philosophy which had borne him victorious through so much in the old heartless days had deserted him at his utmost need. He could not persuade himself that nothing mattered; there was a vulture gnawing at his vitals: he could scarcely believe that a little bit of lead in his brain could make him forget for ever the agony of those days.

"If only I might say good-bye," he groaned. "Oh, Blanche, you woman of snow ——"

As though in answer to his cry, the door opened and she came in.

Judging from her face, she might indeed have been the woman of snow he named her; and she trembled so that she could scarcely speak.

"May I come in?"

"You are always welcome," he said in a hollow tone. "You—you wish to see me?"

"Say more than that to me," she said, and drew nearer. "I did not know the number. I knocked at every door in the street until I came to yours."

"Why did you take such trouble?"

He, too, could scarcely speak, and again she advanced a pace.

"How pale you look," she murmured pitifully, "how ill, how tired! Poor Raymond!"

"You are driving me mad!" he cried, losing his self-control. "In God's name, why have you come?"

"To stay with you, if you want me; to marry you, if you will take me. I forgive you; I love you. I don't care for anything else in the world."

His eyes flamed, the colour mounted to his cheeks; but he held back still.

"Wait! Don't you care for Victor Bellairs?"

"No. Need *you* ask that? I thought you would have understood."

"Perhaps I did. Do you realise what you are giving up? I have no money—only a hundred or so."

"I have brought my jewels."

"We shall have to go abroad. I shall have to work hard, perhaps for poor pay. There will be all sorts of privations to which you are unaccustomed."

"I don't care."

"You will have to drop your rank, your relations, your friends!"

"You will be there," she said, steadily,

"We may live to lack food."

"I shall be happy if you are. Why do you try to deter me with such trifles? I had thought of all you can say before I came. I love you."

She held out her hands to him. "Oh, kiss me," she said, with a sudden sob. "I have been so lonely since you went!"

He did not wait for a second invitation. His arms were round her neck in an instant, his lips caught hers.

"My darling! I will never forget. . . There are no words to express what I feel. . . A blackguard like me—and *you*!"

"You confessed, you atoned. You did not know that your wife was alive. If you had known, I could not have forgiven *that*. You are not a blackguard; you shan't call yourself names. Oh, Raymond, to be with you again—it's heaven after—after the other place!"

"God bless you, sweet."

"Don't be a fool, Raymond," she said—there were tears in his eyes—"I just pleased myself. I am so glad you are glad. Why did I wait so long? I have been cruel to both of us."

"You are kinder than an angel. Do you know what I meant to do this evening?"

"What?"

"The thing you forbade me to do on our wedding-day."

She clutched him by the arms, panting, white.

"Not that! Don't say that!"

"I was going to set you free," he said.

"Free?" she repeated, and her eyes fixed themselves on his, and the heart within her seemed to wait.

"You are my wife," he said. "Clara committed bigamy when she married me. I found it out after her murder, when you were engaged."

"The marriage was legal," she whispered.

"Impossible!"

"It is true."

"Then I nearly murdered you!"

"Hush! What nonsense are you saying? You didn't know; I thought it better not to tell you. I had no idea that you still cared."

"You would have died for me," she murmured, in an ecstasy of tenderness. "And I am your wife—your wife!"

. . . . . .

That evening Lord Ormerod received a calm note from his daughter to the effect that she had gone to the seaside with her husband. She requested that her clothes should be packed and sent to Charing Cross, whence she would fetch them.

A fortnight later his Lordship received an invitation to tea, dated from the Bloomsbury Street lodgings, and signed, "Your affectionate daughter, Blanche Elliot."

Lord Ormerod went to Bloomsbury Street, and raved and stormed, and demanded Raymond's blood. Raymond was out; Blanche had insisted upon it, and she sat through the paternal storm, white, but self-possessed.

"What is the use, papa?" she said. "I am very happy. I love him with all my heart, and consider the world well lost for him. Why should you upbraid me? I have only been true to myself."

He called Raymond by a bad name, and she stopped him with flashing eyes.

"He is a hero," she said. "Pride made me drunk, or I should not have quarrelled with him for an hour. If you insult him, you insult me. Don't you love me, father?"

Then Lord Ormerod whimpered, being fond of his wilful daughter in his own way, and there was a reconciliation. He consented to shake hands with his son-in-law, and offered them an allowance—to be spent abroad; but he did not ask them to dinner. The allowance was declined with thanks, and they sailed for America the next day.

"Do you regret?" Raymond asked her as they leaned on the taffrail that night to watch the moon upon the water.

She turned her face to his. There was no need to speak. He kissed her.

[The End.]

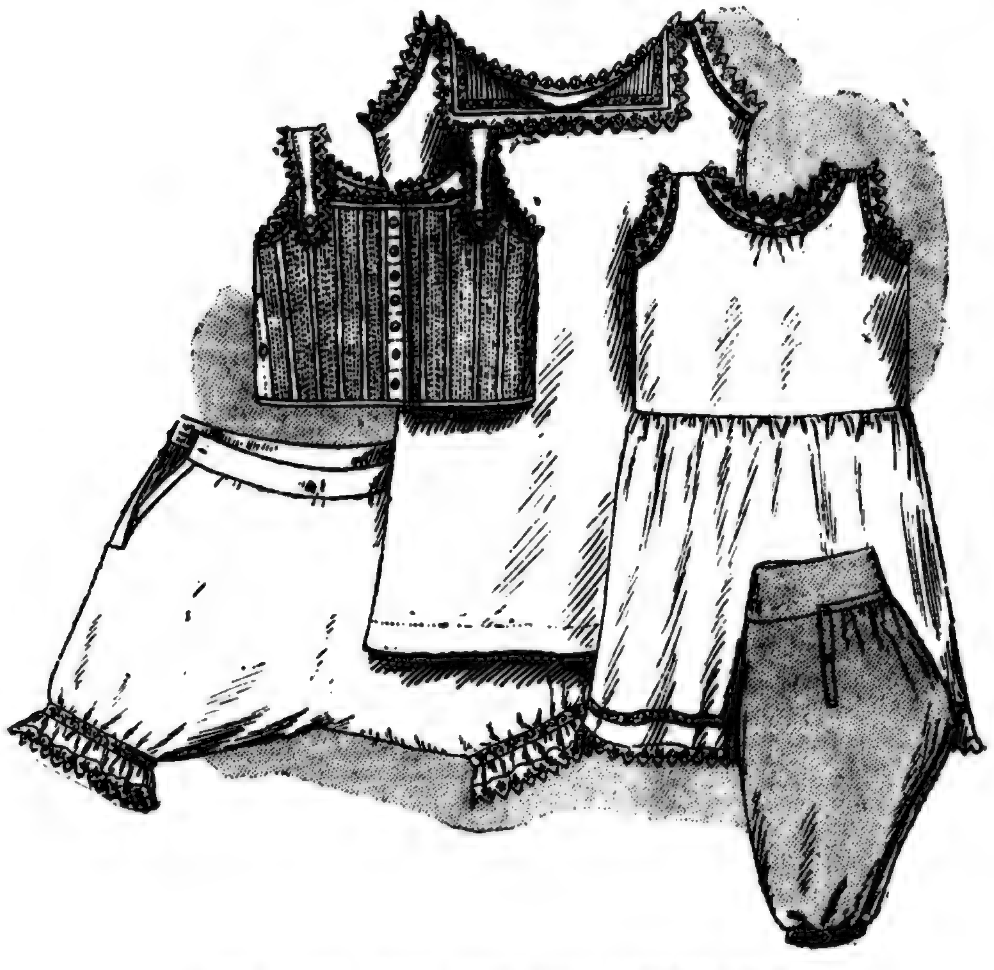
"I always take 'Myra's Journal,' and find the styles excellent."

Cookery and Household Management.

Miss Richardson will be glad to answer in our Correspondence Columns any queries on Cookery and Household Management. See "Rules for Correspondents," p. 45. Letters to be addressed to Miss Richardson, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C. Queries must be accompanied by the Correspondence Coupon, cut out of this paper. No notice will be taken of letters sent without this coupon, and answers by post can only be sent in very urgent cases.

SUMMER HOUSEKEEPING.

THESE beautiful warm days, which we all welcome after the dreariness of winter, bring nevertheless, many anxieties to the mistress of the house, for certainly housekeeping in summer has its drawbacks, and since many inquiries have reached me about the best methods of keeping food during the hot weather, it seems advisable to consider briefly the chief points that should be borne in mind.



Nos. 753 to 757. Children's Underclothing.

For Descriptions see Pages 32 to 36.

Price of Paper Patterns, each 6½d., post free, of Madame Myra, 95, *Regent Street, W.*

With a refrigerator, of course, the troubles vanish; but since landlords do not at present look upon that as a necessary fixture, it is seldom met with in a small house; still, it is advisable to improvise one in the shape of a common or garden pail filled with ice, which the fishmonger will undertake to supply every day for a few pence, and this will be saved over and over again; the ice must be wrapped in a piece of flannel, which, as everybody knows, is a bad conductor of heat, and, therefore, will keep *out* heat; it may then stand in the pail on a strainer, so that water may drain off. The uses to which this ice may be put are legion—milk, butter, fish, and so on, may be placed near it, or a few pieces may be broken off for the table if required. This is most coveniently done with the aid of a darning needle or pin.

Another method of keeping food cool in summer is to place it in a capillary cooling chamber. I believe one would cost eight shillings to buy, but it could easily be constructed at home for a smaller sum on a humbler scale. The principle is as follows:—two pans, are filled with water, and are placed on a stand with shelves, upon which the dishes are put, the whole is surrounded by flannel curtains, the ends of which are dipped in the water, both top and bottom; the flannel is therefore always wet, although evaporation is continually taking place, which draws heat from within.

Servants will not learn to take ordinary precautions to store the food properly, and therefore the mistress should be on her guard, or an unnecessary amount of waste ensues, because much has to be thrown away. A thorough inspection of the larder and meat-safe should be made at the beginning of the hot weather to ascertain whether there is sufficient ventilation, so that the requisite improvements may be made, for the larder *must* be properly ventilated: a window is advisable, but, if impossible, then one or two bricks should be knocked out near the ceiling, and also near the floor, and gratings inserted. The meat safe is better out of doors, preferably hung on a north wall. Neither meat nor fish ought to be allowed to remain long in the larder if uncooked. Meat must be hung up whenever possible and covered with muslin; it can be rubbed with salt to keep it for a day, or if slightly tainted, then it should be washed with weak Condy's fluid. Fish should be rubbed with lemon juice or weak vinegar, mackerel must never be kept for more than a day, as it then becomes unwholesome. If not required immediately it can be baked in equal quantities of vinegar and water.

Butter, as before remarked, may be kept in the ice-pail or it may be put in water. Some people object to that method because it is said to spoil the flavour, so that it might quite well be put in a small basin standing in a larger one with water between. Various devices are sold for the purpose, more or less efficient, perhaps the best being the "butter-cooler" known to most. It is of the nature of a dish-cover, over it being a piece of cloth, one end of which is in water at the base, so that the whole is kept damp; but careful handling is necessary, and the method is not altogether satisfactory.

Milk is perhaps the most difficult of all foods to keep in hot weather. Directly it arrives it should be turned out of the can into a jug with a wide mouth; it may then be covered with muslin, which keeps out dust and flies and yet allows air to pass through. It is a good plan to boil the milk as soon as possible; if it is likely to turn sou. add a few lumps of sugar, or half a teaspoonful of carbonate of soda, or a little boracic acid; but, in nine cases out of ten London milk when delivered already contains some preservative in the hot weather, such as either of the two last-named, and, therefore, a second addition is not to be recommended.

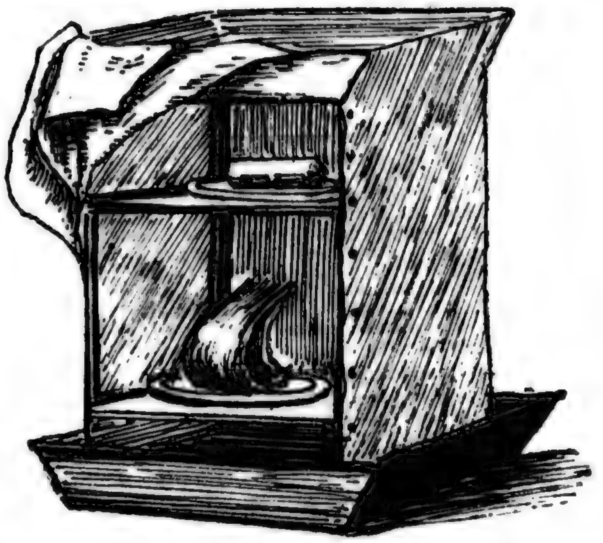


Fig. 1. Cool Chamber.

If milk has already curdled, it may be used for scones or junket. Sour milk is also useful in household purposes, being admirable for cleaning floorcloth or linoleum, also kid or leather. Under no circumstances should curdled milk be thrown into the sink, as it is liable to partially stop up the waste-pipe, so it is far better to throw it into the dustbin.

The following are suitable light drinks for summer:—

Raspberry Vinegar.

2 quarts ripe raspberries.
Whites of four eggs.
1 quart French vinegar.
2 pounds lump sugar.

Beat the raspberries with a spoon for a few minutes, then pour the vinegar over them, then let it stand for a week, strain, add the sugar and whites of eggs, boil until clear, then bottle when cold.

Lemonade.

2 lemons.
2 pints water.
1 ounce sugar.

Pare the lemons very finely, rub the lumps of sugar over the surface, then roll the lemons to soften them, and squeeze the juice, add the sugar and rind, and pour the boiling water over it. Cover and allow it to cool.

King Cup.

1 lemon
1oz lump sugar
¼oz root ginger
1½ pints boiling water
1 tablespoonful of sherry
Ice

Peel the lemon finely and squeeze the juice into a jug, add sugar, rind, and ginger well bruised; pour the boiling water over it, allow it to cool, strain carefully, then add the sherry and ice.

Fruit Drinks.

Refreshing summer drinks may be easily made from different fruits in the following manner:—Take two tablespoonfuls of juice, *e.g.*, pineapple, raspberry, or strawberry, put into a tumbler with two or three lumps of sugar, and add soda water to taste. It is advisable to use juice from fresh fruit; but a tablespoonful of jam would answer the purpose.

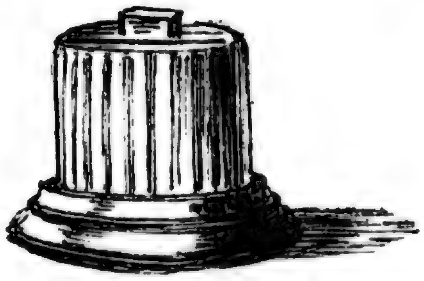


Fig. 2. Butter Cooler.

Barley Water.

¼lb pearl barley
1 quart of water
1 lemon

Wash the barley carefully in cold water, strain it, and put into a saucepan with cold water and lemon rind. Simmer gently for 1½ hours, strain, and allow it to get cold.

"I am convinced your journal leaves nothing to be desired."

DESCRIPTIONS of our ILLUSTRATIONS

Nos. 691 to 693.—A Travelling or Rain Cloak and Travelling Gown. (Page 5.)

Nos. 691 and 693. Back and front views of a cloak in grey Pirle-finished coating. The cape is detachable. The under garment is in six breadths—two backs, a side on each side (to waist only), and two fronts. Unlined, the seams are bound with Prussian binding; fronts and lower edge are hemmed. A band of lined coating is stitched beneath the right front to hold the buttonholes. A coating pocket is stitched on the right front. A belt of satin ribbon supports the back. Small upright lined collar, closing with hooks and eyes. The cape is in two pieces, seamed up the back. It is simply hemmed. It closes with buttons and buttonholes. Upright lined band collar with coating one-piece circular revers, faced with velvet. Quantity of 54-inch coating required, 5 yards.

No. 692. Four-gore skirt of shepherd's plaid, with box-pleat back, lined with moirette. Pocket and opening are in the back pleat. Smart coat with scalloped basques, slightly double-breasted, with two-piece fronts, closing with loops of cord and small buttons. Face fronts (to seam) and reefer collar with plaid. Stitch neatly, turning the edges over an inch band of tailor canvas. Line with moirette cut on the coat pattern but seamed apart. Quantity of 42-inch plaid required, 6½ yards.

No. 678.—Cool Blouse for an Elderly Lady. (Page 7.)

This is very easily made, and takes 5 yards of 22-inch foulard (or any cool silk). It has a two-piece back, two side-pieces on each side, and a three-piece front. Silk and lining are cut on the same pattern, except the centre front panel, which is full as to the silk and fitted as to the lining. The blouse should be boned. The basque is cut with the bodice. The blouse fastens with hooks and eyes on the left of the centre panel. One-piece collar, trimmed with lace. One-piece sleeve, gathered into a lined wristband, edged with lace band collar of silk and lace.

No. 699.—Pier Costume. (Page 8.)

Elegant model for thin face cloth. Five-gore skirt, a tablier, a side on each side, with two stitched-down pleats towards the tablier, and two backs, each with two stitched-down pleats turned towards the biased back seam. Pattern in three pieces—half the tablier, one side, one back, with pleats wheelmarked on the paper. Seam according to the notches. Arrange and stitch the pleats. Then hem (as invisibly as possible). Mount on a five-gore foundation (with no pleats) of silk or moirette, edged with a circular flounce or two small pleatings. Pretty coat of the cloth—a back, two side pieces on each side and two double-breasted two-piece fronts. Tack and fit the coat, stitch and press the seams. Stitch open the two back and two front seams for a decoration. Turn up the edge all round and stitch down. Face the fronts with the cloth, making the buttonholes in the right facing. One-piece collar faced with cloth, stitched with silk. Line the vest with polonnaise or moirette (matching the foundation skirt), cut on the coat pattern, but seamed apart. Quantity of 48-inch cloth required, 6½ yards; 29-inch moirette (skirt and lining of coat), 13 yards.

Nos. 700 to 703.—Bathing Dresses and Bathing Wrap. (Page 9.)

No. 700. Child's bathing dress of scarlet serge. Two-piece knickers, unlined, seamed at the back, buttoned in front over a fly lap, the buttonholes made in a lined strip of serge stitched beneath the right front edge. The legs are gathered into an elastic. The top is seamed into a lined serge band, which also holds the three-piece blouse—a back and two fronts cut with sleeves. Trim with bands and collar piece of white serge. White braid loops from bone buttons cross the hook-and-eye fastenings. Quantity of 42-inch serge required for a girl of six, 1½ yards.

No. 701. Pretty bathing dress of blue serge. Two-piece knickers, cut and made on the principle of No. 700. Three-piece tunic—a back and two pleated fronts, the right front cut with the central box-pleat. It fastens with buttons and buttonholes (made in a lined strip stitched beneath the box-pleat). Small puff sleeve (one piece). One-piece serge collar, edged with a white flannel frill, pinked out at the edge, and stitched with blue silk. Quantity of 48-inch serge required, 4 yards.

No. 702. Costume of white serge. Two-piece knickers, cut and made like No. 701, except that the legs are gathered into a stitched knee band. Serge circular skirt, cut in one piece, seamed, and hooked in front, stitched. Blouse of serge—a back and two fronts, cut with straps (carefully lined and stitched), buttoning across a full vest of washing silk. The epaulettes are cut with the fronts and back. Sleeves like No. 701. Silk tie. Quantity of 48-inch serge required, 4½ yards.

No. 703. Wrap of bath towelling, a double circular cloak, each circle in two pieces seamed at the back, where the stripes meet in V points. Turnover collar in two pieces. These wraps are generally purchased ready made. Quantity of 48-inch material required (seamed on the straight to fit the pattern pieces), 4 yards.

No. 704.—A Muslin Gown. (Page 10.)

Cut and make a foundation of blue moirette or glacé, like 699. On it mount a five-gore muslin skirt, the sides and backs gathered to fit the foundation, to which the gathers are secured. The edge of the muslin skirt is tucked and trimmed with lace. Cut a bodice lining of moirette with three-piece front, to fasten on the left of the centre panel. Tack, fit, seam, and bone the lining, leaving only the side and shoulder seams. Cover the top with a two-piece yoke of tucked chiffon. On it arrange a gauged back, a gauged left front and a double-breasted right front of muslin, the part covering the lining centre panel being left free of rows of gauging. Finish the seams. Fichu of white chiffon edged with lace. Two-piece sleeve of muslin and lining. Quantity of 29-inch muslin required, 12 yards; moirette, 12 yards.

No. 705.—Gown of Mercerised Cotton. (Page 11.)

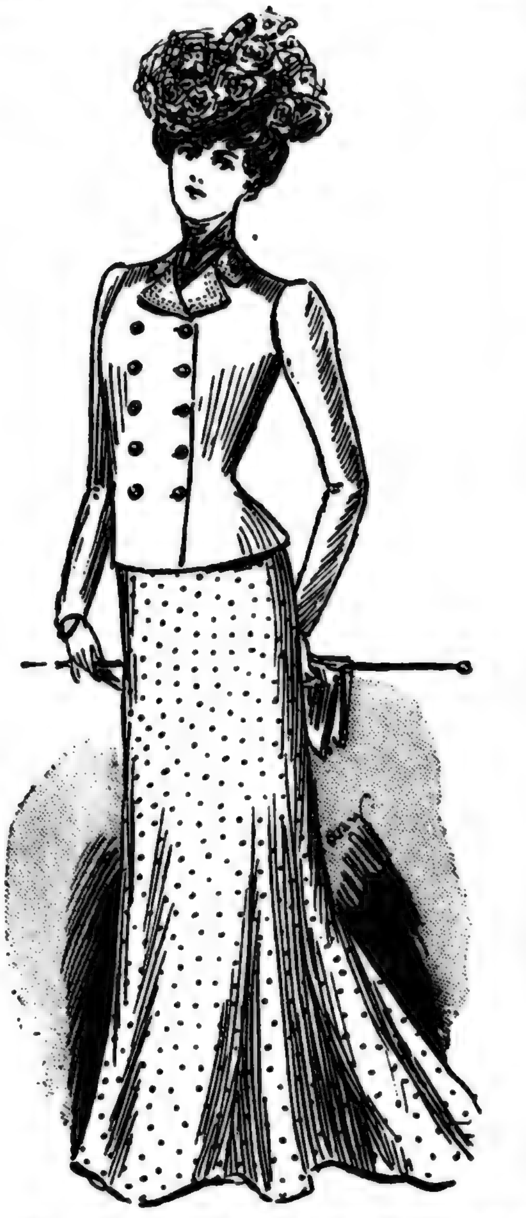
Suitable for satin foulard, or its imitation, mercerised cotton. Six-gore skirt of cotton, the two front sides tucked towards the tablier, the other side pieces tucked towards the box-pleat back. Make up like No. 699, and mount on a similar foundation. Cut and make a bodice lining like No. 704, covering the top of the centre panel with lace over sateen. On the rest arrange a tucked back and two crossed pouched fronts, which hook across the centre panel. Finish the seams. Fichu of tucked muslin and lace. Two-piece bell sleeve of cotton, with full under-sleeve (to the elbow, tacked to the lining) of lace secured into a lace wristband. Collar of sateen and lace. Quantity of mercerised cotton required (29 inches), 13 yards.

No. 706.—A Flannel Coat and Skirt. (Page 12.)

Four-gore skirt of striped flannel, lined with sateen. Corners must be seamed on the straight, where the material is too narrow for the pattern pieces. The back is arranged in a box-pleat, which holds the pocket and opening. Pretty Chesterfield coat, unlined, except the fronts and reefer collar, which are faced with flannel. The buttonholes are made in the right front facing. The seams are neatly bound. Two-piece sleeve. Quantity of 29-inch flannel required, 12 yards.

No. 707.—Seaside Dress. (Page 15.)

Pretty style for voile. Five-gore skirt—a tucked tablier, a tucked side on each side, and two tucked backs. Pattern in three pieces—half the skirt (the tucks wheelmarked on the pattern). Seam the skirt according to the notches; arrange and stitch the tucks; hem as invisibly as possible. Arrange on a foundation skirt like No. 699. The skirt closes at the back with the Dressmakers' Supply Stores patent skirt fastener. Cut and make a bodice lining like No. 704, covering the top of the centre panel with folded silk. Cover the rest with a tucked back, a tucked left front, and a tucked double-breasted right front of voile. Finish the seams. One-piece scalloped collar of unlined silk, stitched and piped at the edge. Ear-piece band collar, covered with folded silk. Two-piece sleeve of lining, covered with a folded silk epaulet and a two-piece voile inner sleeve tucked and piped at the wrist. Quantity of voile required, 6½ yards.



No. 758. Costume of Plain and Spotted Drill.

For Descriptions see Pages 32 to 36.

Price of Paper Patterns, Skirt or Coat, each 6½d., post free, of Madame Myra, 95, *Regent Street, W.*

Nos. 710 to 713.—Costumes for Country Sports. (Page 11.)

No. 710. Boating dress of striped "Woolalone" flannel. Four-gore shirt, unlined, with double box-pleat back stitched down. Pattern in three pieces—half the back, one side, half the front. Where the flannel is not wide enough for the gores, seam breadths on the straight (the selvedges). Pocket and opening are in the back pleat. Pretty semi-fitting coat—a back, two side pieces on each side, and two double-breasted fronts. Strap with flannel at the edge and up the back seams (left partly open at basques). Unlined, except for fronts and reefer collar, which are faced with strapped flannel. Two-piece sleeve. Quantity of material required, 29-inch flannel, 13 yards.

No. 711. For golf or tennis. Four-gore skirt with box-pleat back, cut and made like No. 710, except that the box-pleat is single. Good model for stout serge or tweed, unlined. Golfing shirt of "Woolalone" flannel, into which the one-piece American yoke (lined) is arranged according to the notches. A one-piece back (supplied with runner at the waist) and two full fronts (right front cut with box-pleat which holds the buttonholes). One-piece sleeve, gathered into a doubled wristband (fastening with buttons and buttonholes). Finish the neck with an inch band collar, supplied with three buttonholes, in front and at the back, to hold the studs of a detachable linen collar. Satin tie. Quantity of material required, 42-inch serge, 4 yards; 29-inch flannel, 4 yards.

No. 712. Shooting or pedestrian costume of khaki frieze, the "C.I.V." costume. Serge skirt, cut and made like No. 711. Norfolk jacket without pleats except one in front (added), which holds the buttonholes. The jacket has a back, two side-pieces on each side, and two fronts fitted with darts. Pockets (with flaps) stitched in slits under the basque and left breast. Frieze (stitched) shoulder straps. Flat gilt buttons. Band collar, strapped and decorated with buttons. Field glasses, slung with a strap passed under the frieze shoulder strap. Two-piece sleeve. Line with sateen, cut on the jacket pattern, but seamed apart. Quantity of 54-inch frieze required, 5½ yards.

No. 713. Cycling costume. The skirt is on the principle of the French cycling skirt dealt with in the April number. Three-gore skirt, a tablier, and two circular backs, arranged in a reversed box-pleat, the top of which is cleverly hollowed out, so as not to encumber the rider or risk the catching up on the saddle of the reversed box-pleat, the edges of which fall smoothly on either side of the wheel. This opening is protected by a sort of fly-flap or band, which prevents it stretching or tearing, and helps to keep it in place. The skirt cuts best by taking its length out of the width of the material for double-width fabrics. Made in drill, breadths must be seamed to take the wider pattern pieces. This skirt need not be lined except by a band of lining inserted in the false hem, and by a two-inch band (cut to shape) to support the edge of the hollow in the reversed box-pleat. The two-piece band or fly-lap of the material should be lined. It is seamed to the hollow's edge, and slopes off to nothing in the middle of the back. When the pleat is arranged (turned in at the wheelmark) and the pleats are made, the band's top is tacked to the side waist. The waist can be bound with a ribbon or be mounted into a webbing band, fastening at the back centre. Then an elastic is sewn to the point where the fly-flaps meet, and another one is sewn to the waist in the middle of the tablier. These two elastics fasten with a patent hook and eye, drawing the inverted box-pleat between the legs. Quantity of drill required, 8 yards. Smart drill coatee, with three-piece yoke (back and two fronts cut with revers) into which is fitted a back and two three-piece fronts with stitched seams, the foremost piece elongated into a tab. A band of stitched drill edges the back and two pieces of each front. Face revers and reefer collar with spotted mercerised cotton (resembling foulard); two-piece sleeve. Quantity of drill required, 10 yards; spotted cotton, 1½ yards.

Nos. 723 to 728.—Seaside Costumes for Children. (Page 22.)

No. 723. Pretty little frock of blue serge, to be worn over any silk, cotton, or flannel shirt; for girls under ten years of age. The Empire bodice (in a single piece, lined and stitched) buttons at the back, supported by blue ribbon shoulder straps. Unlined two-gore skirt, hemmed, frilled into the bodice, slit and hemmed at the back for an opening. Quantity of 42-inch serge required for a girl of six, 2½ yards.

No. 724. Girl's shirt. Good model for cotton or "woolalone" flannel. There is a pointed yoke at the back, into which is arranged the one-piece back (with tape runner at the waist). The two fronts are closely tucked, the tucks running to the waist in the centre. One-piece sleeve, gathered into a doubled cuff. Finish the neck with an inch band, supplied with buttonholes to hold the studs of the detachable linen collar. Only the yoke and band-collar are lined. Quantity of 30-inch material required for a girl of twelve, 3½ yards.

No. 725. Boy's "blazer" and cricketing cap of striped flannel. The coat has a back and two double-breasted fronts. Face fronts and reefer collar with flannel. The rest is unlined, with bound seams; two-piece sleeve; cap made up of "quarters," lined linen; stiffened peak. Quantity of 30-inch flannel required for a boy of eleven, 4 yards.

No. 726. Boy's suit of white drill: two-piece knickers, seamed at the back, buttoned in front by a fly-lap. A strip of double drill, stitched beneath the right front, holds the buttonholes. Three-piece blouse (back and two fronts) buttoned in front. One-piece collar with stitched bias band. Drill plastron. One piece sleeve tucked to fit the wrist. Silk tie. Quantity of 29-inch drill required for a boy of five, 3 yards.

No. 727. Three-gore skirt, unlined, of blue serge. Unlined serge blouse, a back and two fronts, braided, fastening in front, worn over a linen or flannel dickey with collar. One-piece serge collar edged with the fancy white braid. Two-piece lined sleeve, braided. Quantity of 42-inch serge required for a girl of ten, 3 yards.

No. 728. Costume of striped flannel. Four-gore shirt, cut and made on the principle of No. 706. Flannel coatee, unlined except the button-trimmed fronts, which are faced with plain flannel. One-piece collar, faced with plain flannel and drill. Two-piece sleeve. Quantity of 29-inch flannel required for a girl of fourteen, 8 yards.

Nos. 729 to 732.—Styles for Washing Materials. Page 23.)

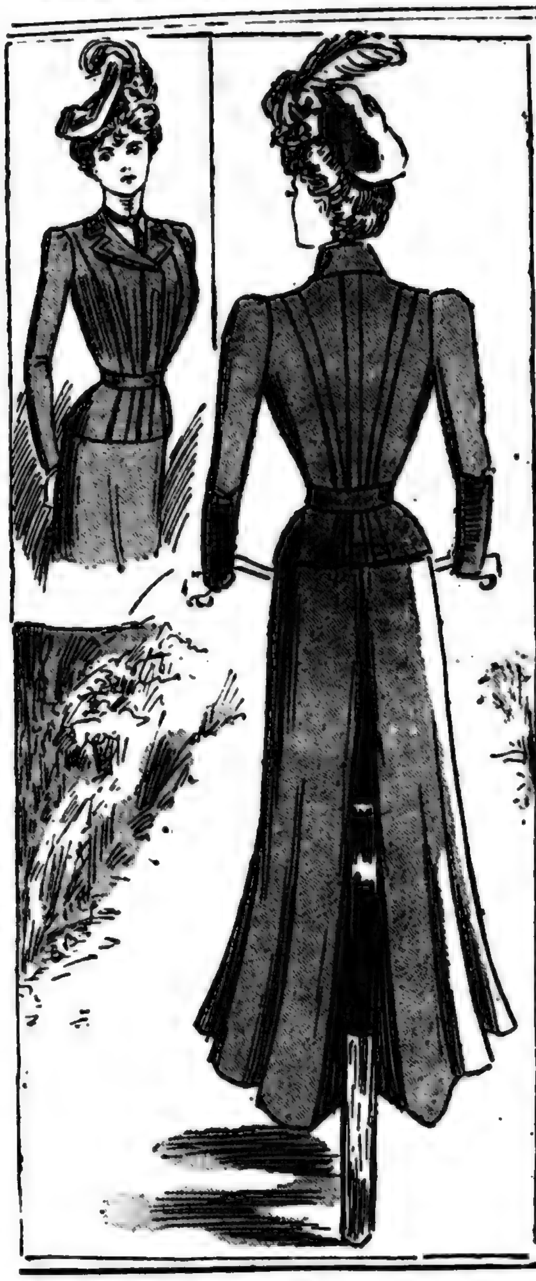
No. 729. Pretty bodice for flowered muslin. Cut and make a lining of mercerised cotton like No. 704, covering the top of the cloth panel with tucked plain muslin. Veil the rest with a back, a left front, and double-breasted right front of flowered muslin. Finish the seams. Tucked, unlined collar of plain muslin. Smart fichu of muslin and lace. Two-piece sleeve of lining and flowered muslin. Quantity of 29-inch flowered muslin required, 4 yards; plain muslin (with fichu, 2½ yards.)

No. 730. Smart style for plain mercerised cotton: six-gore skirt, cut and made like No. 705, with foundation like No. 699. Cut and make a bodice lining like No. 704, covering the centre panel with full cotton. Cover the rest with a back and two fronts of cotton. Lace collarette. Band collar of cotton, ruffled on bones. New sleeve like No. 705, with lace under-sleeve like No. 705. Quantity of 29-inch cotton required, 10 yards.

FADED, FRETTED WOMEN

restored to health, strength, and beauty by Vegeloids, the new and wonderful little digestive aperients and liver stimulants. "A specific for women's pains and weaknesses." One a dose, 100 doses in pocket vial 1s. 1½d., of chemists; or by post of Messrs. Newbery, 27, Charterhouse Square London.

"I have read your excellent journal for a long time with great interest and admiration."—Miss B.



New French Cycling Skirt.

Cut-out Patterns post free.

Skirt or Jacket

6½d.

This skirt partakes of the nature of bloomers, so far as the back is concerned, and it is very comfortable. Moreover, it is exceedingly elegant, and when the rider is on her feet nobody can say that she is wearing anything but an ordinary well-cut walking skirt.

It is in three gores—an ordinary tablier, and two wide circular breadths which form a deep reversed box-pleat at the back. The top of this pleat is cleverly hollowed out, so as not to encumber the rider or risk the catching up on the saddle of the reversed box-pleat, the edges of which fall smoothly on either side of the wheel. This opening is protected by a sort of fly flap, or band, which prevents it stretching or tearing, and helps to keep it in place.

To be obtained only of

Madame Myra,
95, Regent Street,
London, W.

EVERY HOUSEKEEPER SHOULD HAVE AT HAND

10s. a Head per week for House Books,

By Mrs. C. S. PEEL.

A MANUAL FOR ECONOMIC HOUSEKEEPING.

3s. 6d.

THIRD EDITION. QUITE INVALUABLE.

Hints on Housekeeping. New Dishes. Cheap Dishes.

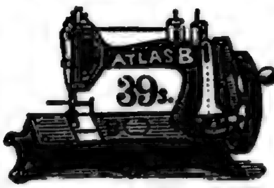
ARCHIBALD CONSTABLE & CO., 2, WHITEHALL GARDENS, S.W.

"ATLAS" LOCK-STITCH MACHINE 39s.

Equal in size and quality to any Machine. The Best and Cheapest for every use. Works by Hand or Treadle. Four years' guarantee. To ensure satisfaction, we will send Machine on receipt of **5s.** P.O. for One Month's Trial, and the Balance can be paid **5s. Monthly.**

SEND FOR DESIGNS AND SAMPLES OF WORK.

THE ATLAS MACHINE CO.,
63, Seven Sisters Road.
186b, High Street, Camden Town, London.
14, High Road, Kilburn, N.W.



Sixty Years' Success.

WHELPTON'S Purifying Pills.

8, 14 or 33 stamps.

3, CRANE COURT,
FLEET ST., LONDON, E.C.

For
Indigestion,
Headache,
Biliousness,
Constipation.

Invaluable for Ladies.

0126

Bradbury's "SOEZE" Lockstitch Hand Machine.

Oldest European Manufacturers.

Established 1852.

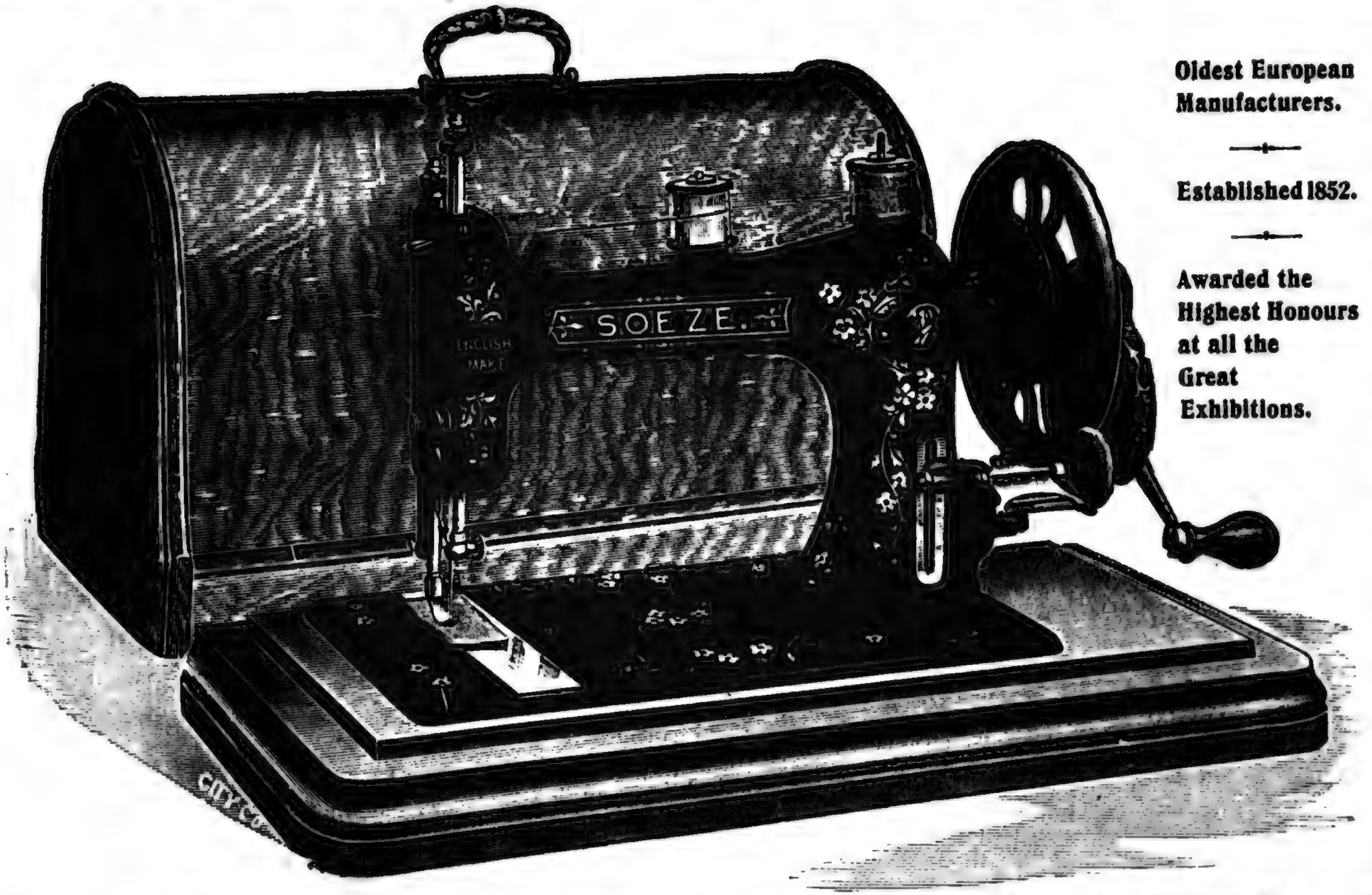
Awarded the Highest Honours at all the Great Exhibitions.

BRADBURY & CO.'S object in producing the "Soeze" (sew easy) Hand Machine is to successfully compete in price with the so-called "cheap" foreign-made machines with which the English market is at present flooded. The "Soeze" is a specimen of good reliable English mechanism, free from all complication, and so thoroughly simple as to require very little instruction beyond the book which accompanies each machine. The working parts are few in number, and are made of hardened steel, on the interchangeable principle.

The "Soeze" has a High Arm, affording ample space for all kinds of Domestic Sewing. It makes a pretty Lockstitch on a wide range of material, including Muslin, Calico, Linen, Woollen Cloth, &c.

IMPORTANT.

To Readers of "Myra's Journal" we will send a "Soeze" Lockstitch Hand Machine and Walnut Cover (ordinary price £5 17s. 6d.) for £3 10s. cash. Send this Coupon and Remittance to BRADBURY & CO., Limited, Wellington Works, Oldham.



Machine with all Accessories, mounted on Walnut Base Complete with Walnut Cover, **£5 17s. 6d.**

BRADBURY & CO., LIMITED, find employment for more than Thirteen Hundred people.

All Machines sold by us are made at our Factory, Wellington Works, Oldham.

OUR FREE BARGAIN COLUMNS.

RULES.

1. *An advertisement of twelve words is inserted free of charge. 3d. will be charged for every extra six words or portion of six words.*

2. *It is indispensable that the FREE BARGAIN COUPON should be cut from this paper and enclosed with each advertisement.*

3. *No responsibility is taken by us with regard to any sales or exchanges arranged, or to any remittances forwarded, nor can we interfere in any differences that may arise between parties to a bargain.*

4. *Payment of carriage for articles on sale or approval must be arranged between themselves by the parties.*

5. THE REPLY TO A NUMBERED ADVERTISEMENT MUST BE CONTAINED IN A BLANK STAMPED ENVELOPE, WHICH MUST BE FASTENED, AND HAVE THE DISTINGUISHING NUMBER OF THE ADVERTISEMENT CLEARLY WRITTEN UPON THE TOP RIGHT HAND.

This reply (or any number of them) must be enclosed in another stamped envelope, directed to the Editor, Free Bargain Columns, Myra's Journal, *10 and 11, Fetter Lane, E.C., who will add the right name and address, and post it, and thus bring buyer and seller into communication.*

Madame Lee's real whalebone CORSETS, for comfort and durability. Made to measure, 5s. Black, white, and dove. NURSING CORSETS, 5s. Ladies' own patterns copied, from 7s. 6d. Send postcard for measurement-form and instructions.—Elm Grove, Southsea. All orders executed in three days. M684

Vols. 1 to 9 "WINDSOR MAGAZINE.' What offers? M685

Portable WRITING DESK; cost 15s.; sell 7s. 6d. M686

Improved Roger FRETWORK MACHINE; cost 20s., accept 10s. M687

Pair of splendid PHOTOGRAVURES, "Morning" and "Evening" (23¾ by 37½); cost 21s., will sell for 10s. 6d.; quite new. M688

Penny Postage Jubilee.—COMMEMORATION CARDS and ENVELOPES for disposal, unobliterated. What offers? M689

"GARDEN WORK."—First three vols for sale, strongly bound, and in splendid condition; hundreds of illustrations. What offers? M690

Wanted, a BOOK of QUOTATIONS and a DICTIONARY of SYNONYMS. M691

COVERT COAT (Gent's) for sale; 36 chest; in good condition; will accept 7s. 6d. M692

Lady's Olympic SAFETY for SALE, in excellent condition, Clincher Tyres; complete, with lamp, cyclometer, &c., for £5 10s. M693

Ladies' and childrens' TROUSSEAUX, LAYETTES, &c., hand-sewn or machine made with ladies' own materials, at Convent of Good Shepherd, Limerick. Terms moderate. The work has been much admired, and has won prizes at various exhibitions. Fine run Limerick Lace, suitable for flounces, trimming, berthes, &c., is also made at the Convent at very low prices. Samples submitted. M694

Simple RECIPE for darkening grey hair, 1s. Also good Embrocation, 1s. M695

Sweet little jockey-cap PINCUSHIONS, racing or club colours to orders, 1s. post free. M696

CRAZY CUSHION FRONTS; various stitches commenced; bright, pretty; 2s. 6d. M697

Newquay, Cornwall.—PAYING GUESTS received in comfortable home. Near beach and station. M698

Good country HOME for a little child, temporary or permanent. Terms moderate. M699

Lady wishes to take charge of child; £2 a month. M700

Assistant Teacher would take HOLIDAY ENGAGEMENT, whole or part August; very musical. M701

3 vols. "HARMSWORTH'S," 3 vols. "ROYAL MAGAZINE;" clean, unbound; what offers. M702

10 "WEEKLY TELEGRAPH" NOVELS. £10 discount VOUCHER Symonds' Tea, Bicycle; what offers? M703

Baby's SHORT CLOTHES, eight articles, never worn, 3s. free. Suit working class. M704

Wanted Pedigree Female PERSIAZ KITTEN; would exchange lovely orange cock canary. M705

Exchange carrying chair, indiarubber wheels, for small BATH CHAIR. M706

CROSS-BRED CHICKS, few days old, make splendid layers and table birds, 5s. dozen, cash with order. M707

Stylish TOQUE, 2s.; BONNET, 1s.; other things very cheap. M708

Young lady would give BANJO LESSONS at Pupils' houses. Terms moderate. M709

Furnished, healthy six-roomed HOUSE, garden, boating, fishing, near Harrogate, 20s. weekly. M710

Lady's DRESS, 5s. Fawn cloth COAT AND SKIRT, 12s. Silk lined BLOUSE, 3s. M711

MOURNING. Smart summer gowns, blouses, coats, 23, 35, 40. List for postage. M712

Lady (20) seeks engagement; ASSISTANT COMPANION; Boarding-house or otherwise. No children. M713

CARE of HOUSE or OFFICES wanted by widow of Civil Servant. M714

PATCHWORK. 100 lovely new pieces of silk, satin and brocades, 1s. 2d.; 300 crazy pieces, 1s. 2d.; post free.—Mrs. Payne, Myrtle Villa, Botley, Hants. M715

Madame Félicé. Box, Sage, Rosemary Lotions, 9d. Shampoo Powder, 6d. Rosemary Pomade, 8d. M716

Oxford Street. FRENCH GREY STRIPED CREPON, 17s. 6d.; PINK DITTO, richest panel, 21s. 6d. M717

Twenty-inch strong, brass bound, leather PORTMANTEAU, unfashionable, 10s. 6d. WICKER SKIRT STAND. M718

Young Lady's green COAT and SKIRT, nearly new; accept 9s. No approval. M719

Several lengths nice DRESS MATERIALS. Would exchange for jewellery, lace, or books. M720

Black and navy DRESS SKIRTS, 4s. 6d. M721

Comfortable BEDROOM and pleasant SITTING-ROOM, 25, Grand Parade, Brighton. M722

Wanted some good second-hand FURNITURE cheap. Ross, 4, Vauxhall Bridge Road. M723

Widow Lady wishes to take charge of child.—20, Holbeach Road, Catford. M724

Dressmaking. — Wanted, WORKING PARTNER; good fitter; capital not required; profits shared equally. M725

Lovely SATIN SQUARES, prettily painted, any design: suitable cushions, cosies, sachets, &c., from 1s. 6d.; ladies' own articles painted. —Miss Taylor, 31, Bishop's Road, Fulham. M726

Blouse, mackintosh, 3s. 3d.; shoes (fours), 3s. 6d.; white petticoat, stays, bodice, oddments, 2s. 6d. M727

Wanted, useful exchange for new hand-embroidered TEA, SIDEBOARD, DUCHESSE TABLE, TRAY CLOTHS. M728

Wanted, BAZAAR ARTICLES; exchange novels—Dickens, Blackmore, odd books, bound, perfect condition. M729

Small select DRESS AND MANTLE MAKING BUSINESS for Sale. Pretty seaside town. M730

Your PHOTO HAND-PAINTED, 6 stamps, free.—Florence, 72, Fentiman Road, Clapham. M731

STAMPS.—75 for 10d., 45 Colonial 8d.; no duplicates; post free. M732

STAMPS WANTED.—Orange Free State and Transvaal. State lowest price. M733

Wanted.—Small pair of lady's old-fashioned GOLD EAR-RINGS. Cash. Cheap. M734

Tailor-made Matelassé WAISTCOAT, new satin figured, slight figure; cheap. Exchange provisions. M735

Madame Félicé. Sage, Rosemary, Box Teas, 1s. Shampoo, 10d. M736

Large FRONT ROOM to be let (unfurnished), with use of bathroom. Every convenience. Pretty neighbourhood, close to church, river, 'bus, and railway. Ten minutes' walk from Richmond Bridge. Small rent to one lady. M737

Argyllshire, Dunoon, 4 APARTMENTS, August or September.—Hamilton, 2, Lambhill Street, Glasgow. M738

Delicious SWEETS, BON-BONS, &c. Sample Box, 1s.—183, Loughborough Road, London. M739

ANTI-VIBRATION CUSHIONS (Harrington's and others), cheap, £1 each. Quarter price. M740

Wanted HAND SEWING-MACHINE, good condition; state maker.—126, Weston Road, Strood. M741

Schild's System of Bodice Cutting, 3s. 6d.; Madame Gaunt's Professional Chart, 3s. 6d.; Family Chart, 2s. 6d. Each complete, post free. M742

Fine White POCKET HANDKERCHIEFS, 1s. per dozen, post free.—Hyman, 34, Fennel Street, Manchester. Catalogue of bargains in clothing and drapery free. M743

Guild disposing ladies' work and handicrafts privately has some vacancies. Stamped envelope. M744

Ostrich feathers cleaned and curled daily; feather fans cleaned, remounted equal to new; ostrich boas cleaned, recurled. Orders by post receive prompt attention.—Perring, 5, Arabin Road, Brockley, S.E. M745

Servants wanting good situations should immediately send their names and addresses to Free Registry Office, 240, High Road, Tottenham. M746

Wanted ORDERS for fine new-laid country eggs, 1s. 3d. per dozen. Carriage paid on two dozen. M747

Do you want a RIBBON-WORKED BELT for 2s. 6d.? Send for patterns. M748

FURNISHED APARTMENTS from 7s. 6d. 3, Shakespeare Terrace, Meredith Road, Clacton-on-Sea. M749

APARTMENTS to let in quiet Village Inn, Wiltshire; healthy situation; moderate charges. M750

Khaki and green FERN POT HOLDERS, strong, very pretty; free six stamps. M751

Lady Violinist, certificated, Leipsic, desires ENGAGEMENTS for "At Homes;" lessons given.—Address, "Haslemere," Mount Park Road, Ealing, W. M752

Lady desires ORDERS for delicious home-made cakes; great variety; specialité iced layer cake; list sent.—Address, "Haslemere," Mount Park Road, Ealing, W. M753

Wanted to purchase TRICYCLE for little boy. Must be cheap. M754

Invalid earnestly solicits orders. CROCHET DOYLEYS, EDGING, SLIPPERS, handsome patterns; cheap. Approval. M755

Plain and fancy NEEDLEWORK wanted. —Clapp, 33, Somerville Road, Penge, S.E. M756

Lady paints fashionable Dessert Doyleys, landscapes; will clear 1s. 6d. each. M757

Wanted, BOOTS and CLOTHES for boy of 14. Good condition. M758

Wanted, BASSINETTE, in good condition. Terms moderate. M759

FURNISHED APARTMENTS for one or two Ladies; close to District Station; small quiet family; moderate terms. M760

Widow makes BEDFORD LACE. Patterns sent for stamp. M761

ENLARGEMENTS, 10 by 8, 2s. each, mounted. Any photographic work reasonably done. M762

HOLIDAY HOME offered to Working Housekeeper or Widow; small payment; slight services. M763

ORDERS wanted for doyleys; patterns sent on application. M764

Pair lovely little OIL PAINTINGS, 9 by 6 "Autumn" and "Winter," 3s. per pair. M765

SURREY.—WANTED to RENT or PURCHASE, old-fashioned COUNTRY COTTAGE; some ground, S.E. aspect. M766

HERNE BAY. — APARTMENTS WANTED from about the middle of August for a few weeks (two bedrooms and sitting-room), within easy walking distance from the sea, and view of the country.—Address M767

Wanted for August small FURNISHED COTTAGE near sea and sands, must be cheap.—Address M768

SEASIDE APARTMENTS wanted for August, two bedrooms and sitting-room, close to sea, good sandy beach suitable for children, East Coast preferred. Terms to M769

COUNTRY COTTAGE comfortably furnished, within easy distance of London, wanted for summer months. Send description, number of rooms, and terms to M770

A New Departure in Publications

designed to appeal to Cultured People.

The Photogravure Album.

Hitherto it has been impossible for people of educated tastes to obtain at a reasonable cost an **Artistic Reproduction in Photogravure** of pictures by well-known Painters.

We are glad to announce that we can now supply

THE PHOTOGRAVURE ALBUM,

which contains **Five** exquisite examples of artistic reproduction, at the absurdly low price of **2/6** nett.

No. 1 contains—

OPPORTUNITY MAKES THE THIEF. By P. C. Chocarne-Moreau. Size 12½ by 9.
PHŒBE. By Madeliene Lemaire. Size 12½ by 9.
WHAT ARE YOU? By L. Mayet. Size 9 by 12½.
AN UNEXPECTED MEETING. H. Laissement. Size 9 by 12½.
THE WRECK. By W. Pratt. Size 9 by 12½

Others in preparation, to be issued shortly.

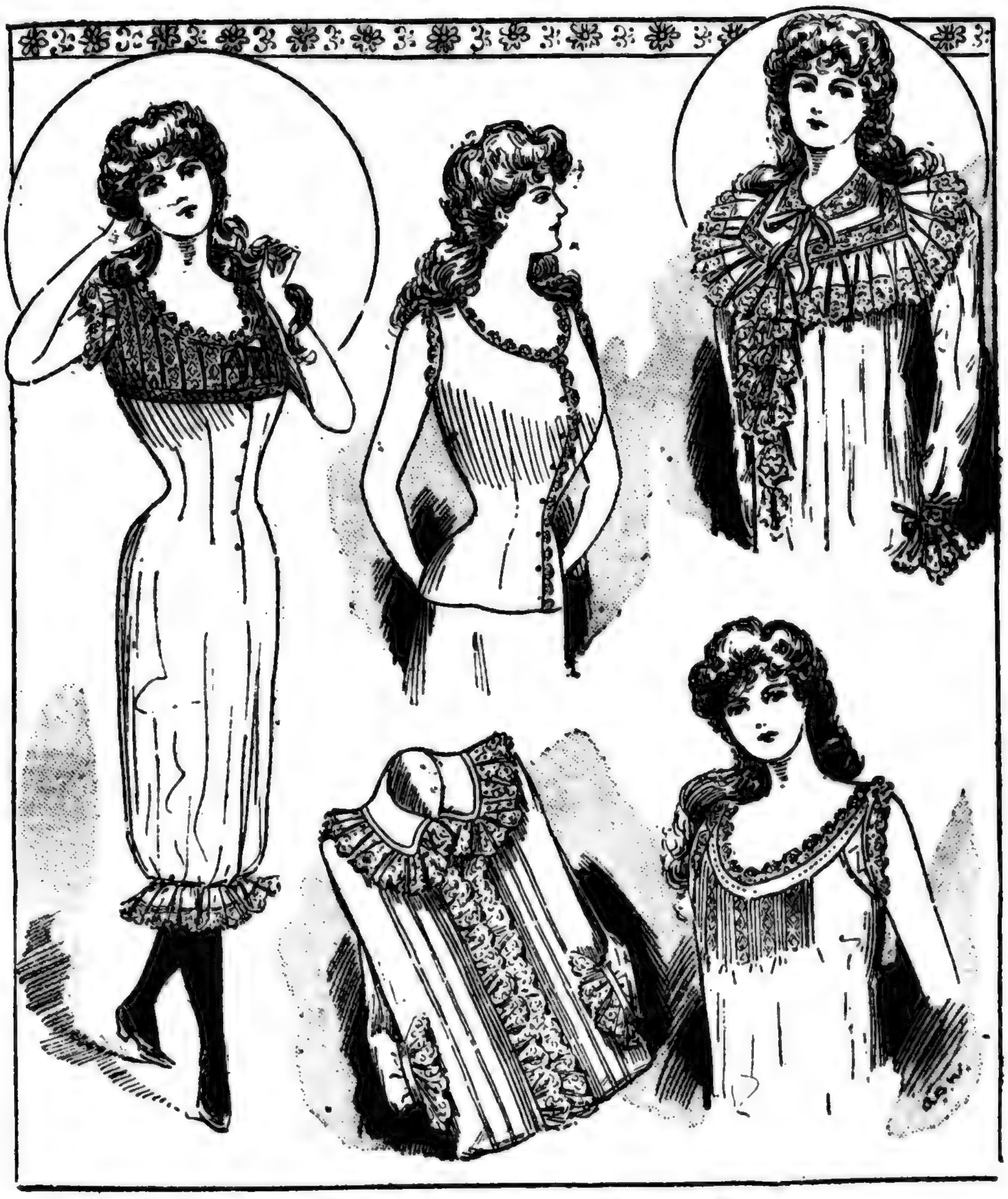
London: BEETON & CO., LIMITED
10 & 11, Fetter Lane, E.C.

No. 731. Style for drill. Skirt like No. 710. Cut and make a bodice lining like No. 704. Cut with a tucked back, a tucked left front, and a double-breasted tucked right front of drill. Finish the seams. Lace collarette. Tucked band collar, unlined. Two-piece sleeve. Quantity of 29-inch drill required, 10 yards.

No. 732. Cut and make a blue moirette foundation skirt, as described for No. 699. On it mount a five-gore muslin skirt, the sides arranged in two pleats (stitched to the knees) near the tablier. The pleats are wheel-marked on the three-piece pattern. Cut a fitted moirette bodice in the ordinary number of pieces, with double right front, to hook to the left front in the centre, and then cross to fasten under the left arm and on the left shoulder. Tack, fit, seam, and bone the lining, leaving only the side and shoulder seams. Cover the top, back, and front with a two-piece tucked yoke of muslin. Veil the rest with a back and a draped front of muslin, trimmed with lace. Finish the seams. Unlined lace collar. Two-piece sleeve of moirette and muslin. Quantity of material required, 29-inch muslin, 12 yards; moirette, 12 yards.

NOS. 733 TO 742.—PIER AND PROMENADE GOWNS FOR SMART SEASIDE RESORTS. (PAGES 24 AND 25.)

No. 733. Good model for Irish frieze. Four-gore skirt with box-pleat back; pattern in three pieces—half the tablier, one side, half the box-pleat back. Opening and pocket are inserted in the pleat. Line with taffateen. Smart coatee of the frieze, the "spoon" fronts just meeting, supplied with a few hooks and eyes inserted between the turned front edge and the frieze facing. The breast dart is lapped and stitched. Face revers and one-piece collar (wired) with gathered soft silk. Two-piece sleeve. Quantity of material required, 54-inch frieze, 6 yards.



NOS. 759 TO 763. OUTFITS FOR COUNTRY VISITS.

For Descriptions see Pages 32 *to* 36.

Price of Paper Patterns, each 6½*d*., *post free, of* MADAME MYRA, 95, *Regent Street, W.*

No. 734. Charming style for voile combined with cloth. Five-gore voile skirt, backs and sides arranged in pleats to the knees. Pleats are wheel-marked on the three-piece pattern—the back, one side, half the front. The pleats can be stitched or can be supported at the back with tapes. The skirt must be seamed and hemmed apart from the foundation skirt—a plain five-gore skirt of moirette or silk, with no fulness whatever at the waist. Cut a bodice lining in the ordinary number of pieces, to fasten in front. Tack, fit, seam, and bone the lining, leaving only the side and shoulder seams. Arrange in front a tucked panel of white cloth, hooking on the left. Veil the rest with a back and two fronts of voile. Finish the seams. One-piece collar of stitched cloth. Tucked band collar of cloth, supported by bones. Two-piece cloth sleeve, stitched at the edge. Sash of broad black silk ribbon, twisted twice round the waist and hooking at the side beneath the knot and long ends. Quantity of 48-inch voile required, 5½ yds; 48-inch cloth, 2 yds.

No. 735. Four-gore skirt, suitable for fine cloth, cut and made like No. 733, trimmed with bias bands of the cloth—covered with stitching or narrow braid (the hems can have braid only). Cut a bodice lining with three-piece front, to fasten on the left of the centre panel. Tack, fit, seam, and bone the lining, leaving only the side and shoulder seams. Cover the centre panel with a lace yoke (over silk) and a front panel of the cloth. Veil the rest with a stretched back and two lightly pouched fronts of cloth. Finish the seams. Trim with braided bands and metal buttons, and seam like No. 733. Band collar of silk and lace (unstiffened). Quantity of material required, 48-inch cloth, 6 yards.

No. 736. Pretty bodice, good model for voile or muslin. Cut and make a silk or taffateen lining like No. 704. Veil the centre panel with tucked muslin, the rest with a back and two fronts of muslin. Lace collar. Band collar (unlined) of tucked muslin. Two-piece sleeve of taffateen and muslin. Quantity of material required, 30-inch muslin and taffateen, of each 4 yards.

Nos. 737 and 738. Charming skirt for face cloth—in four gores, cut and made like No. 733, except that the pleat at the back has double folds. No. 737 shows a pretty bodice with gauged silk yoke. The fitted lining has a double right front, which fastens to the left front down the centre, and then crosses to fasten on the left shoulder and under the left arm. Cover the top of the double front and back with gauged silk. Veil the rest with a back and front of cloth, the front braided or stitched. Added revers of cloth lined with silk. Band collar, of gauged silk, supported by bones. Sleeve like No. 734, braided. No. 738 shows a fitted tailor bodice with braided fronts and backs, double-breasted, finished with a draped belt of black satin. Quantity of 48-inch cloth required for the skirt, 4½ yards.

No. 739. Cut and make a bodice lining like No. 704, with collar and plastron, like No. 734, of tucked silk. Cover the rest with a tucked back of voile, a tucked left front, and a tucked double-breasted right front. Finish the seams. One-piece collar of voile with appliquéd lace collar. Lace tie. Draped belt of panne. Two-piece sleeve of voile and silk. Quantity of 48-inch voile required, 2 yards.

No. 740. Three-gore skirt of face cloth, cut and made on the principle of the cut-out paper pattern (No. 365). Strap with bias bands of stitched satin of the cloth colour. The straps edge the skirt and run up the tablier seams. Cut and make a bodice lining like No. 704, covering the top of the centre panel with lace-over-silk. Veil the rest with a stretched back, a left front, and a double-breasted right front of cloth. Strap the seams with stitched satin, and carry two bands round the bust and back. Collar of lace over silk (one piece). Two-piece sleeve of cloth and lining. Quantity of 48-inch cloth required, 6 yards.

No. 741. Pretty tailor bodice, with back, two side pieces on each side, and two double-breasted fronts (fitted with a dart). Make up lining and material together, and bone with care. The revers, cut with the fronts, are seamed to a one-piece collar. Face with gathered satin. Two-piece sleeve, to be worn over any pretty "neck finish" and plastron. Good model for cloth, serge, or tweed. Quantity of 48-inch material required, 2 yards.

No. 742. Cut and make a foundation skirt of moirette as described for No. 699, covering the circular flounce with face cloth. Three-piece tunic of face cloth, unlined, hemmed invisibly. Smart coatee of the cloth, a back, two side pieces on each side, and two open fronts (faced cloth); two-piece sleeve. Line with silk or polonaise, cut on the coat pattern, but seamed apart. One-piece collar, faced lace. Quantity of 48-inch cloth required, 7 yards.

NOS. 743 TO 746.—PRETTY BLOUSES FOR TABLE D'HOTE. (PAGE 26.)

No. 743. Utility skirt of black silk, cut in six gores, with box-pleat back. Line with red moirette, with moirette frill under the hem. Cut and make a red silk (or taffateen) lining like No. 732. Cover the top with a two-piece white lace yoke. Veil the rest with a pleated back and a pleated front of red chiffon. Finish the seams. Pleated chiffon drapery back and front and across the two-piece sleeve of silk and lace. Quantity of material required, black silk, 9 yards; 22-inch lace, 3 yards; 45-inch chiffon, 1½ yards.

No. 744. Cut and make a bodice lining like No. 732. Veil the top with lace over silk. Cover the rest with a back and draped front of satin. Bow and belt of mirror velvet. Finish the seams. Unlined lace band collar. Two-piece sleeve of satin and lining. Quantity of material required, 22-inch satin, 4 yards.

No. 745. Cut and make a yellow taffateen lining, like No. 732. Veil the back with black lace, the front with a lace yoke, a pleating of yellow chiffon, and over-fronts of lace, edged with a black chiffon ruche. Collar of lace and taffateen. Two-piece sleeve of lace and taffateen, trimmed with black and gold sequin embroidery. Quantity of material required, 29-inch taffateen, 4 yards; 45-inch chiffon, 1½ yards; 22-inch lace, 4 yards.

No. 746. Cut and make a bodice lining like No. 704. Veil with a plastron of full silk, a tucked back, and two tucked fronts of voile. Lace collar, the upstanding part wired at the edge. Two-peice sleeve with lace epaulet. Draped belt of panne with paste buttons. Quantity of material required, 48-inch voile, 4 yards.

NOS. 747 TO 752.—SIX CHARMING SHIRTS. (PAGE 27.)

No 747. Good style for zephyr. One-piece American yoke, covered with embroidered Swiss muslin. Into it is arranged an unlined back (with tape runner at the waist to keep the fulness in place), and two tucked fronts. The skirt closes with pearl buttons (mounted on left front) and buttonholes made in a lined band of zephyr stitched beneath the right front. Collar of zephyr and muslin. One-piece sleeve, gathered into a wristband of muslin-over-zephyr. Quantity of zephyr required, 4 yards.

No. 748. Pretty style for unlined muslin, fastening at the back. Tucked three-piece yoke back and front. Into it is a tucked front and two tucked backs, headed by lace insertion (cut away the muslin beneath the insertion after it is stitched in place) or frills of Valenciennes. Sleeve like No. 747, the band of lace (or frill covered muslin) edged with a muslin frill. Quantity of 30-inch muslin required, 4½ yards.

No. 749. Pretty style for yellow cambric. A back (with pointed yoke) and two tucked fronts. A band of J. and J. Cash's ruffled and hem-stitched yellow cambric frill trims the front. Sleeve like No. 747 with frill-trimmed revers. Band collar with frill-trimmed revers. Quantity of cambric required, 4 yards.

No. 750. Style for muslin. A three-piece lace striped muslin yoke, fastening at the back. Into it is mounted a tucked front and two backs. To be worn on a slip bodice. Band collar of lace. One-piece sleeve, with waistband of muslin, decorated with a lace-over-muslin revers. Quantity of muslin required, 4 yards.

No. 751. Style for muslin. At the back is a square yoke and one-piece back (with runner). In front are two fronts decorated with insertion and narrow lace frills; down the right front are stitched muslin medallions edged with lace. Two-piece sleeve, with lace-trimmed shoulder and added bell cuff. Line with green cambric cut on the shirt pattern. An inch band at the neck, supplied with buttonholes, holds the detachable linen collar. Quantity of 30-inch muslin required, 4 yards.

No. 752. Good style for silk. Back like No. 751. In front are two tucked fronts and a cross-tucked plastron. The shirt fastens on the left. One-piece sleeve with cross-tucked wristband. Band collar with cross-tucked revers. Line with muslin, cut on the shirt pattern after tucking. Quantity of 22-inch silk required, 4 yards.

NOS. 753 TO 757.—CHILDREN'S UNDERCLOTHING. (PAGE 31.)

No. 753. Knickers of white flannel or longcloth, in two pieces, seamed back and front and underneath. Slits are cut each side, protected with stitched straps. The top is mounted into two bands which button on to the stays at the sides. The legs are gathered into embroidery-covered bands, edged with an embroidery frill. Quantity of 30-inch material required for a child of six, 1 yard.

No. 754. Stays of stitched coutille, three pieces, seamed under the arms. They button at the back. Coutille shoulder straps. Trim with embroidery. Quantity of coutille required, ½ yard.

No. 755. Chemise of longcloth or flannel, in two breadths, sleeves cut with the chemise. In front are two revers of tucked material edged with embroidery. Quantity of 30-inch material required, 2 yards.

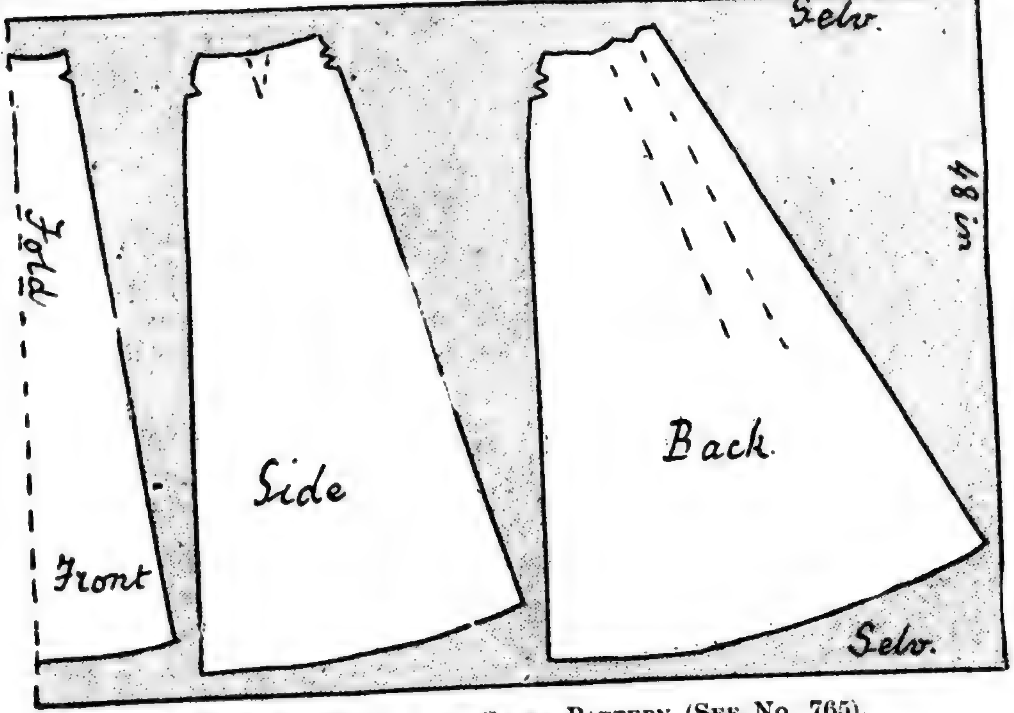
No. 756. Petticoat of zephyr or flannel—a two-gore skirt and three-piece bodice, the skirt gathered into the bodice edge. It buttons at the back. Trim with embroidery

---

WORTH KNOWING.—Dr. Walcott, M.D., writes: "For irritation of the scalp, removal of scurf, and loss of hair, I have used HOPGOOD'S NUTRITIVE AND SEDATIVE HAIR CREAM with unfailing success." Dr. Salter, M.D.: "I have witnessed its effects in restoring the hair to an extent truly surprising." fifty years' success. Bottles 1s. 6d., 2s. 6d., and 3s. 6d., of all Chemists and Perfumers. Wholesale Agency, 51, Frith Street, London, W.

STERILITY IN WOMEN: Its Causes and Curative Treatment, An illustrated treatise based on the special practice and observation of the last 15 years (by a late Senior Physician to a Hospital for Women). Price 3s. 6d., post free 3s. 8d. Published by HENRY RENSHAW, 356, Strand, London.

"I think 'Myra' the best threepenny journal issued."



No. 764. Diagram of Skirt Pattern (See No. 765).

insertion and edging. Quantity of 30-inch material required for a girl of six, 3 yards.

No. 757. Knickerbockers of blue serge, in two pieces, seamed back and front, the front gathered into a shaped band (lined) which buttons at the back, the back flap (slit at the sides, the slit protected by stitched straps) gathered into a narrow band supplied with buttonholes, which fasten on to buttons sewn on the shaped band. Quantity of serge required for a girl of ten, 1½ yards.

No. 758.—Costume of Plain and Spotted Drill. (Page 32.)

Four-gore skirt, cut and made like No. 710, but unlined. Plain drill coat—two backs, two side pieces on each side, and two loose fronts, double breasted, cut with revers. Face fronts and reefer collar with drill; the rest is unlined. Two-piece sleeve. Quantity of material required, spotted, 8 yards; plain, 4 yards.

Nos. 759 to 763.—Outfit for Country Visits. (Page 35.)

No. 759. Elegant combination of yellow washing silk—a two-piece front cut with seamed back flap, a back and a two-piece front yoke (to be made up of lace insertion). Gather the back flap into a band which buttons on the combination back or to the inside buttons on the band of the knickerbocker flap. The legs are decorated with a lace-edged silk frill. Quantity of washing silk required, 4 yards.

No. 760. Warm under bodice of fine white flannel—two backs, two sides on each side, two fitted fronts. Trim with wool torchon. Quantity of flannel required, 2 yards.

No. 761. Night-dress of fine white flannel—two breadths, eked out with added corners of flannel seamed at the selvedges. The fronts are tucked. There is a one-piece yoke (lined) at the back. Torchon frills trim the front slit (protected by stitched straps, holding buttons and buttonholes). One-piece collar, edged lace. One-piece sleeve, frilled into a lace-trimmed band. Quantity of 30-inch material required, 5 yards (9 yards for two).

No. 762. Smart nightdress of yellow washing silk. The body part is cut and made much like No. 761, but without tucks. Jabot of Saxony lace. One-piece collar, cut with lace insertion, edged with lace frills. Sleeve like No. 761. Quantity of silk required, 5 yards.

No. 763. Chemise of yellow silk. Two pieces, the front tucked and decorated with insertion. Novel sleeve (very good shape for wear). Neck and sleeves are edged with lace. Quantity of silk required, 3 yards.

No. 767.—A New Petticoat. (Page 40.)

Six-gore petticoat with small pleat at the back, for figures lacking in roundness. The opening is in the left tablier seam, closed with buttons, but it can be placed at the back, beneath the flat box-pleat. Trim with a kilted flounce. A good model for silk, batiste, &c. Quantity of 22-inch silk required, 11 yards. One piece cache-corset with insertion, two-piece front yoke.

Nos. 767 to 771.—Children's Sun Hats and Tam-o'-Shanters. (Page 41.)

No. 767. Sun hat of white drill, trimmed embroidery. Two-piece pattern—half the crown, half the brim.

No. 768. Sun bonnet of white piqué, trimmed with embroidery. Three-piece pattern—half the bonnet, the crown, half the revers.

No. 769. Sun bonnet of tucked muslin, the tucks separated by lace insertion. Muslin frills. Two-piece pattern—half the bonnet, the crown piece.

No. 770. Tam-o'-Shanter of red cloth—pattern in two pieces, crown, and brim band.

No. 771. Tam-o'-Shanter in white serge, with pen plume.

No. 772.—Muslin Tea-Gown. (Page 45.)

To be worn over a detachable slip of silk or mercerised cotton, edged with pinked-out frills. The gown is in eight breadths, completely tucked (tucks wheelmarked on four-piece pattern, half the gown). The edge is trimmed with lace insertion and edging. The breadths are mounted into an unlined three-piece yoke of lace. Lace jabot in front, concealing the fastenings. Unlined lace collar. One-piece tucked sleeve, edged lace. Lace edges the yoke. Quantity of 29-inch muslin required, 14 yards.

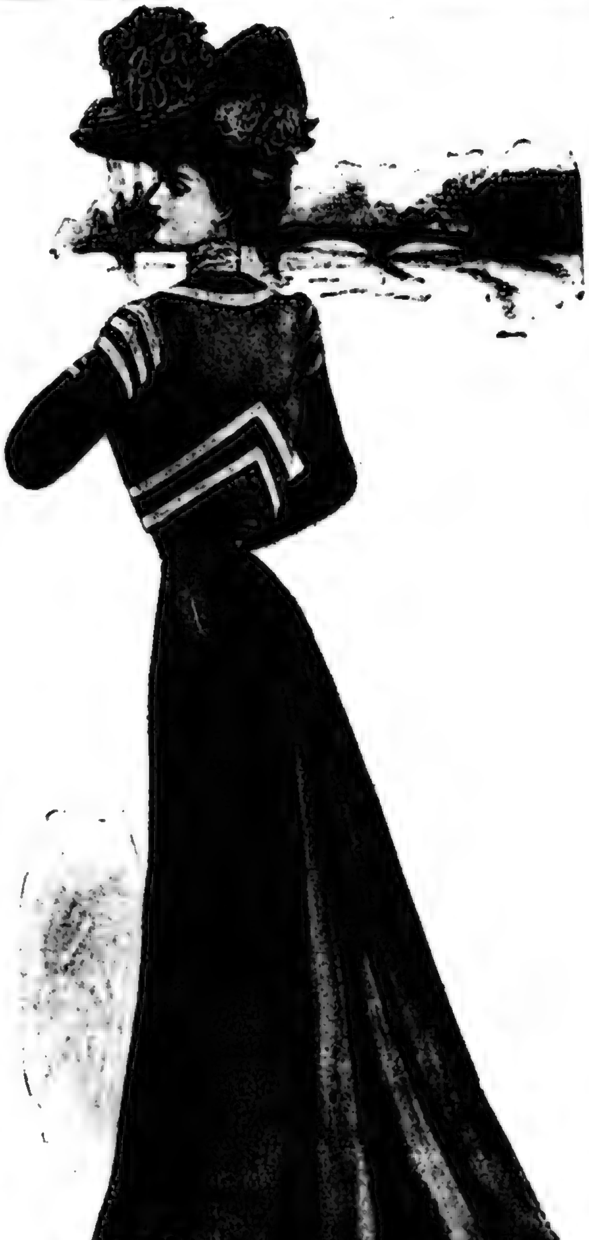
HOW TO BONE YOUR DRESS.—If you want a perfect-fitting dress as if moulded to your figure see that it is boned with Rosenwald's ANTARCTIC REAL WHALEBONE, which will not split and is easily attached. Sprightly figures are thrown away on bad bodice boning. Remember that ANTARCTIC REAL WHALEBONE is the cheapest, and saves the dress from falling out of shape.

No. 773.—Girl's Overall Pinafore. (Page 46.)

Of white muslin, cut in two breadths (back breadth slit for opening), edged lace insertion and edging, the top gathered into a band. One-piece sleeve. Lace berthe and cuff. Quantity of muslin required for a girl of four, 2 yards.

No. 774.—Boy's Overall. (Page 46.)

Three-piece overall (back and two fronts) arranged in box-pleats, centre box-pleat cut with left front. Good model for khaki. One-piece sleeve, with wristband. Collar of Turkey twill (one piece). Band collar of khaki, stitched red. Quantity of khaki required, 2 yards.



No. 765. A New Skirt.
Illustration of the Cut-Out Paper Pattern Presented with this Number.

Description of the Cut-out Paper Pattern presented with this Number. A Smart and Useful Skirt.

This skirt (No. 765) is a capital style for serge, tweed, cloth, &c. It is in five gores—a tablier, a side-breadth on each side, and two backs, joined by a much-biased seam. Each back forms at the waist two small pleats turned towards the centre, where is the opening, joined by patent hooks and eyes, or by one of the new patent "skirt fastener" tapes (for these send to the Dressmakers' Supply Stores, 145, Aldersgate Street, E.C.). The pattern is in three pieces—half the tablier, one side (with wheelmarked dart), one back (the two pleats shown by wheelmarks in the diagram, No. 764), and notches in the pattern. The diagram shows the pattern pieces laid on four yards of 48-inch serge, which is doubled at the dotted line (from selvedge to selvedge), the front centre of the tablier pattern being laid along the fold so that the front is cut in a single piece, the other pieces being cut in duplicate. The skirt pieces are tacked together according to the notches. The skirt should be tried on, the darts and seams being corrected to fit. Hence the darts must merely be tacked; they should not be cut until the fit is assured and the seams stitched. Stitch and press the seams. If stout serge or tweed be selected, the skirt need not be lined. Cloth needs a lining of glacé or mercerised cotton, cut on the skirt pattern, but seamed apart. The material and lining are hemmed together. The skirt can be hung, if preferred, on a separate lining skirt, as described for No. 699. Smart tailors prefer the foundation slip to an ordinary lining even for a very simple skirt. This skirt looks very smart in heavy serge, edged with two rows of white braid. The upper edge is bound with a ribbon, and fastens with hooks and eyes at the back. The skirt is completed by a detachable belt of navy foulard (mounted on a boned lining), and a smart little bolero of the serge, trimmed with white braid. The open fronts (cut with revers) and the reefer collar are faced with braided serge, the back and sleeves being lined with sateen.

Description of the Coloured Plate Presented with this Number.

Fig. 1. Four-gore skirt—two backs (forming four double pleats—like No. 765—turned towards the back centre) and two fronts lapped across, the right front rounded and stitched. Line with moirette. Good model for check fabrics. Pretty sacque coat—a back, a side on each side, and two double-breasted fronts. Face fronts and reefer collar with plaid. Line the rest with polonaise, cut on the coat pattern, but seamed apart. Quantity of 48-inch plaid required, 6½ yards.

Fig. 2. Five-gore skirt—a tablier, a side on each side (pleated), and two pleated backs. The pleats are held down with stitched bands of white cloth. Good model for voile, mounted on a five-gore moirette foundation skirt (like No. 699). Cut and make a silk bodice lining like No. 704. Drape with a back and two double-breasted fronts of voile strapped with cloth. Smart wide collar (one piece) unlined, edged with white silk ribbon. Plastron of white silk, with lace tie (replacing a collar band, held in place by pearl pins). Two piece sleeve. Quantity of 48-inch voile required, 6 yards; 29-inch mercerised cotton, 12 yards.

Fig. 3. Four-gore skirt. Cut and make like No. 738. Good model for Irish frieze. Coatee of frieze—a back and two fitted fronts. Face fronts and reefer collar with white cloth. Line the back and two-piece sleeve with white polonaise. Quantity of 54-inch frieze required, 6 yards.

Figs. 4 and 5. Smart new skirt, style for fine face cloth. Four-gore skirt, a tablier, a box-pleated side on each side, and a box-pleat back. Pleats are wheelmarked on the five-piece pattern, half the tablier, one side, half the back. Make the skirt quite apart from the six-gore moirette foundation, which is edged with two small frills. Fig. 4 shows a pretty bodice of cloth, a front and back, made up on a lining like No. 732. A lace piece is appliquéd at the front. Two-piece sleeve with lace appliqués. Fig. 5 shows a coatee cut and made like Fig. 3, but with satin one-piece collar and no revers. Quantity of 48-inch cloth required, 6 yards.

Fig. 6. Utility six-gore black silk skirt, cut and made like No. 743. Lovely blouse of daffodil satin, with three-piece front, mounted on a boned lining like No. 704. It is trimmed with white lace and ruches of black chiffon. Bow of satin and chiffon on the left. Quantity of material required, black silk, 9 yards; yellow satin, 4 yards.

◆

We welcome instances where woman's business capacity has not only provided herself with an income, but where her true sympathy and public-spiritedness have been put forth to the bettering of her sisters' conditions. Such an instance came lately under our notice. A lady, after a good general education, had herself thoroughly trained as a dressmaker, and decided to start a "Modes et Robes" establishment in Edinburgh. There she has met with much success, but then any uneducated woman might have done likewise. What the latter, at least in nine cases out of ten, would *not* have done, is to at once consider the situation as it affected her workers also. But this is just what the woman of broader outlook set herself to do, and in her own workroom has managed to abolish the two chief hardships in a dressmaker's life; to wit, the excessive hours and the liability to instant dismissal in the slack season. Having the courage to try a working-day of eight and a-half hours (which was as long as she herself could comfortably work), she has had the huge satisfaction (and the trial has now lasted four years) of finding her girls get through quite as much as the fagged-out workers who toil much longer. Keeping them all through the year, she finds them grateful and eager to do their best, not demoralised by weeks of idling or unsuitable work.

WHY GIVE NASTY NOSTRUMS to sensitive children? It is a needless torture. All that the best of such medicines ever accomplished is doubled by Vegeloids, the new and wonderful little digestive aperients and liver stimulants, at quarter the cost. "Children cry for Vegeloids." One a dose, 100 doses in pocket vial 1s. 1½d., of chemists; or, by post, of Messrs. Newbery, 27, Charterhouse Square, London.

A Dressmaker says. "I find your journal extremely useful."

IDEAL *Woolalone* SHIRTS

BLOUSES, CHILDREN'S FROCKS, UNDERCLOTHING, &c.
WARM, LIGHT, DURABLE.
WILL NOT SHRINK. *WILL NOT FADE.*
IN CHARMING NEW DESIGNS.

Of all leading drapers. If any difficulty is experienced in obtaining Genuine Woolalone, write to the Manufacturers:
ROBT. R. BUCK & SONS, Carlisle.

OLD SHIRTS RE-FITTED

Fine Irish Linen, **NEW FRONTS, CUFFS** and **NECKBANDS**, 2s. 6d. each, 13s. 6d. the half dozen. **NEW SHIRTS** sent post free, 2s. 9d., 3s. 9d., 4s. 9d., 5s. 9d., and 6s. 9d. **PRINT** and **OXFORD SHIRTS** in great variety.

LINEN COLLARS, 4s. 9d. per doz.; to pattern, 2s. 9d. per half doz. Cuffs, 3s. 9d. and 4s. 9d. per half doz. **IRISH LINEN HANDKERCHIEFS**—Children's, 1s. 3d.; Ladies', 2s. 3d.; Gent's, 3s. 3d. per doz.

IRISH LINENS.

NAPKINS, from 2s. 11d. per doz.; **TABLE CLOTHS**, two yards square, 2s. 6d.; Kitchen Table Cloths, 11½d.; Frilled Linen Pillow Cases, 1s. 4½d. each; Surplice Linens, 7d. per yard; Dusters, 3s. 3d. per doz.; Glass Cloths, 4s. 9d. per doz.

Samples and Price Lists post free.

M'HUGH & CO., LTD., BELFAST.

USEFUL & PRACTICAL HANDBOOKS FOR NEEDLEWOMEN.

PRICE ONE PENNY EACH.
POST FREE, 1½d.

KNITTING.

WOOL KNITTING.

How to knit Babies' Boots, Gaiters, Socks, and Bonnets, Shawls, Underskirts, &c. 20 Illustrations.

STOCKING KNITTING. (Part I.)

22 Illustrations. Is an exceedingly practical and instructive pamphlet, showing how to knit the different styles of toe and heel, ladies' stockings, gentlemen's socks, and children's night socks.

STOCKING KNITTING. (Part II.)

Deals exhaustively with gentlemen's cycling stockings with ornamental tops, ladies' decorated stockings, clox, openwork fronts, &c. 12 Illustrations.

STOCKING KNITTING. (Part III.)

Contains instructions for knitting Stocking Tops, Ladies' Stockings, with open-work and silk fronts, Children's Socks in snowflake and cable patterns, &c. Illustrated by 17 woodcuts.

COTTON KNITTING.

29 Illustrations. How to knit Shamrock, Palm Leaf, Cockle Shell, SeedPoint and Diamond, Maltese, Cingalese, and Heart Lace. Greek Insertion, Pomegranate Border, &c. Also complete designs for Lace Collars, Doyleys, &c.

BEETON & Co., Ltd., 10 & 11, Fetter Lane,
London, E.C.

TO COOL AND REFRESH

your skin in hot weather and prevent Sunburn, Tan, Redness, etc., use

Rowland's KALYDOR

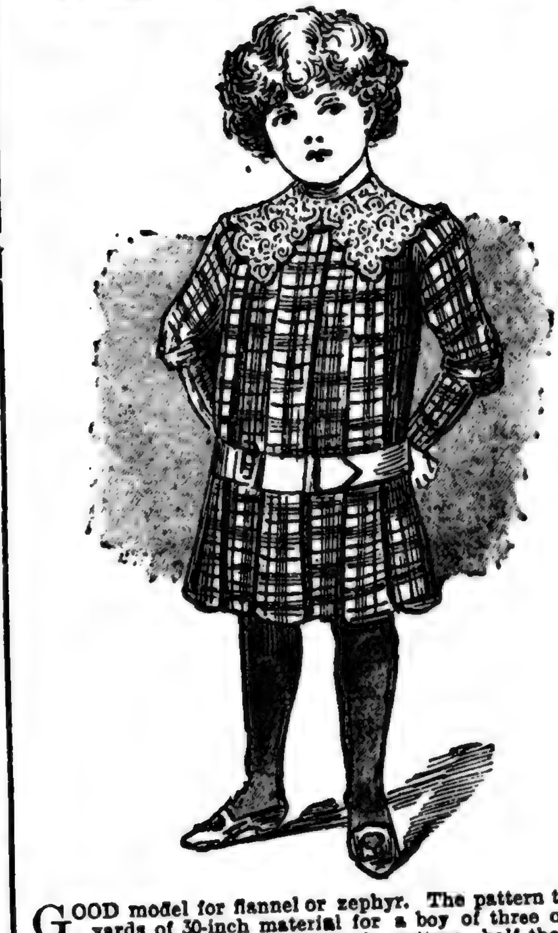
It soothes and heals irritation, Insect stings and all cutaneous defects, and produces a lovely delicate complexion. Sizes 2s. 3d. & 4s. 6d. Sold by Stores, Chemists, and A. Rowland & Sons, Hatton Garden, London.

Splendid Quality. **COAL!** Lowest Prices.

Direct from Pit's Mouth to Fireplace.

The Pinxton Coal Company, Limited,
341, GRAY'S INN ROAD, LONDON, W.C.

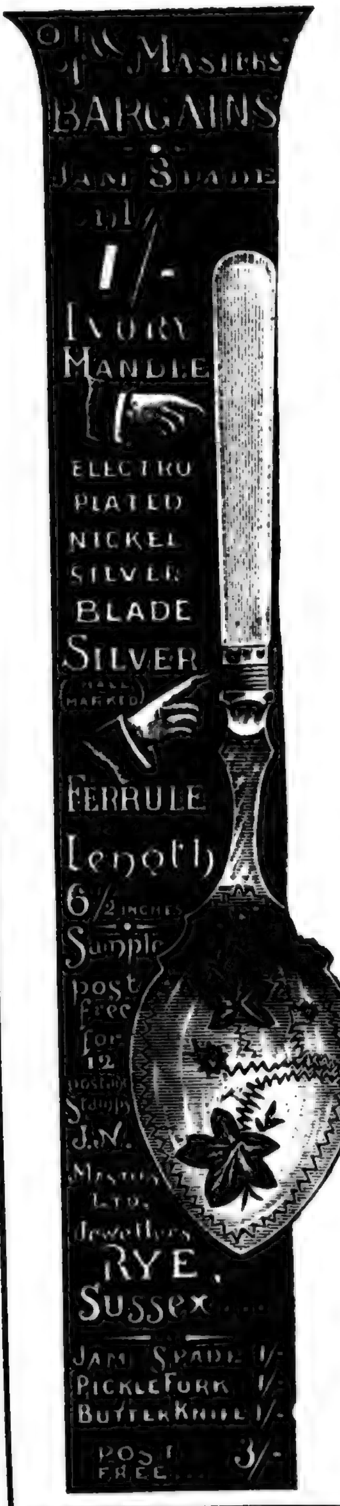
PRETTY OVERALL
FOR A BOY
FOR
PLAID OR KHAKI.



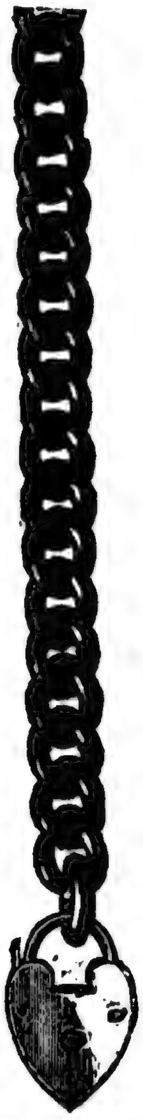
GOOD model for flannel or zephyr. The pattern takes 3 yards of 30-inch material for a boy of three or four years. There are five pieces in the pattern—half the back, one front (the left, cut in one with the central box-pleat), half the back yoke, half the circular collar, the upper of the one-piece sleeve (with the under wheel-marked upon it). The one-piece back is arranged in three box-pleats, the lines of the pleats shown by dotted lines in the diagram. This is sewn to the yoke (single notch). Each front forms a box-pleat, the third (central) pleat being cut with the left front (boys' clothes generally fasten over on the right instead of on the left). Notches in the pattern and dotted lines in the diagram show the two pleats on the left front. Back and fronts are seamed (after pleating) at the single notch seam under the arm. The lower edge is simply hemmed.

CUT-OUT PATTERN, Post Free,
6½d.
(Half-penny Stamps preferred.)

MADAME MYRA, 95, Regent Street, W.


ONE of MASTERS' BARGAINS
JAM SPADE
1/-
IVORY HANDLE
ELECTRO PLATED NICKEL SILVER BLADE
SILVER (HALL MARKED) FERRULE
Length 6½ INCHES
Sample post Free for 12 postage Stamps
J.N. Masters Ltd. Jewellers RYE, Sussex
JAM SPADE 1/-
PICKLE FORK 1/-
BUTTER KNIFE 1/-
POST FREE 3/-

ANOTHER OF MASTERS' BARGAINS,
In Case Complete, 12/6.



EQUAL TO REAL GOLD in appearance. Full Length, 7 inches. 18ct. ROLLED GOLD CURB CHAIN BRACELET.

18ct. Rolled Gold Bracelet, 10 years' wear guaranteed, in Silk Velvet Lined Case, complete, 12/6 post free.

J. N. MASTERS Ltd.,
Rye, Sussex.

IDEAL *Woolalone* UNDERCLOTHING

SHIRTS, BLOUSES, CHILDREN'S FROCKS, &c.
WARM, LIGHT, DURABLE.
WILL NOT SHRINK. *WILL NOT FADE.*
IN CHARMING NEW DESIGNS.

Of all leading drapers. If any difficulty is experienced in obtaining Genuine Woolalone, write to the Manufacturers:
ROBT. R. BUCK & SONS, Carlisle.

Miss Mostyn's Toilet Preparations.

	s.	d.
Skin Lotion—for rough, greasy skins, and eczema	2	6
Emulsion of Cucumber—no glycerine; excellent for sunburn and whitening the skin	3	0
Astringent Skin Lotion	3	0
Astringent Hair Wash—highly recommended...	2	6
Jaborandi Hair Tonic—arrests greyness by causing rapid secretion of the colouring pigment ...	3	0
Dandruff Lotion—for irritable and scurfy scalp ...	2	0

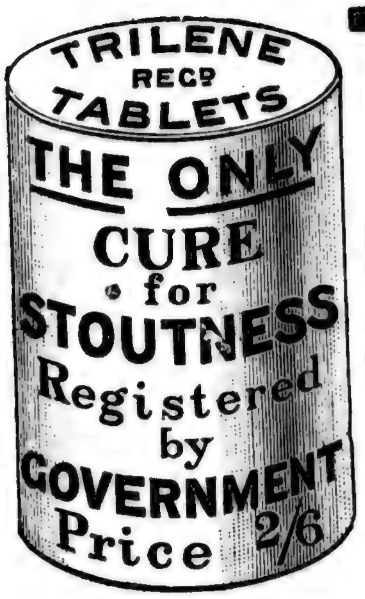
Postage 4d. extra.

SEND STAMP FOR LIST. **ELECTROLYSIS A SPECIALITY.**

4, HOLLES STREET, CAVENDISH SQUARE.
Agent for Sandron's Celebrated Assimilable Iron Tonic and Gout Mixture.

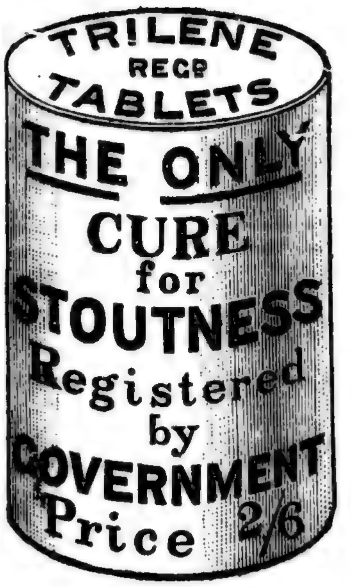
ALL FAT PEOPLE

can be CURED by taking



TRILENE TABLETS

Regd.,



For a few weeks. They are sent privately. Will safely REDUCE WEIGHT and CURE CORPUPLENCY (Abdominal or General) PERMANENTLY. They are small, agreeable, harmless, and never fail to improve both HEALTH and FIGURE without change of diet.

An English Countess writes: "Your Trilene Tablets act admirably."

Send 2/6 to G. WELLS, Manager, THE TRILENE ASSOCIATION, 66, Finsbury Pavement, London.

An Interesting Book on Obesity is sent with every Box.

SAMPLES OF TESTIMONIALS.

"87, Alexandra Road, Norwich, 19th October, 1896.

"Gentlemen,—In reference to Trilene Tablets, I may say that my wife found the greatest possible benefit from the use of them; their action was rapid, and exceeded our utmost expectations, as they were also most beneficial to the respiratory organs. My wife was many years growing so stout, but although the disease was, I consider, chronic, the Tablets soon reduced the same completely.

"You have our united thanks, and if I can do anything to promote your interests I will freely use my utmost endeavours to do so. "Yours faithfully,

"J. R. Canham."

Convalescent Home, New Brighton, Cheshire.

Miss S. J. Pritchard says: "They have done me good. I am 21lb lighter already."

A. D. Billings, Bell Inn, Aldershot, writes: "Have derived great benefit already. Less in size and weight, and breathing greatly improved."

Extract from *Bury and Suffolk Times*, June 15th, 1894; "Miss Atherton sings and dances as piquantly as ever, and is a marvel of agility considering how much flesh she has put on of late. Her friends should induce her to take a course of Trilene Tablets, about which I hear wonderful things. One portly acquaintance of my own, by merely a few weeks' use of these little Tablets, has reduced his bulk perceptibly. I am assured the Tablets are harmless and tasteless, and that the Trilene Company in Finsbury Pavement, London, are doing an enormous and ever-increasing trade."

The Lady's Realm for September, 1899, says: "The largely-used Trilene Tablets for Corpulency have attained a remarkable success in the last 10 years. They clearly stand alone and without rival in public estimation, and the very extensive proofs offered have placed it quite beyond doubt that, happily for stout persons, there is a true and safe remedy to be had at a price within reach of almost everyone."

The Lady's Pictorial, 27th March, 1897, says: "Perhaps no one suffers more in a mild way than does a stout person. Difficulty of moving about, difficulty of breathing, and also a general want of tone in the system, is what these sufferers have almost always to endure. In endeavouring to reduce weight by unavailing means, such as rigorous dietary and taking harmful medicines, they suffer untold agonies, more often than not quite ineffectual. A great deal of worry and mental anxiety may be saved by sending direct to the Trilene Company for a 2s. 6d. box of their Tablets. Three of these taken three times a day shortly before meals will gradually and effectually reduce the weight without any harm to the general health. The Tablets are small and pleasant to the taste."

A. Brown, of 25, Edwin Street, High Pallion, Sunderland, says: "You have no idea what a most wonderful effect the Tablets had. I am a great deal thinner and better in health."

Nurse Croucher, at Mrs. Bennet's, 14, Buckleigh Road, Streatham, says: "I lost 9 lbs from the box I took."

M. A. Thorold, of Toft Lodge, Bourne, Lincolnshire, says: "I find myself 11 lbs less in weight, and I can lace my own boots now, which I could not do before."

The Woman at Home for July, 1896, says: "It is noticeable how many ladies of the leisured class show a tendency to put on flesh. A slim, girlish figure is an ornament to even a plain face, and is carefully cultivated by anyone so fortunate as to possess it. A tendency to corpulency is nothing more or less than a death-blow to elegance. A most successful remedy has been introduced, however, by the Trilene Company, of 66, Finsbury Pavement. Their Trilene Tablets form a safe and efficient cure, as is clearly shown by the number of testimonials received by the inventor, and will be a boon indeed to full-blown loveliness when the possibility of graceful outlines thickening and waist measurements having to be increased first bursts upon the owner's horrified mind."

2, Chariot Street, Hull.

Mr. Jubb, Chemist, says: "My customers speak highly of your Tablets."

Miss Patient, of Woodberry, Theydon Bois, says: "I am reduced from 15 stone to 13 stone."

"Windsor Hotel, Merthyr Vale, South Wales.

Mr. J. Thomas writes: "When I started the Tablets I weighed 17½ stone, and have got down to 14 stone 9 lb."

West Cornforth, Ferryhill.

Mr. Wm. Usher says: "A sister of mine, who was 17 stone, was greatly reduced by your Tablets to 15 stone.

Extract from *The Lady*, September 3rd, 1896: "Many stout persons have suffered untold agonies in unavailing efforts to reduce their bulk, either by means of severe dieting, or by taking more or less deleterious drugs; but all these pains would have been saved if they had only invested in a box of the wonderful Trilene Tablets, which are quite harmless, containing neither mercury, arsenic, nor any other mineral poison, and which are an unfailing cure for obesity. The Tablets are sold in boxes at 2/6, and are obtainable from the Trilene Company, 66, Finsbury Pavement, E.C."

Father T. M. Byrne, of Holy Cross Abbey, Sligo, writes: "When I began your Tablets I was 12 stone 5lbs; I now scale at 10 stone 11lbs—my case, too, is hereditary."

Mr. McLeod, 44, Calside, Paisley, writes: "I have been cured. If you want to know my weight now it is 10 stone; reduced 1 stone 8lb, and I am quite content."

A. M. Pratt, of Ongar House, Ongar, says: "My weight is so much reduced it is unnecessary to take more. The reduction of weight was from 12 stone 6lb to 10 stone 4lb."

The Englishwoman of Xmas, 1896, says: "There is no longer any need for ladies to suffer the many admitted evils of stoutness, for the Trilene Tablets are now well known to be an effectual cure. The Trilene Company, of Finsbury Pavement, seem to be doing a good work, and they are glad to furnish all needful particulars. While a good many have hitherto needlessly despaired of ever regaining an elegant figure, they could with the aid of Trilene have certainly accomplished this."

Miss A. Atkins, 329, Southdown Road, Liverpool, writes: "I lost nearly a stone from taking one box."

Miss E. Arnold, of Collingwood House, Camberley, Surrey, says: "Having weighed 14 stone, your Tablets have reduced me to 12 stone."

Mrs. Crossley, of Rose Hill, Torver, near Coniston, says: "There is a very decided diminution of fat. I am delighted, and cannot praise Tablets too highly. My heart is better, and I can breathe so much easier. You may refer to me as often as you like."

The Happy Home, September 19th, 1896, says: "Few people suffer more acutely than those afflicted with obesity, and few receive less sympathy. With many such people change of diet, of climate, or indeed anything they can do, makes not the slightest difference; they will continue to put on flesh. But their case is not hopeless, as they will realise with joy if they try the Trilene Tablets. They can be obtained from the Trilene Company, 66, Finsbury Pavement, London. While not in any way affecting the general health, these Tablets have a most marked effect in reducing the figure to healthy and comfortable proportions."

Balgowan Lodge, Methven, N.B.

Miss McPherson writes: "I have taken a box, and am reduced 1 stone in weight."

Mrs. James Smith, of Cowell Terrace, Soham, says: "Your 2s. 6d. box of Tablets reduced my weight 12lb."

Col.-Sergt. Whittle, of East Lancashire Regt., Burnley, Lancs., says: "A man in our regiment in 1891 lost several stone from taking your Tablets."

The Family Novelist, 30th March, 1895, says: "A great many women who are plump by nature worry about the excess of adipose tissue, which indeed is often a great drawback to personal beauty. However, there is a perfectly safe and simple remedy in the Trilene Tablets, which are not only innocuous, but absolutely beneficial to the general health, and speedily produce the desired effect."

Miss E. Hills, of High Street, Stevenage, says: "Have almost taken your box of Tablets, and am quite cured."

Miss M. Grieve, De Quincey Cottage, Polton, Scotland says: "I have found great benefit from your Tablets, and can now get about with ease. My friends said I would soon not be able to see for my stoutness."

Mrs. O'Connor, 2, Kensington Square Mansions, London, writes: "I am much less stout for taking them."

Countess G. Furstenberg, of Stammheim, Germany, writes: "They act speedily and well."

Princess Liechtenstein writes from Landsberg, Austria: "Pray send your excellent Tablets directly."

Lady Constance Conrad writes from Wiesbaden: "I am very pleased with your Tablets."

Mrs. Burton, of "Silverleigh," Tonbridge, says: The last box has made a marked difference in me, my friends all telling me how thin I am getting."

Mrs. Weaver, of Greenpits Villa, Station Road, Ross, Hereford, writes: "I wish to say that I have been reduced from 13st 8lb to 11st by your Tablets, and can recommend them highly. You may make use of this if you wish."

Miss M. A. Heywood, of 77, Hindhill Street, Heywood, Lancs., writes on 5th Feb., 1898: "I have almost finished the Tablets, and am 21lb lighter. Several friends have begun the treatment, which strengthens as well as reduces—also cured my rheumatism."

Miss Northledge, The Laurels, Roseholm Road, Lincoln, says: "The Tablets reduced my weight 14lb, and I am cured."

Mr. Thos. White, of 42, Bedford Terrace, Southampton, says: "They reduced my weight considerably, and greatly improved the health without inconvenience."

Mrs. H. Cox, 28, Watnall Road, Hucknall Torkard, writes: "The box of Tablets has reduced me 21lb."

Countess Seclendorff, of Berlin, writes: "The Tablets greatly benefited me personally, and I am recommending them to friends."

Miss Chatterton, of 7, Salisbury Villas, Banstead, Surrey, writes: "I weighed 12st 8lb, but am now 11st, and getting much better daily."

Mrs. Darnley Smith, of Landscove Vicarage, Ashburton, Devon, says: "I am pleased to say Tablets reduced me very much, and I feel so much lighter and better in health. You may use this as you please."

Mrs. W. A. Radford, of High Street, New Brinsley, Eastwood, says: "I was 46 inches round waist before taking Tablets. I am 32 inches now, and hope soon to be my proper size. I could not get my garments on before sending to you, nor could I get about in comfort; but I have been up and about ever since, and am greatly reduced."

Miss Myles, of Pevensey Vicarage, Hastings: "Since taking Tablets I have reduced 1 stone."

Miss Ross, of 16, Spottiswoode Street, Edinburgh, says: "I have taken two boxes, and am quite sufficiently reduced."

Mr. J. Y. Newton, the Priory, Elton, Peterborough, writes: "I have lost 14lb in weight, and never felt better in my life."

Mrs. Mary Williams, of Old Yard, near Redol, Bagillt, Wales, writes: "I have lost 28lb, and will do my best to make it known."

Miss A. Long, 9, South Parade, Waterford, says: "I have reduced 14lb through your Tablets."

Miss M. Goodwin, of Fair View Hill, Sutton Coldfield, writes: "I find the Tablets all you represent them—they are doing me a great deal of good. You may use this testimonial."

Mrs. T. Boston, Cambridge Villas, Clifford Street, South Wigston, near Leicester, says: "I congratulate you on your wonderful Tablets. My weight on starting them was 11st 7lb, and I now weigh only 9st 10lb."

Mrs. E. Alexander, 102, Dixon Street, New Swindon, says: "They have reduced me quite 2st, and I am now quite cured."

Mrs. Drew, 1, Bellevue Gardens, the Nursery, Devizes, says: "Years ago your Tablets soon reduced me, and it has not returned. Send a box for my mother."

THE TRILENE ASSOCIATION, 66, FINSBURY PAVEMENT, LONDON, E.C.

OMITTED WORDS PRIZE COMPETITION.

ATTRACTIVE PRIZE:

An A.B. Lady's Safety Bicycle,

WORTH £23.

A Beautiful Machine, elegantly finished, supplied with the best and most up-to-date fittings; comfortable and easy to ride.

This Prize will be awarded to the Competitor who fills in correctly the largest number of the missing words.

Competitors must send their filled-in Forms not later than MONDAY, JULY 2, to the "COMPETITION EDITOR," MYRA'S JOURNAL OFFICE, 10 and 11, Fetter Lane, E.C. If the envelopes are incorrectly addressed, such Competitors may lose their chance of winning a Prize. The result of the Competition will be announced in the August Number.

Each Competitor can fill in as many Forms as she likes. Papers of Competitors who do not use the Form are cancelled.

OMITTED WORDS COMPETITION.

Competitors are required to fill in the thirteen missing words from the following text:—

The annual .... is at hand, and we are all putting to ourselves the important ...."Where shall we go?" At one time it seemed as if Continental .... over the war in South Africa would .... the filling of our hotels and boarding-houses at home; but the .... of our Field Marshal have .... to the softening of foreign asperities, which had already commenced to diminish as the .... season approached (if the French and Germans do not love us, at any rate they take our ....!); so it is to be......................that the universal .... after Continental travel will as usual .... on the majority, and our .... places at home will not be able to .... us to remain in the British Isles.

Name (Mrs. or Miss)...

Address (in full)...

....

N.B.—No attempt will be considered unless made on this form.

FOR THE RESULT OF THE MAY COMPETITION, see Page 8.

MYRA'S RELIABLE PAPER PATTERNS.

PRICE LIST.

Stock Size Patterns Measure (24-inch Waist and 36-inch Bust).

Skirts (24inch Waist, 42-inch length).

Post free

Flat Patterns of any Bodice, Skirt, Overskirt, Coat, Lingerie, Underclothing, or Draperies, Illustrated in MYRA'S JOURNAL and HEARTH AND HOME .... -/6½

Flat Patterns, as above, cut from Illustrations or Designs appearing elsewhere than in BEETON & Co.'s Publications 1/0½

Long Jackets, Mantles, Princess Robes & Complete Costume, Illustrated in MYRA'S JOURNAL 1/0½

Made-up Models of Ladies' Dresses, Tea Gowns, &c.

Untrimmed .... 2/6 | Trimmed 5/6

Made-up Models of Long Mantles, Dressing Gowns, and Costumes for Girls, 16 Years.

Untrimmed ...... 2/3 | Trimmed 4/6

Made-up Models of Visites, Jackets, &c.

Untrimmed ...... 1/9 | Trimmed 3/6

Flat Patterns cut to Ladies' own Measurements (Measurement form herewith). Bodice, Skirt, Jacket, &c.

Complete Costume or Princess Robe, 2/6. Sleeve only, 9d.

MEASUREMENT FORM.

TIE A CORD AROUND THE WAIST TIGHTLY.

SIZE OF WAIST..
SIZE OF BUST ....
SIZE ACROSS CHEST between the Sleeves..................
SIZE ACROSS BUST from bottom of armhole at side seam ....
SIZE ACROSS BACK between the Sleeves ....
LENGTH OF BACK from bottom of Collar to Waist line..................
LONG FRONT, from Centre of Collar at Back, over shoulder to Waist line front ....
SHORT FRONT, from bottom Collar in front of Waist line..................
LENGTH OF SHOULDER ....
LENGTH UNDER ARM—Armhole to Waist line ....
ROUND NECK ....
SIZE ROUND SHOULDERS..................................
SIZE ROUND HIPS, 6 inches below Waist ....

SLEEVE.

SIZE ROUND WRIST......................................
SIZE ROUND ELBOW (bent)...............................
LENGTH OF SHOULDER TO ELBOW ....
LENGTH OF ELBOW TO WRIST..............................
INSIDE LENGTH ....
SIZE OF ARMHOLE ....

SKIRT.

FRONT from Waist......................................
BACK from Waist ....
SIDE from Waist ....
SIZE OF WAIST ....
ROUND HIPS, 6 inches below Waist ....

The most inexperienced dressmaker can obtain a good style and fit by using Myra's Reliable Patterns. Many ladies have used them for a quarter of a century, and can find nothing to beat them for style and cut. They are simple and cheap.

A lady writes:—

"They are worth their weight in diamonds."

A lady residing in the United States writes:—

"There are no patterns here to touch Myra's."

A lady who makes up her own dresses, and who has tried many patterns by other makers, says:—

"With Myra's patterns you can face the world."

Stock-size patterns, **6½d.** post free.

Only one address, and be careful to note the number is **95**, Regent Street, W.

In all cases One Halfpenny Postage should accompany Order.

MADAME MYRA, 95, Regent Street, London, W.

Palmistry.

How to Take an Impression.—*Get a tube of finger-print ink from your colourman, or a tube of lamp-black paint from any stationer, and squeeze a little into a saucer. Then take a pad of cotton wool, and dab the ink lightly and firmly over the hand, which should be pressed firmly on a piece of white paper, the latter resting on a rather firm cushion or a mound of silver sand. In taking the hand away, raise it carefully from the wrist. It is absolutely necessary to send impressions of both hands. The age and sex of the querist must be stated, and whether married or single. Delineations are given without charge in these columns if the Palmistry Coupon is cut from this paper and is enclosed with the impression of the hands. Three questions can be asked.*

Letters should be addressed to Lachesis, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

Detailed delineations will be sent by post on receipt of 2s. 6d. and a stamped addressed envelope. Such letters should be marked "Special."

Lively (London).—Yes, to someone you know now. Your future will be brighter than your past. The letter A is marked.

Irritable (S. Kensington).—I do not think you will marry, but it is entirely through your own doing. You were quite right to refuse the last man, as he would not have made you happy.

Bob (Derby).—Before you are twenty-five, but you do not know the man yet. I cannot tell his occupation from your hand. He will be very dark.

Kitty (London).—Marriage shows about or before thirty-five, and it will be a very happy one. You will marry the right man. Your future prospects are good. You must be careful of your health just after forty.

Lady Jane Gray (London).—You will both marry and be better off. You know the man now. There is a great change in your life shortly.

Stedfast (Paddington).—Your impressions are very dark. As far as I can see there is a change before forty-three, which will alter your position for the better. Your health should improve at the same time.

Bloemfontein and Britain for Ever.—Not until you are about twenty-five. Your position will improve, especially later on. You have a diversity of talent, and could be very successful in literature.

Aurora Lee (Walsall).—About twenty-four. Your health in the future looks good. The man you marry will be tall and fair.

West Yorkshire Woman.—I am sorry, but your impressions are quite hopeless. Do send me better ones. I can see marriage, but can give no date. You are very capable, but too sensitive.

Ash (Reading).—Your impressions are very bad; but as far as I can see there is no reason why you should be an invalid unless you voluntarily give way. You will be better off in the future, and will marry very shortly.

B. R. (Manchester).—You will most certainly be better off in the future. There are great changes in your life at thirty, thirty-five, and thirty-seven. You have plenty of talent.

Silly Girl (London).—You will make a very good wife; as far as I can see from rather bad impressions, you ought to be engaged very shortly. You will only have one child.

Biddy (Stoarbridge).—I think you would do well at dressmaking. You will be married, but I do not think you have met the man yet. You are very sensitive.

Jeanie K. (Manchester).—There is certainly a change coming shortly which seems to mean better circumstances. You will marry a friend you have known some time. You must try and look more on the bright side of things.

Red Robin (S. Tottenham).—You can make yourself much happier than you are by not worrying so much about trifles or going to meet your troubles half way. Your circumstances will be much more prosperous in the future.

Connie (India).—There is a change coming at thirty-five or soon after. You will marry a man you have not yet met, and be very happy afterwards. There will be more money at forty-one.

Snow Flower (London).—I think you would do better at dressmaking than anything else, for you ought to be clever with your fingers. There is a change coming within the next three years, which I think will be marriage. You will be comfortably off in your old age.

Oak Leaf (E. T. G. S. Y. T.)—Within the next three years. I see no signs of your marrying more than once. There is a change for the better coming shortly. You will have one child.

Hat Pin (Galloway).—Your impressions are so very indistinct this time that I cannot answer your first question You will be very happy and comfortable in the future, and as far as I can see will have two children.

Nemesis (Paddington).—You have sent me the impressions of his palms only, and I cannot answer the first question without the fingers, or the second because the palms are so blurred in one hand. As far as I can see I think he knows his future wife now, but am very uncertain. The letters N and A are marked.

Pansy (Brixton Hill).—Your impressions are not good enough to say. Do send me better ones. As far as I can see there are no signs of poverty. You are very nervous.

Flimsy (Gloucester).—Your impressions are excellent. No, there is not the slightest chance of it. The speculation you are anxious about now will turn out very successfully.

Phyllis.—Your health will improve before thirty-five, and so will your circumstances, both with regard to happiness and money. You will make a happy marriage.

Pandora (Paddington).—Yes, I think you know him now. You will have three children, possibly more. Three love affairs are marked. You will travel a good deal later on.

Cousin Evelina.—He will be moderately dark, and I think you know him now. I cannot tell his occupation. You are very observant, and far too sensitive.

Macbeth (Middlesboro').—Your impressions are not good. As far as I can see you will make a very happy marriage and be very comfortably off. You know the man now. The letters H and R are marked.

Ivy Moss (L. W.).—You will be married and have one child. You are practical and can be neat and orderly if you like, but you sometimes suffer from fits of depression.

Beatrice (of Poplar).—Your hands are too smudged to say. Your prospects look good, but you want more self-confidence.

Einniw (Twickenham).—You will certainly marry. He will be fair and very well off, but I do not think you know him now. The letters N H A and K are marked, but I do not know to whom they refer.

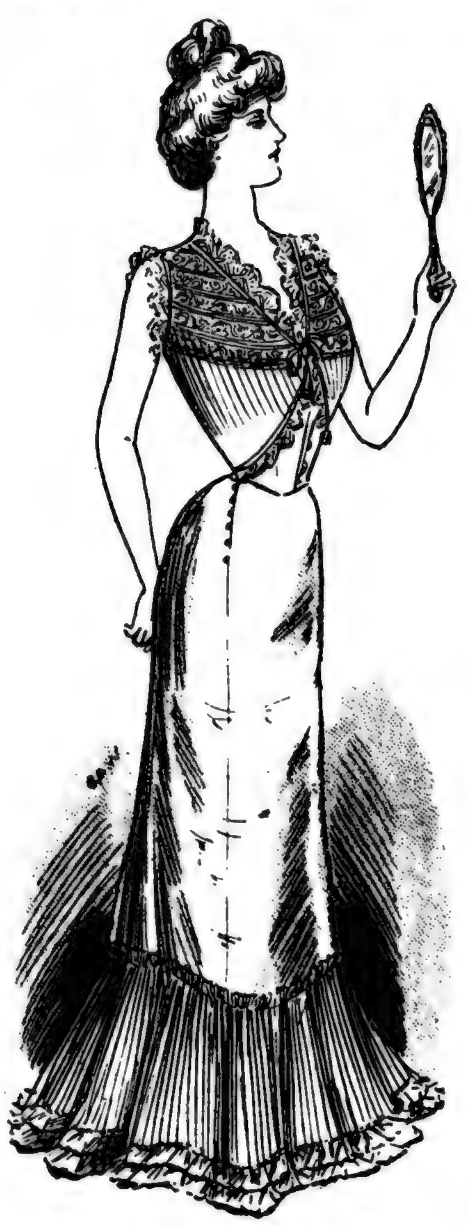
Old Teddy (London).—You will have three children, and be better off in the future than you are now. Your hand is too smudged to answer second question. You can be very obstinate at times.

Fighting Mac (Chester).—Yes, you ought certainly to succeed. Greater success shows later on. You have not met your future wife yet. There will be money for you before marriage.

Sunflower (Bolton).—Before you are twenty-five. You will have two children. The letters F, R, and A are marked.

Nansie (St. Leonards).—You will travel later on in life, and you will marry before you are thirty-five. You will be much better off after forty.

Mistry Quintin (N. Kensington).—You have a capable hand, and could do most things well. There will be several changes in your life. One about twenty-nine, another at thirty-five, and a third at forty. The second will mean more money. Any delay about your marriage will be your own doing.



No. 766. A New Petticoat.

For Descriptions see Pages 32 to 36.

Price of Paper Pattern, 6½d., post free, of Madame Myra, 95, *Regent Street, W.*

M. K. (Belfast).—You will be married before you are two years older. The man will be in comfortable circumstances, and your life in the future looks happy.

Barque (Birmingham).—You must send me better impressions before I can answer your questions. Both your palms are blanks. You are very observant, very sensitive, and very careful about little things.

Sweet Briar (Brixton).—Your hands are quite unreadable. Not one line is visible. I can only tell your character. You are clear-headed, a little ambitious, and can be obstinate at times.

E. A. S. Dene (Reading).—Your impressions are too bad to answer your questions. I think I can see a change soon after forty, but am not sure. You are very impulsive.

Sac (Leyton).——Your prospects seem to improve very much very shortly; but do not give up the dressmaking in a hurry. You are so very capable that it would be a pity to bury your talents. There is a great change within two years. The lines you mention are supposed to denote, when clearly traced, health, wealth, and good luck.

M. A. C. (Sheffield).—Your hands are not clear enough to answer your questions. I think I can see marriage, but can give you no particulars. You are clear-headed.

Mayflower (Oxford).—Your palms are a blurr. I cannot answer questions unless the lines are clearly traced. You are quick-tempered, and have a desire to do well.

Fanny (Halifax).—No, I am afraid not. I should say he had already married someone else. You are the gainer by his so doing, for he would not have made you happy.

Lady Smith (Teignmouth).—Yes, there are. You will be married before you are thirty. Your affairs seem very successful after thirty-five.

Suspense (Manchester).—You will marry just about thirty. I do not think you know him now, but he shows in your life very much in the present. You are very capable, and could do well at most things.

A. E. J. Broomhill (Sheffield).—I think you will be married before you are thirty, but your impressions are again unsuccessful. I am sure you will be happy, but I cannot see if you have met the man yet.

Aggie (Southsea).—Your life looks very happy. You already know the man you will marry. The letters H A and N are marked.

Jess (Manchester).—You would do very well at millinery. You will marry about twenty-seven, or perhaps sooner. There is a change coming within eighteen months.

Patience (Manchester).—You have a diversity of talent, and would make an excellent manager. You might marry any time after twenty-one, but your impressions are not clear enough to give you a definite date.

Diddle (Newcastle).—You should be married before you are thirty-seven, and you know the man now. Your marriage will make you much better off. You are decidedly clever. I am so glad you are better, and hope you will soon be quite well.

Leaflet (Lancashire).—You might be married any time from now. Success shows after thirty-five. The letters P H L and I show, but do not know to whom they belong.

Yvette (Lancashire).—About thirty. I think you know the man now. It will be a happy marriage. The letters H N and L are marked.

Jupiter F. 34 (Beds).—You are very capable, but must try and not worry quite so much over little things. Your impressions are very faint, but as far as I can see things look much brighter for you in the future Marriage is marked, and I think one child; but the palms are not clear enough to say anything for certain. Can you not send me better impressions?

Bunny (Doncaster).—I would keep on with the teaching, as it seems to me you are well suited to it, and very thorough in your methods. You will marry before you are forty.

Careful One (Hornsey).—I see no signs of it, and would strongly advise you to keep to your profession. You are very sympathetic, and have all the qualities suitable for a sick nurse.

Khaki (London).—I cannot answer your questions, as there are great blanks in the middle of your palms. I think there will be a change shortly, and another at thirty-five. There is an influence in your life now.

Pine Trees.—There should be a change in your life for the better after forty; but your impressions are too smudged to say anything for certain. You have had a great deal of trouble; but I think things will be better in the future.

Selby (Chester).—About twenty-seven. I cannot tell you the man's profession. The letters M A and N are marked; but I do not know to whom they belong.

Columbia (Chester).—Your impressions are too bad to answer the first question, but as far as I can see, you might be married very soon. The letters H A and N are marked.

Willett (Chester).—Both Selby's and Columbia's impressions were too smudged to read properly, but yours are quite hopeless. There are several changes for you, but can tell you nothing more.

S. E. Hermitage (London).—You must guard against overtaxing your strength, for you can very easily run down. There is a great change within eighteen months, which, I think, means marriage. There is certainly money for you in the future, which you will not have to work for.

Torment (Chester).—Your impressions are not clear enough to answer the first question. Your future looks happy, and you will keep your health.

Sarccism (N.W.)—You will marry, but cannot say for certain if you know the man now. Your left hand is too smudged. There is a change before thirty, another at thirty-six, and a third at forty-three.

Stanley's Friend.—There is no chance of it. I think you have treated him very badly. You must use more tact another time, and not be so impulsive. He seems to have shown you much patience.

Fleur-de-lis (Forest Hill).—Your impressions are rather indistinct; but from what I can see there is a great change a little before thirty-five, which looks like marriage, and which will bring you more money. Your life will be a happy one.

Irish Lassie (Hornsey).—I cannot answer your question, for hardly a line is visible in your palms. You must send me better ones. You are intellectual, observant, and should be clever with your fingers.

Pearl (Hackney).—You will certainly marry; but I do not think it will be just yet. Your future looks both prosperous and happy. The letters A R and H are marked.

Florence (Kensington).—You will be happy and in exceedingly comfortable circumstances. You might marry any time from now, but your impressions are rather blurred just at that part.

Gertie (Eccleston).—As far as I can see from your rather spotty impressions, I think there is every likelihood of your marrying the man to whom you are now engaged, but I do not think it will take place just yet. You will have four children.

Haras Retzof (Shoreham).—Yes, you will. You will be better off after fifty-three. You will move away from the place where you are now about the same time. You are very conscientious.

Helena (Reading).—I think before you are thirty-five; but you made your hands too wet, and I can see nothing clearly. You will travel later on. The letters C H A and R are marked.

Foscoe (Forest Hill).—I am so very sorry; but you made your hands too wet, and only the four big lines are shown. Do send again and I will answer your questions. You are very observant, very sensitive, have ambition, and a great desire to do well.

Mary (Leeds).—You would do well at dressmaking. Your hands are too dark to see if you marry; but there is a bad influence in your life at the present time, of whom you should be careful. You can do a great deal yourself to make your future brighter.

"Your journal is such a great help to me."

AGED ADAM (Yarmouth).—There is a chance of your marrying within the next three years. It will be your own doing if you do not. There is a great change before forty-three, and more money later on.

NELLIE REDGATE (Grimsby).—You will be married before you are twenty-five, and I think you have either just met the man or are just going to. You will have four children.

KROONSTAD (Cheshire).—Your impressions are too smudged to answer all your questions, but as far as I can see I certainly think you will have better health after thirty, and I see no reason why you should not marry. There is a great change coming about thirty or soon after.

ATLAS.—There is a change in your life within the next two years, and another at thirty-five. The latter will bring you more money. You are very observant and very capable.

PLANET (Chiswick).—Within the next three years. You know the man now. He is more dark than fair.

WHITE ROSE (Barnsbury).—You will be more prosperous within the next three years, and there is a chance of marriage at the same time with a man you know now. You certainly ought to succeed as a dressmaker.

NUMBER NINE (Liverpool).—You are distinctly clever, capable, and determined. As far as I can judge from your impressions, the line you mention means that some women of means will offer to assist you or back you up in your work at the age of thirty-five. It has certainly something to do with a woman's influence. You will be married about the same time.

E. S. MONETON.—You will certainly have another child, and your circumstances will very much improve after thirty-five. You will travel at the same time.

SNOWDROP (Oxford).—You will be more prosperous in the future, and will be married before you are forty. I think there is a change coming shortly, but your impressions are very bad. The letters M T and O are marked.

TILLY (Sydenham.)—Your left hand is unreadable, so can tell you nothing certain. As far as I can see, there is a great change about thirty, which looks like marriage. Your future will be happy.

AN ANXIOUS ONE (B. A.).—I think you had better keep to your present situation. You will marry the man you are engaged to now before you are thirty-two.

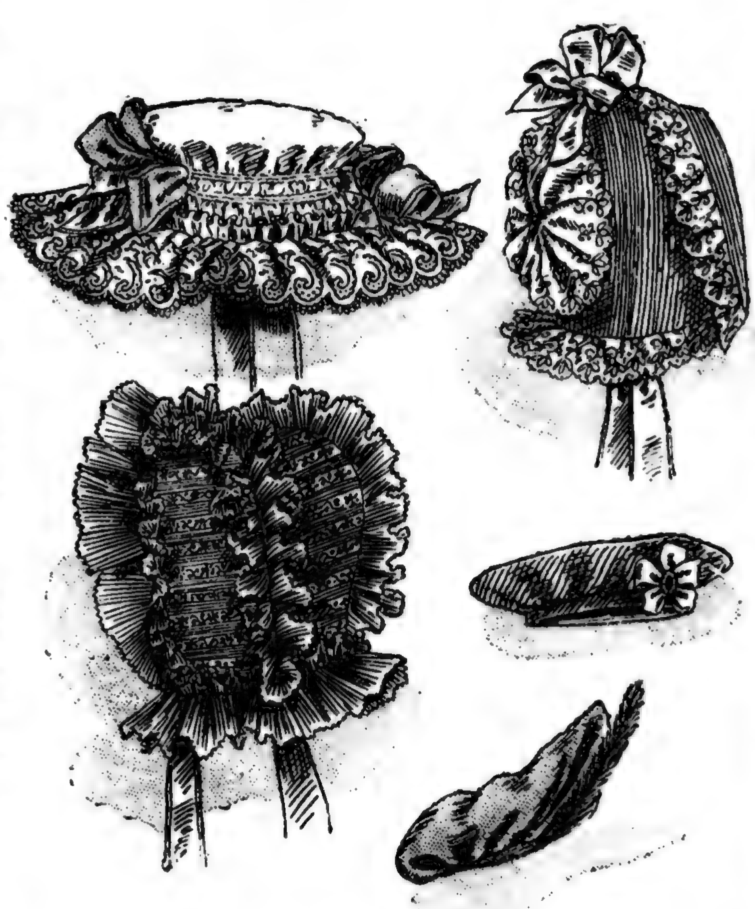
AILEEN.—Your hands are not clear enough to answer your questions. You must send me better ones. You are very neat and orderly, very practical and methodical; but you must not get too groovey.

PRETORIA (Hitchin).—You will marry when you are about twenty-five. Any delay will be your own doing. You certainly ought to get on in your business.

NANCY (St. Helens).—You will marry; but I do not think it will take place until after you are twenty-five. You do not know the man now.

A. B. C. (Islington).—You will be married, but I do not think you know the man yet. You have good business qualities, and your future looks bright; but you must not worry so much about trifles.

MARIUS (Camberwell).—You have not told me your age, and I am sorry to say your impressions are too bad for delineation. You are generous, warm-hearted, and have some ambition.



NOS. 767 TO 771. CHILDREN'S SUN HATS AND TAM-O'-SHANTERS.

For Description see Pages 32 to 36.

Price of Paper Patterns, each 6½d., post free, of MADAME MYRA, *95, Regent Street, W.*

FLOWER (Barrow-in-Furness).—Part of your hands are quite a blank; but as far as I can see you will be much more prosperous after thirty-five. You are far too sensitive.

BOOT-JACK (Canada).—You ought to make a very good book-keeper. You are neat, orderly, and quick. There is certainly the chance of a journey in the near future. Your marriage soon after thirty-one will make you better off.

KROONSTAD (Hitchin).—You will marry; but impressions are not clear enough to say when. You will certainly be better off in the future. You are very observant.

COLPET (London).—You will be married before you are twenty-five; but I do not think you know the man yet. Your marriage will bring you more money.

BLUE EYES (Yarmouth).—I think you will have three children; but your hands are so very faint I cannot tell for certain. You will travel about thirty. Your future looks prosperous; but you must be careful not to overtax your strength about the age of thirty.

ANXIOUS (Addiscombe).—You will travel later on in life, and you will marry, too; but you are a little too young to think of it at present. I do not think you know the man yet.

KHAKI (Brixton).—You will be well off later on, and will travel, too. You have a diversity of talent, and enough determination to enable you to succeed in anything you undertake.

ROSE THORN (London).—I am sorry I cannot tell you much, but your hands are too smudged. There is a change in your life before fifty. From what I can see, I also think there is a strong influence going on at the present time.

FRANCIS K. L. (Ravendy).—There is a chance of your marrying within the next eighteen months; but, if it does not take place then, it will before you are twenty-nine. Your life looks both prosperous and happy, and you will certainly cross the water.

ELEANOR (Northwich).—I am quite sure you will be a widow. There is a great change in your life at twenty-seven. There are two children by your present husband. Things will be much brighter for you in the future, but you must not make little worries for yourself.

BONHOMIE (Bolton).—Your hands are so smudged I cannot answer your questions. There is a change in your life at twenty-five, and I do not see any signs of poverty. Cannot you send better impressions?

J. A. V. (London).—You will marry before you are thirty, and your life in the future seems happy. You already know your future husband.

(For some delineations crowded out, see Page 8.)

A REVOLUTION IN FURNISHING

By Small Monthly Payments.

MR. LABOUCHERE, M.P., in "TRUTH," writes:

"NORMAN AND STACEY have introduced in their business an ingenious safeguard against the risk of loss to his widow or family through the death of the hirer. They give an insurance upon his life, &c."

ST. JAMES'S GAZETTE writes:

"NORMAN AND STACEY (Limited), of 118, Queen Victoria Street, E.C., have started a system of house-furnishing which is both ingenious and eminently safe. . . . The system is simple enough, and ought to 'catch on.'"

NORMAN AND STACEY, Ltd.,
118, QUEEN VICTORIA STREET, E.C.

MODERATE PRICES, FREE DELIVERY TOWN OR COUNTRY.

CALL AND VIEW STOCK BEFORE FURNISHING LOCALLY.

Accordion Pleating Machines,
12 INCHES DEEP, from £1 1s.,
OR,
YOUR MATERIAL PLEATED FOR YOU.

Collectors call twice daily London and Suburbs.
Price List on application.
Post Parcels returned same day.

BOX and FANCY PLEATING MACHINES, 12 inches deep, from £1 1s.

Patent Permanent Process.

SUN RAY OR GRADUATED ACCORDION PLEATING.
CAVENDISH PLEATING.
UNDINE PLEATING.
CROSSWAY PLEATING.
GOFFERING. KILTING.
SPACE ACCORDION PLEATING & KILTING
BOX AND FANCY PLEATING PINKING
SMOCKING, &c.

J. W. HAMMETT, INVENTOR AND PATENTEE,
188, 190, 192, & 194, EUSTON ROAD, N.W.

THE 'ALLENBURYS' FOODS.

A PROGRESSIVE DIETARY, unique in providing nourishment suited to the growing digestive powers of young infants from birth upwards, and free from dangerous germs.

The 'Allenburys' Milk Food No. 1
Specially adapted to the first three months of life.
The 'Allenburys' Milk Food No. 2
Similarly adapted to the second three months of life.
Complete Foods, needing the addition of hot water only.

The 'Allenburys' Malted Food No. 3
For Infants over six months of age.
To be prepared for use by the addition of Cow's MILK.

Pamphlet on Infant Feeding Free.

ALLEN & HANBURYS Ltd.,
Plough Court, Lombard St., London.

£3350 IN CASH PRIZES

A few of the principal PRIZE-WINNERS *last time were:—*

£100 IN CASH.	WILLIAM SILL, 12, Winstanley Place, Bouston, near Kendal, Westmorland.
£30 IN CASH.	VALENTINE CAMBRILL, Monks Horton, Kent.
£15 IN CASH.	OWEN OWENS, Maldwyn Stores, Llandegfan, Menai Bridge.
£10 IN CASH.	H. L'ESTRANGE BURGESS, Bayham House, Sevenoaks.

In the first place make up the best sentence you can out of six words, each word commencing with a letter of **CANADA.** Thus, for example: "Colonials Are Now All Determined Adherents." You can cut out and use the following form if you like.

Be sure and mark envelope, left-hand top corner, "MYRA'S JOURNAL," and forward to A.B. Cycle Co., Ltd., 59—69, Chancery Lane, Holborn.

Don't forget to enclose two penny stamps.

Competition closes on Monday, July 16, 1900.

I* ....

of† ....

....

hereby declare that the sentence below is the only one I have sent in for this Competition.

C	A	N
A	D	A
Date of Posting		

* State whether Mr., Mrs., or Miss. † Full address to ensure result reaching you.

We will give you full details of the above cash prizes, in which there is nothing to pay for any prize, and where every competitor is a Cash Prize-winner, when we send you the results of this Competition, in which for the best solution we offer:—

A £23 A.B. CYCLE FREE.

AND FURTHER PRIZES OF—

2nd Class Prizes - £23 Cycle for £9	4th Class Prizes - £23 Cycle for £11	6th Class Prizes - £23 Cycle for £13
3rd Class Prizes - £23 Cycle for £10	5th Class Prizes - £23 Cycle for £12	Consolation Prizes £23 Cycle for £14

49 Cycles have been won Free of Cost.

FULL NAMES AND ADDRESSES CAN BE HAD ON APPLICATION.

TAKE PARTICULAR NOTICE.—Competition is NOW OPEN, and CLOSES on Monday, July 16, 1900.

Enclose two penny stamps for postage of Result of Competition. As so few are able to call and inspect the machines, we **guarantee to refund the full amount paid for any prize if the owner is not perfectly satisfied with it on arrival.** Results will be declared as soon as possible. Prizes unclaimed in a week or ten days are forfeited.

£100 **If you can purchase our cheapest machine, brand new, from us, or an agent, dealer, shipper, or factor can buy one for less than FIFTEEN SOVEREIGNS, we will promptly hand you a £100 BANK OF ENGLAND NOTE.**

Send your Reply immediately to the Managing Director, marking your envelope "Myra's Journal," A.B. CYCLE CO., Ltd., 59, 60, 67, 68, and 69, CHANCERY LANE, HOLBORN, W.C.

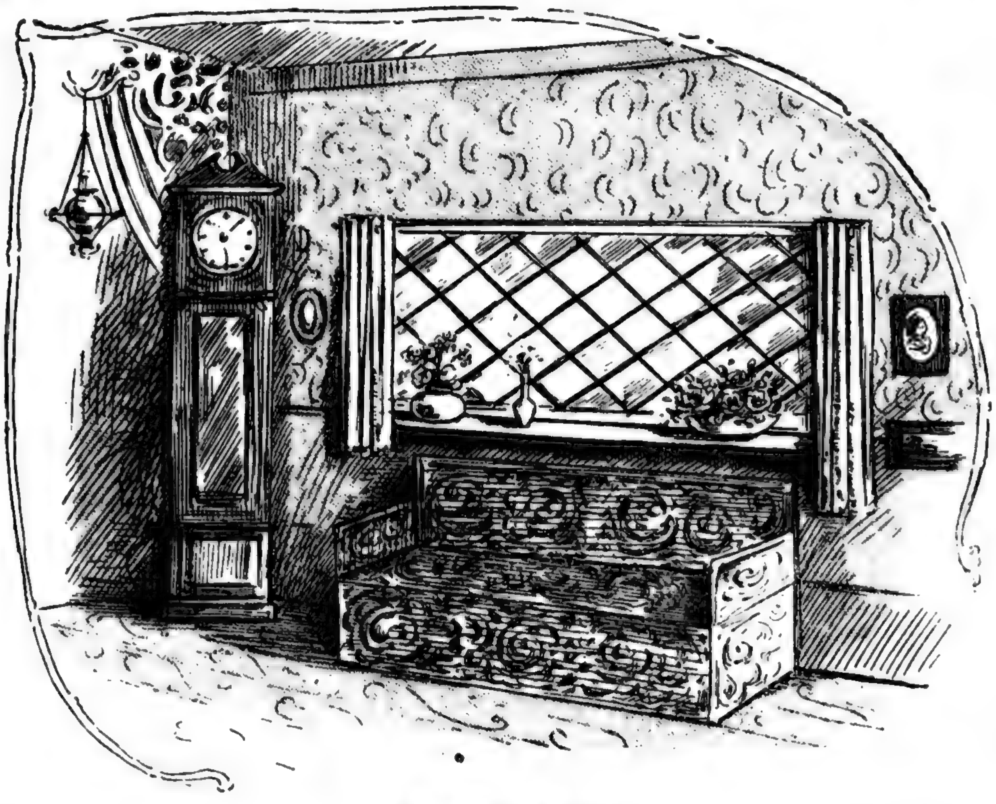
Home Decoration.

AN ORIGINAL TREATMENT FOR A COMMONPLACE HALL.

WHILE a great deal of time and trouble are given to the decoration of sitting-rooms, the hall, as a rule, is comparatively neglected—that is, the hall of the ordinary house, which consists of a mere narrow passage leading from the front door to a staircase opposite.

It is easy enough to make beautiful surroundings out of material that is so charmingly designed as to be almost self-decorated; but it is another matter with regard to commonplace material, which needs all our efforts to effect success. To-day, therefore, I am not going to devote words to the pretty, squarely built hall, which is only occasionally to be met with, but intend to discuss ways and means whereby the straight, narrow hall, which is regarded as "hopeless" from an artistic point of view, and which is encountered in most houses of every day build, may be improved, and, if it be a dark hall, lightened.

Here are one or two schemes of colouring. Cream paint and plain cream paper, with Anaglypta frieze or a dado; or a cream paper picked out in gold, and pale tan-coloured felt or corridor rug on the floor, with surround of oak-stained boards.



HALL DECORATION.

Walls distempered in mignonette-green or art-blue, with paint and carpeting to match or a shade or two darker.

A self-coloured wall-paper of rough texture in a shade of dull shrimp-pink; or merely a dado of this paper and distemper above in a lighter shade. Terra-cotta felt or corridor rug.

Dado of brown, rough paper, and wall above washed cream. Brown felt or fancy carpet in a mixture of shades of brown merging to cream.

Primrose washed or papered walls; paint to match. Art corridor-rug in tones of soft green, burnt ivory and primrose, with, perhaps, a touch of old rose.

Keep the scheme of decoration as light as possible when the hall is too narrow to admit of any furniture being introduced. When there is old oak to be disposed of, a more solid-looking scheme may be desirable. A plain self-coloured wall invariably forms a good background to dark oak. Mignonette-green or art-blue, for instance. Again, a treatment that works out successfully is to wash the walls art-blue, and have a dado of straw matting. These, then, are a few suggestions which may be of use as they are, or serve as guides to other ideas dictated by individual preference.

There is one thing I should like to add with regard to the mention of felt as a floor-covering. Few things are prettier, so far as appearance goes; but felt has the drawback of showing soil easily, and if used in a hall, where there is, of course, constant traffic to and from the front door, it is likely to become discoloured very quickly. On the whole, therefore, it is more advisable to use a corridor rug or patterned stair-carpet.

The novel feature of the hall I am suggesting is the glass window let into the upper part of the wall. In the ordinary house there is usually a sitting-room leading out of the hall on the right or on the left. The situation of this room, therefore, must decide as to whether the window shall be cut in the right or left wall. In the "sandwiched" and semi-detached house one of the walls of the hall separates two houses; it goes without saying, therefore, that the window must be let into the opposite wall. This window can run the length of the wall as far as the door of the sitting-room, or may be curtailed to any size. It should in any case be divided into panes, and draped here and there with dwarf curtains of art silk or muslin (coloured or cream). A lovely effect is gained if a little shelf is run beneath the window to hold art jars of chrysanthemums, roses, or any seasonable flowers.

A hall with an inlet window, walls washed pale green (or art blue), and a dado of dark oak-stained wood, dwarf curtains of pale green silk, and—if space allows—a black oak hall-seat or chest, a grandfather clock, a brass or copper palm-stand and waving plant, would assuredly strike a note of success.

In a white or cream hall the addition of a small archway (painted white or cream) and set midway between the front door and the further end of the hall, is a great improvement to the aspect of affairs. From this might be suspended a small wrought-iron lamp with a ruby or amber-coloured globe. An artistic hanging lamp of some sort should appear in any case in our decorative hall.

As the glass window will give a view from the hall of a portion of the sitting-room, the wall which is thus rendered apparent should be carefully hung with pictures, or decorated in a way that will reflect prettily. The walls of the hall itself will also be improved by the addition of a few good pictures in well-chosen frames. Possibly a cabinet set out with china, or a dresser-sideboard or other decorative article of furniture, might be so placed in the sitting-room as to be seen advantageously from the hall.

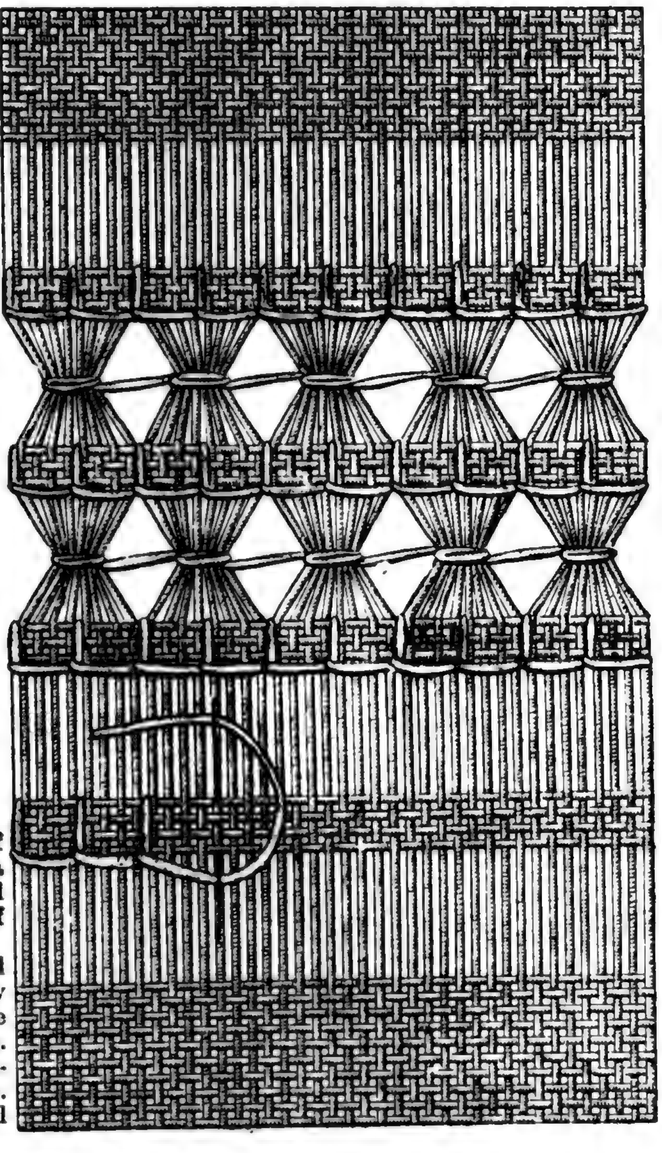
The wall window is not, of course, made to open.

No hall should be considered as "hopeless." Even the most commonplace can be rendered attractive by the exercise of a little thought and the cost of a few shillings. The hall-door must be painted on the inside in harmony with the colour of the walls or surrounding woodwork. On the outside it may assume a different colour. An artistic shade of green is generally effective for a front door, and divides favour in this instance with white. Many people, through admiring a white door, forbear to indulge their fancy in this regard owing to the trouble involved in keeping white paint clean. The best way, I may here give a hint, of cleaning white paint is by dipping a wet flannel in bran, and then rubbing it over the paint. This cleans without robbing the paint of its brilliance—a virtue which cannot be ascribed to the use of soap.

EFFECTIVE INSERTION IN DRAWN WORK.

WHEN drawn work is executed upon linen it is admirably suited for sheets, doyleys, pillow slips, tea and tray cloths, sachets, &c.

On cambric it is chiefly used for pocket handkerchiefs, and on heavy Russian linen, or what is called *toile grosse*, it is suited for sideboard cloths, cushion covers, tea cloths, bedspreads, &c. When the drawn work is done on art linen canvas, woollen canvas, and what is called ivory canvas, it is used for all kinds of fancy purposes. A beginner in drawn work should get a piece of coarse old linen to learn upon, and not attempt to execute any stitches on whatever article they propose working until each has been thoroughly learnt.

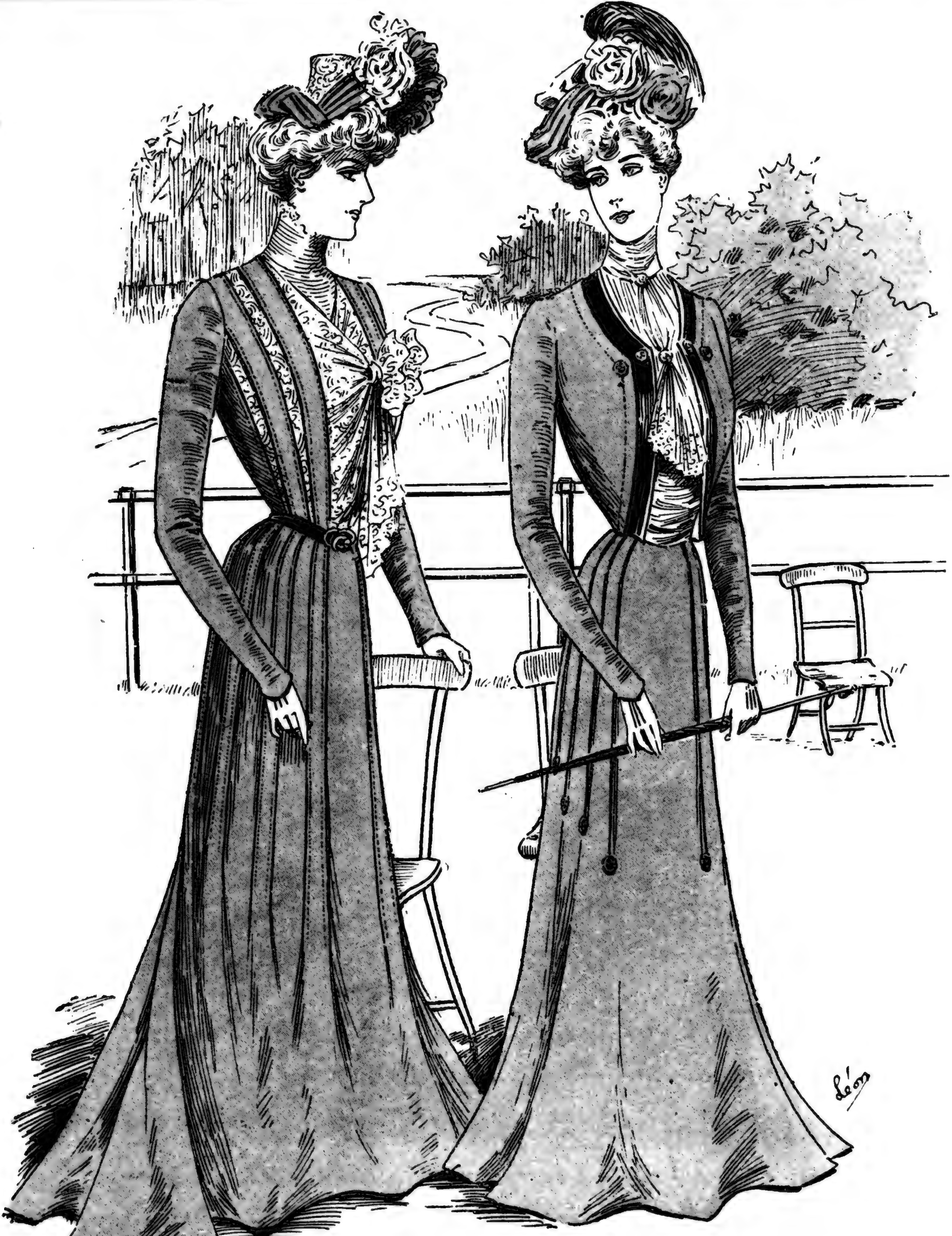


Here we give a very pretty and effective pattern. The small bars left between the drawn threads serve as foundations for the double button-hole stitch which secures the edge of the canvas from fraying and groups the threads into sections, each of which should contain the same number of threads.

When this is done the threads are secured in the centre of each group by punto tirato stitch done in blue silk, and the work is lined with blue.

For details and methods of Drawn Work, see No. 3 of "Myra's Library of Needlework" (Drawn Work, Part I.), price 1½d. post free. Drawn Work, requiring no accessories, is an admirable holiday occupation.

should not like to be without 'Myra's Journal' now."



TWO USEFUL SPRING GOWNS.

The girl with the umbrella wears a smart little gown of old rose cashmere and velvet, trimmed with old rose and écru silk gimp. The other dress, of black silk and ivory crêpe, is much stitched. Pleats of the material are carried over the vest of draped ivory glacé. The chemisette is of ivory Oriental satin closely tucked.

Answers on Technical Points.

RULES.

1. *To be answered in the next number, letters must reach us not later than the 25th of the month.*
2. *Queries must be accompanied by a coupon cut out of the paper. No notice will be taken if sent without.*
3. *In urgent cases, or if crowded out, answers will be sent by post, for which no charge will be made. No postal reply can be sent unless a stamped and addressed envelope be enclosed.*
4. *Queries to be answered by post must be limited to three.*

DRESS AND HAIRDRESSING.

Letters to be addressed to Madame Myra, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

PSYCHE.—Many thanks for your kind appreciation of our pages. Now as to your queries. 1. A transparent blouse should be lined with silk or mercerised cotton. As you want something cheap, I counsel the mercerised cotton, which Messrs. Nicholson (St. Paul's Churchyard, E.C.) have at 9¾d. the yard (29-inches). You can have cream or any pretty colour. The mercerised cottons are in lovely colours this year. Ask Messrs. Nicholson for patterns of their *plain* cottons. They have lovely figured ones; but of course plain fabrics are required for this purpose. 2. With the white skirt you could wear a pink or green blouse. The cream chiffon blouse dealt with above ought also to go very nicely with it. 3. Sacque coats are still in vogue, and will remain so for the present. They are either very short or very long; the medium sacque seems out of date. The long coats look, perhaps, rather too much like a rain or travelling coat. When I say "long," I mean nearly reaching the knees. Now for your postcript. Is the cream chiffon blouse made up? If so, make up the mercerised cotton into a fitted, separate slip bodice. If unmade, make the blouse like No. 704. This is such a charming model. You would make the fichu drapery of the chiffon and lace.

RED, WHITE, AND BLUE.—1. You will find your palmistry and miscellaneous questions answered in their respective columns. Many thanks for your praise. 2. With regard to the coupons, these cease to have any value directly a new number appears. For instance, the correspondence coupons in this number are only available up to July 15, when the August number will be published. 3. Then, with regard to the gown, I cannot say that I like the red, white, and blue combination. Personally I do not care for red facings on a white piqué gown for a grown-up young lady, though the combination is effective enough for a young boy's sailor suit. This, however, is a mater of taste. But if you select red facings, please do not wear a blue shirt, which would be pretty enough with an all-white coat and skirt. The handbook has been forwarded to you.

TIBS.—Allow me to congratulate you on possessing a charming face, unless the photograph is *too* flattering! The hair pattern is also lovely. I can recommend you just the right style of hairdressing; namely, Mr. Westgate's lovely "side-parting" coiffure (see Fig. 2, page 12). This is charming for a youthful face. Call on Mr. Westgate, 171, Westbourne Grove, for the hair wavers, and he will show you how to do it. A hair tail of that colour Mr. Westgate will supply for about 7s. 6d.

CANNON.—I have such a mass of correspondence this month that I have answered your cousin (with several other pressing querists) by post. Her "Palmistry" answer will be found in the right columns. (1) A nice style for mercerised cotton is given at No. 705. You can use your lace instead of the fichu. (2) A wonderfully pretty fichu is given at No. 722. (3) Why not make up the elegant hat, Fig 1, page 21? Full directions are given. (4) A charming method of arranging a sash will be found at No. 734. (5) You must take a handsome travelling dress to Dinard. French women dress smartly at the seaside. I recommend the costume, No. 702.

LANTY.—(1) I am sure you will like the "Woolalone" flannel. (2) For flannel styles see Nos. 706 and 710. (3) A very pretty muslin bodice will be found at No. 732. Make up your drill gown like No. 758. (4) This is a very good time to make underclothing. Now that your seaside outfit is mapped out, there will be little to make in the dress line till the autumn. For a charming combination style see No. 759. It is adapted for evening wear.

CASABIANCA.—You could not do better than use the skirt pattern given away with this number for your blue serge. Stitch the hem and tablier seams with white silk. For the coat, copy the nice little loose-fitting model, No. 710, replacing the straps with stitching. For a suitable range of shirts, I refer you to page 27.

DRESSMAKER.—(1) Why not communicate with Mr. Rushbrooke, the Dressmakers' Supply Stores, 145, Aldersgate Street, E.C.? Everything new in the way of haberdasbery is stocked there. Yes, I know the "three-point skirt grip," and I like it very much. (2) A good style for the blue silk bodice will be found at No. 746. (3) I know of no book published to teach taste in colour combination. How could such a book be written, and who would buy it? Natural taste alone can decide; an eye for colour combination cannot be given to those not endowed therewith by nature and education. Even in the most refined circles women are to be found utterly devoid of taste and selection; but of course education from one's earliest years does much for taste, also the precepts of universal example in one's surroundings.

ROSAMOND.—It would be better to have a lace collar. Lace flouncing looks a bit clumsy frilled to the neck. Besides, lace collars, being in vogue, are ridiculously cheap. Go to Messrs. Nicholson, St. Paul's Churchyard; they have some charming ones as low as 1s. 11d. You will not care for the "frill" if once you see the better effect of a nicely-shaped collar.

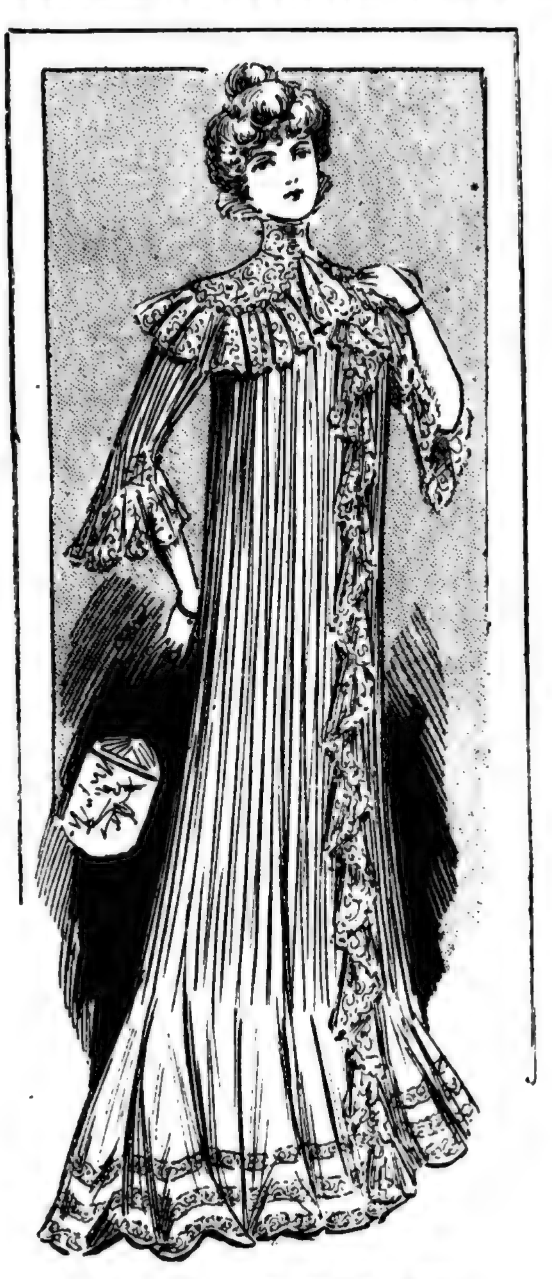
TAPLOW.—It is almost impossible to give the paper pattern of *circular* tucks, as these have to be eased in material—an awkward matter in inelastic paper. You will succeed best by tucking your material to the flat pattern.

HOUSEHOLD MANAGEMENT.

Letters to be addressed to Miss Mona Richardson, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

YOUNG WIFE.—Yes, you will have serious trouble unless you have the drains put right at once. (1) With regard to the scullery sink, the cook ought to flush it well with boiling water and soda. The trap underneath the sink will easily unscrew, and then a flexible cane can be passed along the waste-pipe. (2) If you still have trouble with the soil-pipe, I should advise your sending for the sanitary inspector. If you let me know the district in which you live I will send his address.

MARGARET.—I undertake to answer any questions relating to housekeeping or house-managemement generally, so far as I am able, so that your question is not beyond the mark. To make the boots waterproof they must stand in linseed oil for two or three hours. Then wipe them well. This will make them waterproof, or nearly so, as rain will not mix with the oil. I think you would find that the boots would no longer creak if you follow these directions.



No. 772. MUSLIN TEA GOWN.

For Description see Pages 32 to 36.

Price of Paper Pattern, 1s. 0½d., post free, of MADAME MYRA, 95, *Regent Street, W.*

SWEET PEA.—The following is a good recipe for suet crust. Chop up 3oz suet with half a pound of flour, add ¼oz salt, mix to a stiff paste with cold water. The basin should be left clean and dry. Then roll out well, and line the pie-dish or basin with it.

SUSAN.—An old-fashioned method of removing wax or grease stains from silk is the following: Mix powdered French chalk with lavender water to the consistency of double cream. Then put it on the stain and rub gently. Put a sheet of clean blotting-paper over it, and smooth with a warm iron; when dry dust with a soft pocket-handkerchief.

M. S. W.—Your questions do not refer to household management, and therefore I am afraid I cannot undertake to answer them. For information relating to health address your letters to Mistress Anne Page.

BOURNEMOUTH.—You omitted to enclose a coupon, and therefore I am afraid I cannot answer your questions in this number.

TOU-TOU.—I gave numerous recipes for afternoon tea-cakes in the number for June. You could obtain a copy by applying at the office in Fetter Lane.

MAFEKING.—Many thanks for your letter. (1) To grill pigeons, split the bird in half, butter slightly, grill over a very clear fire, and occasionally sprinkle with pepper and salt. They take about seven minutes. (2) Have you ever tried tipsy bread? It is quite easy to make as follows:—Take several slices of bread and spread with jam, pile on a glass dish, moisten with cowslip wine, coat with sugar, and decorate with blanched almonds. I think that will be a suitable schoolroom pudding for a festive occasion.

EMPLOYMENTS.

Letters to be addressed to Miss W. Jones, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

F. M. B. (Battersea Park).—I have answered you by post, giving the names and addresses of likely photographers. Let me say, to begin with, I think you have made a good choice, as there seems to be a distinct opening for ladies as photographic re-touchers. You wish to know where to train. Well, classes in photography are held at the Regent Street Polytechnic and at the Birkbeck Institution, and instruction may also be obtained at the London Stereoscopic Company's rooms. If you want to go in for the profession thoroughly, I recommend a studio, a well-known one, if you can get into it, such as that of Miss Alice Hughes, 25, Gower Street. Ladies who work for photographic firms as re-touchers, earn on an average 20s. to 30s. a week; exceptionally good workwomen of course get more, some even reach the sum of £150 a year; but these are, of course, at the very top of their particular tree. I do not see why you should have any difficulty in obtaining employment, but perhaps for that specified object a studio is a better place to train than at a public institute. I always like to hear of a woman starting off the beaten and crowded track, and I should be glad to know how you succeed.

NANCY LEE.—I am very pleased to help you. You wish to become a lady's-maid and want to know what the duties are. You are a "good dressmaker" and are "good at cutting and fitting, but rather slow." Frankly I think you would be wiser to stick to your dressmaking and tailoring, for both of which there is much demand; but as you wish it I will give you the benefit of my advice. The wages of such a maid range from £18 to £35, and the duties vary very much according to the situation. A knowledge of dressmaking for the purpose of making simpler gowns and for renovations is imperative. Hair-dressing and in some cases some acquaintance with the new ways of complexion treatment, a good packer, and a fairly good appearance and manner are all necessary. Such a maid should be quick and deft in her movements, and clever at adapting herself to the different requirements of different mistresses. Your age would be about right. I advise you to go as maid attendant to some elderly or delicate lady. As a rule I think the posts are distinctly comfortable, and do not require so much special knowledge as the others. To be able to read easily and well, to possess some slight knowledge of nursing, and to make yourself generally useful to your employer is what is required. The *Morning Post* is a good medium for a lady's maid's advertisement, and for a useful maid the *Church Times* (32, Little Queen Street, W.C.), the *Church Guardian* (5, Burleigh Street, Strand, W.C.), as well are especially good. Your lack of former experience would make a lady's maid's place hard to get, and that is why I advise the other. Ask £18 to £20 to begin with till you get to know your new duties thoroughly; then your value will ascend. Write again if I can help you further.

H. G. (South Norwood).—You will see that I am inserting your query in my new Employment Register. I trust it may meet with some response, and I am only sorry that I could not give you an address at once. This Register will be of great use in cases such as yours. Would it be asking too much if I begged you to mention it to your friends, who either give or require employment? Any and every sort of worker is available.

SECRETARY.—You will see that I give particulars of your guild in the Register. Will you, in return, send me the names of any specially-gifted ladies whose work you can thoroughly recommend? I should like the name and address of the lady who makes bon-bons. There is, I think, an opening for such work.

K. P. (Saxmundham).—In accordance with your request I replied by post; but, frankly, your question is very difficult to answer. So much depends on the charges usually made in your part of the country. Work is much dearer in some places than in others. The following are, I think, fair prices, and are based on the charges made by a large needlework guild. These are in each instance for quite plain things. All trimming and elaboration—such as tucks, drawn-work, feather-stitching, &c.—should be charged for by the time taken. That is the only fair way:—Nightdresses from 3s., chemises from 2s., knickers from 1s. 6d., bodices from 1s. 3d., camisoles from 1s., petticoats from 2s. 6d. Would you like your name to be placed on my Employment Register, or do you know anyone who would?

TESS OF THE D'URBERVILLES.—Pray write more distinctly if possible, as your epistle has been almost undecipherable. As far as I can make out, you wish to become a dairy farmeress. A most laudable and sensible ambition. There is not the slightest necessity "to throw money away" in attaining your object. Write to the Lady Warden, Lady Warwick's Hostel, *in* Reading, for full particulars. It is by far the best place for you. No, I believe we have never had an article on dairy work, but I will try and remedy the deficiency shortly. My dear girl, London is crammed with women who want work and can't get it. Your chances as a dairywoman are a thousand times better than those of the average clerk or secretary. You will train at the British Dairy Institute, Reading. Fees at the hostel range from £50 to £120.

A lady in the United States writes:—"There are no patterns here to touch 'Myra's.'"

ETIQUETTE.

Letters to be addressed to "Duenna," "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

Squibs.—(1) As a rule the best man is the brother or chief (unmarried) friend of the bridegroom. There is no objection, however, to the bride's brother acting in that capacity if you prefer it. Why not let your bridegroom decide the matter? It is surely his concern, not yours. (2) The bride's mother generally leaves the church first (with the bridegroom's father), so that she can receive the bridal party on their return to the house.

Talma.—(1) A young girl should not have a visiting card. Her name is printed on her mother's card. (2) Not more than two daughters should be taken anywhere. Three young ladies of one family is more than any hostess bargains for when she requests the pleasure of the Misses——'s company.

May.—(1) Gentlemen do not take off their hats on entering a shop unless they are saluting someone they meet there. (2) The time for wearing the bath-gown would naturally depend upon the custom at the Turkish baths. (3) A gentleman does not wear his dressing-gown as a rule after breakfast. Indeed, few men breakfast in their dressing-gown nowadays. Some ladies wear the dressing-gown until the morning household matters are completed, but that is a matter of taste. No sign of the dressing-gown should be visible at lunch. (4) The taking off of the hat is optional (but not usual) for ladies at lunch or dinner when merely taking that meal at the hotel. However, it would be ill-bred for a man to keep his hat on, unless he lunches or dines out-of-doors.

HEALTH AND PERSONAL ATTENTION.

All Letters to be addressed to "Mistress Anne Page," "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

Anxious One.—I am indeed sorry to hear of your many sufferings, but I hope now that brighter days are in store for you. In order to get fatter now, you must try not to worry about anything, and to rest as much as you possibly can, though you should go into the fresh air every day, if possible. Give up tea and coffee for the present, and substitute Cadbury's chocolate, and have this made with milk. Eat often—five meals a day will be none too many for you—but be sure to masticate all your food well. Eggs cooked in various ways, porridge (made with Shredded Wheat Biscuit soaked in hot milk and served with cream), butter, cream-cheese, honey, golden syrup; soups thickened with sago, wheat shred, tapioca, lentils or peas; sweet puddings made with macaroni, vermicelli, tapioca, and the like; fish (such as salmon, cod, eels, mackerel, and uncooked oysters), with good sauces, but never any vinegar, and with very little salt; not so much meat as poultry, but of this as much as you like; all kinds of vegetables dressed with butter; and black grapes in plenty—these are the foods to fatten you and nourish you at the same time. The Shredded Wheat Biscuits only cost 7d. a box, and they are most nourishing. Then by way of medicine, though they are really as nice to take as chocolate creams, I would advise you to take a teaspoonful of "Compound Egg Emulsion" (1s. 9d., post free, from P. Harris and Co., 144, Edmund Street, Birmingham) in the same quantity of milk after every meal, and a teaspoonful of "Virol" in a sandwich of light pastry in between each meal. You can get a sample jar of this from the makers, the Bovril Company, Limited, 152-166, Old Street, London, for 1s. 1d. Of milk you cannot take too much, provided it is first boiled and then allowed to cool, and you should take a rather warm glass of it, with a teaspoonful of Virol the last thing before you put out the light at night.

Marguerita.—You can make your hair grow quite long and thick by rubbing into its roots some of "Sutton's Tonic Lotion" every night. You can only obtain this from Mr. Mason, 25, Bank Plain, Norwich, who will send you a bottle for 3s. 6d.

Carissima.—As your hands are so very red you should wash them two or three times a day in a very thin kind of gruel, made with a teaspoonful of oatmeal and the same of wheat starch in a quart of water. Let this quietly boil for an hour, then strain it for use. Be sure you always dry your hands well after washing them, and after using the towel rub them with a little bran or sifted oatmeal. Then at night wear an old pair of gloves, with the insides of them well smeared with "Gants Gras Pomade" (sent post free for 1s. 6d. by Mr. Mason, 25, Bank Plain, Norwich), and in a very few nights you will find that your hands have become beautifully soft and white again.

Nadeshda.—Blackheads certainly do disfigure the prettiest face, for while they remain the complexion always looks more or less greasy and dirty. You will find a simple way of getting rid of them in the articles on the subject in the April and May numbers of Myra's Journal. After you have carried out this course of treatment, you can keep your face always free from them if you will rub into the skin, twice a week, a little of the lotion called "Wrinkline," sold by Madame Cross, Dept. M.J., 70, Newman Street, Oxford Street, London, for four shillings. This may seem a large sum, but the bottle holds enough to last twelvemonths, if you put it on carefully. Your diet should be of the simplest, but at the same time of the most nourishing. Pastry, sweets, highly-flavoured or spiced foods, bacon, pork, strong tea and coffee, are what you must most avoid; but fresh air and gentle daily out-of-door exercise, combined with daily tepid baths and friction with the towel, will all help you to get and keep a nice complexion. You should take a little Sulphur Globule (1s. a box from P. Harris, and Co., 144, Edmund Street, Birmingham) once a day, for a week at a time occasionally, to clear your blood, and eat watercress and lettuce freely at meal-times.

Jim's Pride.—There cannot be the least wrong in your trying to darken those colourless eyebrows of yours, and you can do it, either gradually, by brushing them daily with a little toothbrush on which you have sprinkled a few drops of Rowland's Dark Red Macassar Oil, or you can tint them to the right shade at once with a harmless "Eyebrow and Eyelash Dye," sent post free by Mr. Mason, 25, Bank Plain, Norwich, for half a crown, with full directions. You should tell Mr. Mason, if you write for this, whether you wish your brows and lashes to be black or brown.

Scotch Lassie.—If you have followed the advice given in my articles in the April and May numbers, you should by this time be quite rid of those tiresome blackheads, so now you can attend to the other bother, the tiny red threads that show in your cheeks. These you can quite drive away by painting them regularly for a time with "Compound Glycerole of Tannin" (1s. 6d., from Mr. Mason, 25, Bank Plain, Norwich) at night after you have washed your face. (2) In the ordinary way it will be best for you to wash in tepid soft water at night, and to use a good complexion soap. "Debrose" (7d. a cake, or three cakes for 1s. 6d., post free from Messrs. P. Harris and Co., 144, Edmund Street, Birmingham) is the one I recommend to you. But use cold water in the mornings, with a teaspoonful of "Lupin Seed Powder" in the place of soap. Enough to last a long time costs 1s. 2d. from Messrs. Armbrecht, Nelson, and Co., Desk B, 71 and 73, Duke Street, Grosvenor Square, London, and it will give you the same lovely complexion that Eastern ladies are so celebrated for. Do not wash your face again in the daytime, but if it feels grubby just wipe it over with a little pure elder-flower water if you can get it, or simply rub it well with a very soft bath towel. (3) Too much oatmeal porridge is likely to make a skin like yours spotty. If you take a Shredded Wheat Biscuit (and these only cost 7d. a large box) and dip it in hot milk, you will have a most delicious and most nourishing porridge without any trouble. Watercress is good for your skin, but it must first be washed in salt and water. Uncooked ripe fruit is also good for you, but sugar is not, and alcohol you should never touch unless ordered to take it by your doctor. A daily bath, not too hot, and a daily walk in the purest fresh air in your neighbourhood, will all help you to get and to keep that lovely complexion which you quite rightly aspire to have.

Anxious Mother.—Wash the little ones with "Cuticura" soap, and afterwards rub "Cuticura" ointment into all the red, irritable skin, and you will find she will be speedily relieved. If you do the same thing for her head, it will increase the growth and silkiness of her hair, while keeping the scalp in a thoroughly healthy state.

Beatrice.—It is the chalk in your water that causes your hair to be so sticky even after such careful washing. I know it only too well, having suffered from it in the same way myself. The best thing you can do is to get a case of the "Me-mosa" water softner, sold by Mr. Carmichael, 158, New Bond Street, London, for 1s. 9d., and some "Beauty Borax," from the patent Borax Co., Ladywood, Birmingham, who will send you six packets for 1s. 2d, if you name me. Then before you wash your head, boil the water you are going to use well, then let it get cool enough for your use, adding to it a heaped teaspoonful of the Me-mosa, and a tablespoonful of Beauty Borax. Into the rinsing water put another teaspoonful of Me-mosa, and you will find when your hair is dry that it will be bright and sweetly perfumed, and much less harsh than it is at present. That water is enough to ruin any hair or complexion, if left to itself. I shall be glad to hear from you at any time, but I should like to have your full name and address, which I promise you no one else shall see or know.

Nannie Tatchie.—Like you I usually read my morning letters in bed, but with a difference. I get mine before seven o'clock, and with them is brought a cup of my fauourite "Boudoir Tea" (for which I only give 19s. for a 10lb canister, getting this direct from the Hindoranee Tea Company, 9, Mincing Lane, London, E.C.), a pencil and a tiny paper-knife. As I read each letter I make a note on the envelope of the subject about which it asks my advice. These done, I have my bath, which I make invigorating with a teaspoonful of the "Aromatic Bath Salt," for which Mr. Mason, 25, Bank Plain, Norwich, only charges 1s. 6d. a bottle; then follows a brisk towel friction, and then a little toning up of the skin with a vapour of the same Mr. Mason's "Milk of Aromatic Herbs" (2s. 6d. for half a pint), and I am fresh and sweet and daintily perfumed for the day. I will tell you more some other time. (2) I am so sorry you did not see Madame Cross when she visited your city. I wanted to look my very best one day this week, so I went to Dept. M. J., 70, Newman Street, Oxford Street, London, where with her usual courtesy she gave me a "Face Treatment" for nothing, as she will, she kindly says, to any of my correspondents who will pay her a visit any day between the hours of 11 a.m. and 4 p.m. It is an opportunity not to be missed, and I hope very many of my correspondents will go and be freely beautified by her while she is in England. Write again soon.

Winter's Tale.—Rub the child's throat with "Edgar's Croup Lotion," which any chemist can get for you, if he does not stock it. What an anxiety the little thing must be to you with that chronic tendency to croup!

Lestrange.—Very little fringe is worn—just one tiny curl at each side of the forehead, over the middle of the eyebrow. If you do not wish to cut your hair you can get the little curls for 2s. 6d. each from Mr. Westgate, 171, Westbourne Grove, Bayswater, London, and, if you say I told you to ask, he will give you clear instructions how to pin it on, so that nobody could ever see it was not growing on your head. Of course you must send him a little tiny bit of your hair to match these by.

Worried.—Do not try to pull out those disfiguring hairs on your face, but save up your money and let Miss Mostyn, 4, Holles Street, Cavendish Square, London, take them out once and for ever by means of Electrolysis. In the meantime, you can make them almost invisible by moistening them with "Oxil Bleach" (1s. 3d., with the proper brush, from Mr. Mason, 25, Bank Plain, Norwich), and allowing this to dry in full daylight in as sunny a place as you can find. It is perfectly harmless, though it will weaken the hairs.

Assistant.—There is nothing wrong in wishing to have a good complexion, my child; but it is your duty to do your best to obtain one. Take for this purpose a course of "Tonic Complexion Pills" (1s. 2d. from Mr. Mason, 25, Bank Plain, Norwich), which will produce a healthy action of the skin, and make this very clear in consequence. Then write to me again, giving me your full name and address as well as the *nom de plume*.

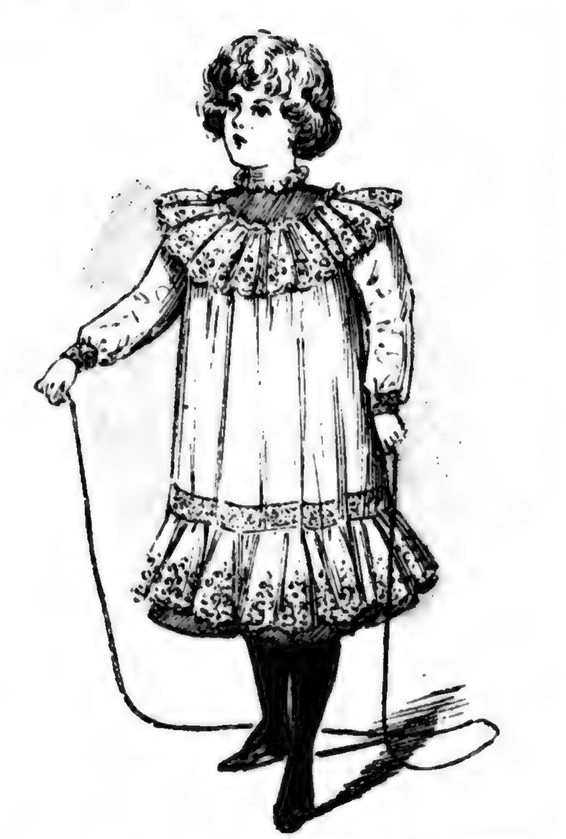
MISCELLANEOUS.

Letters to be addressed to Madame Myra, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

Red, White, and Blue.—The best thing to clean light gloves is to rub them with a piece of flannel dipped in benzine collas. Clean each glove on the hand with the free hand, and let them dry on. Be careful not to go near a fire or lighted gas, as benzine is inflammable. Tan gloves clean less well than cream, lavender, white, &c.

Mrs. H. M. G.—I hope you will recognise this. What a pity to omit the address from your letter. I had written to you and then found to my chagrin that there was no address whatever. Your letter arrived just too late for insertion of the answer in the June number. Now for your query. There is a vegetarian hotel in Buckingham Street, Strand—The Buckingham. A well-known vegetarian restaurant is St. George's house, St. Martin's Lane. There is another in St. Bride Street, Ludgate Circus, and several in Holborn.

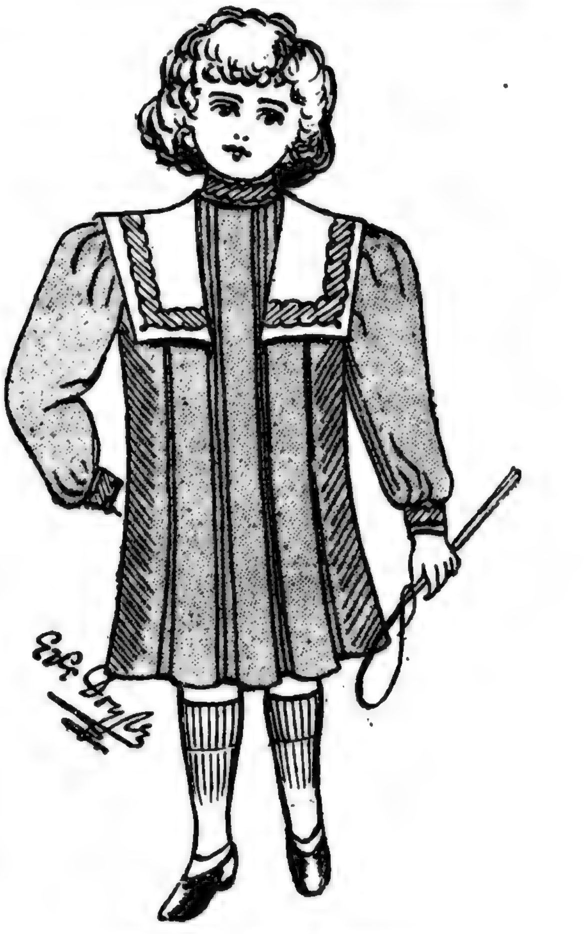
Cheated.—(1) If the letter was genuine the lady has certainly undertaken the debt, failing the tenant; but such a debt would be hard to recover. If the sum is small, you would lose more by suing for it than it is worth. (2) I believe that the landlord can insist upon having a board or bill put up at the half-quarter before the tenancy expires.



No. 773. Girl's Overall and Pinafore.

For Descriptions see Pages 32 to 36.

Price of Paper Pattern, 6½d., post free of Madame Myra, 95, *Regent Street, W.*



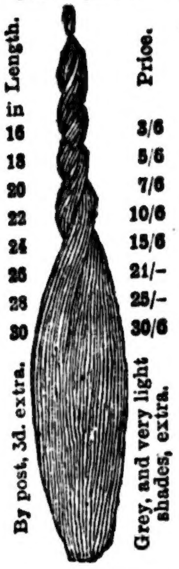
No. 774. Boy's Overall.

For Description see pages 32 to 36.

Price of Paper Pattern, 6½d., post free, of Madame Myra, 95, *Regent Street, W.*

"I have already recommended your journal to several friends," says a reader.

Tails of Long Hair.
Finest Quality.



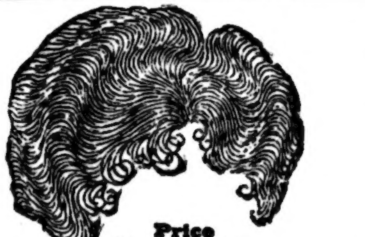
Length in	Price.
16	3/6
18	5/6
20	7/6
22	10/6
24	15/6
26	21/-
28	25/-
30	30/6

By post, 3d. extra.

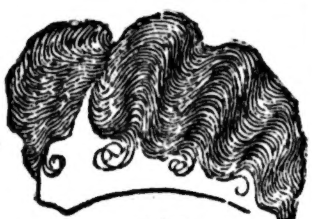
Grey, and very light shades, extra.

HOW LOVELY YOU LOOK!

Yes, these Fringes make such a difference; they are always wavy and curly, and are such a boon.



Price 15/6 and 21/-



Price 15/6 and 21/-

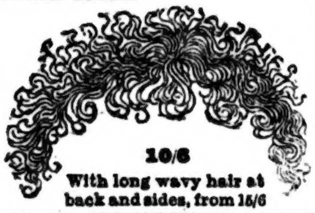
CAN BE HAD IN ANY OTHER STYLE.

FRAMES for dressing the hair, full, 2/- and 2/6

For all other styles of artificial coverings for fashion and convenience, send for Illustrated Catalogue, post free.

Pattern of Hair and Remittance must accompany all orders.

15 *Gold Medals and Diplomas awarded for skill. Prize of honour*, 1897.



10/6
With long wavy hair at back and sides, from 15/6

WESTGATE'S HAIR STORE,
171, WESTBOURNE GROVE, W.

AIDS TO BEAUTY.

MADAME CROSS'S SPECIALITIES.

Patronised by Royalty and many leading Society Ladies.

"**Beauty Cream,**" for neck, arms, and face, immediately beautifies, is imperceptible, eradicates freckles and blemishes, and prevents sunburn; is not a grease, and is guaranteed to improve the skin. 4/6 per bottle, post free.

"**Beauty Powder,**" most fragrant, and made specially to be used with "Beauty Cream," 1/6 per box.

"**Rose Bloom,**" a most natural colouring, that does not rub off, 1/6 per bottle, post free.

"**Wrinkline,**" for removing and preventing wrinkles, &c., 4/- per bottle, post free.

SPECIAL BOX containg 4/6 bottle of "BEAUTY CREAM," also Powder, Rose Bloom, Lip Salve, Powder Puff, and Pencil, for 5/6, post free. Money returned if not satisfied.

"**DEVELOPER,**" for improving the bust, neck, and arms, 5/- per jar, post free.

"**GOLDENA,**" a perfectly harmless preparation for lightening and brightening the hair. Does not contain a particle of Peroxide of Hydrogen. Price 5/6 and 10/6 per bottle. Send for full particulars.

"**ANTI-CORPO,**" a preparation for reducing corpulency, 5/- per box.

"**SNOW CREAM,**" for whitening and softening the hands, 5/- and 2/9 per jar.

A few Extracts culled from Hundreds of Letters

Miss D—— writes:—"I have only used your preparations a few times. I find the difference in my skin simply marvellous."

A lady from India writes: "I am, indeed, very pleased with the results from your 'Beauty Box.' I thank you very much for helping me so."

"Mrs. H—— has had one bottle of Madame Cross's Wrinkline, and is very pleased with the result."

Consultation and Advice Free from 11 a.m. to 4 p.m.

Call or send for Pamphlets and Testimonials. FREE TRIAL of Beauty Preparations to callers.

Madame CROSS (Dept. M. J.), 70, Newman St., Oxford St., London, W.

WAITE'S

WALNUT POMADE.

TRIUMPH as a HAIR-DARKENER (not a dye), RESTORES GREY HAIR to the NATURAL COLOUR. Excellent for MOUSTACHES, WHISKERS, and EYELASHES. Exquisitely perfumed. Does not stain the skin.

TESTIMONIALS.

Nortown, Somerset, Nov. 15, 1899

Miss W.—Thanks for the pomade duly received this morning. It is such an excellent preparation, and pleasant dressing, that after some years of use she never likes to be without it.

Wayland Cottage, Watton, S.O., July 11, 1898.

Sirs,—I am extremely pleased with your walnut pomade. It has given every satisfaction, and I have much pleasure in recommending it.—Yours, THOS. BROWN.

Dr. A. B. Griffiths, F.R.S. Edin. F.C.S., says:—"Your pomade is one of the best preparations for the hair."

August 3, 1898.

Mrs. Bullen, Mallow, Ireland, has much pleasure in recommending Waite's Walnut Pomade as an excellent hair pomade, having used it for nearly two years, and finds it very good for the hair.

THREE SHADES, Light and dark Brown, Black. Prices: 1s., 1s. 8d., 2s. 9d., post 3d. extra, United Kingdom, packed privately.

From Chemists Drug Stores, and Hairdressers.

R. A. FAIRBURN, Avenue Rd., Stamford Hill, London, N.

FOR NEARLY 20 YEARS

Dr. DAVIS'S

FAMOUS PILLS

Have been Universally admitted to be

A BOON TO WOMANKIND.

They are the best known remedy for Anæmia, Giddiness, Fulness and Swelling after Meals, Loss of Appetite, Hysteria, Palpitation of the Heart, Debility, Depression, Weakness, and all Female Ailments.

Boxes, 9½d., 1s. 1½d., 2s. 9d., and 4s. 6d.

May be had from Chemists and Patent Medicine Vendors everywhere. Do not be persuaded to accept a substitute. If not in stock ask your chemist to obtain them, or sent by

DR. DAVIS,
309, Portobello Road, Notting Hill, LONDON.

PASTA MACK

For Bath and Toilet use.

PASTA MACK is made in perfumed Tablets, Sparkling and Effervescent when placed in the water. Beautifies the complexion, softens the water and yields a delicious perfume to the skin. ☛ To be had of all Chemists and Perfumers, in 2/6 and 1/-boxes, or direct from the *Wholesale Depot* 32, SNOW HILL, LONDON, E. C.

DRESSMAKERS.

The "**D.P.**" dress fastener is the best in the market, saves money, time, and labour. In black, white and grey, 3s. per dozen, carriage paid (retail price, 6½d.).

SEND FOR A SAMPLE

(Post Free, 3½d., which is returnable), of the Sole Manufacturers:
LEWIS & CO., Dressmakers' Providers, "G" Dept.,
219, OXFORD STREET, W.
The Cheapest House in the Trade for all Dressmakers' Requisites.

NO MORE GREY HAIR.

VALENTINE'S EXTRACT

(WALNUT STAIN)

Changes Grey Hair or Whiskers to Light Brown, Dark Brown or Black. One liquid; a perfect, cleanly, and harmless stain. Acts at once—no smell or stickiness—leaves the hair soft and with a natural gloss. Warranted free from lead, sulphur, etc. It is washable, nourishing, and lasting.

1/- per bottle. Larger sizes, 2/- & 5/6
By post, securely packed, 3d. extra.

A. B. VALENTINE, 32, Snow Hill, London, E.C.

IDEAL *Woolalone* BLOUSES

SHIRTS, CHILDREN'S FROCKS, UNDERCLOTHING, &c.

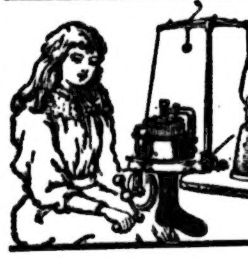
WARM, LIGHT, DURABLE.

WILL NOT SHRINK. *WILL NOT FADE.*

IN CHARMING NEW DESIGNS.

Of all leading drapers. If any difficulty is experienced in obtaining Genuine Woolalone, write to the Manufacturers:

ROBT. R. BUCK & SONS, Carlisle.



Profitable Home Employment with the

NEW AUTOMATIC KNITTER.

Earns 15/- to 30/- weekly.

A LADY writes: "I earn my living entirely by the Machine."
A FATHER writes: "My little girl, nine years of age, earns as much as Five Shillings some days."

Knits Socks (a pair in 35 minutes), Stockings, Underclothing, Fancy Goods, &c. Easily learned. Lessons Free. Cash, Hire, and Work Terms from

Thrift Dept., 67, Southwark St., London, S.E. Depots: 55, Oxford St., W., & 192, Upper St., London, N.; 73, Dame St., Dublin; 58, Union St., Glasgow; 105, Nicolson St., Edinburgh.

A CLEAR COMPLEXION!

PIMPLES, BLACK SPECKS, and Unsightly BLOTCHES on the Face, Neck, Arms and Hands, can be INSTANTLY REMOVED by using MRS. JAMES'S HERBAL OINTMENT, made from herbs only, and warranted free from anything injurious. It possesses a most delightful fragrance, and the lovely clearness it imparts to the skin is perfectly astonishing. Ladies at the sea-side derive wonderful benefit from the use of this, as it entirely eradicates freckles, sunburn, and roughness occasioned by the winds, and prevents the approach of wrinkles. MRS. JAMES solicits a trial from those who have not used it, when she feels confident they will have nothing else. *Sold by all Chemsts*, in boxes, 1s. 1½d., 2s. 9d., and 4s. 6d. (bearing the Government stamp), or it will be sent with directions for use, post freet, and free from observation, to any address on receipt of 15, 35, or 57 stamps.

MRS. C. JAMES, 268, CALEDONIAN ROAD, LONDON, N.

WHY HAVE AN UNHEALTHY SKIN?

MADAME CLARISCE'S SKIN BALM.

Promotes the healthy action of the skin.
Delightfully cooling and refreshing.
Renders the skin soft and silky.

NO TOILET TABLE SHOULD BE WITHOUT IT.

Price 2/9 and 5/9 per bottle, post free.

Mesdames CLARISCE & CORÉ, Complexion Specialists,
51, EAST STREET, BRIGHTON.

PROTOCHLORIDE PILLS

FOR

PALLID PERSONS.

In Bottles, 1/9 each, post free.

PHILIP HARRIS & Co., Ltd., BIRMINGHAM.

DRESSMAKERS.

DRESSMAKERS' COUPON, JULY, 1900.

The Name and Address of any Dressmaker will be inserted free in this column provided the advertiser furnishes us with a Coupon *each month.*

DRESSMAKING AT LADIES' HOUSES—

Miss Peaston, 36, Barnsdale Road, St. Peter's Park, W.
Miss E. Barnard, 14, Beresford Road, Canonbury, N.
Miss Liversage, 10, Penton Street, Pentonville, N.
Miss L. Andrews, 31, Conewood Street, Avenel Road, Highbury.
Miss Evans, 484, Caledonian Road, Holloway.
Mrs. T. Atkinson, 21, Giesback Road, Upper Holloway.
Miss Snook, 87, Hemingford Road, Barnsbury.
Madame Adelaide, 71, Liverpool Road, Islington.
Miss Hays, 19, Achilles Road, West Hampstead.
Miss Elise Browne, 146, Albany Street, Regent's Park, N.W.
Miss Wilcocks, 42, Fortess Road, Kentish Town, N.W.
Miss Stevens, 26, Homer Street, Marylebone Road.
Mrs. H. Rowden, 27, Pemberton Terrace, Junction Road, Upper Holloway.
Miss Wilkins, 15, Sydney Street, Fulham Road, S.W.
Miss Bates, 21, Moreton Place, South Belgravia, S.W.
Miss L. M. Norman, 2, Pownall Road, Lillie Road, West Kensington.
Miss Casey, 3, Western Terrace, Notting Hill, W.
Mrs. Casey, 19, Western Terrace, Notting Hill, W.
Madame Constance, 12, Pembroke Square, High Street, Kensington.
M. D., 11, Armadale Road, Walham Green, S.W.
Madame Buridant, 180, Brompton Road, S.W.
Madame Hamilton, 11c, Kingwood Road, Fulham.
Miss Mongar, 38, Queen's Road, Norland Square, Notting Hill.
Miss Russell, 11, Clarendon Road, Holland Park, W.
Miss Francis, 22, Canterbury Terrace, Maida Vale.
Miss Baker, 23, Empirus Road, North End Road, Fulham.
Mrs. Smith, 28, Lunerstone Street, Fulham Road.
Miss Diggle, 32, Mall Chambers, Kensington.
Miss Agnes Norman, 2, Pownall Road, Fulham, S.W.
Madame Remont, 61, Kingsgate Road, Quex Road, Kilburn, N.W.
Miss Delaine, 25, Speenham Road, Stockwell Road.
Miss Howard, Seymour House, Portland, Lower Clapton.
B. P., 7, Tredegar Road, Bow.
Mrs. Morris, 29, Pembury Grove, Clarence Road, Hackney.
Miss Edmunds, 19, Malmesbury Road, Bow, E.
Miss Coward, 37, Frederick Street, Islington, N.
Mrs. F. Wood, 77, Park Street, Horsham, Sussex.
Miss Berry, Knarsbroe, Thorpes Road, Kingston-on-Thames.
Miss M. Cheesebro, 10, Furness Street, West Hartlepool.
Mrs. Nowotny, 88, Falcon Road, Clapham Junction.
Miss Tanner, 9, Exeter Street, Brighton.
M. C. E., 36, Elmington Road, Camberwell, S.E.
Miss Pratten, 7, The Grove, Stroud Green, N.
Miss M., 27, Godfrey Street, King's Road, Chelsea, S.W.
Miss Page, 76, Middleton Road, Dalston, N.E.
Miss Morris, 58, South-Western Road, St. Margaret's-on-Thames.
Mrs. Smith, 30, Medina Road, Finsbury Park, N.
Mrs. Anderson, 2, Brandfield Street, Edinburgh.
Miss Bullett, 14, Padua Road, Anerley.
Mrs. Beddon, 38, Over Street, near Central Station, Brighton.
Mrs. Hayes, 52, Albion Road, Newington Green, N.
Miss H. McKay, 46, Bessborough Gardens, S.W.
Mrs. R. Dalling, 40, Shirland Road, Maida Hill, W.
Miss Phillips, No. 4, D. Terrace, Stanhope Lines, Aldershot.
Miss Smith, 44, Thame Villas, Seven Sisters' Road, Holloway.
Miss Roe, 13, Suffield Road, South Tottenham, N.
Madame Eugenie, 54, Finborough Road, South Kensington.
Miss Chick, 45, Reighton Road, Upper Clapton, N.E.

LADIES' OWN MATERIALS MADE UP—

Mme. Allely, 15, Wilton Road, Sparkhill, Birmingham.
Miss Alderman, Cressey, Station Road, Worthing.
Mme. Baker, 18, Cobbold Road, Forest Gate, E.
Mrs. and Miss Campbell, 103, Ledbury Road, Bayswater, W.
Mrs. K. Ellis, 19, Chaucer Road, Broadstairs.
Mrs. Good, 6, Aysgarth Road, Dulwich Village, S.W.
Miss James, 49, Fernhead Road, Maida Hill, W.
Mme. Lenor, 57, Dulwich Road, Herne Hill, S.E.
Mme. Rosina, 112, High Street, Kingsland, N.E.
Miss G. Seymour, Clement House, Peal Road, Wealdstone.
Miss E. Smith, 20, Paulton Square, Chelsea, S.W.
Miss Tory, 32, Wrightman Road, Harringay, N.
Misses E. and M. Wright, 21, Fentiman Road, Clapham, S.W.
Miss Alice Tanner, 9, Exeter Street, Dyke Road, Brighton.
Mrs. Palfrey, Melrose Cottage, Walsall Road, N. Lichfield, Staffs.
Miss Hooper, 5, King Street, Camden Town, N.W.
Dressmaker, 28, Dalberg Road, Brixton, S.W.
Miss F. E. Pearman, 35, Lavaine Place, Newcastle-on-Tyne.
Miss McCann, 10, High Street, Camden Town, N.W.
Miss E. Tye, 8, Mount Pleasant Villas, Stroud Green, N.
Miss Maud Williams, 177, Castlnau, Barnes.
Mme. F. Hall, 174, Sixth Avenue, Little Ilford, Essex.
Miss E. Mallett, 11, Marlboro' Street, College Street, Chelsea, S.W.
Misses Harris and Crowe, 1, Charles Street, Barnes, S.W.
Mme. K. Simms, 28, Warwick Street, Earl's Court Road, W.
Miss Peaston, 36, Barnsdale Road, St. Peter's Park, W.
Mrs. Stevens, 194, Downham Road, London, N.
Miss Scott, 9, Bernard Street, Russell Square, W.C.
Mrs. Horace Lennard, 4, Ostade Road, Elm Park, Brixton Hill, S.W.
Miss McCann, 10, High Street, Camden Town, N.W.
Mrs. E. Wilson, 28, Hanover Street, Pimlico, S.W.
Miss Hewitt, Church Street, Rushden, Northamptonshire.
Miss F. Underhill, 10, Auckland Road, Clapham Junction.
Mrs. Wikman, 4, Vale Road, Hermitage Road, Harringay, N.
Miss Cannons, 122, Farringdon Road, W.C.
Mrs. Wheeler, 13, St. John's Road, Stamford Hill.
Miss A. Cheesebro, 10, Furness Street, West Hartlepool.
Miss A. M. Martin, 8, Herbert Street, New North Road.
Miss Tanner, 9, Exeter Street, Brighton.
Miss Wolfe, 25, Grand Parade, Brighton.
Miss Ambler, 44, Porchester Road, Bayswater, W.
Mrs. Drake, 21, Shirland Road, Paddington.
Mrs. H. Godfrey, 20, East Road, City Road, N.
Mrs. D. Raven, 4, Salmons Terrace, Princes Road, Buckhurst Hill.
Madame Marie, 60, Belsize Road, S. Hampstead, N.W.
Miss J. Crawford, 33, Kimberley Street, Nunhead, S.E.
Miss F. J. M. Turner, 4, Wyatt Road, Highbury Quadrant.
Miss Perriman, 125, Warwick Street, Eccleston Square, S.W.
Miss Maud Lee, 89, Warwick Street, South Belgravia, S.W.
Miss Fulda, 54, Grosvenor Road, Canonbury, N.
Miss Davies, 40, Whitehall Street, Aylesbury, Bucks.
Mrs. Wheeler, 13, St. Johns Road, Stamford Hill, N.
Mrs. E. C. Watkins, 32, Ackerman Road, Brixton, S.W.
Madame Tarrant, 1, Barry Road, Peckham Rye.
Miss Pratten, 7, The Grove, Stroud Green, N.
Miss Hunter, 40, Roderick Road, Gospel Oak, N.W.
Miss Page, 76, Middleton Road, Dalston, N.E.
Mrs. Bennett, 15, Wyndham Street, Marine Parade, Brighton.
Dressmaker, 14, Woodstock Road, Shepherds Bush, W.
Madame Morfee, 30, Princes Road, North Brighton.
Madame Revelin, 39, Endell Street London, W.C.
Miss M. Wright, 45, Artesian Road, Westbourne Grove, W.
Misses Erswell and Norris, 86, Wandsworth Road, S.W-
M. Trowbridge, 8, Maclise Road, Kensington, W.
Miss Eveleen Hartford, 47, Godolphin Road, Shepherd's Bush, W.
Miss Mary Nunn, 23, Orient Buildings, Hercules Road, Lambeth, S.E.
Mrs. E. Henstock, Guildford Street, Chertsey.
Mrs. Beddon, 38, Over Street, near Central Station, Brighton.
Madame Antoinette, 12, Harpur Street, Queen Square, W.C.
Miss M. B. Beresford, Rose Lawn, Broom Rd., Peel Causeway, Altrincham
Miss Giles, 21, Seymour Street, Euston Square, N.W.
Miss Robinson, 34, Thesiger Road, Penge, S.E.
Miss E. Gough, 54, Roman Road, Barnsbury, N.
Miss Snare, 62, Jesus Lane, Cambridge.
Miss J. Crawford, 33, Kimberley Road, Kerkwood Road, Nunhead, S.E.
Mrs. Vero, 21, Maude Road, Camberwell, S.E.
Miss A. E. Rees, 240, High Road, S. Tottenham.
Miss Graham-Pierce, 10 Berkeley Road, Westbury Park, Bristol.
Marie Bennett, 102, High Street, Marylebone.
Miss Arnold, 42, Ashford Road, Eastbourne.
Mrs. Moore, 134A, Camden Road, N.W.
Mdlle. Louise, 168, Piccadilly, W.
Miss H. Cooper, 13, Willow Walk, S.E.
Miss Cooper, 33, Gunter Grove, King's Road, Chelsea.
Mrs. Robertson, 2, King Street, Goodhind Street, Bristol.
Mrs. Crowley, 28, Limerston Street, Fulham Road, S.W.
Miss Dolden, 261, Ladbroke Grove, North Kensington.
Miss Roe, 13, Suffield Road, South Tottenham.
Miss D. A. Massey, 2, Draper Street, Newington Butts, S.E.
Miss Bowman, 12, Camden Gardens, West Kensington Park, Shepherd's Bush.
Madame Eugenie, 54, Finborough Road, South Kensington.
Miss M. Hines, 26, Janson Road, Stratford, E.

LADIES' AND CHILDREN'S MILLINERY—

Miss F. E. Pearman, 35, Lovaine Place, Newcastle-on-Tyne.
Mrs. Drake, 21, Shirland Road, Paddington, W.
Miss T. Shilcock, 18, Graham Road, Dalston, N.E.
Mrs. Ebrey, 12, Warwick Road, Romford Road, Stratford.
Mrs. Lennard, 4, Ostade Road, Elm Park, Brixton Hill, S.W.

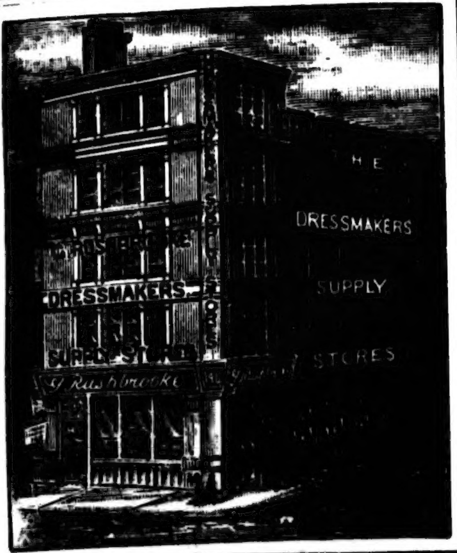
LADIES' SHIRTS—

Miss Hewitt, Church Street, Rushden, Northants.

Correspondence Coupon.
Myra's Journal, July, 1900.

Free Bargains Coupon.
Myra's Journal, July, 1900.

Palmistry Coupon.
Myra's Journal, July, 1900.



A VISIT OF INSPECTION IS INVITED.

Note the Address—

G. RUSHBROOKE,
146, Aldersgate St.,
London, E.C.
½ minute from Aldersgate Street Station.
1 minute from the General Post Office.

THE DRESSMAKERS' SUPPLY STORES.

REASONS WHY EVERY DRESSMAKER should immediately open an account with the D.S.S.

BECAUSE It is the largest Wholesale Warehouse in the World devoted exclusively to the Dressmaking Trade.

BECAUSE It is the only Wholesale House where every article used in the Dressmaking Trade can be obtained.

BECAUSE All the newest Materials, Fashions, &c., are kept in Stock.

BECAUSE Many of the Goods and Materials supplied are the exclusive specialities of the D.S.S.

BECAUSE Every article used by Dressmakers is added to stock as soon as produced.

BECAUSE The Trade only is supplied.

BECAUSE All orders are despatched same day as received.

BECAUSE All Goods are sent Carriage Paid.

BECAUSE Samples of Lining and Haberdashery, also illustrated books of Trimmings and Laces, and Price Lists are sent Post Free to any Dressmaker upon application.

BECAUSE These books contain several hundred Novel and Exclusive Designs, many of which cannot be obtained from any other Firm.

BECAUSE Those customers who have a regular account of not less than £50 to £100 a year are supplied with thousands of Samples of Dresses and Silks mounted in handsome cases for their showrooms.

BECAUSE You will save time in writing to the D.S.S., as my experienced buyers select the most suitable class of goods required for your trade.

ANNUAL SUMMER SALE,

From JULY 2nd to 11th, 1900.

Prices Quoted are for Days of Sale Only. Only a few Special Lines can be shown here.

EVERY DRESSMAKER SHOULD CALL AT WAREHOUSE DURING SALE, OR SEND AT ONCE FOR SALE CIRCULAR.

DRESSES.

Five Designs in 44-inch. Black Figured Lustres.
Reduced from 1/3½ to 10½d. per yard.

500 yards 44-inch **SHOT POPLINS,** in Heliotrope, Green, Blue, and Fawn Shots,
Reduced from 2/10½ to 1/6¾ per yard.

1,000 yards 50-inch **FRIEZE CHEVIOT,** in Grey, Fawn, Heliotrope, Résédа, and Navy.
Reduced from 2/11 to 2/1½ per yard.

40 pieces 27-inch **PRINTED DRILLS,** in Spots, Stripes, and Checks.
Sale price, 6¾d. per yard.

50 pieces 44-inch **BLACK BROCHE ALPACAS.**
Sale price, 1/4½ per yard.

DRESS ROBES
in large variety are marked very low prices to effect speedy clearance.

SILKS.

			Per yard.
21-inch	**Black Polonaise,**	reduced to	**12¾d.**
20 ,,	all **Silk Mery**	,, ,,	**1/5¾**
24 ,,	**Black Lustrine**	,, ,,	**1/5¾**
36 ,,	,, **Serge Silk**	,, ,,	**1/1¾**
24 ,,	,, **Satin**	,, ,,	**1/8½**
23 ,,	,, **Argonettes**	,, ,,	**10¾d.**
22 ,,	,, **Bengaline**	,, ,,	**1/10½**
21 ,,	,, **Mery**	,, ,,	**1/10¾**
21 ,,	,, **Glace**	,, ,,	**1/6½**

HABERDASHERY.

1½-inch **GLACE BODICE BELTING,** in Black, White, Light or Dark Grey. Reduced to 5/4½ per gross.

COVERED BODICE STEELS.
Black or White.

6	7	8	9	10 inches.	
1/11	2/3	2/6	2/11	3/3	per gross, covered Taffetta.
2/7	2/11	3/4	3/9	4/3	,, ,, Silk.

FRENCH BONE.
A special parcel of French Bone, 1 gross each 6½, 7, 7½, 8, 8½ inches. 5 gross for 5/6. Every strip polished.

SEAMLESS STOCKINGETTE PRESERVERS. Bulrush Quality.

Size 1	2	3		Size 1	2	
2/4	3/1	3/8	per doz.	26/-	34/-	per gross.

12 yards **BLACK BUTTON-HOLE TWISTS.**
7½d. per dozen reels, 6/11 per gross.

50 yards pure **BLACK MACHINE SILKS.**
1/2½ per dozen reels, 13/9 per gross. Also in all Colours.

CHAIN COAT HANGERS.
Black, White, and Gilt. Reduced to 1/1 per gross.

400 yards **RUSHBROOKE'S MACHINE COTTON.**
Price during Sale, 2/3½ per dozen, 26/- per gross.

1,000 yards No. 40 **WHITE TACKING COTTON.**
Sale price, 2/4 per dozen, 26/- per gross.

Sale price of **BRASS PLATES.**

Sizes.		Engraved.	Engraved.
9 in. by 5 in.	... ...	1 line, 7/11	2 lines, 9/6
10 in. by 6 in.	... ...	1 line, 8/11	2 lines, 11/-
12 in. by 8 in.	... ...	2 lines, 12/-	3 lines, 13/6
14 in. by 10 in.	... ...	2 lines, 17/6	3 lines, 20/-

These Plates can be Engraved any wording in 1, 2, or 3 lines, and are supplied fitted on a Mahogany Wood Base with Screws and Bolts ready for fixing.

Special Sale Prices of
THE VICTORIA SEWING MACHINES.
Hand Machine, 47/6; Treadle Machine, 62/6; Hand and Treadle Machine combined, 69/-

IMPROVED OSCILLATING MACHINES.
Haud Machine, 72/6; Treadle Machine, 81/6.
With Cover and all Accessories.

LININGS, LINENETTES, &c.

290 pieces, in Six Designs,
38-inch **BLACK BACK SILESIA.**
Reduced from 5¾d. to 4¾d. per yard.

250 pieces, in Five Designs,
38-inch **BLACK BACK SATINS.**
Reduced from 6¾d. to 5½d. per yard.

250 pieces 42-inch **FAST BLACK SATEEN.**
Reduced from 7¾d. to 6¾d. per yard.

1,000 pieces 42-inch
Soft Finish **BLACK LINENETTE.**
Special price during Sale only, 3¾d. per yard.

TRIMMINGS, LACES, &c.

Large reductions have been made in these departments, so as to effect a speedy clearance, regardless of cost, prior to stocktaking.

BELTS.
Fancy Belts are very much reduced in prices, varying from 9¾d. to 2/11 each.

FEATHER BOAS.
40-inch Real Ostrich Feather Boas, in Grey, White, or Natural. Sale price, 3/11 each.

PEARL BUTTONS.
2,500 gross Snail Shade Pearl Buttons.
Sale price, 10¾d. per gross.

LUTE RIBBONS.

	⅜	½	⅝	¾	1	1¼	inches.
Black	1/3½	1/10½	2/5	3/1	3/6	4/6	per piece of 36 yds.
White	1/10½	2/1½	3/5	4/4	4/6	6/6	,, ,,

LAMA BRAIDS.
No. 65 Black Lama Braid. Sale price, 3/6½ per gross.

PRUSSIAN BINDINGS.
½-inch Black Glacé Prussian Binding.
Sale price, 2/8 per gross.

WRITE TO-DAY FOR SALE CIRCULAR AND PRICE LIST, &c., ENCLOSING TRADE CARD OR BILLHEAD TO—

Dept. "A" *(Please mention this paper),*

G. RUSHBROOKE, ***146, ALDERSGATE STREET, LONDON, E.C.***

THE "LOUIS" VELVETEEN

For its rich, handsome appearance, lovely artistic draperies, and sterling good wearing qualities, we recommend for seasonable and fashionable Outdoor Dresses, Dinner and Reception Gowns, Tea Gowns, Children's Dresses, and all Trimming purposes, &c., at a very moderate cost.

THE CELEBRATED "LOUIS" VELVETEEN.

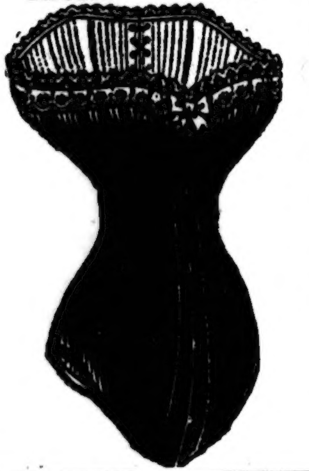
The New Colours and Art Shades are unequalled for variety, brilliancy, and depth of tone, while the lustrous bloom and soft, rich texture of the Blue-Black has altogether the appearance of a beautiful Silk Velvet.

NOTE WELL.—Every Yard of the Genuine bears the Name (spelled "L-O-U-I-S"), and is guaranteed.

Ladies experiencing difficulty in obtaining "LOUIS" Velveteen are requested to write to the Manufacturer, 15, Major Street, Manchester, who will supply the Address of the nearest Draper supplying it.

THE "DUCHESS" CORSET

THOMAS' PATENT.



Is constructed on a graceful model for the present style of dress. The shape being permanently retained by a series of narrow whalebones placed diagonally across the front, gradually curving in and contracting the Corset at the bottom of the busk, whereby the size of the figure is reduced, the outline improved, a permanent support afforded, and a fashionable and elegant appearance secured

Made in Black, White, and Dove. Medium or Long Waist Prices, 10s. 6d. and 14s. 6d.

Long Waist Style, White, and Super Black Italian Cloth, with Best Greenland Whalebone, 21s.

The Celebrated Taper Busk used in these Corsets **is the most supple and comfortable of all Busks and absolutely unbreakable.** In purchasing, it is necessary to see that the name "W. THOMAS" is stamped on the Corset. Of all Drapers and Ladies' Outfitters. If any difficulty in procuring, please write for address of nearest retailer to

YOUNG, CARTER, & OVERALL,
117 & 118, WOOD STREET.
Sole Proprietors. Wholesale only.

NESTLÉ'S FOOD

You have found NESTLÉ'S MILK to be a grand Food for the Young Infant.
If now something more than a purely Milk Diet is required, NESTLÉ'S FOOD will give the utmost satisfaction. It is a complete diet in itself.

Instantly made ready with water, as it is partly composed of Milk.
Sample of the Food, with Medical Testimony, sent free in the British Isles on application to H. NESTLÉ, 48, Cannon Street, London, E.C.

CROUP, SORE THROAT, &c.
THE GREAT REMEDY
Which has the approval of
The Highest Medical Authorities
IS
EDGAR'S CROUP LOTION.

Those having the care of children should not rest until they have procured a bottle of this invaluable Lotion, and thus have at hand a sure remedy for the various throat ailments to which children are subject, some of which if not relieved *immediately*, frequently result in the unfortunate death of the child.

Sold by all Patent Medicine Vendors at 1/1½ and 2/9 per bottle.

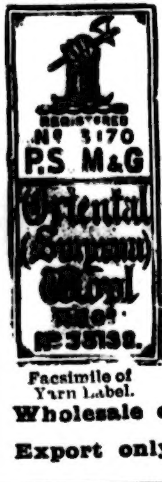
Reckitt's
PARIS
Blue.
The Best is the Cheapest.

THE SISTERS:
OR
ACTIVE WORK AND PATIENT SUFFERING
FRANCES RIDLEY HAVERGAL.
MARIA V. G. HAVERGAL.
By the Rev. CHARLES BULLOCK, B.D.,
Formerly Rector of St. Nicholas', Worcester,
Author of "The Way Home," "The Old Gospel Ever New," &c.

'All the lessons He shall send are the sweetest;
And His training in the end is completest.'—F. R. H.

London: HOME WORDS OFFICE, 7, Paternoster Square, E.C.

NOVEL, ELEGANT AND USEFUL PASTIME FOR LADIES.
.. THE HOME-KNIT ..
Oriental (Smyrna) Rugs
(REGISTERED).



Facsimile of Yarn Label.

SMYRNA BOX, with Specimen of Work, Design, Colour Card Staff, all Requisites for Trial Strip, and Instructions (Copyright).
SMYRNA WOOL, SMYRNA COTTON, Coloured Designs, Design Books, Smyrna Staffs, Colour Cards, and all accessories.
From all Berlin Wool Repositories and Fancy Drapers.

Wholesale only from FAUDEL PHILLIPS & SONS, 36 to 40, Newgate Street, London, E.C.
Export only from PAUL SCHULZE & CO., Ltd., 19 and 21, Greenwood Street, Manchester.

Printed by Walbrook & Co., Ltd., 13, 14, and 15, Whitefriars Street, London, E.C., and Published by Beeton & Co., Ltd., 10 and 11, Fetter Lane, London, E.C.